

IONA SPORT

I AM IONIAN 

6 March 2024

TEAM IONA

Iona had a very successful round against St Peters last weekend. It was a top-of-the-table clash in First XI cricket, with both sides coming into the game undefeated. Iona dominated the game and chased down the 166 total with relative ease (1/169). Further details of the game are found in the cricket section below.

Both St Peters and Villanova were touted as our strongest opposition leading into this year's First VI volleyball competition. In my opinion, the Iona boys played their best game of the season on the weekend, to defeat St Peters 3-0. This weekend will be a top-of-the-table clash for our Firsts against Villanova. We wish them the very best as they prepare to battle for the coveted AIC trophy. Best wishes to our Iona boys!

As we head into Round 6 against Villanova, we have calculated that our volleyball and cricket programs are sitting well in the overall aggregate stakes. All teams need to give their very best as we look to bring these shields home. Although fun and participation is first and foremost, we do not apologise for being hungry for success aspiring for the shields and premierships on offer. That said, our conduct must always be in keeping with our Oblate values – on and off the court / field – and we must move on quickly regardless of the result. Being challenged and working hard to succeed are good attributes. Accepting the results and playing with humility are others we wish to impart to the boys in our sports program. Leave nothing in the tank boys.

I commend all members of our swim squad, who represented Iona well at the annual AIC Swim Championships held at Chandler yesterday. The culture and work ethic in the program have been very good this year. Our team managed to take out the Primary Aggregate for the first time since 2016, as well as the Year 6 Age Champion Trophy this year. The 12yrs-Open age group placed fifth overall. Although some maybe a

little disappointed in that result, we are not disappointed in the efforts given by every Ionian. They represented us with pride and honour. As we look to rebuild, we believe a solid foundation has been set for future years, particularly with the fine results set by the junior swimmers. A big thanks is given to coaches Zane King and Nic Keune, as well the managers, swimmers and parents for supporting the program. A big team effort!

The Sports Office has been working extremely hard behind the scenes to get the rugby and football seasons up and ready. Training and trials for all teams from Years 5-12 will occur the very next week after the current AFL, cricket and volleyball seasons conclude – that is, the second-last week of this term. Each year level will have a trial afternoon, with further internal trials being held on that first Saturday after the current AIC season concludes. Please go to the respective rugby and football sections below to access the season schedules which outline all pertinent information regarding all trial and training times, coaches, uniforms etc.

As mentioned in last week's newsletter, the College is moving to a new sports communication system called Clipboard. Two emails have now been sent to all families which includes an invitation link to log on to the system. These emails were only valid for three days. If families have not signed into the system, we ask that you contact Mr Alex Jirasek jiraseka@iona.qld.edu.au directly. He will then individually send you an invitation email so you may sign in and gain access to the system.

This app will allow you to see all your son's training session times, games times and venues, team list etc all in one place. All sign-ons for Term 2 sport including rugby, football, chess and cross country can only be done through Clipboard.

Students can log in immediately using their Iona email and password using the following link:

<https://portal.clipboard.app/iona>

Note: Students can play either rugby union or football, but not both (as they are played at the same time). No one misses out on a rugby or football team. Students

AIC Sports Information (via Twitter): [@SportIona](https://twitter.com/SportIona) (includes wet weather updates)

Head of Sport: Mr Craig Stariha – 3893 8851

Sports Administrator: Mrs Karen Otway – 3893 8805

Sports Administrator: Mr Alex Jirasek – 3893 8805

Assistant Head of Sport (5-6): Mr Connor Russell – 3893 8869

Assistant Head of Sport (7-12): Mr Anthony Bannerman – 3906 8905

can also participate in chess, as this is played on Friday afternoons. All students can do cross country as well.

Only parents can do the 'Activity Selection' (sign-on) for students in Years 5 and 6. However, all Year 7-12 students are able to do this themselves.

Best wishes go to all who represent our College this weekend. We encourage all boys to finish off the season well. Please enjoy these special times playing alongside your mates!

Craig Stariha
Head of Sport, Iona College

IONA UNIFORM SHOP

2024 Opening Hours:

- Monday, Wednesday and Friday 8am to 3.30pm
- Tuesday and Thursday – Closed

IONA SPORT SEASON PLANNER

2024 DATES

Fri 8 Mar: Primary Sport Photos (Cricket & AFL)
 Fri 8 Mar: Rd 6 AIC 1st/2nd AFL vs Villanova
 Sat 9 Mar: AIC Rd 6 Cricket/Volleyball vs Villa (A)
 Sat 9 Mar: AIC Rd 6 AFL vs Villa
 Sat 9 Mar: Cricket & V'ball Team Photos (Yr 7-9)
 Sun 10 Mar: Team Racing Sailing
 Fri 15 Mar: Rd 7 AIC 1st/2nd AFL vs SPC
 Sat 16 Mar: AIC Rd 7 Cricket/Volleyball vs SPC (A)
 Sat 16 Mar: AIC Rd 7 AFL vs SPC
 Sun 17 Mar: SEQ Teams Sailing
 18-23 Mar: Rugby/Football/Chess Trials Commence
 Fri 22 Mar: AIC Chess Trial vs SPLC
 Sat 23 Mar: Internal Trials Rugby/Football
 Sat 23 Mar: 1st/2nd/10A Rugby/Football Trial vs SPLC
 Sun 24 Mar: SEQ Teams Sailing
 Tue 26 Mar: Sth Brisbane Primary Chess Tournament
 Thu 28 Mar: Years 5-12 Interhouse Cross Country

AFL

AFL Coordinator
 Mr Bannerman – bannermana@iona.qld.edu.au

Progressive AFL Results

Team	Rd1 SLC	Rd2 SEC	Rd3 MAR	Rd4 PAD	Rd5 SPLC	Rd6 Villa	Rd7 SPC
1st	lost 77-15	won 58-14	Whole Round Washout	lost 12-73	BYE		
2nd	lost 66-21	won 94-13		lost 39-40	won 72-24 ATC 1st		
9A	lost 17-29	Internal		lost 56-21	won 49-15 ATC		

9B	lost 14-21	Internal	won 62-7	lost 14-51 SPE A		
8A	lost 58-3	BYE	won 49-6	won 72-0 ATC		
8B	lost 22-1	lost vs SEC A 9-18	won 34-2	won 32-27 Mar		
7A	lost 66-7	BYE	lost 12-47	lost 30-54 SLC		
7B	lost 30-12	lost vs SEC A 2-38	lost 0-27	lost 0-46 SPE A		
6A	lost 74-7	BYE	lost 29-75	won 70-20 ATC		
6B	lost 28-22	lost vs SLC B 25-31	lost 15-77	lost 28-62 SLC		
6C	lost 32-14	won vs Mar D 54-9	won Mar 52-18	lost 27-35 Pad D		
5A	won 39-30	BYE	won 33-26	won 117-7 ATC		
5B	won 59-15	BYE	won 62-21	won 90-16 SLC		
5C	won 87-0	won vs Pad E 42-3	won 63-7	won 131-1 Pad D		

AFL Team Photos

Years 5 and 6: Photos will be taken on Friday 8 March in Period 1. Boys will wear formal grey uniform for these photos.



Years 7-10: Photos will be taken on the co-curricular photo days later in the year.

AFL Round 6 vs Villanova Friday 8 March

Team	Venue	Time	Oval
1 st	Iona College St Eugene's Park	4.45pm	1
2 nd	Wynnum Vikings Kianawah Rd	4.45pm	1

AFL Round 6 vs Villanova Saturday 9 March

Team	Venue	Time	Oval
9A	Iona College St Eugene's Park	10.30am	Oval 1
9B	Iona College St Eugene's Park	9.30am	Oval 1
8A	Iona College St Eugene's Park	8.30am	Oval 1

8B	Iona College St Eugene's Park	7.30am	Oval 1
7A	Wynnum Vikings Kianawah Rd	8.30am	Oval 1
7B	Wynnum Vikings Kianawah Rd	7.30am	Oval 1
6A	Yeronga AFC Cansdale St, Yeronga	10.30am	Oval 4
6B	Yeronga AFC Cansdale St, Yeronga	9.30am	Oval 4
6C	Yeronga AFC Cansdale St, Yeronga	7.30am	Oval 2
5A	Yeronga AFC Cansdale St, Yeronga	10.30am	Oval 2
5B	Yeronga AFC Cansdale St, Yeronga	9.30am	Oval 2
5C	Yeronga AFC Cansdale St, Yeronga	8.30am	Oval 2

The Uniform Shop has AFL mouth guards in stock.

Please see the below link for:

- All 2024 training times
- 2024 season game dates and opposition
- 2024 coaches' names

[AFL Information Link](#)

Changes to training sessions from Week 3

7B: Now training Mondays 7am–8am

5A & 5C: Finish at 4.15pm NOT 4.30pm

Goal Umpires are needed for all AFL matches. Any parents who are able to assist, please contact Anthony Bannerman bannermana@iona.qld.edu.au

BASKETBALL

Iona College USA Basketball Tour – 2024
Tour Manager: Mr. Bannerman
bannermana@iona.qld.edu.au

Trials for USA Tour for selected students only

U18 – Year 10 & 11 Students

Mon 11 March: 6.45am–8am Oblate Hall

U15 Trials – Year 9, 8 & 7 Students

Tues 12 March: 6.45am–8am Oblate Hall

For the inaugural tour in 2024, Iona College will be looking to take a total of 24 students across two teams to the United States in December. We will take an Under-18 team, consisting of students in Years 10 and 11, and an Under-15 team, consisting

of students from Years 7–9. The tour will be 15 days, from 3–17 December, with an estimated cost of \$8000 per student.

The teams will participate in six to eight matches while in the US, played in front of college talent scouts with a view to increasing the chances of our Ionians attracting scholarship opportunities. Visiting San Francisco and Los Angeles, the tour will include tours of elite sporting facilities and colleges, attending college and NBA matches, and meet-and-greet sessions with NBA players.

In alignment with Iona's Catholic values and the mission of the Oblates, students will also participate in community experiences, such as assisting the homeless in delivering and preparing food (linking to Iona's association with Rosies), celebrate Mass and connect with the Oblates in America.

This is a unique opportunity to develop basketball skills while engaging in a once-in-a-lifetime cultural experience.

CRICKET

Years 5 & 6 Coordinator

Mr Brendan Allen – allenb@iona.qld.edu.au

Years 7–12 Coordinator

Mr Sean Devlin – devlins@iona.qld.edu.au

The Uniform Shop has abdominal guards for cricket in stock.

Results

Iona cricket had a great weekend against St Peters. We did not lose an aggregate game (A/B) and only lost one other game to St Peters.

The First XI team recorded another win against a resilient St Peters team. The opposition scored 166 after recovering from 8/91. Harley Malpass was the pick of the bowlers with 3/25, and was supported well by Lachlan McClure (2/18 off 10) and James Turner with 2/42 (11 wickets for the season so far). The batters completely dominated the St Peters bowling attack and passed the score after 20 overs. Harley Malpass played magnificently for 112 off 75 balls and Liam Carter scored 46 off 50 balls.

Other highlights of the weekend were:

- Baxter Taylor (7A) 71 runs not out
- Henry Bader (9A) 86 runs and Aden Biddle (9A) 51 runs
- Harry Woodhead (9B) took a hat trick and five wickets – a very rare feat.
- Jacob Curyer (Third XI) 82 runs and Max Barbouttis (Third XI) took 3–0 with the ball.

The boys play Villanova this week in an action-packed weekend. Good luck to all teams.

Progressive Cricket Results

Team	Rd1 vs SLC	Rd2 SEC	Rd3 MAR	Rd4 PAD	Rd5 vs SPE	Rd6 vs Villa	Rd7 vs SPC
1 st	won	won	Whole Round Washout	won	won lona 1/168 SPE 166		
2 nd	won	lost ATC		won	won lona 157 SPE 154		
3 rd	won	wash out		won	won lona 1/55 SPE 54		
4 th	lost	won		lost	won lona 3/127 Mar 5 th 126		
10A	won	draw ATC		won	won lona 131 SPE 122		
10B	won	draw ATC		lost	lost lona 87 Villa 3/226		
10C	wash out	lost ATC		won	lost lona 8/45 Mar E 9/46		
9A	won	won		won	won lona 6/189 SPE 153		
9B	lost	won		BYE	won lona 4/86 SPE 85		
9C	lost	won SLC D		won	lost lona 10/58 SPE 6/59		
8A	won	won	won	won lona 3/79 SPE 76			
8B	won	lost ATC A	won	won lona 4/73 SPE 72			
8C	lost	won ATC B	won	BYE			
7A	won	won ATC	lost	won lona 7/196 SPE 7/188			
7B	lost	lost	won	won lona 5/144 SPE 10/47			
7C	won	lost ATC B	lost	BYE			
7D	won	lost SEC B	lost	lost lona 6/89 Mar E 3/187			
6A	wash out	won ATC	Whol	lost	won lona 3/116 SPE 8/115		

6B	lost	won ATC	lost	won lona 5/104 Villa C 10/70		
6C	lost	Wash out	lost	lost lona 7/86 Mar D 5/100		
5A	won	won ATC	lost	won lona 3/209 SPE 10/74		
5B	lost	won ATC	lost	BYE		
5C	lost	BYE	lost	won lona 0/80 SPE B 2/65		
5D	lost	Wash out	lost	BYE		

Cricket Team Photos

Saturday 9 March – Outside McCarthy 7
Cricket teams who are playing at Iona.



Years 5 and 6 Cricket: Photos will be taken on Friday 8 March during Period 1. All Year 5 and 6 boys will wear their formal grey uniform for the cricket photo.

- Teams not playing at Iona on the photo days will have their team photos taken later in the year.

Photo Schedule for Saturday 9 March

Team	Arrival Time at McCarthy 7	Photo Time	Game Time
9A Cricket	7.10am	7.20am	8am game
9B Cricket	7.15am	7.25am	8am game
7B Cricket	7.20am	7.30am	8am game
8A Cricket	11.50am	12pm	1pm game
8B Cricket	11.55am	12.05pm	1pm Game
7A Cricket	12pm	12.10pm	1pm Game

Please make sure you are at McCarthy 7 at the arrival time mentioned above. There are many sports photos being taken this Saturday and the schedule is very tight. Boys who are late risk missing their photo.

Cricket Round 6 vs Villanova Saturday 9 March			
Team	Venue	Time	Oval
1 st XI	Villa Park Manly Rd, Tingalpa	9.30am– 5.15pm	Andrew Slack
2 nd XI	Villa Park Manly Rd, Tingalpa	1pm– 5.50pm	John Seary
3 rd	Villa Park Manly Rd, Tingalpa	1pm–4pm	Field 3
4 th	Kianawah Park, Wynnum Rd, Tingalpa	1pm–4pm	Field 9

10A	Villa Park Manly Rd, Tingalpa	8am- 12.50pm	John Seary
10B	Villa Park Manly Rd, Tingalpa	8am- 12.50pm	Field 3
10C	Kianawah Park, Wynnum Rd, Tingalpa	8am-11am	Field 9
9A	Iona College	8am- 12.50pm	Davine
9B	Iona College	8am- 12.50pm	Harron
9C	Kianawah Park Wynnum Rd, Tingalpa	Vs Marist D 1pm-4pm	Field 2
8A	Iona College	1pm-5.50pm	Davine
8B	Iona College	1pm-5.50pm	McCarthy
8C	Kianawah Park Wynnum Rd, Tingalpa	1pm-4pm	Field 7
7A	Iona College	1pm-5.30pm	Harron
7B	Iona College	8am- 12.30pm	McCarthy
7C	Kianawah Park Wynnum Rd, Tingalpa	1pm-4pm	Field 3
7D	Kianawah Park Wynnum Rd, Tingalpa	1pm-4pm	Field 12
6A	Villa Park Manly Rd, Tingalpa	8am- 11.30pm	Field 4
6B	Kianawah Park Wynnum Rd, Tingalpa	8am- 11.30pm	Field 5
6C vs Villa D	Kianawah Park Wynnum Rd, Tingalpa	8am-11am	Field 1
5A	Kianawah Park Wynnum Rd, Tingalpa	8am- 12.30am	Field 2
5B	Kianawah Park Wynnum Rd, Tingalpa	8am- 12.30pm	Field 7
5C	Kianawah Park Wynnum Rd, Tingalpa	7.30am- 9.55am	Field 3
5D	Kianawah Park Wynnum Rd, Tingalpa	10am- 12.25pm	Field 3

Please see the below link for:

- All 2024 training times.
- 2024 season game dates and opposition.
- 2024 coaches' names.

[Cricket Information Link](#)

CROSS COUNTRY

Years 7-12 Coordinator

Mr Brendan Merrotsy – merrotsyb@iona.qld.edu.au

2024 Cross Country: (Years 5 and 6)

Primary Cross Country training will commence Week 7.

Training days will be Tuesday and Thursday afternoons from 3.10pm-4.15pm.

Invited and interested runners are to meet Mr Overland, Mr McClure and Mrs Cook at the Primary Handball Courts to commence training on these afternoons.

Students are to wear Iona training shirt, Iona sports shorts, Iona socks and comfortable running shoes/joggers. It would be ideal to bring a water bottle and a small snack for afterwards.

At this stage it is only a training squad. The final team for each Year level will be selected a few weeks before the AIC Cross Country Championships in Term 2.

Primary running / fitness sessions will be held each Wednesday from 7.30am on the Primary handball courts. This is for any student who wishes to improve their fitness.

Please bring: Iona shirt (training, Yura or house), shorts and comfortable running shoes. Students will also need a water bottle and a snack for afterwards. Boys will change into grey uniform after the session.

2024 Cross Country (Years 7-12)

There is no requirement to attend all sessions. The sessions are open to all Year 7-12 students, regardless of previous experience. Cross country training is a great way to build your aerobic base and speed for other Semester 1 sports.

Training Schedule for Years 7-12

For sessions at Wynnum Wading Pool, the minibus will now return to College with students at 7.30am. Students have the option to be collected and taken home to shower etc if they prefer.

Top Trainers of Week 6

Tom Hewitt – Open
Ryan Whipps – 16yrs
Lachie Hollier – Open

Week 7

Monday: 6.15am-7.15am @ Wynnum Wading Pool <u>Aerobic Run</u> (A minibus will depart from the chapel at 6.05am if you cannot meet at Wynnum wading pool)	Wednesday: 6.45am-8am McCarthy Oval Interval session	Friday: 6.45am-8am Meet at Junior handball courts Speed / games
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Week 8

Monday: 6.15am-7.15am @ Wynnum Wading Pool <u>Aerobic Run</u> (A minibus will depart from the chapel at 6am if you cannot meet at Wynnum wading pool)	Wednesday: 6.45am-8am Meet at junior handball courts Interval session 3km - 12, 13, 14yrs 4km - 15, 16, Open	Friday: 6.45am-8am Meet at Junior handball courts Speed / games Ultimate Vortex
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E-SPORTS

Coordinator
Mr Chris Eades eadesc@iona.qld.edu.au

Esports Term 2 – Registration of Interest

Any students in Years 5-12 that would like to participate in Esports for Terms 2 & 3 this year need to fill out the form using the link below before the end of Week 8.

[E-Sports Registration Form](#)

Please note that not every student will be able to participate, so priority will be given to students who do not engage in other co-curricular activities regularly as well as students who have experience with Esports.

Please email Mr. Eades at eadesc@iona.qld.edu.au if you have any questions or queries.

FOOTBALL (SOCCER)

Football Coordinator Years 9-12
Mr Lachlan Sayers – sayersl@iona.qld.edu.au

Football Coordinator Years 5 – 8
Mr Connor Russell – russellc@iona.qld.edu.au

Sign-On Open

All Year 5-12 students wishing to play football for Iona must sign-on using Clipboard. No sign-on, no game!

Only parents can do the 'Activity Selection' (sign-on) for the students in Years 5 and 6. However, all Year 7-12 students are able to do this themselves via Clipboard. Parents who have missed the invitation link must now contact Mr Alex Jirasek – jiraseka@iona.qld.edu.au

Note: Students can play either rugby union or football, but not both (as they are played at the same time). No one misses out on a rugby or football team. Students can also participate in chess, as this is played on Friday afternoons. All students can do cross country as well.

Football is played on Saturday mornings in Term 2, however, trials/training will commence in Week 9, Term 1 beginning on Monday 18 March with one trial session held after school for each year level as well as internal trials held on Saturday 23 March.

Please see the below link for:

- All 2024 training/trial times
- 2024 season game dates and opposition
- 2024 coaches' names
- Uniform expectations for training/games
- And much more

[Football Information Link](#)

First XI Training Schedule

When: Wednesdays 7am-8am
Venue: St Eugene's Park

Football Uniform for AIC Competition

Compulsory items

Soccer Jersey \$65
Sports shorts \$35
Footy socks \$16
Shin guards \$12.95

Non compulsory

Black electrical tape \$2.50
Black skins \$35

GOLF

Coordinator

Mr Richard Beets beetsr@iona.qld.edu.au

The first round of this year's QIGA golf tournament was held at Burleigh Golf Club. New captain Luke Biddle led a strong team of golfers including Aden Biddle, James Toscan and three debutants.



Representing the College for first time was long-hitting Nate Hughes, Charlie Wright and Rory MacLean. The team turned up excited to challenge the testing golf course and performed well.

The standout was Charlie Wright, who placed second in the Nett competition with a score of 68. What a great debut! The next event will be in Term 2 at Coolangatta-Tweed Heads.

HIGH PERFORMANCE

Coordinator

Mr Leigh Harding – hardingl@iona.qld.edu.au

Iona Strength and Conditioning

The Iona Strength and Conditioning program is overseen by accredited industry experts and guided by the ASCA Position Stand on Resistance Training for Children and Youth. The sequential programs also closely align to long-term athletic development principles.

Any student wishing to attend the Iona gym for the first time must first contact Mr Harding prior to attending.

Gym groups

- 'HARLEQUINS', 'HOOPS' and 'OBLATE' squads are only open to invited athletes. Attendance at these sessions is mandatory for those invited. Liaise with Mr Harding regarding scheduling issues.
- '7-10 HIGH PERFORMANCE' groups are for players that play 'A'-Level or regional rep sport. Students should attend one Day-1 and one Day-2 session each week.
- 'YEAR 11 & 12 HIGH PERFORMANCE' groups are for players that are members of Iona Firsts Squads or regional rep sport. Students are given two-day programs based on their S&C goals.
- 'INTRODUCTION TO GYM TRAINING' is for Year 7 – Year 12 students that are not a part of other groups. Students are provided a suitable program to work through.

Term 1 Gym Schedule:

Gym rules

- Use the bag racks for your bags and get changed in dressing rooms downstairs
- Wear Iona sports uniform, not club gear
- Follow all instructions from your trainer carefully
- Complete all exercises on your program
- Prioritise the safety of yourself and others
- Ensure you use all equipment correctly and return it to where you got it from.

The below gym schedule started in Week 2.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:30am – 7:30am	INTRO TO GYM	YEAR 11 & 12 HIGH PERFORMANCE	YEAR 9 & 10 HIGH PERFORMANCE DAY 1	INTRO TO GYM	YEAR 9 & 10 HIGH PERFORMANCE DAY 2
7:15am – 8:15am	HARLEQUINS RL/RU SQUAD DAY 1	HOOPS RL/RU SQUAD DAY 1	OPEN CRICKET SQUAD 1-DAY PROGRAM	HOOPS RL/RU SQUAD DAY 2	YEAR 11 & 12 HIGH PERFORMANCE
3:15pm – 4:15pm	YEAR 7 & 8 HIGH PERFORMANCE DAY 1	YEAR 7 & 8 HIGH PERFORMANCE DAY 1	YEAR 7 & 8 HIGH PERFORMANCE DAY 2	HARLEQUINS RL/RU SQUAD DAY 2	YEAR 7 & 8 HIGH PERFORMANCE DAY 2
4:15pm – 5:45pm		IONA SWIMMING CLUB		IONA SWIMMING CLUB	

District And Regional Sport Trials

All Composite and Lytton District trial information will be published in this section of the weekly sport newsletter as well as the daily bulletin when it becomes available. If a student wishes to register for a trial, they must contact either Mr Harding (for Composite trials, boys turning 13-19 years in 2024) or Mr Russell (for Lytton trials, boys turning 10-12 years in 2024) using the same email – repsport@iona.qld.edu.au

Mr Harding and Mr Russell will then return contact the students wishing to trial with further information.

10-12 Years Information

Sport	Details	Nominations Close
Squash 10-15 Yrs	Met East Trial	Mon 18 March
Hockey 10-12 Yrs	Met East Trial	Mon 18 March
Tennis 10-12 Yrs	Lytton District Trial	Mon 25 March
Cross Country 10-12 Yrs	Lytton District Trial	Top students from Iona interhouse carnival attend.
Rugby Union	Lytton District Trial	Fri 26 April

13-19 Years Information

Sport	Details	Nominations Close
Squash 10-19 Yrs	Met East Trial	Mon 18 Mar
Rugby Union 17-18 Yrs	Met East Trial	Thurs 7 Mar

It will be the student's responsibility to complete the trial information and return it to the teachers listed above by the due dates.

Important: All school-based representative sport nominations must be endorsed by the Iona Sport Department.

MOUNTAIN BIKING

Coordinator: Mr Daniel Davison
davisond@iona.qld.edu.au

Mountain Biking Uniform

Jersey short sleeve \$80
Jersey long sleeve \$85
Sport shorts \$35
Mountain biking shorts \$100

Results

In season opener, Iona clinched an impressive third place among 44 competing schools across the south East. A total of 39 Ionians rode with determination in the hot sun for a finish that will fuel the squad for the challenges ahead.

Finishing Places Highlights:

Benjamin Doust: 18th (of 101) – Yr7/8 (Junior)

Connor Casey: 19th (of 101) – Yr7/8 (Junior)

If you are in the squad and are planning on participating at the next event at Mt Cotton on Friday April 19 (Term 2, Week 1), please register via Rocky Trail as soon as possible as it will likely sell out.

Upcoming Training:

DATE: Saturday 23 March

TIME: 3pm–5pm

LOCATION: Mt Cotton

(Keep an eye out on your emails for information on registering for this session)

Competition Dates:

Brisbane: Friday April 19 – Term 2, Week 1

Toowoomba: Friday June 7 – Term 2, Week 8

Sunshine Coast: Thursday August 8 (Yrs 5–8)

Sunshine Coast: Friday August 9 (Yrs 9–12)

Ipswich: Friday August 30 – Term 3, Week 8

Please contact Mr Davison by email if you have any questions.

RUGBY UNION

Coordinator: Mr Alex Jirasek jiraseka@iona.qld.edu.au

All Year 5–12 students wishing to play rugby for the College must sign-on using Clipboard. No sign-on, no game!

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Rugby is played on Saturday mornings in Term 2, however, trials/training will commence in Week 9, Term 1 beginning on Monday 18 March with one trial session held after school for each year level as well as internal trials held on Saturday 23 March.

Please see the below link for:

- All 2024 training/trial times
- 2024 season game dates and opposition
- 2024 coaches' names
- Uniform expectations for training/games
- And much more

[Rugby Information Link](#)

Harlequins Rugby Training

Venue: St Eugene's Park

Tuesday & Thursday mornings 6.30am–7.45am

Hoops Rugby Training

Venue: St Eugene's Park

Wednesday mornings 6.30am–7.45am

BALLYMORE CUP – There has been a miscommunication regarding Iona nominating teams into the Ballymore Cup. We have been advised we have no teams nominated, and the competition is now full. We are now on a wait list and are highly unlikely to play in that comp this year.

If a spot on the wait list opens up, the College will look to enter a Year 7A and Year 9A team into the upcoming Ballymore Cup Carnival held at South Pine Sports Complex, Brendale from 12–14 April.

These teams would enter the U13 and U15 divisions. The College will select these teams during the trial week held the week beginning 18 March as well as from the internal games played on Saturday 23 March.

Players will be advised of their selection during the last week of school (after these trials) – again, if we gain a sport in the competition. The College has taken the decision to enter a 7A and 9A team so that it serves as a good pre-season leading into the AIC competition.

NZ Rugby Tour

The College is exploring a possible NZ Rugby Tour for Easter 2025. This will involve our top 48-51 players from Years 10 and 11 (2024) – ideally our First and Second XV in 2025. More information will be released in the coming weeks. Pricing and itinerary are being sought now.

Rugby Uniforms for AIC Competition

Compulsory items

Rugby union jersey \$70

Rugby union shorts \$35

Footy socks \$16

Training T-shirt \$45

Non-compulsory items

Headgear \$55

Mouthguard \$6

Strapping tape \$12

Black electrical tape \$2.50

Black Skins \$35

SAILING

The final round of interschool teams racing will be held this weekend. Our Thirds team delivered an exceptional performance last weekend, with a clean-sweep of the Silver fleet, earning them a promotion to the Gold Fleet. This means we have all three of our teams qualified for the Gold Fleet final, with Brisbane Grammar, Moreton Bay Boys, Moreton Bay Girls and Southport only having one each. This demonstrates just how well the squad has performed this year. Our Firsts haven't lost a race this term – that's 18 wins from 18 starts.



Thursday's training session will provide our sailors with an opportunity to finalise their preparation.

Sailors are requested to refer to team app for arrival times and are reminded of the requirement to be wearing the full Iona Sports Uniform for briefing and the presentation after sailing on Sunday.

For any new students interested in joining the sailing team please contact the sailing coordinator via ionacollegesailing@gmail.com

SWIMMING – iSWIM

Head Coach

Mr Zane King – iswim@iona.qld.edu.au

Assistant Coach

Mr Nic Keune – iswim@iona.qld.edu.au

Swim Co-ordinator

Mr Craig Stariha – starihac@iona.qld.edu.au

AIC Swimming Results

Our entire AIC squad should feel proud of their efforts at the AIC Championships held on Tuesday of this week. Iona placed first in the Yr 5 & 6 aggregate, and fifth in the 12yrs-Opens aggregate.

Many thanks are given to our coaches – Zane King and Nic Keune. We are fortunate to have their expertise and experience. These are two good men who work positively with your boys. We are grateful for all that they are doing.

It takes time to build a program. With the changes that took place from last season, we believe a foundation is now laid for future years. I know the coaches would really love for the boys to continue to train over the winter. This is where the big improvements are made in any program. If we want that next level, we must work for it. Please consider continuing your training. It will help with fitness for other sports too.

Thank you to all the staff managers who have done a lot of work behind the scenes. Of course many thanks go to our swimmers, who have attended training in great numbers and added to the positive experience and culture.

We challenged the boys to break their PBs and to give their best at the championships. The boys certainly did give it everything and represented our school with pride and honour. We cannot ask for more than that.

The College staff feel very supported by the parents. We are very appreciative of the assistance given at the BBQ brekkies, and for the work our parents have given to get the boys to training and to ensure they wore the correct uniforms etc. Thank you!

Next year, we will continue with swim camp. More info will come out later about that. Year 6 boys can go next year as well, as it is a Year 7-12 event only.

Again, I am so happy with the positive culture set and what we have achieved as a team this season. Well done to you all!

Individual first place results will be published in next week's edition. The 2024 results are below.

Aggregate					
Senior			Primary		
1 st	St Peters	689.5	1 st	Iona	400
2 nd	Marist	581.5	2 nd	Marist	375
3 rd	Villanova	439.5	3 rd	Villanova	346
4 th	St Laurence's	432	4 th	Padua	296
5 th	Iona	393	5 th	St Peters	280
6 th	Ambrose Treacy	260	6 th	St Laurence's	243
7 th	Padua	257	7 th	Ambrose Treacy	206
8 th	St Patrick's	215	8 th	St Patrick's	190
9 th	St Edmund's	166			

Age Group Results		
Year 5	1 st Marist	Iona 2 nd
Year 6	1 st Iona	Iona 1 st
12 Years	1 st St Peters	Iona 5 th
13 Years	1 st St Peters	Iona 6 th
14 Years	1 st Marist	Iona 4 th
15 Years	1 st St Peters	Iona 5 th
16 Years	1 st St Peters	Iona 5 th
Open	1 st St Peters	Iona 2 nd

VOLLEYBALL

Volleyball Coordinator
Mrs Karen Otway – otwayk@iona.qld.edu.au

Results

What a fantastic weekend for Iona volleyball! We won all 22 games. The 7B team won their first set 25-3 – a fantastic effort by our youngest volleyballers.

The following teams are still in the running to win premierships. Firsts, Seconds, Thirds, 10A, 10B, 10C, 10D, 9A, 9B, 9C, 8B, 8C, 8D, 7A, 7B, 7D.

This Saturday is going to be difficult against Villanova. They have some very strong teams. All Iona teams need to work hard at training if we are to win all the premierships listed above.

Can I please ask everyone to support our undefeated First VI team at Villanova this Saturday. Game start time is 12pm in Goold Hall.

It would be great to see as many supporters there as possible to help our team in what is going to be a very close game. The winner of this game will take out the First VI Volleyball Premiership for 2024.

Let's get behind our team!

Progressive Volleyball Results

Team	Rd1 SLC	Rd2 SEC	Rd3 MAR	Rd4 PAD	Rd5 SPLC	Rd6 Villa	Rd7 SPC
1 st	won 3-0	won 3-0	won 3-2	won 3-0	won 3-0		
2 nd	won 2-1	won 2-0	won 2-1	lost 1-2	won 2-0		
3 rd	lost 1-2	won 2-0	won 2-0	won 2-1	won 2-0		

4 th	lost 0-2	lost SLC 5 th 0-2	lost 1-2	lost 1-2	won 2-0		
11A	lost 1-2	won 2-0	won 2-0	lost 1-2	won 2-0		
11B	lost 0-2	won 2-0	lost 1-2	lost 1-2	won 2-0		
10A	lost 0-2	won 2-0	won 2-0	won 2-0	won 2-0		
10B	won 2-0	won 2-0	won 2-1	lost 1-2	won 2-0		
10C	won 2-1	won 2-0	won 2-0	won 2-1	won 3-0		
10D	won 2-0	BYE	won 2-0	won 2-1	won 2-0	BYE	BYE
9A	won 2-0	won 2-1	won 2-0	won 2-0	won 2-0		
9B	won 2-0	won 2-0	won 2-0	won 2-0	won 2-0		
9C	won 2-1	won 2-1	won 2-1	won 2-0	won 2-0		
9D	won 2-0	won SLC D 2-0	won 2-1	lost 1-2	won 2-0		
8A	won 2-0	lost 0-2	won 2-0	lost 1-2	won 2-0		
8B	won 2-0	won 2-0	won 2-0	won 2-0	won 2-0		
8C	won 2-0	won 2-0	won 2-0	won 3-0	won 2-0		
8D	won 2-1	won 2-0	won 2-0	won 2-1	won 2-0		BYE
7A	won 3-0	won 2-0	won 2-0	lost 0-2	won 2-1		
7B	won 3-0	won 2-1	won 2-0	lost 1-2	won 3-0		
7C	lost 1-2	lost 0-2	won 2-0	won 3-0	won 2-0		
7D	lost 1-2	won 2-1	won 2-0	won 3-0	won 3-0		



Volleyball Team Photos



Saturday 9 March – Outside

McCarthy 7

Year 7–9 volleyball teams. (See Schedule Below)

- Please make sure you are at McCarthy 7 at the arrival time mentioned below. There are many cricket and volleyball photos being taken this Saturday and the schedule is very tight.

Boys who are late risk missing their photo. Boys must be in full, correct volleyball uniform including HPE shorts (no other Iona sports shorts are acceptable) and black Iona sports socks.

Photo Schedule Saturday 9 March

Team	Arrival Time at McCarthy7	Photo Time	Game Time
8D volleyball	6.55am	7am	7.30 Game, 8.15am Duty
7D volleyball	7am	7.05am	7.30 Game, 8.15am Duty
8C volleyball	7am	7.10am	7.30 Duty, 8.15am Game
7C volleyball	7.05am	7.15am	7.30 Duty, 8.15am Game
8B volleyball	8.15am	8.25am	9am Game, 10am Duty
7B volleyball	8.20am	8.30am	9am Game, 10am Duty
8A volleyball	8.25am	8.35am	9am Duty, 10am Game
7A volleyball	8.30am	8.40am	9am Duty, 10am Game
9B volleyball	10.20am	10.30am	11am Game, 12pm Duty
9C volleyball	10.25am	10.35am	11am Game, 12pm Duty
9A volleyball	10.30am	10.40am	11am Duty, 12pm Game
9D volleyball	10.35am	10.45am	11am Duty, 12pm Game

All boys playing at Iona MUST attend their team's duty.

- Boys are asked to arrive at their playing venue no later than 30 mins before their game start time or duty time (whichever is first).
- Please note that on court warm up starts 10mins before the game start time.**
- All boys are asked to wear correct volleyball uniform including HPE shorts (no other Iona sports shorts are acceptable) and black Iona sports socks.**

Round 6 vs Villanova – Saturday 9 March

Team	Venue	Time	Court
1st	Villanova College Eighth Ave, Coorparoo	12pm	Goold 1
2nds	Villanova College Eighth Ave, Coorparoo	11am	Goold 1
3rds	Villanova College Eighth Ave, Coorparoo	9am	Goold 1

4ths	Villanova College Eighth Ave, Coorparoo	8am	Goold 2
11A	Villanova College Eighth Ave, Coorparoo	10am	Goold 1
11B	Villanova College Eighth Ave, Coorparoo	8am	Goold 1
10A	Villanova College Eighth Ave, Coorparoo	11am	Goold 2
10B	Villanova College Eighth Ave, Coorparoo	10am	Goold 2
10C	Villanova College Eighth Ave, Coorparoo	9am	Goold 2
10D	BYE		
9A	Iona College Provence Centre	11am Duty 12pm Game	1
9B	Iona College Provence Centre	11am Game 12pm Duty	1
9C	Iona College Provence Centre	11am Game 12pm Duty	2
9D	Iona College Provence Centre	11am Duty 12pm Game	2
8A	Iona College Provence Centre	9am Duty 10am Game	1
8B	Iona College Provence Centre	9am Game 10am Duty	1
8C	Iona College Provence Centre	7.30amDuty 8.15am Game	1
8D	Iona College Provence Centre	7.30amGame 8.15am Duty	1
7A	Iona College Provence Centre	9am Duty 10am Game	2
7B	Iona College Provence Centre	9am Game 10am Duty	2
7C	Iona College Provence Centre	7.30amDuty 8.15am Game	2
7D	Iona College Provence Centre	7.30amGame 8.15am Duty	2

Please see the below link for:

- Updated 2024 training times.
- 2024 season game dates and opposition
- 2024 coaches' names

[Volleyball Information Link](#)

SPORTS PHOTOGRAPHY

Parents and guardians,

Professional photographer Pat Hoelscher will be attending this Saturday's AIC Sport round at Iona College as our official photographer.

Book Pat via 0416 241 341 if you wish to lock him in to cover your son's match (there is no booking fee, but images will be available to purchase).

Pat will only be covering home matches for Iona.

Even if you don't book, photos of your son's match may still be available using the below steps.

He will be uploading images taken at Iona home games to a password-protected folder during the day, from which you can purchase images.

The details on how to access this folder are below:

1. <https://pat-hoelscher-photography.photoshelter.com/archive>

2. Click "Iona College" > 2024 > Term 1

3. Enter Password: IONA24 (all uppercase)

Please do not forward this password onto third parties. For your protection, it has been created for the families of Iona AIC sport only.

Pat's details are below:

www.pathoelscherphotography.com

pat.hoelscher.photography@gmail.com

[0416 241 341](tel:0416241341)