

SPORT

MOMENTS OF GRACE



15 August 2023

TEAM IONA

Iona hosted all AIC Colleges in Round 4 of the secondary rugby league fixtures over the weekend, whilst St Edmund's College hosted the games for Years 5 & 6. Many thanks to all those in our rugby league community who contributed towards making the round on the weekend trouble-free. I believe the standard of behavior and sportsmanship matched the high standard and quality of games produced on the field.

Both Iona and Padua would be considered among the top league schools in the AIC competition. As a result, Round 4 was always shaping up to be a big weekend. Overall, Iona won 4, lost 5 and drew 1.

lona very much dominated the opposition in both tennis and basketball. Although the results were pleasing, it is good to see the teams progressing well with their skill development and are enjoying themselves.

Last week, Iona entered an Under-10 rugby league team to compete in the Metropolitan East Regional Shield. After a series of games on the day, Iona eventually qualified for the Southeast Queensland finals later in the term. Well done, boys!

In preparation for the Rugby Heritage World Cup in France in a little over two weeks, our touring team competed in an Under-15



Queensland Sevens rugby tournament, hosted by Canterbury College last Friday. Iona won all three pool games, and qualified for the final against Pimpama State Secondary College. Iona eventually won, scoring four tries to three. It was a very good hit out for the boys as they look to put the finishing touches on their game before departing for France on Tuesday 29 August.

The first meet for AIC Track & Field season is scheduled for next Thursday, 24 August. A full schedule of the events is posted below. The College will provide transport to and from the venue as per times listed in the respective Track & Field section. I encourage all students who are keen to represent lona in Track and Field this season to take advantage of all training sessions offered, and to attend the meets on offer.

We do understand that many of our athletes will have other co-curricular commitments including AIC Rugby League, AIC Tennis or AIC Basketball. The Sports Office at Iona College is keen to negotiate an individual training schedule with these students for them to participate and represent the College in Track and Field. This is important to our program as it ensures our best athletes are representing Iona on the day of the Championships.

If a student is unable to attend his allocated training session for any reason, he must contact Mr Sean Devlin or Mr Peter Holmes as a matter of courtesy. Yet again, it is imperative that the College and our parents are working together in partnership to ensure our boys turn up to training.

Due to the shortened week caused by the Ekka, there are no AIC sports fixtures scheduled for this weekend. I hope families can relax and enjoy some time off together this weekend – although we are certainly aware that many boys are involved in club sport where finals are in full swing. In any case, enjoy the weekend off school sport and well done to all for a good term so far!

Craig Stariha
Iona College Head of Sport

IONA UNIFORM SHOP

Opening hours:

- Monday, Wednesday and Friday 8am to 3.30pm
- Tuesday and Thursday Closed

AIC Sports Information (via Twitter): oscillation (includes wet weather updates)

Head of Sport: Mr Craig Stariha – 3893 8851 Sports Administrator: Mrs Karen Otway – 3893 8805 Assistant Head of Sport (7-12): Mr Sean Devlin – 3906 8905 Assistant Head of Sport (5-6): Mr Anthony Bannerman – 3893 8869

IONA SPORT SEASON PLANNER

17-18 Aug: Junior Schools Cup Volleyball Trials

Thurs 24 Aug: AIC Track & Field meet @ SAF

Fri 25 Aug: AIC Rd 5 Years 5 & 6 Basketball vs SPLC Sat 26 Aug: AIC Rd 5 Years 7-12 Basketball vs SPLC

Sat 26 Aug: Basketball team photos (Years 7-9)

Sat 26 Aug: AIC Round 5 Tennis vs SPLC
Sat 26 Aug: Rugby League bye (all teams)
29 Aug-11 Sep: Rugby Heritage Cup (France)
Tues 29 Aug: AFL Q Schools Cup semi final
Wed 30 Aug: AIC Track & Field meet @ SAF

Thurs 31 Aug: AIC Rd 6 Years 5 & 6 Basketball vs Villa
Sat 2 Sep: AIC Rd 6 Years 7-12 Basketball vs Villa
Sat 2 Sep: Basketball team photos (Years 10-12)

Sat 2 Sep: AIC Round 6 Tennis vs Villa Sat 2 Sep: AIC Round 5 League vs Villa

Sat 2 Sep: League Team Photos (Years 5 & 6)

Thurs 7 Sep: Firsts League Team Photo
Thurs 7 Sep: AIC Track & Field meet @ SAF

Fri 8 Sep: AIC Rd 7 Years 5 & 6 Basketball vs SPC Sat 9 Sep: AIC Round 7 Years 7-12 Basketball vs SPC

Sat 9 Sep: AIC Round 7 Tennis vs SPC
Sat 9 Sep: AIC Round 6 League vs SPC
14-17 Sept: CBSQ Basketball (Open team)
Wed 13 Sep: AIC Track & Field meet @ SAF
Thurs 5 Oct: AIC Track & Field Championships
Fri 6 Oct: AIC Track & Field Championships

Sun 15 Oct: Sailing

20-22 Oct: Junior Schools Cup Volleyball

Sat 21 Oct: AIC Invitational Touch
Sun 22 Oct: AIC Invitational Water polo

Sun 22 Oct: Sailing

Sat 28 Oct: Yrs 5-7, 2024 Volleyball/Cricket/AFL trials

Sun 29 Oct: Sailing

Sat 4 Nov: Yrs 5-7, 2024 Volleyball/Cricket/AFL trials

AFIL

Schools Cup Coordinator

Mr Bannerman - bannermana@iona.qld.edu.au

AFL QSchools Cup

AFL Training: @ St. Eugene Park

Monday 21 August: 3.15pm – 4.15pm Monday 28 August: 3.15pm – 4.15pm

Iona will play their semi-final against Helensvale on

Tuesday 29 August at Metricon Stadium.

Game Time 10.15am

ATHLETICS

Years 5-6 Coordinator

Mr Peter Holmes - holmesp@iona.qld.edu.au

Years 7-12 Coordinator

Mr Sean Devlin - devlins@iona.qld.edu.au

Athletics Training

No training this Wednesday due to the public holiday.

Day	Event	Time / Venue
	Long / Triple Jump	3.15 - 4.30pm
М	14 Yrs - Open	Davine Oval
0	High Jump:	3.15 - 4.30pm
N	Years 5 & 6, 12 Yrs, 13 Yrs	Davine Oval
D	Javelin: 12 Yrs - Open	3.15 - 4.30pm
Α		Harron Oval
Υ	Middle Distance:	3.15 - 4.30pm
	Year 5 - Open	Fuller Oval
T		3.15 - 4.30pm
U E	Shot Put: Year 5 - Open	Near cricket nets
S		
D	Sprints: Year 5 - Open	3.15 - 4.30pm
A Y		Fuller Oval
	Hurdles: Year 5 - Open	7am – 8am
W		Davine Oval
E	Middle Distance:	3.15 - 4.30pm
D	Year 5 – Open	Fuller Oval
N	Long / Triple Jump:	3.15 - 4.30pm
Е	Years 5 & 6, 12 Yrs, 13 Yrs	Davine Oval
S	Javelin: 12 Yrs - Open	3.15 - 4.30pm
D		Harron Oval
Α	Shot Put: 12 Yrs - Open	3.15 - 4.30pm
Υ		Near cricket nets
	High Jump: 14 Yrs - Open	3.15 - 4.30pm
		Davine Oval
F	Sprints / Relays:	7am – 8am
R	12 Yrs – Open	Fuller Oval

Important Track and Field Dates:

Thursday 24 Aug: AIC Track & Field meet @ SAF Wednesday 30 Aug: AIC Track & Field meet @ SAF Thursday 7 Sep: AIC Track & Field meet @ SAF Wednesday 13 Sep: AIC Track & Field meet @ SAF

AIC Track & Field Championships

Day 1 – Thursday 5 Oct @ QSAC Day 2 – Friday 6 Oct @ QSAC

Meet Organisation - Thursday 24 August

Venue: QSAC @ Nathan Event time: 3pm - 7.30pm

Bus departs Iona: (from cricket nets)

Years 5/6 @ 1.10pm

Years 7 - Open @ 3.15pm

Bus arrives back: (Iona bus turnaround)

Years 5/6 approx 5.30pm Years 7 - Open approx 8.00pm

Schedule of Field Events (Thursday 24 August)

Time	Event	Age Group		
	Shot Put	Year 5		
3pm	High Jump	Year 6		
	Long Jump	Year 5		
	Long Jump	Year 6		
3.45pm	Shot Put	Year 6		
	High Jump	Year 5		
	High Jump	13 Years		
	Triple Jump	14 & 15 Years		
4.30pm	Long Jump	16 Years & Open		
	Shot Put 1	16 Years & Open		
	Discus	13 Years		
	Javelin	14 & 15 Years		
	High Jump	12 Years		
	Triple Jump	16 Years & Open		
5.20pm	Javelin	13 Years		
	Discus	12 Years		
	Long Jump	15 Years		
	Shot Put 1	15 Years		
	Shot Put 2	14 Years		
	Shot Put 1	12 Years		
	Long Jump	12 & 13 Years		
6.10pm	High Jump 1	14 Years		
	High Jump 2	15 Years		
	Discus	14 & 15 Years		
	Javelin	16 Years & Open		
	Triple Jump	12 & 13 Years		
	Javelin	12 Years		
7pm	Long Jump	14 Years		
	Discus	16 Years & Open		
	High Jump 1	Open		
	High Jump 2	16 Years		
	Shot Put 1	13 Years		

Schedule of Track Events (Thursday 24 August)

Time	Event
3pm	Hurdles Years 5/6
3.20pm	200m Years 5/6
4pm	800m Years 5/6
4.30pm	100m Years 5/6
4.45pm	3000m Open
5pm	Hurdles 12 Years - Open
5.30pm	800m
6pm	100m
6.50pm	400m
7.10pm	1500m

Frequently Asked Questions

Who attends?

All athletes in the training athletics squad.

What events can I compete in?

Only in the events you have attended training for.

What do I wear? Iona black athletics singlet, Iona athletics shorts and Iona black or white sport socks. (Iona sport shorts are ok. NON-IONA SHORTS ARE NOT ALLOWED). You can compete in the Iona training shirt at the trial meets only.

Can parents attend the meets? Yes

Can I go home after my event?

Yes. Your parents can pick you up from SAF (only from the pick-up zone). YOU MUST NOTIFY MR DEVLIN or MR HOLMES.

Can I drive to the trial meet?

Yes, but only if you have permission from Mr Harvey to drive to school. YOU MUST NOTIFY MR DEVLIN.

Can I drive other students?

Yes, but only if you have permission from Mr Harvey. YOU MUST NOTIFY MR DEVLIN.

Do I have to attend the trial meets?

Yes, if you wish to be considered for selection. If there is a clash with other commitments, you must contact Mr Devlin.

When is the team announced for the AIC Champs? After the trial meets.

Any other questions, please feel free to email Mr Devlin: <u>devlins@iona.qld.edu.au</u>.

BASKETBALL

1st Manager

Mr Peter Mondolo - mondolop@iona.qld.edu.au

Yr 10-12 Coordinator

Mr Anthony Bannerman – bannermana@iona.gld.edu.au

Yr 7-9 Coordinator

Mrs Karen Otway - otwayk@iona.gld.edu.au

Yr 5-6 Coordinator

Mr Anthony Bannerman – <u>bannermana@iona.qld.edu.au</u>

<u>Please click here for the basketball season schedule</u> which includes all trials, training and game details.

Progressive Basketball Results

	Rd1 vs SLC	Rd2 vs SEC ATC	Rd3 vs MAR	Rd4 vs PAD	Rd5 vs splc	Rd6 vs Villa	Rd7 vs SPC
1 st	won	lost	won	won 83-53			
2 nd	won	won	won	won 61-25			
3 rd	won	won	won	won 36-33			
4 th	won	won	won	won 34-22			
11A	won	won	won	won 78-34			
11B	draw	won	lost	won 46-20			
11C	won	won	lost	lost 15-30			
10A	lost	won	won	won 64-54			
10B	lost	won	lost	lost 49-58			
10C	lost	won	won	won 39-37			
10D	won	won	won	won 35-22			
9A	lost	lost	lost	won 39-20			
9B	won	won	lost	won 39-14			
9C	lost	won	won	won 35-30			
9D	lost	won	won	won 40-32			
8A	lost	won	won	won 86-22			
8B	lost	lost	lost	won 36-26			
8C	won	won	won	won 57-30			

8D	won	won	won	won 42-15		
7A	won	won	won	won 45-39		
7B	won	won	won	won 32-27		
7C	lost	won	won	won 42-12		
7D	won	won	won	won 51-21		
6A	won	won	lost	won 30-28		
6B	won	won	lost	won 39-17		
6C	won	Bye	draw	won 20-13		
6D	won	Bye	lost	won 28-10		
5A	lost	lost	won	won 47-22		
5B	won	won	lost	won 15-9		
5C	lost	Bye	won	lost 13-19		
5D	won	Bye	lost	won 19-7		





No AIC Basketball games on Saturday 19 August

<u>Action Photos</u>: Send your action photos of the Saturday basketball matches to <u>otwayk@iona.qld.edu.au</u> for inclusion in the sport newsletter or College newsletter sport gallery.

Basketball Team Photos

Photos will be taken on the following dates:



- Years 5-6: During cocurricular day 23 August
- Years 7-9: Saturday 26 August (McCarthy 7)
- 9D basketball: During cocurricular day 23 August
- Years 10-Open: Saturday 2 Sept (McCarthy 7)

A schedule will be published the week of the photos.

Training Adjustments

Please note:

- The 5C basketball team now has a training session on Thursdays 3.15pm - 4.30pm on Daly Courts.
- 10C training will now be Monday 7am 8am in Oblate Hall.
- 10A training on Thursday this week will be in Oblate Hall.

Due to the Ekka Holiday and no AIC game on Saturday 19 August, the following training sessionss in Week 6 (this week) have been cancelled:

Wednesday: 7ABCD, 8ABCD

Thursday: 1st, 6AB, 5ABCD

ESPORTS

Coordinator

Mr Chris Eades - eadesc@iona.qld.edu.au

Esports Internal Competition - Term 3

This term for Esports, students will be competing against each other in an internal competition to determine which two teams will represent Iona at the AIC Esports tournament at Villanova in October. This competition will be run during normal training sessions during the week. It is vital that students attend to ensure they are supporting their team and have the best chance to compete at an inter-school level. Please contact Mr Eades at eadesc@iona.qld.edu.au if you have any questions. Specific details about the AIC Esports competition will be released later in the term.

HIGH PERFORMANCE

Coordinator

Mr Jarrod Biggs - <u>biggsj@iona.qld.edu.au</u>

Iona Strength and Conditioning

The Iona Strength and Conditioning program is overseen by accredited industry experts, and guided by the ASCA Position Stand on Resistance Training for Children and Youth. The sequential programs also closely align to long-term athletic development principles. Any student wishing to attend the Iona gym for the first time must contact Mr Biggs prior to attending a session.

The timetable for Term 3 is shown below:

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:30am - 7:30am	YEAR 11 & 12 HIGH PERFORMANCE	7:00am-8:00am			
7:15am – 8:15am	YEAR 9 & 10 HIGH PERFORMANCE PROGRAM A	YEAR 9 & 10 HIGH PERFORMANCE PROGRAM A	YEAR 9 & 10 HIGH PERFORMANCE PROGRAM B	YEAR 9 & 10 HIGH PERFORMANCE PROGRAM B	INTRODUCTION TO GYM TRAINING
3.15pm – 4.15pm	YEAR 7 & 8 HIGH PERFORMANCE PROGRAM A	YEAR 7 & 8 HIGH PERFORMANCE PROGRAM A	YEAR 7 & 8 HIGH PERFORMANCE PROGRAM B	YEAR 7 & 8 HIGH PERFORMANCE PROGRAM B	CLOSED
4:15pm – 5:45pm		IONA SWIMMING CLUB		IONA SWIMMING CLUB	

Please note:

- There are no sport-specific training sessions.
 Athletes are encouraged to complete two sessions per week from the allocation provided to them.
- Any students wishing to attend for the first time must email Mr Biggs.
- '7-10 HIGH PERFORMANCE' groups are for players that play 'A'-Level or regional representative sport. Students are encouraged to complete one Program A and one Program B session each week.
- 'YEAR 11 & 12 HIGH PERFORMANCE' groups are for players in Iona College Firsts squads, or regional sport representatives. They complete paperbased programs based on their S&C goals.

 'INTRODUCTION TO GYM TRAINING' is for students in Years 7-12 not part of Firsts / High Performance groups. High Performance invitees are not permitted to attend this session unless arranged as a catch-up.

DISTRICT AND REGIONAL SPORT TRIALS

For further information, and to register your interest in any of the trials listed below, please email repsport@iona.qld.edu.au, and include your date of birth, past playing experience and position/s for the sport you are applying for. All school-based representative sport nominations must be endorsed by the lona Sport Department.

SPORT	AGE	DETAILS	NOMINATIONS
	GROUP		CLOSE
Fustal	13-14 years	Composite District	Wed Aug 16
		iriai	
Triathlon	12-19 Yrs	Contact repsport@	iona.qld.edu.au
Aquathlon	10-11Yrs	for more info	rmation

Congratulations to the following students on recent representative sport performances:

- Ryder Smith and his Metropolitan East team for finishing second at the Queensland School Sport 10–12yrs Football Championship.
- Lachie Clarke (pictured) his QLD Maroon team for winning the Football Queensland Under-14 State Championship. Oliver Rojas and his QLD Blue team finished second.



MOUNTAIN BIKING

Coordinator

Mr Daniel Davison - davisond@iona.qld.edu.au

Upcoming Event: Gold Coast Graduation Cup

DATE: Friday 8 September

TIME: All day LOCATION: Nerang

- Go to the Rocky Trail Academy website to register for the event.
- This will be a team-based event, however all students register as individuals, and we will arrange team groupings closer to the date.
- Please register for this event as soon as possible if you intend on competing.

RUGBY 7S

Coordinator

Mr Craig Stariha – <u>starihac@iona.qld.edu.au</u>

As the touring party to France departs in two weeks, the coaches have decided to cancel the remaining Thursday training sessions to avoid overloading the boys before departure.

Next Monday's session will take place in the Provence classroom. Please be aware that all players are required to attend the gathering with Stuartholme this Sunday as per email correspondence.

The results at the Q7 tournament last Friday were promising. The team is certainly looking forward to representing our College and our country on the world stage. The coaches feel the boys are well prepared.

RUGBY LEAGUE

Coordinator

Mr Jarrod Biggs - biggsj@iona.qld.edu.au

<u>Please click here for the rugby league season</u> <u>schedule</u> including all trials, training and game details.

Progressive Results

Team	Rd1	Rd2	Rd3	Rd4 vs	Rd5	Rd6	Rd7
	vs	vs	vs	PAD	vs	vs	vs
	SLC	SEC	MAR		SPLC	Villa	SPC
1 st	lost	won	won	lost 4-28			
2 nd	won	won	lost	lost 10-28			
Yr10	won	won	draw	won 34-16			
Yr 9	won	won	won	won 52-0			
Yr 8	won	won	won	won 16-10			
Yr 7	won	won	won	won 32-0			
6A	lost	won	lost	lost 12-20			
6B	lost	won	Bye	draw 16-16			
5A	lost	Bye	lost	lost 12-24			
5B	won	lost	Bye	lost 8-12			



No AIC Rugby League Games on Sat 19 August

Rugby League Team Photos

League team photos will be taken on the following dates:

Years 5-6: Saturday 2 September

Firsts: Thursday 7 September (before training)

Venue: Primary handball courts.

A schedule will be published the week of the photos.

Action Photos: Send any action photos of the Saturday league matches to otwayk@iona.qld.edu.au for inclusion in the sport newsletter or College newsletter photo gallery.

SAILING

ionacollegesailing@gmail.com

Sailing is open to boys from Term 4 in Year 6 through to the end of Term 1 in Year 12.

We would love to hear from anyone interested in the program.



Contact

ionacollegesailing@gmail.com for more information. For our boys currently in the sailing team, we would ask that you please complete the nomination for this upcoming season, and we look forward to welcoming you back on 13 August, when we will have an information session regarding the upcoming season.

Iona Sailing 2023/2024 Sailing Season Registration

SWIMMING - iSWIM

Head Coach

Mr Zane King – <u>kingz@iona.qld.edu.au</u>

Assistant Coach

Mr Nic Keune - keunen@iona.qld.edu.au

With the AIC swimming season rapidly approaching, any lonian looking to make the team next year is welcome to come and join the squad any afternoon.

Simply meet the coaches one afternoon at the swimming office after school to be assessed and placed in an appropriate squad. The times for these squads will be as follows on Monday to Friday afternoon:

Junior: 3.45pm-4.45pm Metropolitan: 3.30pm-5pm State: 3.30pm-5pm

For more information, email the coaches listed above.

TENNIS

Tennis Coordinator

Mr Paul Cook - cookp@iona.qld.edu.au

Team	Managers	Email
1 ST IV	Paul Cook	cookp@iona.qld.edu.au
2 ND , 3 RD ,4 TH	Cathy Ward	wardc@iona.qld.edu.au
10A &10B	Michael Cook	cookm@iona.qld.edu.au
9A & 9B	Tania Cooper	coopert@iona.qld.edu.au
8A & 8B	Daniel Davison	davisond@iona.qld.edu.au
7A & 7B	Richard Cook	cookr@iona.qld.edu.au
6A & 6B	Kevin Caine	cainek@iona.qld.edu.au
5A & 5B	Gemma Tapson	tapsong@iona.qld.edu.au

<u>Please click here for the tennis season schedule</u> which includes all trials, training and game details.

Well done boys!
Saturday saw our best results in years. It was a comprehensive 13 matches to three against Padua. I can not remember better results for lona in what was a terrific team effort.



Well done to all teams, particularly 10A, who fought for every point and game to win a tight match. They remain undefeated. Our Year 5 teams were impressive again, both remain undefeated.

The 1st IV team bounced back from last week's disappointing loss to win convincingly 8-0. All the boys played with great spirit and humility.

If a team has only three players, then the team will incur the following results: 6–0 (singles match), 4–0 (reverse doubles match) and 4–0 (doubles match) – that means three matches down. To win the day, the team would have to win all remaining matches.

Please if, for any reason, you know you will not be available to play at the weekend, make sure that you contact your manager before Saturday.

Good luck to all against St Peter's College in two weeks. Enjoy this weekend off!

A couple of reminders for the season:

- 1. All contact concerning AIC Tennis should now be directed to your son's team manager.
- 2. All players are to play in the lona tennis uniform with an 'I-Cap' or hat.
- 3. Players are to be dropped off at each venue at least 15 minutes prior to the start of play.

Progressive Tennis Results

Tea	Rd1	Rd2	Rd3	Rd4	Rd	Rd6	Rd7
m	vs	vs	vs	vs	5	VS	vs
	SLC	SEC	MAR	Pad	vs	Villa	SPC
					SPL C		
1 st	lost	won	lost	won			
	3-5	8-0	53-54	8-0			
2 nd	lost	lost	lost	won			
	3-5	2-6	2-6	7–1			
3 rd	lost	lost	lost	lost			
	2-6	2-6	2-6	3-5			
4 th	won	lost	lost	lost			
	6-2	3-5	3-5	2-6			
10A	won	won	won	won			
	5-3	7–1	29-26	36-41			
10B	won	won	won	won			
	5-3	8-0	32-26	8-0			
9A	won	won	won	won			
	5-3	7–1	5-3	6-2			
9B	lost	lost	lost	won			
	2-6	2-6	1–7	5-3			
8A	lost	won	lost	won			
	3-5	8-0	3-5	8-0			
8B	lost	won	lost	won			
	3-5	8-0	0-8	8-0			
7A	won	won	won	lost			
	8-0	8-0	5-3	2-6			
7B	lost	won	lost	won			
	2-6	8-0	2-6	6-2			
6A	won	won	lost	won			
	6-2	5-3	22-	6-2			
		ATC	26				
6B	lost	won	lost	won			
	3-5	5-3	0-8	8-0			
		ATC	ļ				
5A	won	won	won	won			
	7–1	8-0	5-3	8-0			
		ATC	ļ				
5B	won	won	won	won			
	8-0	7–1	6-2	8-0			
		ATC					

Tennis Team Photos

Tennis team photos will be taken during the co-curricular days on 23 and 24 August.



A photo schedule will be published the week of the photos.

No AIC Tennis on Saturday 19 August.

Action Photos: Send any action photos taken of the Saturday tennis matches to otwayk@iona.qld.edu.au for inclusion in the sport newsletter or College newsletter sport photo gallery.



Tennis Training

Tennis training will not be called off if the courts are too wet. If ever there is wet weather, and the courts are not safe to play on, training will still go ahead.

All students are to meet in the undercover Canteen area above the courts where you will be taken to Daly 8 for a theory session on tactics, court play, positioning etc.

TOUCH

Touch Coordinator

Miss Dellit delliti@iona.qld.edu.au

Trials for All Schools Touch will be held on the following dates on Dwyer Oval:

U13s – Tuesday 15 August 3.15pm-4.30pm U15s – Thursday 17 August 3.15pm-4.30pm U18s – Friday 18 August 3.15pm-4.30pm

Training for the selected teams will then be Friday afternoons in Weeks 7-10 on Dwyer Oval from 3.15 – 4.30pm.

Preliminary Games

For those selected in the Under-13 and Under-15 squads, please make note of the following preliminary games to be played this term:

U13: Mon 4 Sep vs Mansfield (at Mansfield, 4pm-4.30pm)

U15: Mon 28 Aug vs Redlands College (at Redlands College, 4pm-4.30pm)

Students will be transported via College Bus to the venue after school, but will be required to be picked up at the conclusion of each game.

VOLLEYBALL

Volleyball Coordinator

Mrs Karen Otway - <u>otwayk@iona.qld.edu.au</u>

Junior Schools Cup Volleyball (Years 7 & 8)

Trials for the lona teams to compete at the Junior Schools Cup volleyball tournament will be held on Thursday 17 August and Friday 18 August from 3.15pm-5pm in Oblate Hall. Not all boys will make it through to the second trial day.

2024, Firsts Trials

Trials for the Iona 2024 Firsts volleyball team will be on the below dates. Boys currently in Years 9, 10 and 11 are welcome to trial. Please email Mrs Otway if you intend to trial: otwayk@iona.gld.edu.au

2024, First Volleyball trial Times

Thurs 7 Sep: 3.15pm – 5pm in Oblate Hall

Tues 12 Sep: 3.15pm – 5.30pm in Provence Centre Thurs 14 Sep: 3.15pm – 5pm in Provence Centre

Trials for all other volleyball teams will be in Term 4. Trial schedule for Term 4 will be released soon.