

IONA SPORT

I AM IONIAN 

13 March 2024

TEAM IONA

After 12 years as a staff member at Iona College, I took up the position of Director of Sport at Villanova for 11 years. Last year, I came home to Iona as Head of Sport.

Heading into the local derby round against Villanova last weekend, it was a good opportunity for me to catch up with some old friends and colleagues. There was some friendly banter thrown around and a sense that both colleges were in competition on the sports field / court.

No matter the level, a local derby always brings passion and rivalry – whether that be Australia and New Zealand, Queensland and NSW, or two local clubs or schools.

At the same time and more importantly, it was great to see that despite the rivalry, there were many instances where friendships were visible and a sense of fellowship between the two colleges was evident. After all, many of our students have either attended a previous primary school or have played club sport together. Given the proximity, many parents know each other, too. As I circled around the venues, I witnessed our own Chaplain, Fr John Sherman, sitting with the Chaplain from Villanova on one side of the volleyball court in good conversation for most of the game, while on the other side our Principal Mr Goodwin was chatting with the Principal from Villanova, also good friends.

The AIC prides itself on providing opportunities for our boys to play sport at various levels as well as promoting a strong fellowship among the colleges. This was certainly evident over the weekend, with a friendly spirit between the colleges. But I can hear you asking: 'C'mon, how did we go?'

Against strong opposition, Iona did very well. Our First XI cricket and First VI volleyball teams won their games, which means both teams now have a guaranteed premiership in the bag with one round remaining. Full credit is given to Villanova, who narrowly beat our Firsts AFL team on Friday evening in a very close game.

As we move into the final round, Iona is in a dominant position to take out the volleyball aggregate. The cricket aggregate will be decided this weekend as the top two schools go head-to-head. It is vital that our cricket boys turn up and give their best. Both St Patrick's and Iona have the chance to create history by becoming just the third college to win the AIC cricket aggregate. Every win this weekend makes the difference. Best wishes to all!

Next week we move straight into rugby and football trials. The College has extensively advertised the sign-on process, which closes this evening. As mentioned previously, the College has a new sports communication system called Clipboard. Many emails have been sent to parents which included an invitation link to log on to the system. These links are only valid for three days. If families have not signed into the system, we ask that you contact Mr Alex Jirasek jiraseka@iona.qld.edu.au directly. He will then individually send you an invitation email so you may sign in and gain access to the system. You will then be able to see your son's training sessions, weekly game times, venues and team. You will also be able to receive notifications regarding cancellations etc as the X app (Twitter) will no longer be used for this.

For rugby and football trials, each year level will have one trial afternoon next week, with further internal trials being held next Saturday 23 March. Please go to the respective rugby and football sections below to access the season schedules which outline all pertinent information regarding times for trials and training, coaches, uniform expectations etc. All students must attend both trials to allow coaches to select the teams. Those unable to attend will start in a lower-graded team.

Please note the uniform standards and safety equipment needed for all training sessions and games.

Best wishes go to all who represent our College this weekend. We encourage all boys to finish off the season well. Please enjoy!

Craig Stariha
Head of Sport, Iona College

AIC Sports Information (via Twitter): [@SportIona](https://twitter.com/SportIona) (includes wet weather updates)

Head of Sport: Mr Craig Stariha – 3893 8851

Sports Administrator: Mrs Karen Otway – 3893 8805

Sports Administrator: Mr Alex Jirasek – 3893 8805

Assistant Head of Sport (5-6): Mr Connor Russell – 3893 8869

Assistant Head of Sport (7-12): Mr Anthony Bannerman – 3906 8905

IONA UNIFORM SHOP

2024 Opening Hours:

- Monday, Wednesday and Friday 8am to 3.30pm
- Tuesday and Thursday – Closed

IONA SPORT SEASON PLANNER

2024 DATES

- Fri 15 Mar: Rd 7 AIC 1st/2nd AFL vs SPC
 Sat 16 Mar: AIC Rd 7 Cricket/Volleyball vs SPC (A)
 Sat 16 Mar: AIC Rd 7 AFL vs SPC
 Sun 17 Mar: SEQ Teams Sailing
 18–23 Mar: Rugby/Football/Chess Trials Commence
 Fri 22 Mar: AIC Chess Trial vs SPLC
 Sat 23 Mar: Internal Trials Rugby/Football
 Sat 23 Mar: 1st/2nd/10A Rugby/Football Trial vs SPLC
 Sun 24 Mar: SEQ Teams Sailing
 Tue 26 Mar: Sth Brisbane Primary Chess Tournament
 Thu 28 Mar: Years 5–12 Interhouse Cross Country

6C	lost 32–14	won vs Mar D 54–9		won Mar 52–18	lost 27–35 Pad D	lost 25–31	
5A	won 39–30	BYE		won 33–26	won 117–7 ATC	won 45–36	
5B	won 59–15	BYE		won 62–21	won 90–16 SLC	lost 44–43	
5C	won 87–0	won vs Pad E 42–3		won 63–7	won 131–1 Pad D	won 76–6	

AFL Round 7 vs St Patrick's Friday 15 March

Team	Venue	Time	Oval
1 st	Wynnum Vikings Kianawah Rd	5.10pm	1
2 nd vs Pad 3rds	Wynnum Vikings Kianawah Rd	4.10pm	1

AFL

AFL Coordinator
 Mr Bannerman – bannermana@iona.qld.edu.au

Progressive AFL Results

Team	Rd1 SLC	Rd2 SEC	Rd3 MAR	Rd4 PAD	Rd5 SPLC	Rd6 Villa	Rd7 SPC
1 st	lost 77–15	won 58–14	Whole Round Washout	lost 12–73	BYE	lost 32–42	
2 nd	lost 66–21	won 94–13		lost 39–40	won 72–24 ATC 1st	lost 30–37	
9A	lost 17–29	Internal		lost 56–21	won 49–15 ATC	lost 34–44	
9B	lost 14–21	Internal		won 62–7	lost 14–51 SPE A	won 45–13	
8A	lost 58–3	BYE		won 49–6	won 72–0 ATC	lost 13–29	
8B	lost 22–1	lost vs SEC A 9–18		won 34–2	won 32–27 Mar	won 49–20	
7A	lost 66–7	BYE		lost 12–47	lost 30–54 SLC	lost 46–1	
7B	lost 30–12	lost vs SEC A 2–38		lost 0–27	lost 0–46 SPE A	lost 10–14	
6A	lost 74–7	BYE		lost 29–75	won 70–20 ATC	lost 75–17	
6B	lost 28–22	lost vs SLC B 25–31		lost 15–77	lost 28–62 SLC	lost 19–29	

AFL Round 7 vs St Patrick's Saturday 16 March

Team	Venue	Time	Oval
9A	Iona College St Eugene's Park	10.30am	Oval 1
9B	Iona College St Eugene's Park	9.30am	Oval 1
8A	Iona College St Eugene's Park	7.30am	Oval 1
8B vs Villa	Iona College St Eugene's Park	8.30am	Oval 1
7A	Mt. Maria College Playing Fields, Lade St Gaythorne	7.30am	Oval 1
7B	Mt. Maria College Playing Fields, Lade St Gaythorne	7.30am	Oval 2
6A	Yeronga AFC Cansdale St, Yeronga	9.30am	Oval 5
6B	Yeronga AFC Cansdale St, Yeronga	7.30am	Oval 2
6C	Yeronga AFC Cansdale St, Yeronga	7.30am	Oval 5
5A	Yeronga AFC Cansdale St, Yeronga	10.30am	Oval 5
5B	Yeronga AFC Cansdale St, Yeronga	10.30am	Oval 1
5C	Yeronga AFC Cansdale St, Yeronga	9.30am	Oval 1

The Uniform Shop has AFL mouth guards in stock.

Please see the below link for:

- [All 2024 training times](#)
- [2024 season game dates and opposition](#)
- [2024 coaches' names](#)

[AFL Information Link](#)

Changes to training sessions from Week 3

7B: Now training Mondays 7am-8am

5A & 5C: Finish at 4.00pm NOT 4.15pm

Goal Umpires are needed for all AFL matches. Any parents who are able to assist, please contact Anthony Bannerman bannermana@iona.qld.edu.au

BASKETBALL

Iona College USA Basketball Tour – 2024

Tour Manager: Mr. Bannerman

bannermana@iona.qld.edu.au

USA Tour trials: U15 Final trial (selected students only)

Tues 19 March: 3.15pm – 4.15pm – Provence Centre

1st Basketball Trials: Begin Term 2, Week 1.

Tues 16 April: 3.15pm – 4.30pm (Provence Centre)

Thur 18 April: 3.15pm – 4.30pm (Provence Centre)

Call backs only to trial

Tues 23 April: 3.15pm – 4.30pm (Provence Centre)

Students wishing to trial for First V Basketball must be in Years 10, 11 or 12. Please email your expression of interest to Mr. Bannerman at bannermana@iona.qld.edu.au

CHESS

Coordinator

Mr Kevin Caine cainek@iona.qld.edu.au

Chess Trial vs St Peters

Date: Friday 22 March

Time: 4pm

Venue: Iona College Green Room

Chess Training days: (Music Room 1)

Intermediates: Tuesdays 7.30am to 8.30am

Juniors: Wednesdays 3.10pm to 4.15pm

Seniors: Thursdays 7.30am to 8.30am

Any student unable to make their session will be welcome to attend another, but please advise Mr Caine of reason for change.

CRICKET

Years 5 & 6 Coordinator

Mr Brendan Allen – allenb@iona.qld.edu.au

Years 7-12 Coordinator

Mr Sean Devlin – devlins@iona.qld.edu.au

The Uniform Shop has abdominal guards for cricket in stock.

Results

Round 6 was the battle of AIC heavyweights in cricket. Iona played some attractive cricket and maintained a realistic chance to win a few premierships in 2024.

The First XI scored an impressive 6/238, with Harley Malpass scoring his second consecutive century with 109 not out.

The bowlers played their role by dismissing the opposition for 205. The bowling unit operated as a team and squeezed Villanova out of the game.

Other outstanding performances were:

Aden Biddle (9A) 51 runs

Alexander Harrison (10A) 65 runs

Xander Thierry (Second XI) 101 runs not out. This included a six to bring up his century and win the game.

The last round is against the strong St Patrick's.

All games will be a challenge, and many will decide AIC premierships. We must play to the very last ball of the season.



Progressive Cricket Results

Team	Rd1 vs SLC	Rd2 SEC	Rd3 MAR	Rd4 PAD	Rd5 vs SPE	Rd6 vs Villa	Rd7 vs SPC
1 st	won	won	Whole Round Washout	won	won	won Iona 6/238 Villa 205	
2 nd	won	lost ATC		won	won	won Iona 1/170 Villa 168	
3 rd	won	wash out		won	won	lost Iona 9/73 Villa 3/98	
4 th	lost	won		lost	won	lost Iona 10/29 Villa 3/30	
10A	won	draw ATC		won	won	lost Iona 160 Villa 5/161	
10B	won	draw ATC		lost	lost	lost Iona 101 Villa 182	
10C	wash out	lost ATC		won	lost	lost Iona 5/91 Villa 3/107	
9A	won	won		won	won	won Iona 9/160 Villa 5/159	
9B	lost	won		BYE	won	won Iona 4/64 Villa 10/63	
9C	lost	won SLC D		won	lost	won on forfeit	
8A	won	won	won	won	lost Iona 57 Villa 2/156		
8B	won	lost ATC A	won	won	won Iona 131 Villa 130		
8C	lost	won ATC B	won	BYE	lost Iona 6/62 Villa 2/92		
7A	won	won ATC	lost	won	lost Iona 8/110 Villa 5/111		
7B	lost	lost	won	won	lost Iona 153 Villa 5/185		
7C	won	lost ATC B	lost	BYE	lost Iona 9/31 Villa 8/107		
7D	won	lost SEC B	lost	lost	lost Iona 4/59 Villa 3/63		
6A	wash out	won ATC	Whole Round	lost	won	lost Iona 108 Villa 0/162	
6B	lost	won ATC		lost	won	lost Iona 5/112 Villa 1/113	

6C	lost	Wash out		lost	lost	won Iona 5/89 Villa D 1/87	
5A	won	won ATC		lost	won	won Iona 3/116 Villa 10/67	
5B	lost	won ATC		lost	BYE		
5C	lost	BYE		lost	won	lost Iona 4/58 Villa 6/60	
5D	lost	Wash out		lost	BYE	lost Iona 3/40 Villa 3/52	

Cricket Round 7 vs St Patrick's Saturday 16 March

Team	Venue	Time	Oval
1 st XI	Curlew Park Curlew St, Shorncliffe	9.30am- 5.15pm	Field 1
2 nd XI	Curlew Park Curlew St, Shorncliffe	1pm- 5.50pm	Field 2
3 rd	Curlew Park Curlew St, Shorncliffe	1pm- 5.30pm	Field 3
4 th	BYE		
10A	Curlew Park Curlew St, Shorncliffe	8am- 12.50pm	Field 2
10B	Curlew Park Curlew St, Shorncliffe	8am- 12.50pm	Field 3
10C vs Mar D	Marchant Park. Cnr Murphy & Gympie Rds, Chermside	8am-11am	Field 4
9A	Iona College	8am- 12.50pm	Davine
9B	Iona College	8am- 12.50pm	Harron
9C	Kianawah Park Wynnum Rd, Tingalpa	1pm-4pm	Field 2
8A	Iona College	1pm-5.50pm	Davine
8B	Iona College	1pm-5.50pm	McCarthy
8C	Kianawah Park Wynnum Rd, Tingalpa	1pm-4pm	Field 7
7A	Iona College	1pm-5.30pm	Harron
7B	Iona College	8am- 12.30pm	McCarthy
7C	Kianawah Park Wynnum Rd, Tingalpa	1pm-4pm	Field 3

7D	Kianawah Park Wynnum Rd, Tingalpa	1pm-4pm	Field 12
6A	Curlew Park Curlew St, Shorncliffe	8am- 11.30pm	Field 4
6B vs Pad C	ARC Hill Park, Goss Rd, Virginia	7.30am- 10am	Field 1
6C vs SPC B	Curlew Park Curlew St, Shorncliffe	8am-11am	P & F Oval
5A	Kianawah Park Wynnum Rd, Tingalpa	8am- 12.30pm	Field 2
5B	Kianawah Park Wynnum Rd, Tingalpa	8am- 12.30pm	Field 7
5C	Kianawah Park Wynnum Rd, Tingalpa	7.30am- 9.55am	Field 3
5D vs Mar F	Kianawah Park Wynnum Rd, Tingalpa	10am- 12.25pm	Field 3

Please see the below link for:

- [All 2024 training times.](#)
- [2024 season game dates and opposition.](#)
- [2024 coaches' names.](#)

[Cricket Information Link](#)

Changes to training for this week

First XI cricket training will be moved from Thursday afternoon to Friday afternoon this week due to the Year 12 retreat on Thursday.

CROSS COUNTRY

Years 7-12 Coordinator
Mr Brendan Merrotsy – merrotsyb@iona.qld.edu.au

2024 Cross Country: (Years 5 and 6)

Primary Cross Country training will commence Week 7.

Training days will be Tuesday and Thursday afternoons from 3.10pm-4.15pm.

Invited and interested runners are to meet Mr Overland, Mr McClure and Mrs Cook at the Primary Handball Courts to commence training on these afternoons.

Students are to wear Iona training shirt, Iona sports shorts, Iona socks and comfortable running shoes/joggers. It would be ideal to bring a water bottle and a small snack for afterwards.

At this stage it is only a training squad. The final team for each Year level will be selected a few weeks before the AIC Cross Country Championships in Term 2.

Primary running / fitness sessions will be held each Wednesday from 7.30am on the Primary handball courts. This is for any student who wishes to improve their fitness.

Please bring: Iona shirt (training, Yura or house), shorts and comfortable running shoes. Students will also need a water bottle and a snack for afterwards. Boys will change into grey uniform after the session.

2024 Cross Country (Years 7-12)

There is no requirement to attend all sessions. The sessions are open to all Year 7-12 students, regardless of previous experience. Cross country training is a great way to build your aerobic base and speed for other Semester 1 sports.

Training Schedule for Years 7-12

For sessions at Wynnum Wading Pool, the minibus will now return to College with students at 7.30am. Students have the option to be collected and taken home to shower etc if they prefer.

Week 8

Monday: 6.15am-7.15am @ Wynnum Wading Pool <u>Aerobic Run</u> (A minibus will depart from the chapel at 6am if you cannot meet at Wynnum wading pool)	Wednesday: 6.45am-8am Meet at junior handball courts Interval session 3km - 12, 13, 14yrs 4km - 15, 16, Open	Friday: 6.45am-8am Meet at Junior handball courts Speed / games Ultimate Vortex
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Week 9

Monday: 6.15am-7.15am @ Wynnum Wading Pool <u>Aerobic Run</u> (A minibus will depart from the chapel at 6.05am if you cannot meet at Wynnum wading pool)	Wednesday: 6.45am-8am Meet at Junior handball courts <u>Time Trial</u> <u>3km - 12,13 Yrs</u> <u>4km - 14,15 yrs</u> <u>5km - 16, Open</u>	Friday: 6.45am-8am Meet at Junior handball courts Speed / games
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Top Trainers of Week 7

Bailey Taylor - Open
Baxter Taylor - 13yrs
Patrick Sherrin - 13yrs

E-SPORTS

Coordinator
Mr Chris Eades eadesc@iona.qld.edu.au

Esports Term 2 – Registration of Interest

Any students in Years 5–12 that would like to participate in Esports for Terms 2 & 3 this year need to fill out the form using the link below before the end of Week 8.

[E-Sports Registration Form](#)

Please note that not every student will be able to participate, so priority will be given to students who do not engage in other co-curricular activities regularly as well as students who have experience with Esports.

Please email Mr. Eades at eadesc@iona.qld.edu.au if you have any questions or queries.

FOOTBALL (SOCCER)

Football Coordinator Years 9–12
Mr Lachlan Sayers – sayersl@iona.qld.edu.au

Football Coordinator Years 5 – 8
Mr Connor Russell – russellc@iona.qld.edu.au

Sign-on for Term 2 is now closed. Please keep an eye on Clipboard for further information on trials and training.

Football is played on Saturday mornings in Term 2. However, trials / training will commence next week with one trial session held after school for each year level as well as internal trials held on Saturday 23 March.

Please see the below link for:

- All 2024 training/trial times
- 2024 season game dates and opposition
- 2024 coaches' names
- Uniform expectations for training/games
- And much more

[Football Information Link](#)

Match-Day Uniform

Iona HPE Shorts	\$35
Iona Football Jersey	\$65
Iona Football Socks	\$16

Training Uniform

Iona HPE Shorts	\$35
Iona Football Socks	\$16
Iona Yura Training Shirt	\$45

Trial schedule beginning next week (Week 9)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
After School – 3.15–4.30/45pm				
Fuller Oval		Year 9	Opens (Exc 1sts)	Year 10
Coghill Oval	Year 6	Year 7		Year 8
Dwyer Oval	Year 6		Year 5	

Internal Trial Schedule – Saturday 23 March

Year 5 –12 Football Internal Trial			
	Fuller Oval	Coghill Oval	Dwyer Oval
7.30 – 9.30am	Year 9	Year 8	Year 5
9.30 – 11.30am	Year 10	Opens	Year 6
11.30am	2 nd v SPLC		Year 7 (11.30–1:30pm)
12.30pm	1 st v SPLC		

Football trial Games vs St Peters

Date: Saturday 23 March
Venue: Iona College Fuller Oval
2nds: 11.30am
1sts: 12.30pm

Saturday Internal Trials

Date: Saturday 23 March
Venue: Iona College
Times: See above information link for Saturday trial times and fields.

HIGH PERFORMANCE

Coordinator
Mr Leigh Harding – hardingl@iona.qld.edu.au

Iona Strength and Conditioning

The Iona Strength and Conditioning program is overseen by accredited industry experts and guided by the ASCA Position Stand on Resistance Training for Children and Youth. The sequential programs also closely align to long-term athletic development principles.

Any student wishing to attend the Iona gym for the first time must first contact Mr Harding prior to attending.

Gym groups

- 7–10 HIGH PERFORMANCE' groups are for players that play 'A'-Level or regional rep sport. Students should attend one Day-1 and one Day-2 session each week.
- 'YEAR 11 & 12 HIGH PERFORMANCE' groups are for players that are members of Iona Firsts Squads or regional rep sport. Students are given two-day programs based on their S&C goals.
- 'INTRODUCTION TO GYM TRAINING' is for Year 7 – Year 12 students that are not a part of other groups. Students are provided a suitable program to work through.

Gym Schedule

Gym rules

- Use the bag racks for your bags and get changed in dressing rooms downstairs
- Wear Iona sports uniform, not club gear
- Follow all instructions from your trainer carefully
- Complete all exercises on your program
- Prioritise the safety of yourself and others
- Ensure you use all equipment correctly and return it to where you got it from.

New gym schedule (Starts Term 1 Week 9)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:30am – 7:30am	INTRO TO GYM	YEAR 9 RUGBY	YEAR 9 & 10 HIGH PERFORMANCE DAY 1	YEAR 10 RUGBY	INTRO TO GYM
7:15am – 8:15am	YEAR 11 & 12 HIGH PERFORMANCE	1sts & 2nds RUGBY	YEAR 11 & 12 HIGH PERFORMANCE	1sts & 2nds RUGBY	YEAR 9 & 10 HIGH PERFORMANCE DAY 2
3:15pm – 4:15pm	YEAR 7 & 8 HIGH PERFORMANCE DAY 1	YEAR 10 RUGBY	YEAR 7 & 8 HIGH PERFORMANCE DAY 1 or 2	YEAR 9 RUGBY	YEAR 7 & 8 HIGH PERFORMANCE DAY 2
4:15pm – 5:45pm		IONA SWIMMING CLUB		IONA SWIMMING CLUB	

District And Regional Sport Trials

All Composite and Lytton District trial information will be published in this section of the weekly sport newsletter as well as the daily bulletin when it becomes available.

If a student wishes to register for a trial, they must contact either Mr Harding (for Composite trials, boys turning 13–19 years in 2024) or Mr Russell (for Lytton trials, boys turning 10–12 years in 2024) using the same email – repsport@iona.qld.edu.au

Mr Harding and Mr Russell will then return contact the students wishing to trial with further information.

10–12 Years Information

Sport	Details	Nominations Close
Squash 10–19 Yrs	Met East Trial	Mon 18 March
Hockey 10–12 Yrs	Met East Trial	Mon 18 March
Tennis 10–12 Yrs	Lytton District Trial	Mon 25 March
Cross Country 10–12 Yrs	Lytton District Trial	Top students from Iona interhouse carnival attend.
Rugby Union	Lytton District Trial	Fri 26 April

13–19 Years Information

Sport	Details	Nominations Close
Squash 10–19 Yrs	Met East Trial	Mon 18 Mar
Hockey 16–19 Yrs	QRSS State Champs Trial	Fri 15 Mar

It will be the student's responsibility to complete the trial information and return it to the teachers listed above by the due dates.

Important: All school-based representative sport nominations must be endorsed by the Iona Sport Department.

Congratulations to the following students on their representative sporting achievements:

- Harley Malpass and Lachlan McClure on representing Met East in the 16–19yrs QRSS State Championships for cricket held in Bundaberg.
- Jordan Barney finished as the 1st Junior in the OK Dinghy Australian Championships at Manly.

MOUNTAIN BIKING

Coordinator: Mr Daniel Davison
davisond@iona.qld.edu.au

Mountain Biking Uniform

Jersey (short-sleeve)	\$80
Jersey (long-sleeve)	\$85
Sport shorts	\$35
Mountain biking shorts	\$100

If you are in the squad and are planning on participating at the next event at Mt Cotton on Friday April 19 (Term 2, Week 1), please register via Rocky Trail as soon as possible as it will likely sell out.

Upcoming Training

DATE: Saturday 23 March

TIME: 3pm–5pm

LOCATION: Mt Cotton

(Keep an eye out on your emails for information on registering for this session)

Competition Dates

Brisbane:	Friday 19 April (Term 2, Week 1)
Toowoomba:	Friday 7 June (Term 2, Week 8)
Sunshine Coast:	Thursday 8 August (Yrs 5–8)
Sunshine Coast:	Friday 9 August (Yrs 9–12)
Ipswich:	Friday 30 August (T3, Wk 8)

Please email Mr Davison with any questions.

RUGBY UNION

Coordinator: Mr Alex Jirasek jiraseka@iona.qld.edu.au

Sign-on for Term 2 is now closed. Please keep an eye on Clipboard for further information on trials and training.

Rugby is played on Saturday mornings in Term 2. However, trials / training will commence next week with one trial session held after school for each year level as well as internal trials held on Saturday 23 March.

Please see the below link for:

- All 2024 training/trial times
- 2024 season game dates and opposition
- 2024 coaches' names
- Uniform expectations for training/games
- And much more

[Rugby Information Link](#)

Match Day Uniform

Iona Rugby Union Shorts - \$35.00
Iona Rugby Union Jersey - \$70.00
Iona Rugby Union Socks - \$16.00

Training Uniform

Iona Rugby Union Shorts \$35.00
Iona Rugby Socks \$16.00
Iona Yura Training Shirt \$45.00

Mouthguards are compulsory for both training and matches.

Trial schedule beginning next week (weeks 9 & 10)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
After School - 3.15-4.30/45pm				
Davine Oval	Year 6	1 st & 2 nd XV	Opens	1 st & 2 nd XV
McCarthy Oval	Year 6	Year 7		Year 10
Harron Oval		Year 9	Year 5	Year 8

Internal Trial Schedule - Saturday 23 March

Year 5 -12 Rugby Internal Trial			
	Davine Oval	McCarthy Oval	Harron Oval
7.30 - 9.30am	Year 9	Year 8	Year 5
9.30 - 11.30am	Year 10	Opens	Year 6
11.30am	2 nd v SPLC		Year 7 - (11.30-1:30pm)
12.30pm	1 st v SPLC		

Trial Games vs St Peters

Date: Saturday 23 March
Venue: Iona College Davine Oval
2nds: 11.30am
1sts: 12.30pm

Saturday Internal Trials

Date: Saturday 23 March
Venue: Iona College
Times: See above information link for Saturday trial times and fields.

Ballymore Cup

There has been a miscommunication regarding Iona nominating teams into the Ballymore Cup. We have been advised we have no teams nominated, and the competition is now full.

NZ Rugby Tour

The College is exploring a possible NZ Rugby Tour for Easter 2025. This will involve our top 48-51 players from Years 10 and 11 (2024).

All Year 10&11 families have been emailed information regarding an upcoming Information Night on Tuesday 26 March at 6pm in the College Lecture Theatre.

We ask families to complete the 'Expression of Interest Link' found within the email to register your attendance to attend the Information Night.

SAILING

Unfortunately, the finals series for the Inter School Teams racing had to be cancelled last weekend due to the weather conditions.

This means results will revert to the last day of the series, with Iona Black in first place in Gold Fleet, and Iona Grey in first place in Silver Fleet.

Congratulations to the boys selected to represent Iona at the SEQ Championships, where we are able to nominate two teams to compete for the Norman Sherwood Perpetual Trophy (currently held by Iona). This regatta also provides an opportunity for selection to represent Queensland at the National Championships to be held in Goolwa SA later this year.

Sailors are requested to refer to Team App for arrival times and are reminded of the requirement to be wearing the full Iona Sports Uniform for briefing and the presentation after sailing on Sunday.

For any new students interested in joining the sailing team please contact the sailing coordinator via ionacollegesailing@gmail.com

SWIMMING – iSWIM

Head Coach

Mr Zane King – iswim@iona.qld.edu.au

Assistant Coach

Mr Nic Keune – iswim@iona.qld.edu.au

Swim Co-ordinator

Mr Craig Stariha – starihac@iona.qld.edu.au

AIC Swimming Championships Results

Individual Winners

Year 5

Hunter Deane 100m Freestyle Div 1
 Blake Pushkey 50m Freestyle Div 2
 Luca von Bibra 50m Freestyle Div 7

Year 6

Hugo Wheeler 100m Freestyle
 (Iona Record 1:03.66)
 Hugo Wheeler 50m Freestyle
 (Iona Record as first leg of relay
 28.95)
 Hugo Wheeler 50m Butterfly Div 1
 (Iona Record 31.78)
 Hugo Wheeler 50m Breaststroke Div 1
 Hugo Wheeler 50m Backstroke Div 1
 Robert Gillan 50m Freestyle Div 8
 Noah Troester 50m Freestyle Div 6

14 Years

Cooper Townsend 50m Back Div 1
 (Iona Record 29.80)
 Ethan Thacker 50m Freestyle Div 4
 Lincoln Andrews 50m Freestyle Div 3

15 Years

Riley Glendinning 50m Freestyle Div 4
 Benjamin Gavranic 50m Freestyle Div 3

16 Years

Jack Thatcher 50m Freestyle Div 4

Open

Francis Chitukudza 50m Freestyle Div 4

Relay Winners

- Year 6 Medley Relay Div 1
 Aidan Johns, Harry Young St Ledger, Hugo Wheeler,
 Ryder Henrick
- Year 6 Freestyle Relay Div 2
 Harry Young St Ledger, Thomas Jones, Noah
 Troester, Kye Werner
- Year 6 Freestyle Relay Div 1 (Iona record 2:09.19)

Hugo Wheeler, Aidan Johns, Ryder Henrick, James
 Draper

VOLLEYBALL

Volleyball Coordinator

Mrs Karen Otway – otwayk@iona.qld.edu.au

Results

It was another wonderful weekend for Iona volleyball.
 Our First VI defeated Villanova 3-1 to remain unbeaten.
 We won 11 out of 12 aggregate matches and also won 19
 out of 21 total matches.

We have some teams who have already won the
 premiership before they play this weekend, and other
 teams who will win the premiership if they win vs St
 Patrick's this weekend.

The following teams are still in the running to win AIC
 premierships: Firsts, Seconds, 10B, 10C, 10D, 9A, 9B, 9C,
 8B, 8C, 8D, 7A, 7B, 7D.

It is still possible for the following teams to win a
 premiership, but we are relying on not only a win from
 our teams, but results from other games to go our way:
 10A, 9D.

St Patrick's have some very good volleyball teams. We
 will need to play well to keep some of our premiership
 hopes alive.

Can I please ask everyone to support our undefeated
 First VI team at St Patrick's this Saturday. Game start
 time is 12pm.

Progressive Volleyball Results

Team	Rd1 SLC	Rd2 SEC	Rd3 MAR	Rd4 PAD	Rd5 SPLC	Rd6 Villa	Rd7 SPC
1 st	won 3-0	won 3-0	won 3-2	won 3-0	won 3-0	won 3-1	
2 nd	won 2-1	won 2-0	won 2-1	lost 1-2	won 2-0	won 2-0	
3 rd	lost 1-2	won 2-0	won 2-0	won 2-1	won 2-0	lost 0-2	
4 th	lost 0-2	lost SLC 5 th 0-2	lost 1-2	lost 1-2	won 2-0	won 2-0	BYE
11A	lost 1-2	won 2-0	won 2-0	lost 1-2	won 2-0	won 2-0	
11B	lost 0-2	won 2-0	lost 1-2	lost 1-2	won 2-0	won 2-0	
10A	lost 0-2	won 2-0	won 2-0	won 2-0	won 2-0	won 2-1	
10B	won 2-0	won 2-0	won 2-1	lost 1-2	won 2-0	won 2-0	
10C	won 2-1	won 2-0	won 2-0	won 2-1	won 3-0	won 2-1	
10D	won 2-0	BYE	won 2-0	won 2-1	won 2-0	BYE	

9A	won 2-0	won 2-1	won 2-0	won 2-0	won 2-0	won 2-0	
9B	won 2-0	won 2-0	won 2-0	won 2-0	won 2-0	won 2-1	
9C	won 2-1	won 2-1	won 2-1	won 2-0	won 2-0	won 2-0	
9D	won 2-0	won SLC D 2-0	won 2-1	lost 1-2	won 2-0	won 2-0	
8A	won 2-0	lost 0-2	won 2-0	lost 1-2	won 2-0	won 2-0	
8B	won 2-0	won 2-0	won 2-0	won 2-0	won 2-0	won 2-0	
8C	won 2-0	won 2-0	won 2-0	won 3-0	won 2-0	lost 0-2	
8D	won 2-1	won 2-0	won 2-0	won 2-1	won 2-0	won 2-1	BYE
7A	won 3-0	won 2-0	won 2-0	lost 0-2	won 2-1	won 2-1	
7B	won 3-0	won 2-1	won 2-0	lost 1-2	won 3-0	won 3-0	
7C	lost 1-2	lost 0-2	won 2-0	won 3-0	won 2-0	won 2-0	
7D	lost 1-2	won 2-1	won 2-0	won 3-0	won 3-0	won 2-0	

10A	St Patrick's 60 Park Pde, Shorncliffe	10am	Callan Centre 2
10B	St Patrick's 60 Park Pde, Shorncliffe	9am	Callan Centre 2
10C	St Patrick's 60 Park Pde, Shorncliffe	8am	Callan Centre 2
10D vs Mar D	St Patrick's 60 Park Pde, Shorncliffe	9am	Callan Centre 1
9A	Iona College Provence Centre	11am Duty 12pm Game	1
9B	Iona College Provence Centre	10am Duty 11am Game	1
9C	Iona College Provence Centre	11am Game 12pm Duty	2
9D	Iona College Provence Centre	11am Duty 12pm Game	2
8A	Iona College Provence Centre	10am Game	1
8B	Iona College Provence Centre	8am Duty 9am Game	1
8C	Iona College Provence Centre	8am Game 9am Duty	1
8D	BYE		
7A	Iona College Provence Centre	9am Duty 10am Game	2
7B	Iona College Provence Centre	9am Game 10am Duty	2
7C	Iona College Provence Centre	7.30am Duty 8.15am Game	2
7D	Iona College Provence Centre	7.30am Game 8.15am Duty	2



Round 7 vs St Patrick's – Saturday 16 March			
Team	Venue	Time	Court
1st	St Patrick's 60 Park Pde, Shorncliffe	12pm	Christian Brothers
2nds	St Patrick's 60 Park Pde, Shorncliffe	11am	Christian Brothers
3rds	St Patrick's 60 Park Pde, Shorncliffe	8am	Christian Brothers
4ths	BYE		
11A	St Patrick's 60 Park Pde, Shorncliffe	10am	Christian Brothers
11B	St Patrick's 60 Park Pde, Shorncliffe	9am	Christian Brothers

Please see the below link for:

- [Updated 2024 training times.](#)
- [2024 season game dates and opposition](#)
- [2024 coaches' names](#)

[Volleyball Information Link](#)

SPORTS PHOTOGRAPHY

Parents and guardians,

Professional photographer Pat Hoelscher will be attending this Saturday's AIC Sport round at Iona College as our official photographer.

Book Pat via 0416 241 341 if you wish to lock him in to cover your son's match (there is no booking fee, but images will be available to purchase).

Pat will only be covering home matches for Iona.

Even if you don't book, photos of your son's match may still be available using the below steps.

He will be uploading images taken at Iona home games to a password-protected folder during the day, from which you can purchase images.

The details on how to access this folder are below:

1. <https://pat-hoelscher-photography.photoshelter.com/archive>

2. Click "Iona College" > 2024 > Term 1

3. Enter Password: IONA24 (all uppercase)

Please do not forward this password onto third parties. For your protection, it has been created for the families of Iona AIC sport only.

Pat's details are below:

www.pathoelscherphotography.com
pat.hoelscher.photography@gmail.com
[0416 241 341](tel:0416241341)