

IONA SPORT

I AM IONIAN 

21 February 2024

TEAM IONA

The weather has not been kind this season.

Last weekend, the entire AIC cricket and AFL rounds were cancelled across all schools with only the AIC volleyball games played as scheduled.

Iona had an outstanding weekend of volleyball results, winning 20 of the 22 games played against quality opposition. I was personally very pleased with the conduct and dress standards of our boys. It was also pleasing to see that some of our teams really had to dig deep and work hard for their wins. The grit and determination and teamwork shown were excellent.

This was typified by our First VI team, who had to dig deep playing at an away venue to secure a 3-2 win. Well done to all!

Over the term, the College has had to communicate cancellation of games and training sessions due to wet weather. Normally this is done through the X app.

It is with great excitement that Iona will roll out a new sport communication system ready for Term 2 sports and beyond. To improve communication with families involved in co-curricular sport, Iona College is introducing a new sport management app called 'Clipboard'.

The Clipboard platform will provide detailed information about trials, training and fixtures with times, dates and venue locations specific to each student's sport and team. It will also be a more direct and immediate channel to notify families of changes or cancellations.

This information can easily be accessible through the Clipboard app on your phones. Parents, coaches and players can quickly and easily see their training schedule, fixture schedules and much more.

The College will implement the use of Clipboard immediately, as we will use this application for sport sign-ons as well. Students who wish to sign on for Term

2 sports including football, rugby union, cross country and chess, must do so using Clipboard.

Parents and guardians will receive an invitation email from Clipboard prompting you to log in. **This email will only be valid for three days**, so please follow the link and sign in as soon as you receive the email. The invitation email will be sent this Friday (23 Feb), so please check your emails as this must be completed within the three-day period.

Students can log in immediately using their Iona email and password using the following link:

<https://portal.clipboard.app/iona>

Please refer to the email sent to all families regarding Clipboard today, and please keep an eye out for the invitation email which will be sent this Friday.

The College will send an invitation link only to those who have registered an email address in our Compass system. Be sure to enable push notifications on your phone so you can receive reminders and other information moving forward.

The Sports Office is working busily to prepare for the upcoming rugby, football, chess and cross-country seasons. Coaches have been appointed, and will receive notification of their team allocation soon. We intend to advertise the trial and training programs for both rugby and football in next week's newsletter.

Term 2 sport sign-on will be done through Clipboard. Once you log-in, please select the 'Activity Selection' tab, then select the sport you wish to play (sign-on is called 'Activity Selection' in Clipboard).

Note: Students can play either rugby union or football, but not both (as they are played at the same time). No one misses out on a rugby or football team. Students can also participate in chess, as this is played on Friday afternoons. All students can do cross country as well.

Only parents can do the 'Activity Selection' (sign-on) for the students in Years 5 and 6. However, all Year 7-12 students are able to do the 'Activity Selection' (sign-on) for themselves. As parents have access to Clipboard

AIC Sports Information (via Twitter): [@SportIona](https://twitter.com/SportIona) (includes wet weather updates)

Head of Sport: Mr Craig Stariha – 3893 8851

Sports Administrator: Mrs Karen Otway – 3893 8805

Sports Administrator: Mr Alex Jirasek – 3893 8805

Assistant Head of Sport (5-6): Mr Connor Russell – 3893 8869

Assistant Head of Sport (7-12): Mr Anthony Bannerman – 3906 8905

(when you complete the invitation email), they can see all things that their sons have selected, as well as the associated training and trial schedules down the track.

Our best wishes go with our AIC Swim squad as they prepare for the last meet of the season at the Chandler pool tomorrow evening.

Let us hope the weather holds off this weekend and our boys get to play. All the best and enjoy!

Craig Stariha
Head of Sport, Iona College

IONA UNIFORM SHOP

2024 Opening Hours:

- Monday, Wednesday and Friday 8am to 3.30pm
- Tuesday and Thursday – Closed

IONA SPORT SEASON PLANNER

2024 DATES

Thu 22 Feb: AIC Swim Meet (Chandler)
 Fri 23 Feb: Rd 4 AIC 1st/2nd AFL vs Padua
 Sat 24 Feb: AIC Rd 4 Cricket/Volleyball vs Padua (H)
 Sat 24 Feb: AIC Rd 4 AFL vs Padua
 Sun 25 Feb: Team Racing Sailing
 Tue 27 Feb: Met East Swimming
 Fri 1 Mar: Rd 5 AIC 1st/2nd AFL vs ATC/SPLC
 Fri 1 Mar: Swim Team BBQ and Final Time Trial
 Sat 2 Mar: AIC Rd 5 Cricket/Volleyball vs SPLC (H)
 Sat 2 Mar: AIC Rd 5 AFL vs SPLC/ATC
 Sat 2 Mar: Cricket & V'ball Team Photos (Yr 10-12)
 Sun 3 Mar: Team Racing Sailing
 Mon 4 Mar: QIGA Golf (Burleigh)
 Tue 5 Mar: AIC Swimming Championships
 Fri 8 Mar: Primary Sport Photos (Cricket & AFL)
 Fri 8 Mar: Rd 6 AIC 1st/2nd AFL vs Villanova
 Sat 9 Mar: AIC Rd 6 Cricket/Volleyball vs Villa (A)
 Sat 9 Mar: AIC Rd 6 AFL vs Villa
 Sat 9 Mar: Cricket & V'ball Team Photos (Yr 7-9)
 Sun 10 Mar: Team Racing Sailing
 Fri 15 Mar: Rd 7 AIC 1st/2nd AFL vs SPC
 Sat 16 Mar: AIC Rd 7 Cricket/Volleyball vs SPC (A)
 Sat 16 Mar: AIC Rd 7 AFL vs SPC
 Sun 17 Mar: SEQ Teams Sailing
 18 – 23 Mar: Rugby/Football/Chess Trials Commence
 Fri 22 Mar: AIC Chess Trial vs SPLC
 Sat 23 Mar: Internal Trials Rugby/Football
 Sat 23 Mar: 1st/2nd/10A Rugby/Football Trial vs SPLC
 Sun 24 Mar: SEQ Teams Sailing
 Tue 26 Mar: Sth Brisbane Primary Chess Tournament
 Thu 28 Mar: Years 5-12 Interhouse Cross Country

AFL

AFL Coordinator
Mr Bannerman – bannermana@iona.qld.edu.au

Progressive AFL Results

Team	Rd1 SLC	Rd2 SEC	Rd3 MAR	Rd4 PAD	Rd5 SPLC	Rd6 Villa	Rd7 SPC
1st	lost 77-15	won 58-14	Whole Round Washout				
2nd	lost 66-21	won 94-13					
9A	lost 17-29	Internal					
9B	lost 14-21	Internal					
8A	lost 58-3	BYE					
8B	lost 22-1	lost vs SEC A 9-18					
7A	lost 66-7	BYE					
7B	lost 30-12	lost vs SEC A 2-38					
6A	lost 74-7	BYE					
6B	lost 28-22	lost vs SLC B 25-31					
6C	lost 32-14	won vs Mar D 54-9					
5A	won 39-30	BYE					
5B	won 59-15	BYE					
5C	won 87-0	won vs Pad E 42-3					

AFL Team Photos

Years 5 and 6: Photos will be taken on Friday 8 March in Period 1. Boys will wear formal grey uniform for these photos.



Years 7-10: Photos will be taken on the co-curricular photo days later in the year.

AFL Round 4 vs Padua – Friday 23 Feb

Team	Venue	Time	Oval
1 st	Iona College – St Eugene's Park	4.45pm	1
2 nd	Wynnum Vikings AFC Kianawah Rd	4.45pm	1

AFL Round 4 vs Padua – Saturday 24 Feb

Team	Venue	Time	Oval
9A	Iona College St Eugene's Park	10.30am	Oval 1
9B	Iona College St Eugene's Park	9.30am	Oval 1
8A	Iona College St Eugene's Park	8.30am	Oval 1
8B	Iona College St Eugene's Park	7.30am	Oval 1
7A	Wynnum Vikings AFC Kianawah Rd	9.30am	Oval 1
7B	Wynnum Vikings AFC Kianawah Rd	8.30am	Oval 1
6A	Yeronga AFC Cansdale St, Yeronga	9.30am	Oval 5
6B	Yeronga AFC Cansdale St, Yeronga	7.30am	Oval 1
6C	Yeronga AFC Cansdale St, Yeronga	7.30am	Oval 5
5A	Yeronga AFC Cansdale St, Yeronga	10.30am	Oval 5
5B	Yeronga AFC Cansdale St, Yeronga	10.30am	Oval 1
5C	Yeronga AFC Cansdale St, Yeronga	9.30am	Oval 1

The Uniform Shop has AFL mouth guards in stock.

Please see the below link for:

- All 2024 training times
- 2024 season game dates and opposition
- 2024 coaches' names

[AFL Information Link](#)

Changes to training sessions from Week 3

7B: Now training Mondays 7am-8am

5A & 5C: Finish at 4.15pm NOT 4.30pm

Goal Umpires are needed for all AFL matches. Any parents who are able to assist, please contact Anthony Bannerman bannermana@iona.qld.edu.au

BASKETBALL

Iona College USA Basketball Tour – 2024
Tour Manager: Mr. Bannerman
bannermana@iona.qld.edu.au

Trials for USA Tour

U18 – Year 10 & 11 Students

Mon 4 March: 6.45am–8am Oblate Hall

Mon 11 March: 6.45am–8am Oblate Hall

U15 Trials – Year 9, 8 & 7 Students

Tues 5 March: 6.45am–8am Oblate Hall

Tues 12 March: 6.45am–8am Oblate Hall

Students who signed up in 2023 will receive an email from Mr. Bannerman containing trial information in the coming days. Any student who wishes to trial will need to email Mr. Bannerman with their intention to trial prior to the trial date.

For the inaugural tour in 2024, Iona College will be looking to take a total of 24 students across two teams to the United States in December. We will take an Under-18 team, consisting of students in Years 10 and 11, and an Under-15 team, consisting of students from Years 7–9. The tour will be 15 days, from 3–17 December, with an estimated cost of \$8000 per student.

The teams will participate in six to eight matches while in the US, played in front of college talent scouts with a view to increasing the chances of our Ionians attracting scholarship opportunities. Visiting San Francisco and Los Angeles, the tour will include tours of elite sporting facilities and colleges, attending college and NBA matches, and meet-and-greet sessions with NBA players.

In alignment with Iona's Catholic values and the mission of the Oblates, students will also participate in community experiences, such as assisting the homeless in delivering and preparing food (linking to Iona's association with Rosies), celebrate Mass and connect with the Oblates in America.

This is a unique opportunity to develop basketball skills while engaging in a once-in-a-lifetime cultural experience.

CRICKET

Years 5 & 6 Coordinator

Mr Brendan Allen – allenb@iona.qld.edu.au

Years 7-12 Coordinator

Mr Sean Devlin – devlins@iona.qld.edu.au

The Uniform Shop has abdominal guards for cricket in stock.

Progressive Cricket Results

Team	Rd1 vs SLC	Rd2 vs SEC	Rd3 vs MAR	Rd4 vs PAD	Rd5 vs SPLC	Rd6 vs Villa	Rd7 vs SPC
1 st	won	won Iona 1/91 SEC 90					
2 nd	won	lost vs ATC 1 st Iona 8/88 ATC 7/117					
3 rd	won	washout					
4 th	lost	won Iona 7/89 SEC 57					
10A	won	draw vs ATC 9/10A					
10B	won	draw vs ATC 9/10B					
10C	wash out	lost Iona 27 ATC 9/10C 3/115					
9A	won	won Iona 0/53 SEC 9/49					
9B	lost	won Iona 4/106 SEC 7/76					
9C	lost	won Iona 1/72 SLC D 7/71					
8A	won	won Iona 3/75 SEC 71					
8B	won	lost ATC A					
8C	lost	won Iona 8/85 ATC B 81					
7A	won	won Iona 9/148 ATC 129					
7B	lost	lost Iona 89 SEC A 4/92					
7C	won	lost Iona 5/61 ATC B 5/98					

Whole Round Washout

7D	won	lost Iona 4/49 SEC B 1/52					
6A	wash out	won Iona 6/146 ATC 7/88	Whole Round Washout				
6B	lost	won Iona 5/75 ATC 21					
6C	lost	washout					
5A	won	won Iona 9/95 ATC 8/78					
5B	lost	won Iona 3/139 ATC 8/93					
5C	lost	BYE					
5D	lost	washout					

Cricket Round 4 vs Padua – Saturday 24 Feb

Team	Venue	Time	Oval
1 st XI	Iona College	9.30am-5.15pm	Davine
2 nd XI	Iona College	1pm-5.50pm	Harron
3 rd	Iona College	1pm-4pm	McCarthy
4 th vs Villa 5 th	Kianawah Park, Wynnum Rd, Tingalpa	1pm-4pm	Field 7
10A	Iona College	8am-12.50pm	Harron
10B vs Mar B	Iona College	8am-12.50pm	McCarthy
10C vs Pad B	Kianawah Park, Wynnum Rd, Tingalpa	1pm-4pm	Field 2
9A	Padua Fields 222 Elliot Rd, Banyo	8am-12.50pm	Field 1
9B	BYE		
9C vs Pad B	Padua Fields 222 Elliot Rd, Banyo	8am-11am	Field 2
8A	Padua Fields 222 Elliot Rd, Banyo	1pm-5.50pm	Field 1
8B	Padua Fields 222 Elliot Rd, Banyo	1pm-5.50pm	Field 3
8C	Marchant Park Murphy Rd, Aspley	1pm-4pm	Field 3
7A	Padua Fields 222 Elliot Rd, Banyo	1pm-5.50pm	Field 2
7B	Padua Fields 222 Elliot Rd, Banyo	8am-12.50pm	Field 3
7C	Gibson Park Nicol St, Stafford	8am-11am	South

7D	Melrose Park Cnr Roseleigh & Rose Sts, Woolloowin	8am-11am	East
6A	Kianawah Park Wynnum Rd, Tingalpa	8am- 12.30pm	Field 2
6B	Kianawah Park Wynnum Rd, Tingalpa	8am- 12.30pm	Field 7
6C vs Pad D	Kianawah Park Wynnum Rd, Tingalpa	7.30am- 9.55am	Field 3
5A	Boyd Park 11 Boyd Rd, Nundah	8am- 11.30am	Field 1
5B	Padua College Cnr Turner & Broughton Rds, Kedron	7.30am- 11am	Greccio
5C	ARC Hill Park Goss Rd, Virginia	7.30am- 10.30am	Field 1
5D	Melrose Park Cnr Roseleigh & Rose Sts, Woolloowin	7.30am- 10.30am	West

Please see the below link for:

- All 2024 training times.
- 2024 season game dates and opposition.
- 2024 coaches' names.

[Cricket Information Link](#)

Cricket Team Photos

Saturday 2 March – Outside McCarthy 7
Cricket teams who are playing at Iona.



Saturday 9 March – Outside McCarthy 7
Cricket teams who are playing at Iona.

Years 5 and 6 Cricket: Photos will be taken on Friday 8
March during Periods 1 and 2. All Year 5 and 6 boys will
wear their formal grey uniform for the cricket photo.

- Teams not playing at Iona on the photo days will have their team photos taken later in the year.
- A photo schedule is published in the sport newsletter on the Wednesday before each photo day.

CROSS COUNTRY

Years 7-12 Coordinator
Mr Brendan Merrotsy – merrotsyb@iona.qld.edu.au

2024 Cross Country: (Years 5 and 6)

A talent identification run will occur during Week 5 in Year Level Sport for Primary students to identify those who will form part of the Primary Cross Country Training Squad. More information about this squad and training will come after Week 5.

Primary running / fitness sessions will be held each Wednesday from 7.30am on the Primary handball courts. This is for any student who wishes to improve their fitness, or for students who want to prepare for upcoming cross country or rugby / football seasons.

Please bring: Iona shirt (training, Yura or house), shorts and comfortable running shoes. Students will also need a water bottle and a snack for afterwards. Boys will change into grey uniform after the session.

2024 Cross Country (Years 7-12)

There is no requirement to attend all sessions. The sessions are open to all Year 7-12 students, regardless of previous experience. Cross country training is a great way to build your aerobic base and speed for other Semester 1 sports.

Training Schedule for Years 7-12

For sessions at Wynnum Wading Pool, the minibus will now return to College with students at 7.30am. Students have the option to be collected and taken home to shower etc if they prefer.

Top Trainers of Week 4

Kayden Werner (Opens)
Jack Thatcher (16s)
Curtis Lockhart (14s)

Week 5

Monday: 6.15am-7.15am @ Wynnum Wading Pool <u>Aerobic Run</u> (A minibus will depart from the chapel at 6.05am if you cannot meet at Wynnum wading pool)	Wednesday: 6.45am-8am McCarthy Oval <u>Time Trial</u> 3km 12,13,14 Yrs 4km 15,16,Open	Friday: 6.45am-8am Meet at Junior handball courts Speed / games
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Week 6

Monday: 6.15am-7.15am @ Wynnum Wading Pool <u>Aerobic Run</u> (A minibus will depart from the chapel at 6am if you cannot meet at Wynnum wading pool)	Wednesday: 6.45am-8am Meet at junior handball courts Interval session	Friday: 6.45am-8am Meet at Junior handball courts Speed / games
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HIGH PERFORMANCE

Coordinator

Mr Leigh Harding – hardingl@iona.qld.edu.au

Iona Strength and Conditioning

The Iona Strength and Conditioning program is overseen by accredited industry experts and guided by the ASCA Position Stand on Resistance Training for Children and Youth. The sequential programs also closely align to long-term athletic development principles.

Any student wishing to attend the Iona gym for the first time must first contact Mr Harding prior to attending.

Gym groups

- 'HARLEQUINS', 'HOOPS' and 'OBLATE' squads are only open to invited athletes. Attendance at these sessions is mandatory for those invited. Liaise with Mr Harding regarding scheduling issues.
- '7-10 HIGH PERFORMANCE' groups are for players that play 'A'-Level or regional rep sport. Students should attend one Day-1 and one Day-2 session each week.
- 'YEAR 11 & 12 HIGH PERFORMANCE' groups are for players that are members of Iona Firsts Squads or regional rep sport. Students are given two-day programs based on their S&C goals.
- 'INTRODUCTION TO GYM TRAINING' is for Year 7 – Year 12 students that are not a part of other groups. Students are provided a suitable program to work through.

Term 1 Gym Schedule:

Gym rules

- Use the bag racks for your bags and get changed in dressing rooms downstairs
- Wear Iona sports uniform, not club gear
- Follow all instructions from your trainer carefully
- Complete all exercises on your program
- Prioritise the safety of yourself and others
- Ensure you use all equipment correctly and return it to where you got it from.

The below gym schedule started in Week 2.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:30am – 7:30am	INTRO TO GYM	YEAR 11 & 12 HIGH PERFORMANCE	YEAR 9 & 10 HIGH PERFORMANCE DAY 1	INTRO TO GYM	YEAR 9 & 10 HIGH PERFORMANCE DAY 2
7:15am – 8:15am	HARLEQUINS RL/RU SQUAD DAY 1	HOOPS RL/RU SQUAD DAY 1	OPEN CRICKET SQUAD 1-DAY PROGRAM	HOOPS RL/RU SQUAD DAY 2	YEAR 11 & 12 HIGH PERFORMANCE
3:15pm – 4:15pm	YEAR 7 & 8 HIGH PERFORMANCE DAY 1	YEAR 7 & 8 HIGH PERFORMANCE DAY 1	YEAR 7 & 8 HIGH PERFORMANCE DAY 2	HARLEQUINS RL/RU SQUAD DAY 2	YEAR 7 & 8 HIGH PERFORMANCE DAY 2
4:15pm – 5:45pm		IONA SWIMMING CLUB		IONA SWIMMING CLUB	

E-SPORTS

Coordinator

Mr Chris Eades eadesc@iona.qld.edu.au

E-sports 2024

Last year's initial trial of Esports ran well, with many students excited to be a part of this new cocurricular opportunity.

Esports will run in Terms 2 and 3 this year at Iona, and will be run in after-school sessions. If you are interested in joining Esports at Iona this year, please keep an eye on the Sports Newsletter in Week 7 this term as more details and registration links will be distributed.

Any inquiries can be directed to Mr Chris Eades at eadesc@iona.qld.edu.au.

FOOTBALL (SOCCER)

Football Coordinator Years 9-12

Mr Lachlan Sayers – sayersl@iona.qld.edu.au

Football Coordinator Years 5 – 8

Mr Connor Russell – russellc@iona.qld.edu.au

First XI Training Schedule

When: Wednesdays 7am–8am

Venue: St Eugene's Park

Trial vs Padua

The First XI football squad will play a trial against Padua:

Date: Thursday 22 February

Travel time: Bus leaves Sandy Camp Rd, behind cricket nets, at 3.15pm

Game time: 4pm–5pm

Venue: Prentice Park, 44A Thistle St, Lutwyche

Bus will return approx. 5:45 pm (Iona bus turnaround)

District And Regional Sport Trials

All Composite and Lytton District trial information will be published in this section of the weekly sport newsletter as well as the daily bulletin when it becomes available.

If a student wishes to register for a trial, they must contact either Mr Harding (for Composite trials, boys turning 13–19 years in 2024) or Mr Russell (for Lytton trials, boys turning 10–12 years in 2024) using the same email – repsport@iona.qld.edu.au

Mr Harding and Mr Russell will then return contact the students wishing to trial with further information.

10–12 Years Information

Sport	Details	Nominations Close
AFL 10–12 Yrs	Lytton District Trial	Fri 23 Feb
Golf 10–12 Yrs	Met East Trial	Wed 28 Feb
Basketball 10–12 Yrs	Lytton District Trial	Mon 4 Mar

13–19 Years Information

Sport	Details	Nominations Close
Water Polo 14–18 Yrs	Met East Trial	Fri 23 Feb
Golf 13–19 Yrs	Met East Trial	Wed 28 Feb
Touch 13–15 Yrs	Composite District	Fri 23 Feb
Touch 16–18 Yrs	Composite District	Fri 1 Mar

It will be the student’s responsibility to complete the trial information and return it to the teachers listed above by the due dates.

Important: All school-based representative sport nominations must be endorsed by the Iona Sport Department.

MOUNTAIN BIKING

Coordinator: Mr Daniel Davison
davisond@iona.qld.edu.au

For students interested in participating in the 2024 Mountain Biking Squad who missed the meeting last Friday, please contact Mr Davison.

For students who participated in 2023, please check your emails to express your interest in this year’s competitions.

Competition Dates:

Gold Coast: Friday March 1 – Term 1, Week 6
Brisbane: Friday April 19 – Term 2, Week 1
Toowoomba: Friday June 7 – Term 2, Week 8

Sunshine Coast: Thursday August 8 (Yrs 5–8); Friday August 9 (Yrs 9–12) – Term 3, Week 5
Ipswich: Friday August 30 – Term 3, Week 8

Training dates are still to be confirmed. If you are unable to make the meeting Friday, please contact Mr Davison by email.

RUGBY UNION

Coordinator: Mr Alex Jirasek jiraseka@iona.qld.edu.au

Harlequins Rugby Training

Venue: St Eugene’s Park
Thursday mornings 6.30am–7.45am

Hoops Rugby Training

Venue: St Eugene’s Park
Wednesday mornings 6.30am–7.45am

Gym sessions are as per schedule in the High-Performance section. To achieve success, we need a positive training culture, and for both players and parents to ‘buy in’.

The College is exploring a possible NZ Rugby Tour for Easter 2025. This will involve our top 48–51 players from Years 10 and 11 (2024) – ideally our First and Second XV in 2025. More information will be released in the coming weeks. Pricing and itinerary are being sought now.

SAILING



The first round of Teams Racing was completed over the weekend, with our three teams performing very well. Our First team is leading Gold fleet, with our Second team in equal-second

place after the first round. In Silver fleet, our Third team is in equal-second place. Overall, it was a fantastic performance from the boys, who are working well in their respective squads and as a team overall. As always, thanks to our parent volunteers who are ensuring we can race each weekend.

Round 2 of racing is this Sunday, 25 February. Sailors should refer to team app for arrival times, and are reminded of the requirement to be wearing the full Iona sports uniform. Please check TeamApp for details of all events and to confirm attendance of sailors and volunteers. For any new students interested in joining the sailing team, please contact the sailing coordinator via ionacollegesailing@gmail.com

SWIMMING – iSWIM

Head Coach

Mr Zane King – iswim@iona.qld.edu.au

Assistant Coach

Mr Nic Keune – iswim@iona.qld.edu.au

Swim Co-ordinator

Mr Craig Stariha – starihac@iona.qld.edu.au

Many families have indicated that their son/s will be attending the swim met at Chandler this Thursday. A bus will depart behind the cricket nets at 3.15pm. A return bus service will not be available. Parents are asked to collect their son/s at approx 6pm from the venue.

Uniform expectations

All boys must wear the Yura training shirt and Iona PE shorts (no other shirts) plus Iona socks and sports shoes (no thongs/slides etc). Eventually all squad members will be given a swim cap to wear at the AIC swim championships. But during the meets, boys are asked to purchase and wear the Iona swim cap from the Uniform Shop (no other caps are acceptable). We ask boys to wear the Iona togs or plain black togs to training and to the meets. We do realise some families have invested heavily in special race togs. These can be worn on the day of the AIC championships.

Click on the link below to gain all information regarding the 2024 AIC swim season including:

- Training times
- Important contact information
- 2024 meets and important dates
- Rep trial information
- BBQ breakfast information & more

[Swimming Information Link](#)

AIC Swim Calendar – 2024

Date	Location	Transport
Thursday 22 February	AIC Swim Meet @ Brisbane Aquatic Centre Chandler	Bus provided to Chandler. Parents to collect at venue. Times TBA
Friday 1 March	AIC Swim Team BBQ @ Iona College Pool	Approx. 3.15pm – 4pm Team BBQ 4pm – 4.30pm
Tuesday 5 March	AIC Swimming Championships	Bus provided to and from the Championships. Times TBA

Swimming BBQ Breakfast

The College will extend the BBQ brekky for one more week. Originally we had it finishing up this week. Mr

Stariha will send out a 'help form' for the very last brekky soon. If you are able to assist, please complete this form. Cooking from 6.30am, serving from the BBQ at 7.45am. Your help would be very much appreciated.

AIC Swim Championships – Team Announcement

The College will announce the AIC swim team by next Thursday. Further information regarding the AIC championships will be sent next week via email. Those who do not make the team will act as reserves and will be required to attend on the day of the championships. All boys who have trained are a vital part of our squad.

VOLLEYBALL

Volleyball Coordinator

Mrs Karen Otway – otwayk@iona.qld.edu.au

Results

It was great to see teams fighting hard for wins last Saturday against Marist. We won 12/12 of the aggregate matches, and 20 of the 22 games in total. Congratulations to all the players and coaches for such an amazing result.

This week we play Padua. Keep training hard!

Progressive Volleyball Results

Team	Rd1 SLC	Rd2 SEC	Rd3 MAR	Rd4 PAD	Rd5 SPL C	Rd6 Villa	Rd7 SPC
1 st	won 3-0	won 3-0	won 3-2				
2 nd	won 2-1	won 2-0	won 2-1				
3 rd	lost 1-2	won 2-0	won 2-0				
4 th	lost 0-2	lost SLC 5 th 0-2	lost 1-2				
11A	lost 1-2	won 2-0	won 2-0				
11B	lost 0-2	won 2-0	lost 1-2				
10A	lost 0-2	won 2-0	won 2-0				
10B	won 2-0	won 2-0	won 2-1				
10C	won 2-1	won 2-0	won 2-0				
10D	won 2-0	BYE	won 2-0				
9A	won 2-0	won 2-1	won 2-0				
9B	won 2-0	won 2-0	won 2-0				
9C	won 2-1	won 2-1	won 2-1				

9D	won 2-0	won SLC D 2-0	won 2-1				
8A	won 2-0	lost 0-2	won 2-0				
8B	won 2-0	won 2-0	won 2-0				
8C	won 2-0	won 2-0	won 2-0				
8D	won 2-1	won 2-0	won 2-0				
7A	won 3-0	won 2-0	won 2-0				
7B	won 3-0	won 2-1	won 2-0				
7C	lost 1-2	lost 0-2	won 2-0				
7D	lost 1-2	won 2-1	won 2-0				



Volleyball Team Photos

Saturday 2 March – Outside McCarthy 7 Year 10 to Open volleyball teams who are playing at Iona.



Saturday 9 March – Outside McCarthy 7 Year 7-9 volleyball teams playing at Iona.

All boys playing at Iona MUST attend their team's duty.

- Boys are asked to arrive at their playing venue no later than 30 mins before their game start time or duty time (whichever is first).
- Please note that on court warm up starts 10mins before the game start time.**

Round 4 vs Padua – Saturday 24 February			
Team	Venue	Time	Court
1st	Iona College Provence Centre	10am Duty 12pm Game	1
2nds	Iona College Provence Centre	11am Game 12pm Duty	1
3rds	Iona College Provence Centre	8am Duty 9am Game	1
4ths	Iona College Provence Centre	7.30am Game 8.15am Duty	2
11A	Iona College Provence Centre	10am Game 11am Duty	1
11B	Iona College Provence Centre	8am Game 9am Duty	1
10A	Iona College Provence Centre	10am Duty 11am Game	2
10B	Iona College Provence Centre	9am Duty 10am Game	2
10C	Iona College Provence Centre	9am Game	2
10D	Iona College Provence Centre	7.30am Duty 8.15am Game	2
9A	Padua College 80 Turner Rd, Kedron La Cordelle	12pm	1
9B	Padua College 80 Turner Rd, Kedron La Cordelle	11am	1
9C	Padua College 80 Turner Rd, Kedron La Cordelle	11am	2
9D	Padua College 80 Turner Rd, Kedron La Cordelle	12pm	2
8A	Padua College 80 Turner Rd, Kedron La Cordelle	10am	1
8B	Padua College 80 Turner Rd, Kedron La Cordelle	9am	1
8C	Mt Alvernia College Somerset Rd, Kedron	8am	San Damiano

SPORTS PHOTOGRAPHY

8D	Mt Alvernia College Somerset Rd, Kedron	9am	San Damiano
7A	Padua College 80 Turner Rd, Kedron La Cordelle	10am	2
7B	Padua College 80 Turner Rd, Kedron La Cordelle	9am	2
7C	Padua College 80 Turner Rd, Kedron La Cordelle	8am	2
7D	Padua College 80 Turner Rd, Kedron La Cordelle	8am	1

Please see the below link for:

- Updated 2024 training times.
- 2024 season game dates and opposition
- 2024 coaches' names

[Volleyball Information Link](#)

Training Time Adjustment

10C /10D volleyball training will now finish at 5pm.

Parents and guardians,

Professional photographer Pat Hoelscher will be attending this Saturday's AIC Sport round at Iona College as our official photographer.

Book Pat via 0416 241 341 if you wish to lock him in to cover your son's match (there is no booking fee, but images will be available to purchase).

Pat will only be covering home matches for Iona.

Even if you don't book, photos of your son's match may still be available using the below steps.

He will be uploading images taken at Iona home games to a password-protected folder during the day, from which you can purchase images.

The details on how to access this folder are below:

1. <https://pat-hoelscher-photography.photoshelter.com/archive>

2. Click "Iona College" > 2024 > Term 1

3. Enter Password: IONA24 (all uppercase)

Please do not forward this password onto third parties. For your protection, it has been created for the families of Iona AIC sport only.

Pat's details are below:

www.pathoelscherphotography.com
pat.hoelscher.photography@gmail.com
[0416 241 341](tel:0416241341)