

MOMENTS OF GRACE

9 August 2023

## TEAM IONA

Last weekend, Iona played Marist College Ashgrove in what was expected to be a tough round of fixtures. At last week's College assembly, the call was given to all boys to 'stand up and be counted' over the weekend. I am incredibly pleased to report that our boys did just that and were able to come away from the weekend with some solid results against solid opposition. Overall, Iona took out the day in basketball and rugby league, with Marist taking the day in tennis.

The First teams are going well: In basketball, we returned to the winner's circle with the inclusion of some key players which allowed us to dominate the opposition from the tip-off. In rugby league, after a close first half on the score board, Iona broke away to win comfortably. Our tennis team played extremely well, and drew 4-all against the opposition in sets.

In this situation, the match is then decided on games won, and unfortunately for Iona, Marist won 54–53 on games – taking the overall win in what was a close encounter. Every player should feel proud of their efforts over the weekend. Playing in the 'black and white' is always an honor, but to play in a First team which represents Iona's best, is special.

Our tennis program, led by Mr Paul Cook and Mr Ian Malpass, has shown considerable improvement over the years. This year the improvement is continuing, with Iona producing its best results against tough competition so far this season. With the assistance of our managers, our teams are well-organised. It is encouraging to see the Iona boys wearing the correct uniform, competing well, enjoying the weekly competitions, and getting some particularly good results along the way.

Our aim in basketball this year is to contend for the AIC basketball aggregate. In order to win any AIC aggregate, we need all teams and all players to be at their best each week. The results have been very encouraging so far. As we reach the halfway point of the season, I ask all players and coaches to keep pushing to better themselves and each other. Again, I must mention that I have continued to be impressed with the fighting spirit and sportsmanship shown by our basketballers each week. Well done!

This week, all AIC schools have received negative news from those who officiate at the AIC rugby league games. There are significant concerns surrounding the inappropriate behavior of players, coaches, trainers, parents, and spectators directed towards the match officials. Both Iona College and the AIC sporting association share the same high values when it comes to schoolboy sport. There is an AIC code of conduct emphasising participation and enjoyment as key aspects of our association, which in turn, should be delivered in a safe and respectful environment. It seems we need to right a wrong.

May I politely ask all those associated with rugby league to be mindful of their behavior, whether that be as a spectator, member of the coaching staff or player. It is imperative that we have the support of all parents (together with the coaching staff) to ensure the correct messages and role modelling is given. The boys need to know that high standards are expected, as he not only represents himself, he represents his family and his school when playing or spectating.

Please be assured this message is being directed to all AIC schools, not lona alone, but we should take responsibility to do our part to rectify the situation. We should always remember that what we do on the weekend (or at any time) should align with our Catholic Oblate values.

This weekend, Iona will host all Year 7–12 rugby league games. I wish all students the absolute best as we play Padua College across the board. Please remember to act in an appropriate manner which reflects what type of people we wish to be at our great school. Please enjoy!

Craig Stariha Iona College Head of Sport

 AIC Sports Information (via Twitter): @SportIona (includes wet weather updates)

 Head of Sport: Mr Craig Stariha – 3893 8851
 Assistant Head of Sport (7-12): Mr Sean Devlin – 3906 8905

 Sports Administrator: Mrs Karen Otway – 3893 8805
 Assistant Head of Sport (5-6): Mr Anthony Bannerman – 3893 8869

## **IONA UNIFORM SHOP**

Opening hours:

- Monday, Wednesday and Friday 8am to 3.30pm
- Tuesday and Thursday Closed

The Merchandise Cabin on Davine Oval will be open this Saturday:

• Sept 12 – 9am to 12pm

Please note that opening hours are subject to change.

## **IONA SPORT SEASON PLANNER**

Fri 11 Aug:	Logan Rugby 7s Tournament
Fri 11 Aug:	AIC Rd 4 Years 5 & 6 Basketball vs Pad
Sat 12 Aug:	AIC Round 4 Years 7-12 Basketball vs Pad
Sat 12 Aug:	AIC Round 4 Tennis & League vs Pad
Sat 12 Aug:	League team photos (Yr 7 – 2nds)
17-18 Aug:	Junior Schools Cup Volleyball Trials
Thurs 24 Aug:	AIC Track & Field meet @ SAF
Fri 25 Aug:	AIC Rd 5 Years 5 & 6 Basketball vs SPLC
Sat 26 Aug:	AIC Rd 5 Years 7-12 Basketball vs SPLC
Sat 26 Aug:	Basketball team photos (Years 7-9)
Sat 26 Aug:	AIC Round 5 Tennis vs SPLC
Sat 26 Aug:	Rugby League bye (all teams)
29 Aug-11 Sep:	Rugby Heritage Cup (France)
Tues 29 Aug:	AFL Q Schools Cup semi final
Wed 30 Aug:	AIC Track & Field meet @ SAF
Thurs 31 Aug:	AIC Rd 6 Years 5 & 6 Basketball vs Villa
Sat 2 Sep:	AIC Rd 6 Years 7-12 Basketball vs Villa
Sat 2 Sep:	Basketball team photos (Years 10-12)
Sat 2 Sep:	AIC Round 6 Tennis vs Villa
Sat 2 Sep:	AIC Round 5 League vs Villa
Sat 2 Sep:	League Team Photos (Years 5 & 6)
Thurs 7 Sep:	Firsts League Team Photo
Thurs 7 Sep:	AIC Track & Field meet @ SAF
Fri 8 Sep:	AIC Rd 7 Years 5 & 6 Basketball vs SPC
Sat 9 Sep:	AIC Round 7 Years 7-12 Basketball vs SPC
Sat 9 Sep:	AIC Round 7 Tennis vs SPC
Sat 9 Sep:	AIC Round 6 League vs SPC
Wed 13 Sep:	AIC Track & Field meet @ SAF
Thurs 5 Oct:	AIC Track & Field Championships
Fri 6 Oct:	AIC Track & Field Championships

## AFL

Schools Cup Coordinator Mr Bannerman – <u>bannermana@iona.qld.edu.au</u>

### AFL QSchools Cup

Congratulations to Iona's Year 8/9 Boys who are headed to the semi-finals after defeating Brisbane South State Secondary College 7.2 (45) to 6.7 (43) last week. AFL Training: @ St. Eugene Park

Monday 14 August:	3.15pm – 4.15pm
Monday 21 August:	3.15pm – 4.15pm
Monday 28 August:	3.15pm – 4.15pm

lona will play their semi-final against Helensvale on Tuesday 29 August at Metricon Stadium. (Time TBC)



## ATHLETICS

Years 5-6 Coordinator Mr Peter Holmes – <u>holmesp@iona.qld.edu.au</u>

Years 7-12 Coordinator Mr Sean Devlin – <u>devlins@iona.qld.edu.au</u>

### **Athletics Training**

Please note that there will be no training next Wednesday due to the public holiday.

Day	Event	Time / Venue
	Long / Triple Jump	3.15 - 4.30pm
М	14 Yrs - Open	Davine Oval
0	High Jump:	3.15 - 4.30pm
Ν	Years 5 & 6, 12 Yrs, 13 Yrs	Davine Oval
D	Javelin: 12 Yrs - Open	3.15 - 4.30pm
А		Harron Oval
Y	Middle Distance:	3.15 - 4.30pm
	Year 5 - Open	Fuller Oval
Т		3.15 - 4.30pm
U	Shot Put: Year 5 - Open	Near cricket nets
E S D A Y	Sprints: Year 5 - Open	3.15 - 4.30pm Fuller Oval
W	Hurdles: Year 5 - Open	7am – 8am Davine Oval
Е	Middle Distance:	3.15 - 4.30pm
D	Year 5 – Open	Fuller Oval
Ν	Long / Triple Jump:	3.15 - 4.30pm
Е	Years 5 & 6, 12 Yrs, 13 Yrs	Davine Oval
S	Javelin: 12 Yrs - Open	3.15 - 4.30pm
D		Harron Oval
А	Shot Put: 12 Yrs - Open	3.15 – 4.30pm
Y		Near cricket nets
	High Jump: 14 Yrs - Open	3.15 - 4.30pm
		Davine Oval
F	Sprints / Relays:	7am – 8am
R I	12 Yrs – Open	Fuller Oval

#### Important Track and Field Dates:

Thursday 24 Aug:	AIC Track & Field meet @ SAF
Wednesday 30 Aug:	AIC Track & Field meet @ SAF
Thursday 7 Sep:	AIC Track & Field meet @ SAF
Wednesday 13 Sep:	AIC Track & Field meet @ SAF

### AIC Track & Field Championships

Day 1 – Thursday 5 Oct @ QSAC Day 2 – Friday 6 Oct @ QSAC

## BASKETBALL

#### 1st Manager

Mr Peter Mondolo - mondolop@iona.qld.edu.au

#### Yr 10-12 Coordinator

Mr Anthony Bannerman - <u>bannermana@iona.qld.edu.au</u>

#### Yr 7-9 Coordinator

Mrs Karen Otway - <u>otwayk@iona.qld.edu.au</u>

#### Yr 5-6 Coordinator

Mr Anthony Bannerman – <u>bannermana@iona.qld.edu.au</u>

### Please click here for the basketball season schedule

which includes all trials, training and game details.

### Progressive Basketball Results

		Rd2					
	Rd1	VS		Rd4	Rd5	Rd6	Rd7
	VS	SEC	Rd3 vs MAR	vs	VS	vs	VS
	SLC	ATC		PAD	SPLC	Villa	SPC
1 <sup>st</sup>	won	lost	won 81-57				
2 <sup>nd</sup>	won	won	won 55-38				
3 <sup>rd</sup>	won	won	won 48-45				
4 <sup>th</sup>	won	won	won 39-14				
11A	won	won	won 53-38				
11B	draw	won	lost 40-28				
11C	won	won	lost 19-33				
10A	lost	won	won 50-37				
10B	lost	won	lost 29-31				
10C	lost	won	won 39-37				
10D	won	won	won 69-6				
9A	lost	lost	lost 23-55				
9B	won	won	lost 32-34				
9C	lost	won	won 48-38				
9D	lost	won	won 21-20				
8A	lost	won	won 39-31				
8B	lost	lost	lost 32-41				
8C	won	won	won 37-35				
8D	won	won	won 43-26				
7A	won	won	won 62-22				
7B	won	won	won 54-6				
7C	lost	won	won 35-21				
7D	won	won	won 40-24				
6A	won	won	lost 30-38				
6B	won	won	lost 11-55				
6C	won	Bye	draw 24-24				
6D	won	Bye	lost 11-29				
5A	lost	lost	won 42-30				
5B	won	won	lost 13-18				
5C	lost	Bye	won 20-10				
5D	won	Bye	lost 9-31				



# Round 4 Schedule – Friday 11 August vs Padua

Years 5 and 6 – Friday II August				
Team	Venue	Court	Time	
5A	Iona College	Provence 1	4.50pm	
5B	Iona College	Provence 1	4pm	
5C	Iona College	Provence 2	4.50pm	
5D	Iona College	Provence 2	4pm	
6A	Padua College	LaCordelle	4.50pm	
	80 Turner Rd, Kedron			
6B	Padua College	LaCordelle	4pm	
	80 Turner Rd, Kedron			
6C	Mt Alvernia College	San Damiano	4.50pm	
	Somerset Rd, Kedron			
6D	Mt Alvernia College	San Damiano	4pm	
	Somerset Rd, Kedron			

Boys in the Year 6 teams will meet at the Primary handball courts at <u>3pm</u>. Boys will travel to Padua via bus. Boys will return to the Iona bus turnaround at approx 6.15pm. Boys must be collected promptly. Parents are welcome to watch the games and take their son home at the conclusion of their game.

If you are taking your son home after the game, please let a staff member know.

<u>Action Photos</u>: Send your action photos of the Saturday basketball matches to <u>otwayk@iona.qld.edu.au</u> for inclusion in



the sport newsletter or College newsletter sport gallery.

### Round 4 Schedule – Saturday 12 August

	Years 7 to 12 – Saturday 12 August			
Team	Venue	Court	Time	
1 <sup>st</sup>	Padua College 80 Turner Rd, Kedron	LaCordelle	12.15pm	
2 <sup>nd</sup>	Padua College 80 Turner Rd, Kedron	LaCordelle	11am	
3 <sup>rd</sup>	Mt Alvernia College Somerset Rd, Kedron	San Damiano	11am	
4 <sup>th</sup>	Padua College 80 Turner Rd, Kedron	Greccio Padua Primary	9am	

Years 7 to 12 – Saturday 12 August			
Team	Venue	Court	Time
11A	Padua College 80 Turner Rd, Kedron	LaCordelle	10am
11B	Mt Alvernia College Somerset Rd, Kedron	San Damiano	9am
11C	Mt Alvernia College Somerset Rd, Kedron	San Damiano	8am
10A	Padua College 80 Turner Rd, Kedron	LaCordelle	9am
10B	Padua College 80 Turner Rd, Kedron	LaCordelle	8am
10C	Mt Alvernia College Somerset Rd, Kedron	San Damiano	10am
10D	Padua College 80 Turner Rd, Kedron	Greccio Padua Primary	8am
9A	Iona College	Provence 1	12pm
9B	Iona College	Provence 1	11am
9C	Iona College	Provence 2	11am
9D	Iona College	Provence 2	12pm
8A	Iona College	Provence 1	10am
8B	Iona College	Provence 1	9am
8C	Iona College	Provence 2	10am
8D	Iona College	Oblate Hall	10am
7A	Iona College	Provence 1	8am
7B	Iona College	Provence 2	9am
7C	Iona College	Provence 2	8am
7D	Iona College	Oblate Hall	9am

### **Basketball Team Photos**

Photos will be taken on the following dates:

- **S**
- Years 5-6: During cocurricular days
   23 and 24 August
  - Years 7-9: Saturday 26 August (McCarthy 7)
  - 9D basketball: During cocurricular days 23 August
  - Years 10-Open: Saturday 2 Sept (McCarthy 7)

A schedule will be published the week of the photos.

### Training Adjustments

Please note:

- The 5C basketball team now has a training session on Thursdays 3.15pm – 4.30pm on Daly Courts.
- 10C training will now be Monday 7am 8am in Oblate Hall.

- 10A training on Thursday next week will be in Oblate Hall.
- No 2<sup>nd</sup>/3<sup>rd</sup>/4<sup>th</sup> training on Tuesday 15 August.

Due to the Ekka Holiday and no AIC game on Saturday 19 August, the following training sessionss in Week 6 (next week) have been cancelled:

Wednesday: 7ABCD, 8ABCD Thursday: 1<sup>st</sup>, 6AB, 5ABCD

Due to the unavailability of the Provence Centre on the afternoon of Monday 14 August, the following training sessions have been moved:

- 10C in Provence Centre (7am-8am)
- 11AB in Oblate Hall (3.15pm 4.30pm)
- 11C and 10D outside Oblate Hall (3.15pm 4.30pm)
- 10A, 6C/6D training has been cancelled for Monday.

## ESPORTS

Coordinator Mr Chris Eades – <u>eadesc@iona.qld.edu.au</u>

### **Esports Internal Competition – Term 3**

This term for Esports, students will be competing against each other in an internal competition to determine which two teams will represent Iona at the AIC Esports tournament at Villanova in October. This competition will be run during normal training sessions during the week. It is vital that students attend to ensure they are supporting their team and have the best chance to compete at an inter-school level. Please contact <u>eadesc@iona.qld.edu.au</u> if you have any questions. Specific details about the AIC Esports competition will be released later in the term.

## HIGH PERFORMANCE

Coordinator

Mr Jarrod Biggs – <u>biggsj@iona.qld.edu.au</u>

### Iona Strength and Conditioning

The lona Strength and Conditioning program is overseen by accredited industry experts, and guided by the ASCA Position Stand on Resistance Training for Children and Youth. The sequential programs also closely align to long-term athletic development principles. Any student wishing to attend the lona gym for the first time must contact Mr Biggs prior to attending a session.

Please note:

- There are no sport-specific training sessions. Athletes are encouraged to complete two sessions per week from the allocation provided to them.
- Any students wishing to attend for the first time must email Mr Biggs.

- '7-10 HIGH PERFORMANCE' groups are for players that play 'A'-Level or regional representative sport. Students are encouraged to complete one Program A and one Program B session each week.
- 'YEAR 11 & 12 HIGH PERFORMANCE' groups are for players in Iona College Firsts squads, or regional sport representatives. They complete paperbased programs based on their S&C goals.
- 'INTRODUCTION TO GYM TRAINING' is for students in Years 7-12 not part of Firsts / High Performance groups. High Performance invitees are not permitted to attend this session unless arranged as a catch-up.

#### The timetable for Term 3 is shown below:

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:30am – 7:30am	YEAR 11 & 12 HIGH PERFORMANCE	7:00am-8:00am			
7:15am – 8:15am	YEAR 9 & 10 HIGH PERFORMANCE PROGRAM A	YEAR 9 & 10 HIGH PERFORMANCE PROGRAM A	YEAR 9 & 10 HIGH PERFORMANCE PROGRAM B	YEAR 9 & 10 HIGH PERFORMANCE PROGRAM B	INTRODUCTION TO GYM TRAINING
3.15pm - 4.15pm	YEAR 7 & 8 HIGH PERFORMANCE PROGRAM A	YEAR 7 & 8 HIGH PERFORMANCE PROGRAM A	YEAR 7 & 8 HIGH PERFORMANCE PROGRAM B	YEAR 7 & 8 HIGH PERFORMANCE PROGRAM B	CLOSED
4:15pm – 5:45pm		IONA SWIMMING CLUB		IONA SWIMMING CLUB	

#### DISTRICT AND REGIONAL SPORT TRIALS

For further information, and to register your interest in any of the trials listed below, please email <u>repsport@iona.qld.edu.au</u>, and include your date of birth, past playing experience and position/s for the sport you are applying for. All school-based representative sport nominations must be endorsed by the lona Sport Department.

SPORT	AGE	DETAILS	NOMINATIONS
	GROUP		CLOSE
Fustal	13-14 years	Composite District	Wed Aug 16
		Trial	
Triathlon	12-19 Yrs	Contact <u>repsport@</u>	iona.qld.edu.au
Aquathlon	10-11Yrs	for more info	ormation

Congratulations to the following students on recent representative sport selections:

• Jack Bannister has been selected to represent Australia at the Pan-American/Oceania Judo Champions in Calgary, Canada Best wishes for your upcoming competitions.

Congratulations to the following students on recent representative sport performances:

• Jack Bannister won bronze medals in both the Hong Kong and Macau Cadet Asian Cup Judo events.

#### Congratulations!

## MOUNTAIN BIKING

Coordinator Mr Daniel Davison – <u>davisond@iona.qld.edu.au</u>

**Please note:** The event at Castle Hill on 11 August has been CANCELLED due to a clash with OMAD day.

#### Final Training

DATE: Sunday 13 August TIME: 12.30pm – 2.30pm LOCATION: Nerang (8 Hope St)

**UNIFORM: Strictly** lona training or MTB wear. This means training shirt, Yura shirt, or MTB long/short sleeve.

Parents, please check emails and log into Compass to ACCEPT or DECLINE attendance at this session. If you did not receive the email or can not find the event link, please contact Mr Davison.

#### Upcoming Event: Gold Coast Graduation Cup

DATE:	Friday 8 September
TIME:	All day
LOCATION:	Nerang

- Go to the Rocky Trail Academy website to register for the event.
- This will be a team-based event, however all students register as individuals, and we will arrange team groupings closer to the date.
- Please register for this event as soon as possible if you intend on competing.

## **RUGBY 7S**

Coordinator

Mr Craig Stariha – <u>starihac@iona.qld.edu.au</u>

#### Training

Mondays	3.15-4.30pm	McCarthy Oval
Thursdays	3.15-4.30pm	Harron Oval

#### Important Date - Friday 11 August

Logan Rugby 7s Tournament: All players are asked to meet in front of the College Chapel at 8.30am where Mr Stariha will drive the team out to the venue on the College bus. An updated draw was sent to all families last week. Parents are welcome to collect their son from the venue as per email. Last game is at 2.20pm. Presentations are scheduled for 3pm.

## **RUGBY LEAGUE**

Coordinator Mr Jarrod Biggs – <u>biggsj@iona.qld.edu.au</u>

#### Please click here for the rugby league season

<u>schedule</u> which includes all trials, training and game details.

#### **Progressive Results**

Team	Rd1	Rd2	Rd3 vs	Rd4	Rd5	Rd6	Rd7
	VS	VS	MAR	VS	VS	VS	VS
	SLC	SEC		PAD	SPLC	Villa	SPC
1 <sup>st</sup>	lost	won	won 22-8				
2 <sup>nd</sup>	won	won	lost 14-32				
Yr10	won	won	draw 24-				
			24				
Yr 9	won	won	won 18-14				
Yr 8	won	won	won 26-6				
Yr 7	won	won	won 22-6				
6A	lost	won	lost 8-12				
6B	lost	won	Вуе				
5A	lost	Bye	lost 16-20				
5B	won	lost	Вуе				

### Round 4 vs Padua – Saturday 12 August

Saturday 12 August		
Venue: St Edmund's Fields Church St, Tivoli Ipswich		
Time	Field 3	
8am	5B	
8.50am	5A	
9.40am	6B	
10.30am	6A	

Saturday 12 August			
Venue: Ion	Venue: Iona College		
Time	Davine Oval		
8am	7A		
9am	8A		
10am	9A		
llam	10A		
12pm	2 <sup>nd</sup> XIII		
1.15pm	1 st XIII		

#### **Rugby League Team Photos**

League team photos will be taken on the following dates: Years 7-Open: Saturday 12 August

Years 5-6: Saturday 2 September Firsts: Thursday 7 September (before training)

Venue: Primary handball courts.

A schedule will be published the week of the photos.

### Photo Schedule for Saturday 12 August

Boys are to arrive at the photo venue (Primary handball courts) at the arrival time below, or risk missing their photo.

Team	Arrival time	Photo Time	Game Time
7A	7.20am	7.30am	8am
8A	8.20am	8.30am	9am
9A	9.20am	9.30am	10am
10A	10.20am	10.30am	11am
2nds	11.10am	11.20am	12pm
1sts	11.20am	11.30am	1.15pm

### Firsts Jersey Presentation (home game)

Parents of Firsts players are invited to a jersey presentation this Saturday. Time: 10.50am Venue: Green Room

<u>Action Photos</u>: Send any action photos of the Saturday league matches to <u>otwayk@iona.qld.edu.au</u> for inclusion in



the sport newsletter or College newsletter photo gallery.

#### **Training Adjustment:**

Please note that all rugby league training is cancelled for Week 6.

## SAILING

#### ionacollegesailing@gmail.com

On Sunday 13 August, our sailing team will be hosting a come-and-try day for boys interested in joining the team. Sailing is open to boys from Term 4 in Year 6 through to the end of Term 1 in Year 12. We would love to hear



from anyone interested in the program.

Contact <u>ionacollegesailing@gmail.com</u> for more information and to register for the come-and-try day. For our boys currently in the sailing team, we would ask that you please complete the nomination for this upcoming season, and we look forward to welcoming you back on 13 August, when we will have an information session regarding the upcoming season.

### Iona Sailing 2023/2024 Sailing Season Registration

## SWIMMING - iSWIM

Head Coach Mr Zane King – <u>kingz@iona.qld.edu.au</u> Assistant Coach Mr Nic Keune – <u>keunen@iona.qld.edu.au</u>

With the AIC swimming season rapidly approaching, any lonian looking to make the team next year is welcome to come and join the squad any afternoon.

Simply meet the coaches one afternoon at the swimming office after school to be assessed and placed in an appropriate squad. The times for these squads will be as follows on Monday to Friday afternoon:

Junior:3.45pm-4.45pmMetropolitan:3.30pm-5pmState:3.30pm-5pm

For more information, email the coaches listed above.

## TENNIS

### Tennis Coordinator

Mr Paul Cook - <u>cookp@iona.qld.edu.au</u>

Team	Managers	Email
1 <sup>s⊤</sup> IV	Paul Cook	<u>cookp@iona.qld.edu.au</u>
$2^{ND}, 3^{RD}, 4^{TH}$	Cathy Ward	<u>wardc@iona.qld.edu.au</u>
10A &10B	Michael Cook	<u>cookm@iona.qld.edu.au</u>
9A & 9B	Tania Cooper	coopert@iona.qld.edu.au
8A & 8B	Daniel Davison	davisond@iona.qld.edu.au
7A & 7B	Richard Cook	<u>cookr@iona.qld.edu.au</u>
6A & 6B	Kevin Caine	<u>cainek@iona.qld.edu.au</u>
5A & 5B	Gemma Tapson	tapsong@iona.qld.edu.au

<u>Please click here for the tennis season schedule</u> which includes all trials, training and game details.

Congratulations to all teams on your performances against Ashgrove. The results are our best against Ashgrove for many years. We won four 'A' matches to two. The 6As lost in a countback by four games,



and the First IV went down by a single game.

Well done to our 5A, 5B, 7A, 9A, 1OA and 1OB teams, who won their matches. All of these teams remain undefeated, so keep working hard whenever you wear black and white!

As mentioned, the First IV team lost a close match (by one game). It is a reminder to all teams to fight for every point and every game. The Year 10 boys showed great lona spirit with their close victories and never say die attitudes. Well done, boys.

Tennis is not only about playing well physically, it is very much a mental game. At no point should an lona player use poor language or poor behaviour during a match, or while waiting to play a match. This type of behaviour will not help you play better, and will ruin our reputation as fair, hard-working/playing lonians. Remember, tennis is always about your next shot, your next point, and your next game.



A couple of reminders for the season:

- 1. All contact concerning AIC Tennis should now be directed to your son's team manager.
- 2. All players are to play in the lona tennis uniform with an 'I-Cap' or hat.
- 3. Players are to be dropped off at each venue **at least 15 minutes** prior to the start of play.

#### **Progressive Tennis Results**

Frogr	essive	rennis	Results				
Теа	Rd1	Rd2	Rd3 vs	Rd	Rd	Rd6	Rd7
m	vs	vs	MAR	4	5	vs	vs
	SLC	SEC		vs	vs	Villa	SPC
				Pad	SPL		
					С		
1 <sup>st</sup>	lost	won	lost				
	3-5	8-0	53-54				
2 <sup>nd</sup>	lost	lost	lost				
	3-5	2-6	2-6				
3 <sup>rd</sup>	lost	lost	lost				
	2-6	2-6	2-6				
4 <sup>th</sup>	won	lost	lost				
	6-2	3-5	3-5				
10A	won	won	won				
	5-3	7–1	29-26				
10B	won	won	won				
	5-3	8-0	32-26				
9A	won	won	won				
	5-3	7–1	5-3				
9B	lost	lost	lost				
	2-6	2-6	1–7				
8A	lost	won	lost				
	3-5	8-0	3-5				
8B	lost	won	lost				
	3-5	8-0	0-8				
7A	won	won	won				
	8-0	8-0	5-3				
7B	lost	won	lost				
	2-6	8-0	2-6				
6A	won	won	lost				
	6-2	5-3	22-26				
		ATC					
6B	lost	won	lost				
	3-5	5-3	0-8				
		ATC					
5A	won	won	won				
	7–1	8-0	5-3				
		ATC					
5B	won	won	won				
	8-0	7–1	6-2				
		ATC					
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#### **Tennis Team Photos**

Tennis team photos will be taken during the co-curricular days on 23 and 24 August.



A photo schedule will be published the week of the photos.

Good luck next week against Padua.

#### Round 4 vs Padua Saturday 12 August

Team	Venue	Time
5A/B	Wynnum Tennis Centre Colina St, Wynnum	7.45am-10am
6A/B	Wynnum Tennis Centre Colina St, Wynnum	10.15am-12.30pm
7A/B	Iona College Tennis Centre	7.45am-10am
8A/B	Iona College Tennis Centre	10.15am-12.30pm
9A/B	Roy Emerson Tennis Centre 315 Milton Rd, Milton	10.15am-12.30pm
10A/B	Shaw Park Tennis Centre 128 Shaw Rd, Wooloowin	10.15am-12.30pm
1 <sup>st</sup> IV	Shaw Park Tennis Centre 128 Shaw Rd, Wooloowin	7.45am – 12.30pm
2nd	Shaw Park Tennis Centre 128 Shaw Rd, Wooloowin	7.45am-10am
3rd	Shaw Park Tennis Centre 128 Shaw Rd, Wooloowin	7.45am-10am
4th	Roy Emerson Tennis Centre 315 Milton Rd, Milton	7.45am-10am

<u>Action Photos</u>: Send any action photos taken of the Saturday tennis matches to <u>otwayk@iona.qld.edu.au</u> for inclusion in the sport newsletter or College newsletter sport photo gallery.



#### **Tennis Training**

Tennis training will not be called off if the courts are too wet. If ever there is wet weather, and the courts are not safe to play on, training will still go ahead.

All students are to meet in the undercover Canteen area above the courts where you will be taken to Daly 8 for a theory session on tactics, court play, positioning etc.

## TOUCH

Touch Coordinator Miss Dellit <u>delliti@iona.qld.edu.au</u>

Trials for All Schools Touch will be held on the following dates on Dwyer Oval:

U13s – Tuesday 15 August	3:15pm-4:30pm
U15s – Thursday 17 August	3:15pm-4:30pm
U18s – Friday 18 August	3:15pm-4:30pm

Please use the below link to sign up for the trials.

#### All Schools Touch Sign-On

Training for the selected teams will then be Friday afternoons in Weeks 7–10 on Dwyer Oval from 3.15 – 4.30pm.

#### **Preliminary Games**

For those selected in the U13 and U15 squads, please make note of the following preliminary games to be played this term:

U13s: Mon 4 Sep vs Mansfield (at Mansfield, 4-4:30pm)

U15s: Mon 28 Aug vs Redlands College (at Redlands College, 4-4:30pm)

Students will be transported via College Bus to the venue after school, but will be required to be picked up at the conclusion of each game.

## VOLLEYBALL

Volleyball Coordinator Mrs Karen Otway – <u>otwayk@iona.qld.edu.au</u>

#### Junior Schools Cup Volleyball (Years 7 & 8)

Trials for the lona teams to compete at the Junior Schools Cup volleyball tournament will be held on Thursday 17 August and Friday 18 August from 3.15pm-5pm in Oblate Hall. Not all boys will make it through to the second trial day.

#### 2024, Firsts Trials

Trials for the Iona 2024, First volleyball team will be on the below dates. Boys currently in Years 9, 10 and 11 are welcome to trial. Please email Mrs Otway if you intend to trial: <u>otwayk@iona.qld.edu.au</u>

#### 2024, First Volleyball trial Times

Thurs 7 Sep:	3.15pm – 5pm in Oblate Hall
Tues 12 Sep:	3.15pm – 5.30pm in Provence Centre
Thurs 14 Sep:	3.15pm – 5pm in Provence Centre

Trials for all other volleyball teams will be in Term 4. Trial schedule for Term 4 will be released soon.