

# IONA SPORT

I AM IONIAN 

24 July 2024

## TEAM IONA

The Iona College community extends its congratulations to the 8 students, coaches, managers and parents who supported the sailing program as Iona competed in the annual Australian Secondary Schools Team Sailing Championships held in South Australia (Goolwa) last week. Iona qualified as the number 1 Queensland school to participate amongst the top 22 schools from around the nation at this prestigious event. After several days of competition, Iona qualified in the top 8 that went onto the final series. From here it was a sudden death knock out scenario. Our team came away with fourth place overall in the competition. An outstanding result. Many thanks are given to our parent Coordinator, Mr Ben Willey for all his behind-the-scenes efforts as well as to our staff member, Mr Caine and coaches Will Nobes, Hayden Barney and Libby Kirby who prepared the team for the nationals. Please read a full report below.

Last Friday, our Year 5 & 6 students commenced Round 1 of the AIC Basketball season against St Laurence's College. Our boys did very well overall, and certainly looked to be enjoying the time spent with their friends.

The results on Saturday for the remaining Year 7-12 basketball and the Year 5-12 tennis matches were closely contested, with Iona winning the day overall in both sports. These are very positive results given the quality of the opposition and their standings in AIC Tennis and Basketball competition over recent years.

Iona proved to be too strong in the rugby league winning all but two games throughout the round. A special mention is given to our First teams. The First Basketball team had a see-sawing battle against SLC where the lead changed many times in the first three quarters. The boys dug deep and finally managed to put the opposition away in the last quarter. The First Rugby League team displayed its might and proved to be too good for the opposition winning very comfortably. Although, going down 5-3, our First Tennis team played with grit and determination against a very good Laurie's

outfit. Overall, I was extremely pleased with the efforts given by all those who represented Iona over the weekend with pride. It was a great start to the season boys!

Over the next two weekends Iona will host the AIC Rugby League rounds. This weekend (Sat 27 July), Iona will host the 8-12 games and next weekend (Sat 3 Aug) Iona will host the 5-7 games. Note; The Year 5-7 games and Year 8-Opens games will be played at different locations throughout the season each week. Please keep this in mind if you have sons playing across two different age groups.

It would not be uncommon for teams to change slightly after last weekend in readiness for Round 2 against St Edmund's. In fact, we encourage our coaches to constantly monitor players from all teams and change teams weekly based on player performance, attendance, and attitude at training and on game day. Rewarding players for consistent effort is an important part of our sports program.

The AIC Track and Field training program has begun. The first AIC meet for the season will commence the week after Ekka week. The College is committed to ensure that we offer a high quality-training program for those students who are interested in joining the Track and Field program from Years 5-12. Please find below further details regarding the upcoming Track and Field pre-season program. The attendance at training this week has been excellent. We encourage all T&F squad members to keep up the training throughout the entire season.

I would like to again, strongly remind students about following through when a commitment is given. Iona is a place where many opportunities are on offer across many different areas. The College is very mindful not to overburden students. I have mentioned on more than one occasion that the Sports Office is committed and has the flexibility to negotiate training schedules where a student has made other co-curricular commitments.

The College endeavours to provide the best possible coaching across the sports program. In fact, we have

AIC Sports Information (via Twitter): [@SportIona](#) (includes wet weather updates)

Head of Sport: Mr Craig Stariha – 3893 8851

Sports Administrator: Mrs Karen Otway – 3893 8805

Sports Administrator: Mr Alex Jirasek – 3893 8805

Assistant Head of Sport (5-6): Mr Connor Russell – 3893 8869

Assistant Head of Sport (7-12): Mr Anthony Bannerman – 3906 8905

many very well qualified coaches in place so that our students and the program continue to improve. It would be disappointing to source quality coaches and not have students attend the sessions without apology. Please urge your son to follow through with the commitment given or have him come to the Sports Office to talk through any issues. We are here to help.

This weekend Iona will face St Edmund's College. As always, we would expect our boys to give 100% on the court/playing field. A reminder too that we must conduct ourselves in the correct manner whether it be during the game or as a spectator.

I wish everybody involved with basketball, rugby league and tennis all the best this weekend. Please enjoy!

**Craig Stariha,**  
**Iona College Head of Sport**

## IONA UNIFORM SHOP

2024 Opening hours:

- Monday, Wednesday and Friday 8am to 3.30pm
- Tuesday and Thursday – Closed

## IONA SPORT SEASON PLANNER

### 2024 DATES

Fri 26 Jul:	AIC Rd 2 Basketball Yrs 5/6 vs ATC (H)
Sat 27 Jul:	AIC Rd 2 Basketball 7-Open vs SEC (A)
Sat 27 Jul:	AIC Rd 2 Tennis Yrs 5-Open vs SEC (A)
Sat 27 Jul:	AIC Rd 2 League vs SEC
Mon 29 Jul:	AIC Golf Championships
Fri 2 Aug:	AIC Rd 3 Basketball Yrs 5/6 vs Mar (A)
Sat 3 Aug:	AIC Rd 3 Basketball 7-Open vs Mar (A)
Sat 3 Aug:	AIC Rd 3 Tennis Yrs 5-Open vs Mar (A)
Sat 3 Aug:	AIC Rd 3 League vs Marist
Fri 9 Aug:	AIC Rd 4 Basketball Yrs 5/6 vs Pad (H)
Sat 10 Aug:	AIC Rd 4 Basketball 7-Open vs Pad (H)
Sat 10 Aug:	AIC Rd 4 Tennis Yrs 5-Open vs Pad (H)
Sat 10 Aug:	AIC Rd 4 League vs Padua
Sat 10 Aug:	Years 10-12 Basketball Team Photos
16-17 Aug:	No AIC games
Fri 16 Aug:	Junior Schools Cup Volleyball Trials
Thu 22 Aug:	AIC Track & Field Meet (SAF)
Fri 23 Aug:	Junior Schools Cup Volleyball Trials
Fri 23 Aug:	AIC Rd 5 Basketball Yrs 5/6 vs SPLC (H)
Sat 24 Aug:	AIC Rd 5 Basketball 7-Open vs SPLC (H)
Sat 24 Aug:	AIC Rd 5 Tennis Yrs 5-Open vs SPLC (H)
Sat 24 Aug:	AIC Rd 5 League vs SPLC / ATC
Sat 25 Aug:	Sailing KC Cup & Blessing of Fleet
Wed 28 Aug:	AIC Track & Field Meet (SAF)
Thu 29 Aug:	AIC Rd 6 Basketball Yrs 5/6 vs Villa (A)
Sat 31 Aug:	AIC Rd 6 Basketball 7-Open vs Villa(A)

Sat 31 Aug:	Basketball Team Photos Years 7-9
Sat 31 Aug:	AIC Rd 6 Tennis Yrs 5-Open vs Villa (A)
Sat 31 Aug:	AIC Rd 6 League vs Villa
Wed 4 Sep:	Touch vs Cleveland (Iona)
Thurs 5 Sep:	AIC Track & Field Meet (SAF)
Fri 6 Sep:	AIC Rd 7 Basketball Yrs 5/6 vs SPC
Sat 7 Sep:	AIC Rd 7 Basketball 7-Open vs SPC (A)
Sat 7 Sep:	AIC Rd 7 Tennis Yrs 5-Open vs SPC (A)
Sat 7 Sep:	AIC Rd 6 League vs SPC

## BASKETBALL

### Firsts Manager

Mr Anthony Bannerman [bannermana@iona.qld.edu.au](mailto:bannermana@iona.qld.edu.au)

### Yr 10-12 Coordinator

Mr Anthony Bannerman [bannermana@iona.qld.edu.au](mailto:bannermana@iona.qld.edu.au)

### Yr 7-9 Coordinator

Mrs Karen Otway [otwayk@iona.qld.edu.au](mailto:otwayk@iona.qld.edu.au)

### Yr 5-6 Coordinator

Mr Anthony Bannerman [bannermana@iona.qld.edu.au](mailto:bannermana@iona.qld.edu.au)

Please see the below link for:

- All 2024 training / trial times
- 2024 season game dates and opposition
- 2024 coaches' names
- Uniform expectations for training / games
- [Basketball Information Link](#)

### Week 3 Training Venue Changes

- 1<sup>st</sup>/2<sup>nd</sup>/10A venue change to Oblate Hall on Tuesday.
- 9AB – Venue change to outside Oblate Hall on Tuesday.
- 8CD – Venue change to Daly courts.
- 11AB – Venue change to Oblate Hall.
- 7AB – Venue change to Oblate Hall (both days).
- All Wednesday after-school trainings are cancelled due to Student Progress Meetings.
- 6AB – Venue change to Oblate Hall.

We ask families who have boys selected in an AIC sport this term to give full commitment to their respective games and not to miss Saturday games or training sessions due to club sport, parties or holidays.

We do realise at times there are unavoidable situations which may arise. However, we ask for families to consider the commitment made to the team when signing on before being absent for other reasons.

In the AIC competition, every Saturday is like a grand final. Teams rely on their teammates turning up to the games to give each team the best chance of doing well in the competition.

With boys already missing games due to illness, injury and family emergencies, it makes it very difficult for coaches if boys miss games for the other reasons.

### Results Round 1

AIC Basketball kicked off for the 2024 season on Friday afternoon with our Year 5 cohort representing the Black and White for the very first time.

All Year 5 teams secured wins, whilst our Year 6 teams played with a steely resolve and will prove to be a challenge for the rest of the season.

St. Laurence's College, who have a strong basketball background, always prove to be a tough opponent so finishing the day with 19 wins and 13 losses is commendable.

Our First V were courageous in their hard-fought victory. Many thanks go to parents and grandparents who were able to be a part of our First V jersey presentation prior to the game.

8A and Third V teams were two of our best over the weekend with comprehensive wins. This week will see us take on Ambrose Treacy College (Primary) and St. Edmund's College, another proud basketball College.

Best of luck to all teams.



### Progressive Basketball Results

Team	Rd1 v SLC	Rd2 vs SEC	Rd3 vs MA R	Rd4 vs PAD	Rd5 vs SPL C	Rd6 vs Villa	Rd7 vs SPC
1 <sup>st</sup>	Won 77-62						
2 <sup>nd</sup>	Lost 35-39						
3 <sup>rd</sup>	Won 47-13						
4 <sup>th</sup>	Won 27-12						
11A	Lost 44-57						
11B	Won 46-38						
11C	Lost 35-56						
11D	Won 54-47	Bye					
10A	Lost 26-34						

10B	Won 46-33						
10C	Won 33-31						
10D	Lost 26-38						
9A	Lost 35-43						
9B	Lost 40-41						
9C	Won 49-27						
9D	Lost 28-30						
8A	Won 86-45						
8B	Won 46-26						
8C	Won 41-26						
8D	Lost 24-28						
7A	Lost 32-40						
7B	Won 51-33						
7C	Won 49-17						
7D	Won 25-8						
6A	Lost 32-39						
6B	Lost 11-33						
6C	Lost 14-27						
6D	Won 20-11	Bye					
5A	Won 37-26						
5B	Won 28-8						
5C	Won 33-4						
5D	Won 26-9	Bye					

### Years 5/6 Round 2 vs Ambrose Treacy (Friday 26 July)

Years 5 and 6 – Friday 26 July			
Team	Venue	Court	Time
5A	Ambrose Treacy via Kate St, Indooroopilly	St Francis Xavier Centre	3.40pm
5B	Ambrose Treacy via Twigg St	Outdoor Court 1	3.40pm
5C	Ambrose Treacy via Twigg St	Outdoor Court 2	3.40pm
5D	Bye		
6A	Iona College	Provence 1	3.40pm
6B	Iona College	Provence 2	3.40pm
6C	Iona College	Oblate Hall	3.40pm
6D	Bye		

Boys in Year 5 teams will meet at the Primary handball courts at 2.30pm and travel to Ambrose Treacy via bus. Boys will return to the Iona bus turnaround at approx 5.15pm. Boys must be collected promptly.

Parents are welcome to watch the games and collect their son at conclusion of games at Ambrose Treacy. Please notify the Iona staff members at the venue if your son is not travelling back on the bus.

### Years 7-Open Round 2 vs St Edmund's (Sat 27 July)

Years 7 to 12 – Saturday 27 July			
Team	Venue	Court	Time
1 <sup>st</sup>	St Edmund's 16 Mary St, Woodend. Ipswich	Sports Hall	12.15pm

## Years 7 to 12 – Saturday 27 July

Team	Venue	Court	Time
2 <sup>nd</sup>	St Edmund's 16 Mary St, Woodend, Ipswich	Sports Hall	11am
3 <sup>rd</sup>	St Mary's College, 11 Mary St, Woodend, Ipswich	McAuley Centre	11am
4 <sup>th</sup>	St Mary's College, 11 Mary St, Woodend, Ipswich	Outdoor Court	10am
11A	St Edmund's 16 Mary St, Woodend, Ipswich	Sports Hall	10am
11B	St Mary's College, 11 Mary St, Woodend, Ipswich	McAuley Centre	9am
11C	St Mary's College, 11 Mary St, Woodend, Ipswich	McAuley Centre	8am
11D	Bye		
10A	St Edmund's 16 Mary St, Woodend, Ipswich	Sports Hall	9am
10B	St Edmund's 16 Mary St, Woodend, Ipswich	Sports Hall	8am
10C	St Mary's College, 11 Mary St, Woodend, Ipswich	McAuley Centre	10am
10D	St Mary's College, 11 Mary St, Woodend, Ipswich	Outdoor Court	9am
9A	Iona College	Provence 1	8am
9B	Iona College	Provence 1	9am
9C	Iona College	Provence 2	8am
9D	Iona College	Oblate Hall	9am
8A	Iona College	Provence 1	12pm
8B	Iona College	Provence 1	11am
8C	Iona College	Provence 2	11am
8D	Iona College	Provence 2	12pm
7A	Iona College	Provence 1	10am
7B	Iona College	Provence 2	9am
7C	Iona College	Provence 2	10am
7D	Iona College	Oblate Hall	10am

**Action Photos:** Send your action photos of the Friday and Saturday basketball matches to [otwayk@iona.qld.edu.au](mailto:otwayk@iona.qld.edu.au) for inclusion in the sport newsletter or College newsletter sport photo gallery.



## Basketball Team Photos

Photos will be taken on the following dates:

Years 5–6: During co-curricular days, 21 and 22 August

Years 7–9: Saturday 31 August (outside McCarthy 7)

Years 10–Open: Saturday 10 Aug (outside McCarthy 7)

A photo schedule will be published the week of the photos.

## E-SPORTS

Coordinator

Mr Chris Eades [eadesc@iona.qld.edu.au](mailto:eadesc@iona.qld.edu.au)

### Esports Term 3

Students will continue training throughout Term 3 at the following times beginning in Week 2.

Teams 1 & 2: Tuesdays 3pm–4pm (venue Mus 3)

Teams 3 & 4: Thursdays 3pm–4pm (venue Mus 3)

Teams 5 & 6: Wednesdays 3pm–4pm (venue Mus 3)

Students will be provided with gaming laptops and accounts for their respective games but are encouraged to bring a mouse for the initial weeks of eSports. It is expected that if a student cannot show up to training, they contact Mr Eades so a temporary reserve to fill in for the session can be arranged.

If any student cannot attend due to other commitments, please contact [eadesc@iona.qld.edu.au](mailto:eadesc@iona.qld.edu.au) so a reserve can be arranged for your team.

## GOLF

Coordinator

Mr Richard Beets – [beetsr@iona.qld.edu.au](mailto:beetsr@iona.qld.edu.au)

### QIGA Golf Results



The final round of the QIGA competition was played at Keperra Golf Club on Monday and the team performed well. James Toscan, Aden Biddle, Luke Biddle and Rory MacLean performed well by finishing in the top 15 for the Nett event. Congratulations to Lachlan McClure for making his long-awaited debut for the team.

The team finished in third place overall for the year in the Nett competition which is an excellent achievement. This all bodes well for next week's AIC Championship. The boys will be looking to defend their win from last year. All the best to the team for their preparations for Monday.

## AIC Golf Championships: Monday 29 July at Keperra.

Mr Beets has selected a team of five to represent Iona at the annual AIC Golf Championships based on handicaps. Students have been notified of their section.

### HIGH PERFORMANCE

Coordinator

Mr Leigh Harding – [hardingl@iona.qld.edu.au](mailto:hardingl@iona.qld.edu.au)

### Iona Strength and Conditioning

The Iona Strength and Conditioning program is overseen by accredited industry experts and guided by the ASCA Position Stand on Resistance Training for Children and Youth. The sequential programs also closely align to long-term athletic development principles.

Any student wishing to attend the Iona gym for the first time must first contact Mr Harding prior to attending.

### Gym groups

- 7-10 HIGH PERFORMANCE' groups are for players that play 'A'-Level or regional rep sport. Students should attend one Day-1 and one Day-2 session each week.
- 'YEAR 11 & 12 HIGH PERFORMANCE' groups are for players that are members of Iona Firsts Squads or regional rep sport. Students are given two-day programs based on their S&C goals.
- 'INTRODUCTION TO GYM TRAINING' is for Year 7-12 students that are not a part of other groups. Students are provided a suitable program to work through.

### Gym Schedule

#### Gym rules

- Use the bag racks for your bags and get changed in dressing rooms downstairs.
- Wear Iona sports uniform, not club gear.
- Follow all instructions from your trainer carefully.
- Complete all exercises on your program.
- Prioritise the safety of yourself and others.
- Ensure you use all equipment correctly and return it to where you got it from.

## Term 3 updated Gym Schedule (Starts Week 1)

	MON	TUES	WED	THURS	FRI
6:30 – 7:30am	Intro To Gym	Year 10 League & Basketball	Year 9, 10, 11 & 12 High Performance Day 1	Year 10 League & Basketball	Year 9, 10, 11 & 12 High Performance Day 2
7:15 – 8:15am	Year 7 / 8 High Performance Day 1	1sts & 2nds League	Intro To Gym	1sts & 2nds League	Year 11 & 12 Basketball
3:15 – 4:15pm	Year 11/12 Basketball	Year 9 League & Basketball	Year 7 & 8 High Performance Day 1 Or 2	Year 9 League & Basketball	Any High Performance & Intro To Gym
4:15 – 5:45pm		Iona Swimming Club		Iona Swimming Club	

### District And Regional Sport Trials

All Composite and Lytton District trial information will be published in this section of the weekly sport newsletter as well as the daily bulletin when it becomes available.

If a student wishes to register for a trial, they must contact either Mr Harding (for Composite trials, boys turning 13-19 years in 2024) or Mr Russell (for Lytton trials, boys turning 10-12 years in 2024) using the same email – [repsport@iona.qld.edu.au](mailto:repsport@iona.qld.edu.au)

Mr Harding and Mr Russell will then return contact the students wishing to trial with further information.

### Trial Information 10-12 Years Information

No current trials are scheduled for 10-12 Years.

### Trial Information 13-19 Years Information

Sport	Details	Nominations Close
Track and Field	Met East Trial	Friday 2 August

**Important:** All school-based representative sport nominations must be endorsed by the Iona Sport Department. **Congratulations to the following students on their achievements:**

- Leo Ah Wong, Hudson Bool and Riley Chapman on completing in the QSS 11-12yrs Rugby Union State Championships held in Sunnybank on 18-21 July.
- Arlo Pickford for finishing in 23<sup>rd</sup> place at the State Cross Country for 10 Years.

## MOUNTAIN BIKING

Coordinator  
Mr Daniel Davison – [davisond@iona.qld.edu.au](mailto:davisond@iona.qld.edu.au)

### Upcoming Training

**DATE:** Sunday 28 July  
**TIME:** 12:30 – 2:30pm  
**LOCATION:** Sugar Bay, Caloundra

(Please make sure you have registered in Compass for this session)

### Remaining Competition Dates

Sunshine Coast: Thursday 8 August (Yrs 5–8)  
Sunshine Coast: Friday 9 August (Yrs 9–12)  
Ipswich: Thursday 29 August (T3, Wk 8)

## RUGBY LEAGUE

Coordinator: Mr Andrew Fildes  
[fildesa@iona.qld.edu.au](mailto:fildesa@iona.qld.edu.au)

### Term 3 Rugby League Host Colleges

Round	Years 5–7	Years 8 – Open
Round 1	Marist	Villanova
Round 2	Villanova	Iona
Round 3	Iona	Padua
Round 4	Padua	St Patrick's
Round 5	St Patrick's	St Edmund's
Round 6	St Edmund's	St Laurence's
Round 7	St Laurence's	Marist

We ask families who have boys selected in an AIC sport this term, to give full commitment to their respective games and not to miss Saturday games or training sessions due to club sport, parties or holidays. We realise at times there are unavoidable situations which may arise. However, we ask for families to consider the commitment made to the team when signing on before being absent for other reasons.

In the AIC competition, every Saturday is like a grand final. Teams rely on their teammates turning up to the games to give each team the best chance of doing well in the competition. With boys already missing games due to illness, injury and family emergencies it makes it very difficult for coaches if boys miss games for the other reasons.

### Round 1 Results

The AIC Rugby League season began with thrilling encounters against SLC.

The Year 5 teams set the tone with two impressive wins, with standout performances from Sullivan Torrie, Leon Stankovic, Quentin McCloud, Blake Pushkey, Henry Astill, and Mac Cruickshank.

Year 6 continued the winning momentum. The 6B team delivered a solid team effort, while Leo Osterman, Arthur Laube, and Jack Shelton distinguished themselves in the 6A game.

In the Year 7 matches, Quade Mooney, Levi Ulugia-Faalua, and Nate Pushkey excelled for the B team, while Oscar Hindmarsh, Samson Tofilau, and Qwaden Topine shone for the A team.

The Year 8 squad showcased strong performances across the park, with Samuel Haynes, Benjamin Roderick, and C'ezar Leota catching the coaches' attention.

In the Year 9 game, Tamarley Mooney, Dominic Castner, and Troy Milton led the team to victory with their outstanding contributions.

The Year 10 team also secured a win, thanks to the efforts of James Turner, Bailey Swifte, and Luke Coffey.

The Second XIII team saw solid play from Jacob Curyer, Jonah Geiger, and Max Bolton, who all played their roles well.

The First XIII backed up their strong performances at the Confraternity Carnival with a near-flawless defensive game. Tyler Pereira, Campbell Rolfe, and Cooper Benvenuti had excellent games in their respective positions.

Overall, it was an impressive start to the season, with many players demonstrating their skill and commitment on the field. The teams look forward to building on this strong foundation in the coming rounds.

### Rugby League Team of the Week

Fullback	Tyler Pereira	1 <sup>st</sup> XIII
Wing	Samuel Haynes	Year 8
Centre	Tamarley Mooney	Year 9
Centre	Luke Coffey	Year 10
Wing	Jacob Curyer	2 <sup>nd</sup> XIII
Five Eighth	Campbell Rolfe	1 <sup>st</sup> XIII
Halfback	Quentin McLeod	Year 5B
Prop	Leo Osterman	Year 6A
Hooker	Blake Pushkey	Year 5A
Prop	Bailey Swifte	Year 10
2 <sup>nd</sup> Row	Levi Ulugia-Faalua	Year 7B
2 <sup>nd</sup> Row	Max Bolton	2 <sup>nd</sup> XIII
Lock	Arthur Laube	Year 6A



## Progressive League Results

Team	Rd1 vs SLC	Rd2 vs SEC	Rd3 vs MA R	Rd4 vs PAD	Rd5 vs SPL C	Rd6 vs Villa	Rd7 vs SPC
1 <sup>st</sup>	Won 58-0						
2 <sup>nd</sup>	Won 34-8						
Yr 10	Won 40-0						
Yr 9	Won 24-12						
Yr 8	Won 28-4						
7A	Lost 10-26						
7B	Lost 6-30						
6A	Won 28-14						
6B	Won 36-8						
5A	Won 44-8	Bye					
5B	Won 32-8	Bye					

### Round 2 vs St Edmund's (Sat 27 July)

Years 5 - 7 Venue: Villa Park. Manly Rd, Tingalpa	
TIME	Field 6
8am	6B
8.50am	6A
9.40am	7B
10.40pm	7A
Byes	5A, 5B

Years 8 - Open Venue: Iona College	
TIME	Davine Oval
9am	8A
10am	9A
11am	10A
12.15pm	2nds vs SPLC 1st
1.30pm	1sts

**Action Photos:** Send your action photos of the Saturday League matches to [otwayk@iona.qld.edu.au](mailto:otwayk@iona.qld.edu.au) for inclusion in the sport newsletter or College newsletter sport photo gallery.



Please see the below link for:

- All 2024 training / trial times
- 2024 season game dates and opposition
- 2024 coaches' names
- Uniform expectations for training/games
- [Rugby League Information Link](#)

## SAILING

After completing their unbeaten run of wins at the Queensland State Schools and Open Teams racing championships, our Sailors went into the Australian Schools Teams Racing Championships with High expectations. The event was held in Goolwa, South Australia for the second consecutive year, and for several of our team, the familiar venue gave confidence that we could improve on last year's result.

After flying into Adelaide and driving south to Goolwa on Tuesday, the team were met with gale force conditions and cancelled practice sessions, a hint of what was to come. Racing would commence on Wednesday using the Swiss League format which re-ranks every team after each round of racing, bringing similarly competitive teams together in the draw and making for close racing all regatta.

On day one of racing, Team Iona was greeted with cold, rainy, and windy conditions. The boys started the day as one of the top seeded teams and demonstrated why, winning 6 of their 9 races finishing the day just one win off the top of the leader board, in what had been a tight first day of racing.

Day two of racing on Thursday presented clear skies and gentle breezes providing perfect conditions for our Iona boys to consolidate their position on the leader board. After 18 rounds the boys were sitting in fourth place continuing their strong performance.

After a gale interrupted Friday's racing, the preliminary rounds of the championship wrapped up on Saturday morning with strong winds and cold conditions testing all the competitors. Team Iona dropped down the leader board to seventh place, but managed to qualify for the finals to be sailed in the afternoon.

Saturday afternoon, the Finals series commenced with a series of knockout rounds with Iona moving through to the semis after beating Brighton and Sacred Heart in the elimination and qualifying finals. In the semi-finals we came up against the very strong Cranbrook team, who we had not beaten all regatta. Despite a valiant effort our boys lost and were relegated to the petit final against Hutchins. Again, a strong team and a close result although Hutchins prevailed.

Overall results for the Championships were: Scots College 1st, Cranbrook School 2nd, Hutchins School 3rd, Iona College 4th.

Congratulations to our skippers Jordan Barney, Sam Muir, Archie Willey and the crews Zane Bush, Matthew Clarke, Dean Gething, Hunter Phelps and Flynn Rowell on their performance throughout the regatta and to the whole sailing team, coaches Hayden Barney, Will Nobes and Libby Kirby and the sailors who supported them throughout the season and in preparation for the event.

Mr Ben Willey – Parent Sailing Representative



## Tennis Team Photos

Tennis team photos will be taken during the co-curricular days on 21–22 August.



A photo schedule will be published the week of the photos.

Please see the below link for:

- All 2024 training / trial times
- 2024 season game dates and opposition
- 2024 managers
- Uniform expectations for training/games
- Code of Conduct

[Tennis Information Link](#)

## Term 3 Training Schedule

The students who have been successful in making a team will be expected to attend two training sessions per week as outlined in the schedule. (See Tennis Information Link above)

## Round 1 Results



The First IV had the Blessing of the Captain's Court and the Cap Presentation prior to their match against St Laurence's College last Saturday. Thank you to all the families of the Firsts and Old Boys who

joined us for the presentation where we revealed the 2023 Captain's sign for Jackson Treacy.



Against St Laurence's College, our boys knew it was going to be a tough first round for the season. On the day, our teams dug deep and finished the round with a narrow 8–7 victory. This is a great start to the AIC season. Our First IV met one of the strongest teams in the AIC competition. With this in mind, they battled it out to have success in two

doubles matches, but in the end went down 3–5. Our 6A, 7A and Bs, Thirds and Fourths showcased their strength on court as they served their way to impressive victories.

This Saturday 27 July our Year 7–First teams will take on St Edmund's College whilst our primary players play Ambrose Treacy.

I wish all teams the best of luck for Round 2.

## TENNIS

Tennis Coordinator  
Gemma Cook – [cookg@iona.qld.edu.au](mailto:cookg@iona.qld.edu.au)

Team	Managers	Email
1 <sup>ST</sup> IV, 2 <sup>ND</sup> IV	Renae Northcott	<a href="mailto:northcottr@iona.qld.edu.au">northcottr@iona.qld.edu.au</a>
3 <sup>RD</sup> IV, 4 <sup>TH</sup> IV	Kevin Caine	<a href="mailto:cainek@iona.qld.edu.au">cainek@iona.qld.edu.au</a>
10A & 10B	Michael Cook	<a href="mailto:cookm@iona.qld.edu.au">cookm@iona.qld.edu.au</a>
9A & 9B	Andrew Goodwin	<a href="mailto:goodwina@iona.qld.edu.au">goodwina@iona.qld.edu.au</a>
8A & 8B	Richard Cook	<a href="mailto:cookr@iona.qld.edu.au">cookr@iona.qld.edu.au</a>
7A & 7B	Richard Cook	<a href="mailto:cookr@iona.qld.edu.au">cookr@iona.qld.edu.au</a>
6A & 6B	Gemma Cook	<a href="mailto:cookg@iona.qld.edu.au">cookg@iona.qld.edu.au</a>
5A & 5B	Gemma Cook	<a href="mailto:cookg@iona.qld.edu.au">cookg@iona.qld.edu.au</a>





1 <sup>st</sup> IV	George Alder Tennis Centre 9 Ernest St, One Mile. Ipswich	7.45-12.45pm
2 <sup>nd</sup> 3 <sup>rd</sup> 4 <sup>th</sup>	George Alder Tennis Centre 9 Ernest St, One Mile. Ipswich	7.45am-10.15am

Action Photos: Send your action photos of the Saturday Tennis matches to [otwayk@iona.qld.edu.au](mailto:otwayk@iona.qld.edu.au) for inclusion in the sport newsletter or College newsletter sport photo gallery.



### Progressive Tennis Results

Team	Rd1 vs SLC	Rd2 vs SEC	Rd3 vs MAR	Rd4 vs PAD	Rd5 vs SPLC	Rd6 vs Villa	Rd7 vs SPC
1 <sup>st</sup>	Lost 3-5						
2 <sup>nd</sup>	Won 5-3						
3 <sup>rd</sup>	Won 6-2						
4 <sup>th</sup>	Won 8-0						
10A	Lost 3-5						
10B	Lost 0-8						
9A	Lost 3-5						
9B	Won 5-3						
8A	Draw 27-27						
8B	Won 29-27						
7A	Won 7-1						
7B	Won 7-1						
6A	Won 8-0						
6B	Lost 3-5						
5A	Lost 22-33						
5B	Lost 0-8						

### Tennis Round 2 vs St Edmund's/ATC Saturday 27 July

Team	Venue	Time
5A/B v ATC	Wynnum Tennis Centre Colina St, Wynnum	7.30am-10am
6A/B v ATC	Wynnum Tennis Centre Colina St, Wynnum	10am-12.30pm
7A/B	Iona College Tennis Centre	7.30am-10am
8A/B	Iona College Tennis Centre	10am-12.30pm
9A/B	George Alder Tennis Centre 9 Ernest St, One Mile, Ipswich	10.15am-12.45pm
10A/B	George Alder Tennis Centre 9 Ernest St, One Mile, Ipswich	10.15-12.45pm

## TOUCH

Touch Coordinator  
Miss Dellit [delliti@iona.qld.edu.au](mailto:delliti@iona.qld.edu.au)

### Secondary Touch

Trials for Secondary All Schools Touch will be held on the following dates on Dwyer oval:

U13s – Monday 12 August            3:15pm-4:30pm  
U15s – Tuesday 13 August        3:15pm-4:30pm  
U18s – Tuesday 13 August        3:15pm-4:30pm

Please use this link to sign up to the trials.

[Secondary Touch Sign on Link](#)

Sign-on will open on Tuesday 23 July and will close on Friday 9 August.

Please note that boys in the AIC Track and Field team and the Year 7 and Year 8 Schools Cup Volleyball teams are not able to trial for touch as there are clashes with trainings and competitions.

Training for the selected teams will then be Friday afternoons in Weeks 6-10 on Dwyer Oval from 3.15 – 4.30pm. Players are expected to attend all sessions.

Please see the below link for more comprehensive touch information.

Secondary [Touch Information Link](#)

### Primary Touch

Sign on is now open for Year 5-6 Students wishing to trial for our Primary Touch Squad who will be eligible to play:

- Primary All Schools (1-3 November)
- AIC Touch Football Invitational (Saturday 19 October)

### Training and Trials – TBC

From the trials we will select a squad who will be given the opportunity to attend the Primary All Schools Touch Competition. At the same trial we will also select a Year

5 and Year 6 Squad for the AIC Invitation Tournament. Please note the squad will include shadow players who may not be required to play.

Please use this link to sign up to the trials.

[Primary Touch Sign Up link](#)

Sign On will close on Friday 9 August.

More information will be available in the Primary Touch Information Document in next week's newsletter.

## TRACK & FIELD

Primary Coordinator: Mr Connor Russell

[russellc@iona.qld.edu.au](mailto:russellc@iona.qld.edu.au)

Secondary Coordinators:

Mr Alex Jirasek [jiraseka@iona.qld.edu.au](mailto:jiraseka@iona.qld.edu.au)

Mr Craig Stariha [starihac@iona.edu.edu.au](mailto:starihac@iona.edu.edu.au)

### Important Dates

Thursday 22 Aug – AIC Track & Field meet @ SAF

Wednesday 28 Aug – AIC Track & Field meet @ SAF

Thursday 5 Sep – AIC Track & Field meet @ SAF

Wednesday 11 Sept – AIC Track & Field meet @ SAF

### AIC Track & Field Championships

Day 1 – Thursday 3 October @ QSAC

Day 2 – Friday 4 October @ QSAC

The Track & Field pre-season training program has begun with training this week.

At this early stage, all interested boys in Years 5–12 may attend training. We have gone through the Interhouse Track & Field results and have issued invitations to those who performed particularly well. It is expected that those who have a special gift or talent are willing and able to join the Track & Field squad.

It is normal for our better athletes to be involved in AIC Basketball, Rugby League or Tennis. We can tailor a program where boys can do both.

If you have received an invitation email, please complete the link found within the email to accept or decline the invitation to join the squad. Those who did not receive an email of invitation may contact the respective coordinator listed above and be asked to be included.

Please see the below link for:

- 2024 training schedule
- 2024 important calendar dates for meets and championships
- 2024 coaches
- Uniform expectations for training/games etc

[Track & Field Information Link](#)

## VOLLEYBALL

Volleyball Coordinator

Mrs Karen Otway – [otwayk@iona.qld.edu.au](mailto:otwayk@iona.qld.edu.au)

### Junior Schools Cup Volleyball (Years 7 & 8)

Trials for the Iona teams to compete at the Junior Schools Cup volleyball tournament will be held on Friday 16 August and Friday 23 August from 3.15pm–5pm in Oblate Hall.

Training for selected students will be Friday afternoons. The Junior Schools Cup Volleyball competition will be held at the Gold Coast from 18–20 October.

Please note that boys who trial for Junior Schools Cup Volleyball are not able to trial for touch as well as there are clashes with training times and the AIC touch tournament.

Please email Mrs Otway if you are interested in trialling.