

# IONA SPORT

24 January, 2024

## TEAM IONA

The College theme for this year centres around the notion of 'I am Ionian'. Throughout the year, there will be lots of discussion around 'what it means to be an Ionian'.

We all gain the benefits from the great work given by so many past Ionians – including our Oblate priests, past and present students, staff, families, and friends of the College. As current Ionians, we now have responsibility to uphold our College's values and traditions, and be positive contributors to the Iona community so that future generations of Ionians can enjoy the benefits of this great College as we do today.

The generations that move through a school is like a relay event that never stops. The first generation of Ionians had to pick up the baton, they worked hard to set up the school, build a new community, build classrooms and to start things off. They had a hard run with the baton, but they 'got the show going' and passed the baton to the next generation. who then had their time to build on the good things set by the previous generation before they too passed the baton on.

As time has progressed, generations have had to navigate through tough terrain, tragedies and pandemics before they handed over the baton. Some generations may have had an easy downhill run before they passed the baton. Others may have tripped and dropped the baton because of low standards and poor behaviour or a lack of community help. The next generation then had to slow their pace, pick up the baton and try to get back to speed.

Our community has the Iona baton right now. It has been passed to us in good condition. As current Ionians, we now have the responsibility to carry on the good work and make Iona a better place.

As we move through the year, we will learn about what it means to be an Ionian. With regards to sport, there is an Iona standard and I challenge our boys and their families to keep up these standards which have been instilled and set by our previous generations.

As Ionians, the way we look and wear our uniform, the way we act and conduct ourselves at school and in public, the way we play with grit and determination, the way we train and work hard for the wins, and the way we cheer and support each other is important. It is a part of who we are and how we do things. When other schools compete against Iona, they should know they will be up against a spirited school whose students give their very best and do not give up if things get tough.

We encourage our students to go for the win, be hungry to succeed and be determined to come out on top. But we do not want our boys to win at all costs, and we do not want our boys to be too concerned if they lose. We must be happy knowing that we have given our best.

Most importantly, we encourage our students to get involved in the life of the College, enjoy the game they are playing, and the time spent with their mates.

Finally, we encourage our students to conduct themselves in the appropriate way which shows everybody how much pride they have in themselves and the College. When our students put on the black and white, our boys not only represent themselves, but our whole community – including all of us here and the many Ionians that have passed through the College.

The baton is dropped when we act poorly, show disrespect to others, when we do not wear the correct uniform, when we wear crocs, slides or Birkenstocks to sporting events (my pet hate). The baton drops when we do not commit to training, when we do not give our best, when we are selfish and self-centred people.

When the time comes for us to leave Iona, hopefully we can all look back and say that we have 'done our bit', we have 'run hard' with that baton, and have passed it off to the next generation in a smooth and fast transition.

This weekend marks the first official AIC trial round of the year. Most teams across the College will play St Peters in cricket and volleyball. Our AFL teams will play St Laurence's. Some teams will play internal trials. Please arrive at least 30min prior to the commencement of your game and do not take the opposition lightly.

AIC Sports Information (via Twitter): [@SportIona](#) (includes wet weather updates)

Head of Sport: Mr Craig Stariha – 3893 8851

Sports Administrator: Mrs Karen Otway – 3893 8805

Assistant Head of Sport (7-12): Mr Sean Devlin – 3906 8905

Assistant Head of Sport (5-6): Mr Anthony Bannerman – 3893 8869

We want to get off to a good start this weekend and set the standard for how we prepare and play for the rest of the season. Turn up, be switched on, listen to your coach, give your best and enjoy.

Our swimming program has officially begun. I encourage all those who are good enough to join the swim squad to get involved. We have our first time trial tomorrow afternoon. We will be warming up from 3.15pm with a view to commence time trials at 3.30pm sharp.

With regards to sports information, please continue to access the College’s weekly sports newsletter for the weekly draws, times and venues, training schedules and other important information. Please download the X App and search @Sportlona. We will post any last-minute cancellations here. Wet weather is predicted over the weekend, it may be the case that we will cancel games on Saturday for cricket and AFL. This will be done Saturday morning, so please check the X app for notifications of cancellations.

I am confident that we have prepared well for these trials despite the washouts for some teams last week. I wish everyone all the best this weekend. Remember: It is only a trial this weekend. Our aim is to use this time to get our teams right and ‘blow the cobwebs’ out, ready for Round 1 next weekend v SLC.

Have fun boys, and do not drop the baton!

**Rugby Union & Football Coaches,  
Managers & Officials Needed!**

The Sports Office is currently looking at staffing for the upcoming rugby and football seasons in Term 2. If you can assist with any of these roles, or if you are aware of people who can, please direct them to complete the 2024 Volunteer Expression of Interest Form online: <https://iona.jotform.com/232638805335863>

**Craig Stariha**  
**Head of Sport**  
**Iona College**

**IONA UNIFORM SHOP**

2024 Opening Hours:

- Monday, Wednesday and Friday 8am to 3.30pm
- Tuesday and Thursday – Closed

**IONA SPORT SEASON PLANNER**

**2024 DATES**

- Thurs 25 Jan: 1<sup>st</sup>/2<sup>nd</sup> AFL Trial vs SLC
- Thurs 25 Jan: Internal AIC Swim Meet (Yrs 5-12)
- Sat 27 Jan: AFL/Cricket/Volleyball Trials vs SPLC
- Sun 28 Jan: Fleet Sailing
- Fri 2 Feb: Primary Interhouse Swimming
- Fri 2 Feb: Round 1 AIC 1<sup>st</sup>/2<sup>nd</sup> AFL vs SLC
- Fri 2 Feb: AIC Swim Meet vs SLC/Loretto/LHC
- Sat 3 Feb: AIC Rd 1 AFL/Cricket/Volleyball vs SLC
- Sun 4 Feb: Fleet Sailing
- Fri 9 Feb: Round 2 AIC 1<sup>st</sup>/2<sup>nd</sup> AFL vs SEC
- Fri 9 Feb: AIC Swim Meet (Iona)
- Sat 10 Feb: AIC Rd 2 AFL/Cricket/Volleyball vs SEC
- Sun 11 Feb: Fleet Sailing
- Fri 16 Feb: Rd 3 AIC 1<sup>st</sup>/2<sup>nd</sup> AFL vs Marist
- Fri 16 Feb: AIC Swim Meet (SPLC)
- Sat 17 Feb: AIC Rd 3 AFL/Cricket/Volleyball vs Marist
- Sun 18 Feb: Team Racing Sailing
- Thurs 22 Feb: AIC Swim Meet (Chandler)
- Fri 23 Feb: Rd 4 AIC 1<sup>st</sup>/2<sup>nd</sup> AFL vs Padua
- Sat 24 Feb: AIC Rd 4 AFL/Cricket/Volleyball vs Padua
- Sun 25 Feb: Team Racing Sailing
- Tues 27 Feb: Met East Swimming

**AFL**

AFL Coordinator  
Mr Bannerman – [bannermana@iona.qld.edu.au](mailto:bannermana@iona.qld.edu.au)

**Trial Match vs Villanova**

Results

Iona’s First XVIII and Second XVIII began 2024 with a trial against Villanova on Friday 19 January at Wynnum Vikings AFC.

Iona withstood a fast-start from Villanova before stamping their mark on the game. Clean ball movement and possession-focused football allowed Iona to kick ahead and never looked back, claiming a strong win.

Iona will continue to build on these strong results when we face St Laurence’s this Thursday afternoon at Yeronga AFC.

**Trial Matches vs St Laurence’s**

Trial vs St Laurence’s – Thursday 25 January			
Team	Venue	Time	Oval
1 <sup>st</sup>	Yeronga AFC. Cansdale St, Yeronga	4.30pm	1
2 <sup>nd</sup>	Yeronga AFC Cansdale St, Yeronga	4.15pm	2

Students will depart Iona College at 3.15pm via bus from Harron Oval cricket nets.

There will **not** be a bus returning to Iona at the conclusion of the game, and students will need to be collected from Yeronga AFC.

Students with a driver's licence need to arrange travel with Mr Harding.

Trial vs St Laurence's – Saturday 27 January			
Team	Venue	Time	Oval
9A	Coorparoo AFC 33 Birubi St, Coorparoo	9am	Field 1
9B	Coorparoo AFC 33 Birubi St, Coorparoo	8am	Field 1
8A	Coorparoo AFC 33 Birubi St, Coorparoo	9am	Field 2
8B	Coorparoo AFC 33 Birubi St, Coorparoo	8am	Field 2
7A	Iona College St Eugene's Park	11am	Field 1
7B	Iona College St Eugene's Park	10am	Field 1
6A	Iona College St Eugene's Park	9am	Field 2
6B	Iona College St Eugene's Park	8am	Field 2
6C	Iona College St Eugene's Park	9am	Dwyer
5A	Iona College St Eugene's Park	9am	Field 1
5B	Iona College St Eugene's Park	8am	Field 1
5C	Iona College St Eugene's Park	8am	Dwyer

The Uniform Shop has AFL mouth guards in stock.

**Please see the below link for:**

- All 2024 training times
- 2024 season game dates and opposition
- 2024 coaches' names

All training has commenced as per training schedule found in the 'AFL Information Link' below.

[AFL Information Link](#)

**Goal Umpires** are needed for all AFL matches. Any parents who are able to assist, please contact Anthony Bannerman [bannermana@iona.qld.edu.au](mailto:bannermana@iona.qld.edu.au)

## AFL Team Photos



Years 5 and 6: Photos will be taken on Friday 8 March during Periods 1 and 2. Boys will wear formal grey uniform for these photos.

Years 7-10: Photos will be taken on the co-curricular photo days later in the year.

## CRICKET

Years 5 & 6 Coordinator  
Mr Brendan Allen – [allenb@iona.qld.edu.au](mailto:allenb@iona.qld.edu.au)

Years 7-12 Coordinator  
Mr Sean Devlin – [devlins@iona.qld.edu.au](mailto:devlins@iona.qld.edu.au)

The Uniform Shop has abdominal guards for cricket in stock.

### Trial vs Marist

#### Results

Congratulations to the First XI cricket team, who defeated Marist in the trial match last week.

### Trial vs St Peters

Trial vs St Peters – Saturday 27 January			
Team	Venue	Time	Oval
1 <sup>st</sup> XI	St Peters Lutheran via Indooroopilly Rd, Indooroopilly	9.30am–5.15pm	Mayer
2 <sup>nd</sup> XI	Bellbowrie Sports Complex, 70 Sugarwood St, Bellbowrie	7.30am–11.30am	Main
3 <sup>rd</sup> vs Iona 4 <sup>th</sup>	Kianawah Park – Wynnum Rd Tingalpa	1pm–4pm	Field 12
4 <sup>th</sup> vs 3 <sup>rd</sup>	Kianawah Park – Wynnum Rd Tingalpa	1pm–4	Field 12
10A	Brookfield Showgrounds, 550 Brookfield Rd, Brookfield	7.15am–11.30am	Main
10B vs Iona 10C	Kianawah Park – Wynnum Rd Tingalpa	10am–1pm	Field 3
10C vs Iona 10B	Kianawah Park – Wynnum Rd Tingalpa	10am–1pm	Field 3
9A	Iona College	8am–12.50pm	Davine
9B	Iona College	8am–12.50pm	Harron

9C	Kianawah Park – Wynnum Rd Tingalpa	1pm-4pm	Field 6
8A	Iona College	1pm-5.30pm	Davine
8B	Iona College	1pm-5.30pm	McCarthy
8C vs 7D	Kianawah Park – Wynnum Rd Tingalpa	1-4pm	Field 7
7A	Iona College	1-5.30pm	Harron
7B	Iona College	8am-12.30pm	McCarthy
7C	Kianawah Park – Wynnum Rd Tingalpa	1pm-4pm	Field 3
7D vs 8C	Kianawah Park – Wynnum Rd Tingalpa	1pm-4pm	Field 7
6A vs 6B	Kianawah Park – Wynnum Rd Tingalpa	8am-12.30pm	Field 6
6B vs 6A	Kianawah Park – Wynnum Rd Tingalpa	8am-12.30pm	Field 6
6C	Training – Iona College	8.30-9.30am	Cricket nets
5A vs 5B	Kianawah Park – Wynnum Rd Tingalpa	8am-12.30pm	Field 7
5B vs 5A	Kianawah Park – Wynnum Rd Tingalpa	8am-12.30pm	Field 7
5C vs 5D	Kianawah Park – Wynnum Rd Tingalpa	7.30am-9.55am	Field 3
5D vs 5C	Kianawah Park – Wynnum Rd Tingalpa	7.30am-9.55am	Field 3

Please see the below link for:

- All 2024 Training times.
- 2024 Season Game Dates and opposition
- 2024 Coaches Names.

[Cricket Information Link](#)

### Cricket Team Photos

Saturday 2 March – Outside McCarthy 7 Cricket teams who are playing at Iona.



Saturday 9 March – Outside McCarthy 7 Cricket teams who are playing at Iona.

Years 5 and 6 Cricket: Photos will be taken on Friday 8 March during Periods 1 and 2. All Year 5 and 6 boys will wear their formal grey uniform for the cricket photo.

- Teams not playing at Iona on the photo days will have their team photos taken later in the year.
- A photo schedule is published in the sport newsletter on the Wednesday before each photo day.

## FOOTBALL (SOCCER)

Football Coordinator Years 9-12  
Mr Lachlan Sayers – [sayersl@iona.qld.edu.au](mailto:sayersl@iona.qld.edu.au)

Football Coordinator Years 5 – 8  
Mr Connor Russell – [russellc@iona.qld.edu.au](mailto:russellc@iona.qld.edu.au)

**First XI Football Trials** (Only open to last year's 9A, 10A, First XI or Second XI players, unless otherwise approved by Mr Sayers)

The First XI football trials will be held on Wednesday 7 February before school (NOTE – this date may change due to Year 12 retreat. We will update when confirmed)

Time: 6.30am – 8am

Venue: Dwyer Oval.

If there are any questions, please contact Mr Lachlan Sayers at [sayersl@iona.qld.edu.au](mailto:sayersl@iona.qld.edu.au)

## HIGH PERFORMANCE

Coordinator  
Mr Leigh Harding – [hardingl@iona.qld.edu.au](mailto:hardingl@iona.qld.edu.au)

### Iona Strength and Conditioning

The Iona Strength and Conditioning program is overseen by accredited industry experts and guided by the ASCA Position Stand on Resistance Training for Children and Youth. The sequential programs also closely align to long-term athletic development principles.

Any student wishing to attend the Iona gym for the first time must first contact Mr Harding prior to attending.

### Gym groups

- 'HARLEQUINS', 'HOOPS' and 'OBLATE' squads are only open to invited athletes. Attendance at these sessions is mandatory for those invited. Liaise with Mr Harding regarding scheduling issues.
- '7-10 HIGH PERFORMANCE' groups are for players that play 'A'-Level or regional rep sport. Students should attend one Day-1 and one Day-2 session each week.
- 'YEAR 11 & 12 HIGH PERFORMANCE' groups are for players that are members of Iona Firsts Squads or regional rep sport. Students are given two-day programs based on their S&C goals.
- 'INTRODUCTION TO GYM TRAINING' is for Year 7 – Year 12 students that are not a part of other groups. Students are provided a suitable program to work through.

Term 1 Gym Schedule:

Gym rules

- Use the bag racks for your bags and get changed in dressing rooms downstairs
- Wear Iona sports uniform, not club gear
- Follow all instructions from your trainer carefully
- Complete all exercises on your program
- Prioritise the safety of yourself and others
- Ensure you use all equipment correctly and return it to where you got it from.

The below gym schedule will start in Week 2.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:30am – 7:30am	INTRO TO GYM	YEAR 11 & 12 HIGH PERFORMANCE	YEAR 9 & 10 HIGH PERFORMANCE DAY 1	INTRO TO GYM	YEAR 9 & 10 HIGH PERFORMANCE DAY 2
7:15am – 8:15am	HARLEQUINS RL/RU SQUAD DAY 1	HOOPS RL/RU SQUAD DAY 1	OPEN CRICKET SQUAD 1-DAY PROGRAM	HOOPS RL/RU SQUAD DAY 2	YEAR 11 & 12 HIGH PERFORMANCE
3:15pm – 4:15pm	YEAR 7 & 8 HIGH PERFORMANCE DAY 1	YEAR 7 & 8 HIGH PERFORMANCE DAY 1	YEAR 7 & 8 HIGH PERFORMANCE DAY 2	HARLEQUINS RL/RU SQUAD DAY 2	YEAR 7 & 8 HIGH PERFORMANCE DAY 2
4:15pm – 5:45pm		IONA SWIMMING CLUB		IONA SWIMMING CLUB	

District And Regional Sport Trials

All Composite and Lytton District trial information will be published in this section of the weekly sport newsletter as well as the daily bulletin when it becomes available.

If a student wishes to register for a trial, they must contact either Mr Harding (for Composite trials, boys turning 13–19 years in 2024) or Mr Russell (for Lytton trials, boys turning 10–12 years in 2024) using the same email – [repsport@iona.qld.edu.au](mailto:repsport@iona.qld.edu.au)

Mr Harding and Mr Russell will then return contact the students wishing to trial with further information.

10–12 Years Information

Sport	Details	Nominations Close
Baseball 10–12 Yrs	Met East trial	Thurs 1 Feb
Swimming 10–12 Yrs	Met East trial (qualifying times apply)	Fri 9 Feb
Touch 10–12 Yrs	Lytton District Trial	Tues 13 Feb

13–19 Years Information

Sport	Details	Nominations Close
Tennis 13–19 Yrs	MET East Trial	Mon 29 Jan
Football (Soccer) 17–19 Yrs	Composite District Trial	Mon 29 Jan
Football (Soccer) 13–16 Yrs	Composite District Trial	Fri 2 Feb
AFL 13–15 Yrs	Composite District Trial	Thurs 8 Feb

Volleyball 12–15 Yrs	Composite District Trial	Thurs 8 Feb
Volleyball 16–19 Yrs	Composite District Trial	Mon 12 Feb
Rugby League 14–15 Yrs	Composite District Trial	Fri 16 Feb
Rugby League 16–18 Yrs	Composite District Trial	Fri 16 Feb
Basketball 13–16 Yrs	Composite District Trial	Wed 19 Feb
Golf 13–19 Yrs	MET East Trial	Wed 28 Feb

It will be the student’s responsibility to complete the trial information and return it to the teachers listed above by the due dates.

**Important:** All school-based representative sport nominations must be endorsed by the Iona Sport Department.

SAILING

Our sailing team came together on Monday for some pre-season boat maintenance and preparation for the upcoming interschool competition. It was pleasing to see the boys taking the time to prepare the boats and to complete maintenance tasks before competition. We also welcomed back Head Coach Hayden Barney, along with sailors returning after missing Term 4 of 2023.

Fleet Racing commences this Sunday, 28 January. Sailors are requested to arrive at the rigging lawn by 7.30am wearing the full Iona sports uniform.



Please check TeamApp for details, and to confirm attendance of sailors and volunteers.

For any new students interested in joining the sailing team, please contact the sailing coordinator via [ionacollegesailing@gmail.com](mailto:ionacollegesailing@gmail.com)

# SWIMMING – iSWIM

Head Coach

Mr Zane King – [iswim@iona.qld.edu.au](mailto:iswim@iona.qld.edu.au)

Assistant Coach

Mr Nic Keune – [iswim@iona.qld.edu.au](mailto:iswim@iona.qld.edu.au)

Swim Co-ordinator

Mr Craig Stariha – [starihac@iona.qld.edu.au](mailto:starihac@iona.qld.edu.au)

Last week, an email was sent to all families who signed on for swimming to confirm their interest in joining the AIC swim squad. Many new families have decided to start in the Junior iSwim program. From here, the coaches will move them to our AIC squad or other high-performing squads based on their ability levels.

All interested and competent students should be training NOW as per training times and days listed below.

This Thursday (25 January) after school, Iona will host an internal time trial. All those who wish to be part of the swim program must attend this time trial. The time trial will start at 3.15pm and should conclude by 4.30pm. Parents are welcome to attend.

Click on the link below to gain all information regarding the 2024 AIC swim season including:

- Training times
- Important contact information
- 2024 meets and important dates
- Rep trial information
- BBQ breakfast information & more

[Swimming Information Link](#)

## AIC Swim Calendar – 2024

Date	Location	Transport
Thursday 25 January	Iona College Time Trials @ Iona College Pool	Approx. 3.15pm – 4.30pm
Friday 2 February	Invitational Swim Meet Iona/Lourdes v SLC/Loreto @ Iona College Pool	Approx. 4pm – 5.30/5.45pm
Friday 9 February	AIC Swim Meet – Iona/Villa/SLC/SPC) @ Iona Pool	Approx. 4.00pm – 5.30/45pm
Friday 16 February	AIC Swim Meet @ St Peters	Approx. 3.15pm – 5.30pm
Thursday 22 February	AIC Swim Meet @ Brisbane Aquatic Centre Chandler	Bus provided to and from Chandler. Times TBA
Friday 1 March	AIC Swim Team BBQ @ Iona College Pool	Approx. 3.15pm – 4pm Team BBQ 4pm – 4.30pm

Tuesday 5 March	AIC Swimming Championships	Bus provided to and from the Championships. Times TBA
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## Swimming BBQ Breakfast

From next Tuesday (30 January), a BBQ breakfast will be available to all those who swim after training. This will be a simple egg / bacon / sausage on a piece of bread – how good is that!

Mr Stariha will send an email tomorrow to all those who indicated they were able to assist with cooking and serving. If you are able to assist on Tuesday mornings to cook or serve, please email Mr Stariha [starihac@iona.qld.edu.au](mailto:starihac@iona.qld.edu.au)

Cooking from 6.30am, serving from the BBQ at 7.45am. Your help would be very much appreciated. Some may leave early depending on work commitments.

## AIC Swimming Training

Normally boys would move from the Junior Squad into the AIC swimming program for the chance to represent the school. Coaches will also encourage the boys who have sufficient ability to join the Mets Squad or the State / National programs (as well as being members of the AIC squad).

## Term 1 AIC Swimming Program

Day	Students in Years 5-12 in 2024
Monday	
Tuesday	AIC Squad: 6.15am–7.45am (Followed by a team breakfast commencing Week 2 (Tuesday 30 January))
Wednesday	
Thursday	AIC Squad: 6.15am – 7.45am
Friday	

## Junior Squad Schedule

This is a level above 'Learn to Swim'. Swimmers must be competent in all four strokes. Swimmers will initially be invited to trial in this squad unless otherwise informed, please contact [iswim@iona.qld.edu.au](mailto:iswim@iona.qld.edu.au) for trial dates.

M	T	W	T	F
3.45pm to 4.45pm	3.45pm to 4.45pm	3.45pm to 4.45pm	3.45pm to 4.45pm	No Fridays until 8 March due to AIC

Mets Squad Schedule

Boys who show sufficient swimming ability will be invited to join our Mets or higher squads.

M	T	W	T	F
3.30pm to 5pm	3.30pm to 5pm	3.30pm to 5pm	3.30pm to 5pm	3.30pm to 5pm

State and National level programs are available, please contact [iswim@iona.qld.edu.au](mailto:iswim@iona.qld.edu.au) for more information.

Please contact [iswim@iona.qld.edu.au](mailto:iswim@iona.qld.edu.au) for any general enquiries.

Swim Camp – Gold Coast 13-15 Jan

It was our pleasure to take 36 eager, and extremely well-behaved boys ranging from Years 7-12 on swim camp this year at the Gold Coast. The camp offered a good balance of hard training plus some fun activities. This was a great opportunity for boys to make new friends and for the College to really invigorate our program and instil some positive culture moving forward.

The boys were joined by eight dedicated Iona staff members, and were able to enjoy activities including go-karting, GC aqua park, Timezone session in Surfers, beach visits, Macca’s runs, late-night movies with pizzas, an all-you-can-eat buffet at Southport Sharks – and more food than they could handle.

If you are wondering if your son will go next year, just ask the boys who went this year. Best camp ever!

I was so pleased with the boys’ behaviour, but also the work ethic when they hit the pool. We had five swim sessions over three days. Not one boy pulled out or did not finish the sessions. Well done, and thank you to all involved.



# VOLLEYBALL

Volleyball Coordinator  
Mrs Karen Otway – [otwayk@iona.qld.edu.au](mailto:otwayk@iona.qld.edu.au)

## Trial Match vs Marist

Congratulations to all the A/B volleyball teams for a great start to the season. Our aggregate teams won 10 out of 12 games in the trial matches against Marist. All teams will have a trial match against St Peters this Saturday.



## Trial Match vs St Peters

All boys playing at Iona MUST attend their team's duty.

- Boys are asked to arrive at their playing venue no later than 30 mins before their game start time or duty time (whichever is first).

### Trial vs St Peters – Saturday 27 January

Team	Venue	Time	Court
1st	St Peters Lutheran. Lambert Rd, Indooroopilly	12pm	1
2nds	St Peters Lutheran. Lambert Rd, Indooroopilly	11am	1
3rds	St Peters Lutheran. Lambert Rd, Indooroopilly	9am	1
4ths	Iona College (vs Iona 10D)	12pm	2
11A	St Peters Lutheran. Lambert Rd, Indooroopilly	10am	1
11B	St Peters Lutheran. Lambert Rd, Indooroopilly	8am	1
10A	St Peters Lutheran. Lambert Rd, Indooroopilly	11am	2
10B	St Peters Lutheran. Lambert Rd, Indooroopilly	10am	2
10C	St Peters Lutheran. Lambert Rd, Indooroopilly	9am	2
10D	Iona College (vs Iona 4th)	11am Duty 12pm Game	2

9A	Iona College	11am Duty 12pm Game	1
9B	Iona College	11am Game 12pm Duty	1
9C	Iona College	11am Game 12pm Duty	2
9D	BYE		
8A	Iona College	Duty 9am Game 10am	1
8B	Iona College	Game 9am Duty 10am	1
8C	Iona College	Duty 7.30am Game 8.15am	1
8D	Iona College	Game 7.30am Duty 8.15am	1
7A	Iona College	Duty 9am Game 10am	2
7B	Iona College	Game 9am Duty 10am	2
7C	Iona College	Duty 7.30am Game 8.15am	2
7D vs SPLC 7C	Iona College	Game 7.30am Duty 8.15am	2

## Volleyball Team Photos

Saturday 2 March – Outside McCarthy 7 Year 10 to Open volleyball teams who are playing at Iona.



Saturday 9 March – Outside McCarthy 7 Year 7-9 volleyball teams playing at Iona.

New volleyball shirts can now be purchased from the Uniform Shop. Any boys buying second-hand shirts or using hand-me-down shirts MUST check the number of the shirt with Mrs Otway [otwayk@iona.qld.edu.au](mailto:otwayk@iona.qld.edu.au) as we are not able to have clashes of shirt numbers in the same year level.

All players will need their shirts before the trial match on Saturday 27 January.

**Please see the below link for:**

- Updated 2024 training times.
- 2024 season game dates and opposition
- 2024 coaches' names

[Volleyball Information Link](#)

### **Junior PVL Trials (U15 and U17)**

JPVL is the highest level of weekly volleyball competition played in southeast Queensland.

Redlands Trial Dates: Thursday 1 Feb and Thursday 8 Feb

Time: 5.30pm – 7pm

Venue: Redlands College

Cost: \$10 to trial

[Register here](#)

Selected teams play in the JPVL competition on Friday nights from April to August.