

17 April, 2024

TEAM IONA

Welcome back to lona all families from what I hope was a restful and enjoyable time together over the Easter break. Looking ahead, there is no doubt that Term 2 sport will be another action-packed adventure. During this term, AIC Chess, Cross Country, Rugby and Football will get into full swing. Our AIC Cross Country squads will continue with their preparations for the upcoming AIC Cross Country Championships, to be held on Wednesday 29 May at Curlew Park in Week 7. This weekend, Iona will play a full trial round of chess, rugby and football against Villanova College.

Our pathways tennis pre-season training program will continue every Tuesday morning this term in readiness for the AIC Tennis season. Additional tennis players who played at an 'A' standard in 2023 will be contacted this week by our Tennis Coordinator, Mrs Cook. These additional players will be invited into the pre-season tennis program from next week. Please keep an eye out for this email.

On top of this, we have some basketball pre-season training, mountain biking events, golfing events, volleyball schools cup tournaments, and many Lytton / Composite and Met East events throughout the term as per the regional sports calendar.

As you can see, there are plenty of opportunities for all students to become involved in the sports program. We expect that when a boy commits to a sporting team or squad, he follows through with that commitment to the end of season.

May I please ask parents to note this section: Prior to the commencement of each sports season, the College advertises a sign-on link to enable students to participate in the sports program. These sign-ons are extremely important, as the Sports Office uses this information to determine how many teams the College will nominate in that sport in each year level into the AIC competition. Coaches are appointed and training schedules, equipment, referees etc are then organised to ensure all students are catered for.

We ask parents to support the College by ensuring their son attends all training sessions and is available to play each weekend. With long weekends approaching, it is important that all players make themselves available to play their allocated games. If families are travelling away, we ask that this be done after your son's game is played.

With the number of students who have registered to play rugby or football, we have purposely submitted more teams into the competition with less reserves in each team to maximise every student's playing time. If players do not attend the games on these long weekends, teams will be left short. This is not the lona way. Again, please consider your son's commitment to the team before making travel plans.

As we approach the chess, rugby and football trial matches this weekend, I ask parents to be patient and understanding of the selection process. It is always a very short turnaround from season to season in the AIC calendar.

The next two weeks will be important for all players and coaches in the selection process. Players are asked to attend all training sessions and games to make this process easier and to give themselves every chance to show the selectors their best.

On Tuesday of this week the whole College was involved in the Year 5-12 Interhouse Cross Country Carnival. It was good to see the boys turn out in large numbers, participating and giving their very best. This event was a great conduit for school and house spirit to shine. Well done to all for getting involved and showing the good, old-fashioned Iona spirit!

Over the Easter break, our First XV rugby squad participated in a joint-training session with Brisbane Boys Grammar before hosting Rosmini College from NZ last weekend, while a cross-country camp was held on the Gold Coast. All of these events were a great success. Please read in the respective sections below for more details. I wish everybody the very best this term. Please remember to stay involved, be committed, offer your talents to the College and enjoy and good times spent with your mates!

Craig Stariha Iona College Head of Sport

IONA UNIFORM SHOP

2024 Opening Hours:

- Monday, Wednesday and Friday 8am to 3.30pm
- Tuesday and Thursday Closed

IONA SPORT SEASON PLANNER

2024 DATES

Chess Trial vs Villanova (A) Fri 19 Apr: Sat 20 Apr: Rugby and Football Trial vs Villa (A) Mon 22 Apr: QIGA Golf (Coolangatta) Fri 26 Apr: AIC Chess Rd 1 vs SLC (A) Sat 27 Apr: AIC Rugby / Football vs SLC (A) AIC Chess Rd 2 vs SEC (H) Fri 3 May: Sat 4 May: AIC Rugby / Football vs SEC (H) Wed 8 May: AIC Cross Country Meet (Sherwood) AIC Chess Rd 3 vs Marist (H) Fri 10 May: AIC Rd 3 Rugby / Football vs Marist (H) Sat 11 May: AIC Cross Country Meet (Curlew Park) Wed 15 May: Fri 17 May: AIC Chess Rd 4 vs Padua (A) AIC Rd 4 Rugby / Football vs Padua (A) Sat 18 May: Sat 18 May: Years 5-8 Rugby / Football Team Photos Met East Cross Country (JPC) Tues 21 May: Wed 22 May: AIC Cross Country Meet (Runcorn) AIC Chess Rd 5 vs SPLC (A) Fri 24 May: AIC Rd 5 Rugby / Football vs SPLC (A) Sat 25 May: Mon 27 May: QIGA Golf (Nudgee) Wed 29 May: AIC Cross Country Championships 31 May-2 Jun: Intermediate Schools Cup Volleyball Fri 31 May: AIC Chess Rd 6 vs Villanova (H) Sat 1 Jun: AIC Rd 6 Rugby /Football vs Villanova (H) Sat 1 Jun: Years 9-12 Football / Rugby Team Photos Fri 7 Jun: AIC Chess Rd 7 vs SPC (H) Sat 8 Jun: AIC Rugby/Football Rd 7 vs SPC (H) Interhouse Track & Field Carnival Thurs 13 Jun: Fri 14 Jun: Iona Golf Open (Wynnum) Sat 15 Jun: Years 5-12 Internal Trials Basketball Rugby League/Tennis 23-28 Jun: Confraternity Rugby League Carnival

BASKETBALL

Iona College USA Basketball Tour – 2024 Tour Manager: Mr. Bannerman bannermana@iona.qld.edu.au

First V Basketball Trials: Begin Term 2, Week 1.

Thurs 18 April: 3.15pm-4.30pm (Provence Centre) **Call-backs only to trial**

Tues 23 April: 3.15pm-4.30pm (Provence Centre)

Students wishing to trial for First V basketball must be in Years 10, 11 or 12.

iHoops Basketball Development Squad Trials

Students wishing to trial for iHoops Basketball Development Squad, please email your expression of interest to Mr Bannerman at <u>bannermana@iona.qld.edu.au</u>

iHoops Trial Dates:

Years 9-10: Thursday 18 April 4.30pm – 5.30pm (Provence Centre)

CHESS

Coordinator Mr Kevin Caine <u>cainek@iona.qld.edu.au</u>

Chess Trial vs Villanova

Date:	Friday 19 April
Venue:	St Thomas of Villanova Centre,
	Sixth Ave Coorparoo
Time:	4pm

Term 2 Chess Training days: (Music Room 1)

Intermediates:	Tuesdays	7.30am-8.30am
Juniors:	Wednesdays	3.10pm-4.15pm
Seniors:	Thursdays	7.30am-8.30am

Any student unable to make their session will be welcome to attend another, but please advise Mr Caine of reason for change.

CROSS COUNTRY

Years 7-12 Coordinator Mr Brendan Merrotsy – <u>merrotsyb@iona.qld.edu.au</u>

Primary Coordinator (Years 5 & 6) Mr Adam McClure – <u>mcclurea@iona.qld.edu.au</u>

Cross Country Camp

From Wednesday to Friday in the final week of the school holidays, 53 keen and determined cross-country athletes embarked on a journey to Tallebudgera Rec Camp on the Gold Coast for Cross Country Camp 2024. After arrival, teams were formed, cabins were filled and goals ready to be conquered. On the first day, all the athletes participated in tug-o-war, longest beach throw, running relays, basketball competition, ultimate Vortex and a scenic 6km jog along a very hilly loop, then to top it all off, Bounce in the evening.

Tired but eager for more fun on Thursday, we had an interval session in the morning, where boys ran anywhere from 5k to 12k in total – a very impressive feat.

During the day, we participated in Timezone, beach flags, hoop n' sack, medicine ball relay. The boys were exhausted, but they pushed through and went on yet another run in the afternoon. On Friday, we went on a 40-minute jog along the beach down to Currumbin Alley.

These activities were incredibly demanding for all the athletes involved, which helped each become a stronger runner, contributing to our ultimate goal of 'chasing the goal and defending the throne' come May 29 at AlC Cross Country. The boys showed grit, determination, ticker and experienced a bit of hurty-hurty, making them all mentally tougher.

A big thank you to Mr Merrotsy and all the cross country staff, who took time out of their holidays to attend this camp. They ensured that the camp ran very smoothly and contributed to what was a great experience for all those who attended.

Noah Carter & Alex DiBartolo (Cross Country Captains 2024)





2024 Interhouse Cross Country Results

It was great to see all students from Years 5–12 participate in the cross-country event held on Tuesday. The boys really gave a superb effort, and were very supportive of each other throughout the day. This event showcased our top cross-country runners and unearthed some talented athletes, which was exciting to see for our coaches as the look for more runners to join the program.

Although the boys were keen to do well, the main focus was providing opportunities for all boys to participate, show house and school spirit and enjoy the day. Well done to Albini house, who took out the overall championship this year.

		• •	
Year	First	Second	Third
Level			
5	William	Ethan Sonnekus	Henry Astill
	Stevenson		
6	Joshua Clancy	Luke Vella	Boston Raju
7	Sacha Reynard	Cooper	Flynn Dillon
		Searston	
8	Aiden Levitt	John Connolly	Noah Caddies
9	Hamish Cox	Arlo Searles	Alex Read
10	Hunter	Harper Allen	Jackson
	Cushway		Williams
11	Casper	Jack Thatcher	Nicholas
	Greatorex		Bennett
12	Noah Carter	Henry Baker	Ryan Siebel

Year-Level Champions

Year-Level House Winners

Year 5	Chisholm-Cebula	Year 9	Anthony
Year 6	Albini	Year 10	Gerard
Year 7	Long	Year 11	Albini
Year 8	Long	Year 12	Mazenod

Overall House Placings

1st	Albini	6th	Mazenod
2nd	Chisholm-Cebula	7th	Gerard
3rd	Anthony	8th	MacKillop
4th	Charlebois	9th	McAuley
5th	Long	10th	Grandin





2024 Cross Country Training: (Years 5 and 6)

Days: Tuesdays and Thursdays Time: 3.10pm-4.15pm. Meet at Primary Handball Courts

Attire: lona training shirt, lona sports shorts, lona socks and comfortable running shoes/joggers. It would be ideal to bring a water bottle and a small snack for afterwards.

The final team for each Year level will be selected a few weeks before the AIC Championships in Term 2.

Training Schedule for Years 7-12

Term 2 Week 1

Monday : No Training	Wednesday: 6.45am-8am	Friday: 6.45am-8am
	Meet at Junior handball courts	Meet at Oblate Hall Speed / games
	Interval session	Speed / games

Week 2

Monday:	Wednesday:	Friday:
6.15am-7.15am	6.45am-8am	6.45am-8am
@ Wynnum	Meet at Junior	Meet at Junior
Wading Pool	handball courts	handball courts
Aerobic Run (A minibus will depart from the chapel at 6am if you cannot meet at Wynnum wading pool)	Interval Session	Speed / games

Composite District Cross Country Trials

Date: Monday 22 April Time: 3pm – 5pm Venue: BSHS Fields, Fursden Rd, Carina

<u>Schedule</u>

3.15pm:	16-19 Years	6km
3.40pm:	14 Years	4km
4pm:	15 Years	4km
4.40pm:	13 Years	3km

E-SPORTS

Coordinator Mr Chris Eades <u>eadesc@iona.qld.edu.au</u>

Esports Term 2

Registrations have now closed.

Please note that not every student will be able to participate, so priority will be given to students who do not engage in other co-curricular activities regularly as well as students who have experience with Esports.

Please email Mr. Eades at <u>eadesc@iona.qld.edu.au</u> if you have any questions or queries.

FOOTBALL (SOCCER)

Football Coordinator Years 9-12 Mr Lachlan Sayers – <u>sayersl@iona.qld.edu.au</u>

Football Coordinator Years 5-8 Mr Connor Russell – <u>russellc@iona.gld.edu.au</u>

The training schedule found in the link below will apply in Term 2. Further trials will be held against Villanova this Saturday. (See schedule below)

Please see the below link for:

- All 2024 training / trial times
- 2024 season game dates and opposition
- 2024 coaches' names
- Uniform expectations for training/games
- And much more

Football Information Link

Match-Day Uniform

Iona HPE Shorts	\$35
Iona Football Jersey	\$65
Iona Football Socks	\$16

Training Uniform

Iona HPE Shorts	\$35
Iona Football Socks	\$16
Iona Yura Training Shirt	\$45

- Covered shoes must be worn at all times. (No slides / thongs/ Crocs / bare feet)
- lona sport jacket or hoodie (no non-lona jumpers or tracksuit pants to be worn)
- Shin guards are compulsory for both training and matches.

Action Photos

If parents take action photos on a Saturday, it would be appreciated if any quality photos could be emailed to <u>otwayk@iona.qld.edu.au</u> by midday Tuesday for possible inclusion in the weekly sport newsletter or College newsletter sport photo gallery.

Football Trial Match vs Villanova

Saturday 20 April

Team	Venue	Oval	Time
1 st XI	Villanova Park Manly Rd, Tingalpa	Field 5	12.15pm
2 nd XI	Villanova Park Manly Rd, Tingalpa	Field 5	11am
3 rd XI	Villanova Park Manly Rd, Tingalpa	Field 4	9.50am
4 th XI	Villanova Park Manly Rd, Tingalpa	Field 3	10.30am
5 th XI	Villanova Park Manly Rd, Tingalpa	Field 3	9am-10.30am (3-way game)
6 th XI	Villanova Park Manly Rd, Tingalpa	Field 3	9am-10.30am (3-way game)
10A	Villanova Park Manly Rd, Tingalpa	Field 5	9.50am
10B	Villanova Park Manly Rd, Tingalpa	Field 4	8.40am
10C	Villanova Park Manly Rd, Tingalpa	Field 3	7.30am-9am (3-way game)
10D	Villanova Park Manly Rd, Tingalpa	Field 3	7.30am-9am (3-way game)
9A	Villanova Park Manly Rd, Tingalpa	Field 5	8.40am
9B	Villanova Park Manly Rd, Tingalpa	Field 5	7.30am
9C	Villanova Park Manly Rd, Tingalpa	Field 4	7.30am
8A	Iona College	Fuller	7.30am
8B	Iona College	Fuller	8.30am
8C	Iona College	Fuller	9.30am
8D	Iona College	Fuller	10.30am
7A	Iona College	Coghill	7.30am
7B	Iona College	Coghill	8.30am

Team	Venue	Oval	Time
7C	Iona College	Coghill	9.30-11am (3-way game)
7D	Iona College	Coghill	9.30-11am (3-way game)
7E	Iona College	Coghill	11am-12.30pm (3-way game)
7F	Iona College	Coghill	11am-12.30pm (3-way game)
6A	Iona College	Dwyer 1	7.30am
6B	Iona College	Dwyer 1	8.30am
6C	Iona College	Dwyer 1	9.30am
6D	Iona College	Dwyer 1	10.30am
5A	Iona College	Dwyer 2	7.30am
5B	Iona College	Dwyer 2	8.30am
5C	Iona College	Dwyer 2	9.30am
5D	lona College	Dwyer 2	10.30-11.30am (3 way game)

Football Team Photos



Venue: Behind the football canteen

<u>Sat 18 May</u>: Year 5, 6, 7, 8 teams who are playing at Iona. <u>Sat 1 June</u>: Year 9, 10, Open teams playing at Iona.

A photo schedule will be published on the Wednesday before each photo day.

<u>Teams not playing at lona on the photo days will have</u> their team photos taken later in the year.

Merchandise Container

Uniform Shop will be open every Saturday during the football season in a container on Davine Oval. Football uniforms and supporter merchandise can be

purchased.

Saturday Opening Times:

8am-11am on weeks the Year 5-8 teams play at lona.

9am-12pm on weeks the Year 9-Open teams play at lona.



HIGH PERFORMANCE

Coordinator

Mr Leigh Harding – <u>hardingl@iona.qld.edu.au</u>

Iona Strength and Conditioning

The lona Strength and Conditioning program is overseen by accredited industry experts and guided by the ASCA Position Stand on Resistance Training for Children and Youth. The sequential programs also closely align to long-term athletic development principles.

Any student wishing to attend the lona gym for the first time must first contact Mr Harding prior to attending.

Gym groups

- 7-10 HIGH PERFORMANCE' groups are for players that play 'A'-Level or regional rep sport. Students should attend one Day-1 and one Day-2 session each week.
- 'YEAR 11 & 12 HIGH PERFORMANCE' groups are for players that are members of Iona Firsts Squads or regional rep sport. Students are given two-day programs based on their S&C goals.
- 'INTRODUCTION TO GYM TRAINING' is for Year 7 Year 12 students that are not a part of other groups. Students are provided a suitable program to work through.

Gym Schedule

Gym rules

- Use the bag racks for your bags and get changed in dressing rooms downstairs
- Wear lona sports uniform, not club gear
- Follow all instructions from your trainer carefully
- Complete all exercises on your program
- Prioritise the safety of yourself and others
- Ensure you use all equipment correctly and return it to where you got it from.

Term 2 gym schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:30am – 7:30am	INTRO TO GYM	YEAR 9 RUGBY	YEAR 9 & 10 HIGH PERFORMANCE DAY 1	YEAR 10 RUGBY	INTRO TO GYM
7:15am – 8:15am	YEAR 11 & 12 HIGH PERFORMANCE	1sts & 2nds RUGBY	YEAR 11 & 12 HIGH PERFORMANCE	1sts & 2nds RUGBY	YEAR 9 & 10 HIGH PERFORMANCE DAY 2
3.15pm – 4.15pm	YEAR 7 & 8 HIGH PERFORMANCE DAY 1	YEAR 10 RUGBY	YEAR 7 & 8 HIGH PERFORMANCE DAY 1 or 2	YEAR 9 RUGBY	YEAR 7 & 8 HIGH PERFORMANCE DAY 2
4:15pm – 5:45pm		IONA SWIMMING CLUB		IONA SWIMMING CLUB	

District And Regional Sport Trials

All Composite and Lytton District trial information will be published in this section of the weekly sport newsletter as well as the daily bulletin when it becomes available. If a student wishes to register for a trial, they must contact either Mr Harding (for Composite trials, boys turning 13–19 years in 2024) or Mr Russell (for Lytton trials, boys turning 10–12 years in 2024) using the same email – <u>repsport@iona.qld.edu.au</u>

Mr Harding and Mr Russell will then return contact the students wishing to trial with further information.

10–12 Years Information

Sport	Details	Nominations Close
Cross Country 10–12 Yrs	Lytton District Trial	Top students from Iona Interhouse Carnival attend.
Rugby Union 10-12 Years	Lytton District Trial	Fri 26 April
Football (Soccer)	Lytton District Trial	Mon 29 April

13–19 Years Information

No trials are currently advertised.

It will be the student's responsibility to complete the trial information and return it to the teachers listed above by the due dates.

Important: All school-based representative sport nominations must be endorsed by the Iona Sport Department.

Congratulations to the following students on their sporting achievements:



Hugo Wheeler won two gold and five silver medals at the 10–12 Years Queensland Swimming Championships. Hugo now heads to National Championships in July, where he will represent Queensland in seven individual events.



Lachlan Brandon competed at the Australian Men's Netball Association National Championships as part of the U17 Queensland Team.



Noah Housego and Flynn Howard competed in the Qld Dragon Boat state titles and won four gold medals. Flynn Howard has been selected in the Qld State Junior Squad, and will compete at the National titles in Perth.



Darcy Vella broke six Australian Records at the QLD Powerlifting State Championships. He now heads to the Australian Powerlifting Championships in August.



Tyce Percy (U14) won gold at the Qld State Waterpolo Championships.

MOUNTAIN BIKING

Coordinator Mr Daniel Davison –<u>davisond@iona.qld.edu.au</u>

Mountain Biking Uniform

Jersey (short-sleeve)	\$ 80
Jersey (long-sleeve)	\$85
Sport shorts	\$35
Mountain biking shorts	\$100

If you are in the squad and are planning on participating at the next event at Mt Cotton on Friday April 19 (Term 2, Week 1), please register via Rocky Trail as soon as possible as it will likely sell out. Eligible riders will be contacted via Compass this week.

Upcoming Training

DATE: Saturday 27 July

TIME: 3pm-5pm

LOCATION: Sugar Bay, Caloundra

(Keep an eye out on your emails for information closer to the date on registering for this session)

Competition Dates

Brisbane:	Friday 19 April (Term 2, Week 1)
Toowoomba:	Friday 7 June (Term 2, Week 8)
Sunshine Coast:	Thursday 8 August (Yrs 5-8)
Sunshine Coast:	Friday 9 August (Yrs 9-12)
lpswich:	Friday 30 August (T3, Wk 8)

Please email Mr Davison with any questions.

RUGBY UNION

Coordinator: Mr Alex Jirasek jiraseka@iona.qld.edu.au

Congratulations to the Iona First XV squad who defeated the touring Rosmini College (New Zealand) 22–19 in the holidays. In a special moment for the lonians, they experienced a pre-game Haka from the visitors, before a tight and exciting game played in ideal conditions. The game was played in good spirits, and both teams enjoyed each other's company as they shared a postgame function.





The training schedule found in the link below will apply in Term 2. Further trials will be held against Villanova this Saturday (see schedule below).

Please see the below link for:

- All 2024 training / trial times
- 2024 season game dates and opposition
- 2024 coaches' names
- Uniform expectations for training / games
- And much more

Rugby Information Link

Match Day Uniform

Iona Rugby Union Shorts	\$35
Iona Rugby Union Jersey	\$70
Iona Rugby Union Socks	\$16

Training Uniform

Iona Rugby Union Shorts	\$35
Iona Rugby Socks	\$16
lona Yura Training Shirt	\$45

Mouthguards are compulsory for both training and matches.

- Covered shoes must be worn at all times. (No slides / thongs / Crocs / bare feet)
- Iona sport jacket or hoodie (no non-Iona jumpers or tracksuit pants to be worn)

Action Photos

If parents take action photos on a Saturday, it would be appreciated if any quality photos could be emailed to <u>otwayk@iona.qld.edu.au</u> by midday Tuesday for possible inclusion in the weekly sport newsletter or College newsletter sport photo gallery.

Rugby Trial Match vs Villanova Saturday 20 April

Team	Venue	Oval	Time
1 st XV	Villanova Park Manly Rd, Tingalpa	Andrew Slack	2.15pm
2 nd XV	Villanova Park Manly Rd, Tingalpa	Andrew Slack	1pm
3 rd XV	Villanova Park Manly Rd, Tingalpa	Andrew Slack	11.30am-1pm (3-way game)
4 th XV	Villanova Park Manly Rd, Tingalpa	Andrew Slack	11.30am– 1pm (3-way game)
5 th XV	Villanova Park Manly Rd, Tingalpa	Andrew Slack	10am-11.30am (3-way game)
6 th XV	Villanova Park Manly Rd, Tingalpa	Andrew Slack	10am-11.30am (3-way game)
7 th XV	Villanova Park Manly Rd, Tingalpa	Andrew Slack	8.30am-10am (3-way game)
8 th XV	Villanova Park Manly Rd, Tingalpa	Andrew Slack	8.30am-10am (3-way game)
10A	Villanova Park Manly Rd, Tingalpa	Charlie Fisher	1pm
10B	Villanova Park Manly Rd, Tingalpa	Charlie Fisher	12pm
10C	Villanova Park Manly Rd, Tingalpa	Charlie Fisher	10.30-12pm (3-way game)
10D	Villanova Park Manly Rd, Tingalpa	Charlie Fisher	10.30-12pm (3-way game)
9A	Villanova Park Manly Rd, Tingalpa	Field 6	12pm
9B	Villanova Park Manly Rd, Tingalpa	Field 6	11am
9C	Villanova Park Manly Rd, Tingalpa	Field 6	10am
9D	Villanova Park Manly Rd, Tingalpa	Field 6	8.30am-10am (3-way game)
9E	Villanova Park Manly Rd, Tingalpa	Field 6	8.30am-10am (3-way game)
8A	lona College	Davine	12pm-1pm (3-way game)

Team	Venue	Oval	Time
8B	Iona College	Davine	10am
8C	Iona College	Davine	9am
8D	Iona College	Davine	8am
7A	Iona College	Davine	11am
7B	Iona College	McCarthy	10am
7C	Iona College	McCarthy	9am
7D	Iona College	McCarthy	7.30am-9am (3-way game)
7E	Iona College	McCarthy	7.30am-9am (3-way game)
6A	Iona College	Harron	12pm
6B	Iona College	Harron	11am
6C	Iona College	McCarthy	11am
6D	Iona College	McCarthy	12pm
5A	Iona College	Harron	10am
5B	Iona College	Harron	9am
5C	Iona College	Harron	7.30-8.40am (3-way game)
5D	lona College	Harron	7.30-8.40am (3-way game)

Rugby Team Photos



Venue: Primary Handball Courts

<u>Sat 18 May</u>: Year 5, 6, 7, 8 teams who are playing at Iona. <u>Sat 1 June</u>: Year 9, 10, Open teams playing at Iona.

A photo schedule will be published on the Wednesday before the photo day.

<u>Teams not playing at lona on the photo days will have</u> <u>their team photos taken later in the year.</u>

Merchandise Container

Uniform Shop will be open every Saturday during the rugby season in a container on Davine Oval. Rugby uniforms and supporter merchandise can be purchased.

Saturday Opening Times:

8am-11am on weeks the Year 5-8 teams play at Iona.

9am-12pm on weeks the Year 9-Open teams play at lona.



VOLLEYBALL

Volleyball Coordinator Mrs Karen Otway – <u>otwayk@iona.qld.edu.au</u>

Intermediate Schools Cup Volleyball Training

<u>Year 9</u> (3.15pm – 4.30pm)

Thursday 2 May:	Oblate Hall
Friday 3 May:	Provence Centre
Thursday 9 May:	Oblate Hall
Friday 10 May:	Provence Centre
Thursday 16 May:	Oblate Hall
Friday 17 May:	Provence Centre
Thursday 23 May:	Oblate Hall
Friday 24 May:	Oblate Hall

The team will compete at the Gold Coast from 31 May – 2 June.