

IONA



SPORT

MOMENTS OF GRACE 

26 July 2023

TEAM IONA

Last Friday, our Year 5 & 6 students commenced Round 1 of the AIC Basketball season against St Laurence's College. Our boys did very well overall, and certainly looked to be enjoying the time spent with their friends.

The results on Saturday for the remaining Year 7-12 basketball and the Year 5-12 tennis matches were closely contested, with both colleges sharing the results in tennis and Iona narrowly winning the day overall in basketball. These are very positive results given the quality of the opposition and their standings in AIC tennis and basketball competition over recent years.

Iona proved to be too strong in the rugby league, although credit must be given to the opposition who took some unexpected games from Iona last weekend. A timely reminder to our players that they must turn up each week and be ready to play. If our heads are not in the game, we will be found out.

All Year 5-12 AIC Rugby League was hosted at one location last weekend. From this weekend onwards, the Year 5 & 6 games and Year 7 to Opens games will be played at different locations. Please keep this in mind if you have sons playing across two different groups.

Overall, I was really pleased with how our teams played over the weekend. In almost all games we were in the fight, and probably had the opportunity to win a couple more games than we did.

It would not be uncommon for teams to change slightly after last weekend in readiness for Round 2 against St Edmund's. In fact, we encourage our coaches to constantly monitor players from all teams and change teams weekly based on player performance, attendance, and attitude at training and on game day. Rewarding players for consistent effort is an important part of our sports program.

The AIC Track and Field training program has begun. The first AIC meet for the season will commence the week after Ekka week. The College is committed to ensure that we offer a high quality training program for those students who are interested in joining the Track & Field program from Years 5-12. Please find below further details regarding the up-coming Track and Field pre-season program.

I would like to again, strongly remind students about following through when a commitment is given. Iona is a place where many opportunities are on offer across many different areas. The College is very mindful not to overburden students. I have mentioned on more than one occasion recently that the Sports Office is committed and has the flexibility to negotiate training schedules where a student has made other co-curricular commitments.

The College endeavours to provide the best possible coaching across the sports program. In fact, we have many very well qualified coaches in place so that our students and the program continue to improve. It would be disappointing to source quality coaches and not have students attend the sessions without apology. Please urge your son to follow through with the commitment given or have him come to the Sports Office to talk through any issues. We are here to help.

This weekend Iona will face St Edmund's College. As always, we would expect our boys to give 100% on the court/playing field. A reminder too that we must conduct ourselves in the correct manner whether it be during the game or as a spectator.

I wish everybody involved with basketball, rugby league and tennis all the best this weekend. Please enjoy!

Craig Stariha
Iona College Head of Sport

AIC Sports Information (via Twitter): [@SportIona](#) (includes wet weather updates)

Head of Sport: Mr Craig Stariha – 3893 8851

Sports Administrator: Mrs Karen Orway – 3893 8805

Assistant Head of Sport (7-12): Mr Sean Devlin – 3906 8905

Assistant Head of Sport (5-6): Mr Anthony Bannerman – 3893 8869

IONA UNIFORM SHOP

Opening hours:

- Monday, Wednesday and Friday 8am to 3.30pm
- Tuesday and Thursday – Closed

The Merchandise Cabin on Davine Oval will be open on the following Saturdays:

- Sept 12 – 9am to 12pm

Please note that opening hours are subject to change.

IONA SPORT SEASON PLANNER

Fri 28 July:	AIC Rd 2 Years 5 & 6 Basketball vs SEC
Sat 29 July:	AIC Round 2 Years 7-12 Basketball vs SEC
Sat 29 July:	AIC Round 2 Tennis & League vs SEC
Mon 31 July:	AIC Golf Championships (Keperra)
Thurs 3 Aug:	AFL Schools Cup
Fri 4 Aug:	AIC Rd 3 Years 5 & 6 Basketball vs Mar
Sat 5 Aug:	AIC Round 3 Years 7-12 Basketball vs Mar
Sat 5 Aug:	AIC Round 3 Tennis & League vs Marist
Fri 11 Aug:	Logan Rugby 7s Tournament
Fri 11 Aug:	AIC Rd 4 Years 5 & 6 Basketball vs Pad
Sat 12 Aug:	AIC Round 4 Years 7-12 Basketball vs Pad
Sat 12 Aug:	AIC Round 4 Tennis & League vs Pad
Sat 12 Aug:	League team photos (Yr 7 – 2nds)
17-18 Aug:	Junior Schools Cup Volleyball Trials
Thurs 24 Aug:	AIC Track & Field meet @ SAF
Fri 25 Aug:	AIC Rd 5 Years 5 & 6 Basketball vs SPLC
Sat 26 Aug:	AIC Rd 5 Years 7-12 Basketball vs SPLC
Sat 26 Aug:	Basketball team photos (Years 7-9)
Sat 26 Aug:	AIC Round 5 Tennis vs SPLC
Sat 26 Aug:	Rugby League bye (all teams)
29 Aug-11 Sep:	Rugby Heritage Cup (France)
Wed 30 Aug:	AIC Track & Field meet @ SAF
Thurs 31 Aug:	AIC Rd 6 Years 5 & 6 Basketball vs Villa
Sat 2 Sept:	AIC Rd 6 Years 7-12 Basketball vs Villa
Sat 2 Sept:	Basketball team photos (Years 10-12)
Sat 2 Sept:	AIC Round 6 Tennis vs Villa
Sat 2 Sept:	AIC Round 5 League vs Villa
Sat 2 Sept:	League Team Photos (Years 5 & 6)
Thurs 7 Sept:	1sts League Team Photo
Thurs 7 Sept:	AIC Track & Field meet @ SAF
Fri 8 Sept:	AIC Rd 7 Years 5 & 6 Basketball vs SPC
Sat 9 Sept:	AIC Round 7 Years 7-12 Basketball vs SPC
Sat 9 Sept:	AIC Round 7 Tennis vs SPC
Sat 9 Sept:	AIC Round 6 League vs SPC
Wed 13 Sept:	AIC Track & Field meet @ SAF
Thurs 5 Oct:	AIC Track & Field Championships
Fri 6 Oct:	AIC Track & Field Championships

AFL

Schools Cup Coordinator

Mr Bannerman – bannermana@iona.qld.edu.au

AFL QSchools Cup

AFL Training next week.

Monday 31 July 3.15pm – 4.15pm @ Fuller Oval

AFL Schools Cup Game information:

Date: Thursday 3 August

Opponent: Brisbane South State Secondary College

Time: 9am

Venue: Yeronga AFC, Cansdale St, Yeronga QLD 4104

Students will depart Iona College at 7.30am via Harron Oval cricket nets. Students will return to Iona at the conclusion of the game.

ATHLETICS

Years 5-6 Coordinator

Mr Peter Holmes – holmesp@iona.qld.edu.au

Years 7-12 Coordinator

Mr Sean Devlin – devlins@iona.qld.edu.au

Athletics Training

Day	Event	Time / Venue
M O N D A Y	Long / Triple Jump 14 Yrs – Open	3.15 – 4.30pm Davine Oval
	High Jump: Years 5 & 6, 12 Yrs, 13 Yrs	3.15 – 4.30pm Davine Oval
	Javelin: 12 Yrs – Open	3.15 – 4.30pm Harron Oval
	Middle Distance: Year 5 – Open	3.15 – 4.30pm Fuller Oval
T U E S D A Y	Shot Put: Year 5 – Open	3.15 – 4.30pm Near cricket nets
	Sprints: Year 5 – Open	3.15 – 4.30pm Fuller Oval
W E D N E S D A Y	Hurdles: Year 5 – Open	7am – 8am Davine Oval
	Middle Distance: Year 5 – Open	3.15 – 4.30pm Fuller Oval
	Long / Triple Jump: Years 5 & 6, 12 Yrs, 13 Yrs	3.15 – 4.30pm Davine Oval
	Javelin: 12 Yrs – Open	3.15 – 4.30pm Harron Oval
	Shot Put: 12 Yrs – Open	3.15 – 4.30pm Near cricket nets
F R I	High Jump: 14 Yrs – Open	3.15 – 4.30pm Davine Oval
	Sprints/Relays: 12 Yrs – Open	7am – 8am Fuller Oval

Important Track and Field Dates:

Thursday 24 August – AIC Track & Field meet @ SAF
 Wednesday 30 Aug – AIC Track & Field meet @ SAF
 Thursday 7 September – AIC Track & Field meet @ SAF
 Wednesday 13 Sept – AIC Track & Field meet @ SAF

AIC Track & Field Championships

Day 1 – Thursday 5 Oct @ QSAC

Day 2 – Friday 6 Oct @ QSAC

BASKETBALL

1st Manager

Mr Peter Mondolo – mondolop@iona.qld.edu.au

Yr 10-12 Coordinator

Mr Anthony Bannerman – bannermana@iona.qld.edu.au

Yr 7-9 Coordinator

Mrs Karen Otway – otwayk@iona.qld.edu.au

Yr 5-6 Coordinator

Mr Anthony Bannerman – bannermana@iona.qld.edu.au

[Please click here for the basketball season schedule](#)

which includes all trials, training and game details.

Progressive Basketball Results

Team	Rd1 v SLC	Rd2 v SEC	Rd3 v MAR	Rd4 v PAD	Rd5 v SPLC	Rd6 v Villa	Rd7 v SPC
1 st	won 87-49						
2 nd	won 60-35						
3 rd	won 64-44						
4 th	won 29-16						
11A	won 59-31						
11B	draw 21-21						
11C	won 42-21						
10A	lost 37-39						
10B	lost 38-46						
10C	lost 43-48						
10D	won 36-33						
9A	lost 23-43						
9B	won 39-34						
9C	lost 17-20						
9D	lost 28-33						
8A	lost 26-49						
8B	lost 34-48						
8C	won 35-33						
8D	won 40-23						
7A	won 76-22						
7B	won 45-22						
7C	lost 16-29						
7D	won 36-31						
6A	won 33-17						
6B	won 41-12						
6C	won 22-2	Bye					
6D	won 14-12	Bye					
5A	lost 47-21						
5B	won 19-17						
5C	lost 26-15	Bye					
5D	won 18-6	Bye					



Round 2 Schedule – Friday 28 July vs Ambrose Treacy

Years 5 and 6 – Friday 28 July

Team	Venue	Court	Time
5A	Iona College	Provence 1	3.15pm
5B	Iona College	Provence 2	3.15pm
5C	Bye		
5D	Bye		
6A	Iona College	Provence 1	4pm
6B	Iona College	Provence 2	4pm
6C	Bye		
6D	Bye		

Action Photos: Send your action photos of the Saturday basketball matches to otwayk@iona.qld.edu.au for inclusion in the sport newsletter or College newsletter sport gallery.



Round 2 Schedule – Saturday 29 July

Years 7 to 12 – Saturday 29 July

Team	Venue	Court	Time
1 st	Iona College	Provence 1	12pm
2 nd	Iona College	Provence 1	11am
3 rd	Iona College	Provence 2	11am
4 th	Iona College	Provence 2	10am
11A	Iona College	Provence 1	10am
11B	Iona College	Provence 2	9am
11C vs SLC D	Iona College	Provence 2	8am
10A	Iona College	Provence 1	9am
10B	Iona College	Provence 1	8am
10C	Iona College	Oblate Hall	10am
10D	Iona College	Oblate Hall	9am
9A	St Edmund's, 16 Mary St Woodend Ipswich	Sports Hall	12pm
9B	St Edmund's, 16 Mary St Woodend Ipswich	Sports Hall	11am
9C	St Mary's College, 11 Mary St Woodend Ipswich	McAuley Centre	11am

Years 7 to 12 – Saturday 29 July

Team	Venue	Court	Time
9D	St Mary's College, 11 Mary St Woodend Ipswich	Outdoor Court	10am
8A	St Edmund's, 16 Mary St Woodend Ipswich	Sports Hall	10am
8B	St Edmund's, 16 Mary St Woodend Ipswich	Sports Hall	9am
8C	St Mary's College, 11 Mary St Woodend Ipswich	McAuley Centre	10am
8D	St Mary's College, 11 Mary St Woodend Ipswich	Outdoor Court	8am
7A	St Edmund's, 16 Mary St Woodend Ipswich	Sports Hall	8am
7B	St Mary's College, 11 Mary St Woodend Ipswich	McAuley Centre	9am
7C	St Mary's College, 11 Mary St Woodend Ipswich	McAuley Centre	8am
7D	St Mary's College, 11 Mary St Woodend Ipswich	Outdoor Court	9am

Basketball Team Photos

Photos will be taken on the following dates:

Years 5–6: During cocurricular days 23 and 24 August

Years 7–9: Saturday 26 August (McCarthy 7)

Years 10–Open: Saturday 2 Sept (McCarthy 7)

A photo schedule will be published the week of the photos.



ESPORTS

Coordinator

Mr Chris Eades – eadesc@iona.qld.edu.au

Esports Internal Competition – Term 3

This term for Esports, students will be competing against each other in an internal competition to determine which two teams will represent Iona at the AIC Esports tournament at Villanova in October. This competition will be run during normal training sessions during the week.

It is vital that students attend to ensure they are supporting their team and have the best chance to compete at an inter-school level. Please contact eadesc@iona.qld.edu.au if you have any questions. Specific details about the AIC Esports competition will be released later in the term.

GOLF

Coordinator

Mr Richard Beets – beetsr@iona.qld.edu.au

QIGA Golf

The last round of the 2023 QIGA golf season was played at Keperra on Monday. The wind was blowing, and the conditions were cool. The team struggled on the day, but would have gained valuable lessons leading to the AIC championships next week. Congratulations to James Toscan for making his debut for the team. The standout performer this season was Noah Wright, who finished seventh overall to just miss out on the All Collegiate QIGA team. We wish the team all the best for their preparations for Monday's AIC Championships.

AIC Golf Championships

Monday 31 July at Keperra.

Mr Beets has selected a five-man team to represent Iona at the annual AIC Golf Championships based on handicaps. Best wishes go to our team!

HIGH PERFORMANCE

Coordinator

Mr Jarrod Biggs – biggsj@iona.qld.edu.au

Iona Strength and Conditioning

The Iona Strength and Conditioning program is overseen by accredited industry experts, and guided by the ASCA Position Stand on Resistance Training for Children and Youth. The sequential programs also closely align to long-term athletic development principles.

Any student wishing to attend the Iona gym for the first time must contact Mr Biggs prior to attending a session.

The timetable for Term 3 is shown below:

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:30am – 7:30am	YEAR 11 & 12 HIGH PERFORMANCE	YEAR 11 & 12 HIGH PERFORMANCE	YEAR 11 & 12 HIGH PERFORMANCE	YEAR 11 & 12 HIGH PERFORMANCE	7:00am-8:00am
7:15am – 8:15am	YEAR 9 & 10 HIGH PERFORMANCE PROGRAM A	YEAR 9 & 10 HIGH PERFORMANCE PROGRAM A	YEAR 9 & 10 HIGH PERFORMANCE PROGRAM B	YEAR 9 & 10 HIGH PERFORMANCE PROGRAM B	INTRODUCTION TO GYM TRAINING
3:15pm – 4:15pm	YEAR 7 & 8 HIGH PERFORMANCE PROGRAM A	YEAR 7 & 8 HIGH PERFORMANCE PROGRAM A	YEAR 7 & 8 HIGH PERFORMANCE PROGRAM B	YEAR 7 & 8 HIGH PERFORMANCE PROGRAM B	CLOSED
4:15pm – 5:45pm		IONA SWIMMING CLUB		IONA SWIMMING CLUB	

Please note:

- There are no sport-specific training sessions. Athletes are encouraged to complete two sessions per week from the allocation provided to them.
- Any students wishing to attend for the first time must email Mr Biggs.
- '7-10 HIGH PERFORMANCE' groups are for players that play 'A'-Level or regional representative sport. Students are encouraged to complete one Program A and one Program B session each week.

- 'YEAR 11 & 12 HIGH PERFORMANCE' groups are for players in Iona College Firsts squads or regional sport representatives. They complete paper-based programs based on their S&C goals.
- 'INTRODUCTION TO GYM TRAINING' is for students in Years 7 - 12 not a part of Firsts / High Performance groups. High Performance invitees are not permitted to attend this session unless arranged as a catch-up.

DISTRICT AND REGIONAL SPORT TRIALS

For further information, and to register your interest in any of the trials listed below, please email repsport@iona.qld.edu.au, and include your date of birth, past playing experience and position/s for the sport you are applying for. All school-based representative sport nominations must be endorsed by the Iona Sport Department.

SPORT	AGE GROUP	DETAILS	NOMINATIONS CLOSE
Track and Field	13-19yrs	Direct to Met East Trial	Fri Aug 3

Congratulations to the following students on recent representative sport performances:

- The following students represented Met East at the QSS 13-19yrs Cross Country Championships:

- Cameron Cox (13yrs):
8th Individual, 3rd Team Relay

- Hamish Cox (14yrs):
15th Individual, 2nd Team Relay

- Henry Baker (16yrs):
19th Individual, 2nd Team Relay

- Jackson Dallwitz and his Queensland team for finishing fourth at the Australian U-19 Volleyball Championships.

- Quinn Davidson (pictured) and his Queensland White team for finishing fifth at the National 10-12yrs Cricket Championships.



Charlie O'Kane:	14 th - Yr 7 / 8 (Junior)
Lennox O'Brien:	2 nd - Yr 5 / 6 (Primary)
Alex Messenger:	4 th - Yr 5 / 6 (Primary)
Connor Casey:	6 th - Yr 5 / 6 (Primary)
William Masterman:	9 th - Yr 5 / 6 (Primary)

Overall Track Time Highlights:

Charles O'Kane:	12 th fastest (FOX)
Xavier Tromp:	11 th fastest (STANZ)

Please note: The training at Castle Hill on 30 July and the event at Castle Hill on 11 August have both been CANCELLED due to a clash with OMAD day.

Upcoming Training:

DATE: Sunday 13 August
TIME: 12:30pm - 2:30pm
LOCATION: Nerang

(Keep an eye out on your emails for information on registering for this session)

Upcoming Event:

DATE: Friday 8 September
TIME: All day
LOCATION: Nerang

(Check the Rocky Trail website for information on the format of this event, at this stage it is only open to Year 7 and above)

RUGBY 7S

Coordinator
 Mr Craig Stariha - starihac@iona.qld.edu.au

Training

Mondays 3.15-4.30pm McCarthy Oval
 Thursdays 3.15-4.30pm Harron Oval

Important Date - Friday 11 August:

Logan Rugby 7s Tournament. Bus transportation will be provided. All important times and details were emailed to those families involved earlier this week.

RUGBY LEAGUE

Coordinator
 Mr Jarrod Biggs - biggsj@iona.qld.edu.au

[Please click here for the rugby league season schedule](#) which includes all trials, training and game details.

Progressive Results

Team	Rd1 vs SLC	Rd2 vs SEC	Rd3 vs MAR	Rd4 vs PAD	Rd5 vs SPLC	Rd6 vs Villa	Rd7 vs SPC
1 st	lost 16-26						
2 nd	won 26-24						
Yr 10	won 42-4						
Yr 9	won 34-10						
Yr 8	won 34-10						

MOUNTAIN BIKING

Coordinator
 Mr Daniel Davison - davisond@iona.qld.edu.au

Results

Iona enjoyed an outstanding outcome at the fourth event of the season, finishing second overall in another great effort by all 37 riders across the two days.

Finishing Places Highlights:

Xavier Tromp: 5th - Yr 11 / 12 (Senior)
 Lucas Longley: 14th - Yr 9 / 10 (Intermediate)
 Jack Thatcher: 18th - Yr 9 / 10 (Intermediate)

Yr 7	won 28-0					
6A	lost 8-36					
6B	lost 16-20					
5A	lost 8-12	Bye				
5B	won 20-8					

Round 2 vs St Edmund's – Saturday 29 July

Saturday 29 July		
Venue: Villanova Fields Manly Rd, Tingalpa		
Time	Charlie Fisher Oval	John Seary Oval
8am	5B vs Padua	
8.50am		6B vs SEC
9.40am		6A vs SEC
Byes	5A	

Saturday 29 July	
Venue: Des Connor Park Grevillea Rd, Ashgrove	
Time	Field 6
8am	7A
9am	8A
10am	9A
11am	10A
12pm	2 nd XIII
1.15pm	1 st XIII

Action Photos: Send any action photos of the Saturday league matches to otwayk@iona.qld.edu.au for inclusion in the sport newsletter or College newsletter photo gallery.



Rugby League Team Photos

League team photos will be taken on the following dates:
 Years 7-Open: Saturday 12 August
 Years 5-6: Saturday 2 September
 Firsts: Thursday 7 September (before training)

Venue: Primary Handball Courts (End of McCarthy Oval)

A schedule will be published the week of the photos.

SWIMMING – iSWIM

Head Coach
 Mr Zane King – kingz@iona.qld.edu.au
 Assistant Coach
 Mr Nic Keune – keunen@iona.qld.edu.au

With the AIC swimming season rapidly approaching, any Ionian looking to make the team next year is welcome to come join the squad any afternoon.

Simply meet the coaches one afternoon at the swimming office after school to be assessed and be placed in an appropriate squad. The times for these squads will be as follows on Monday-Friday afternoon:

Junior: 3.45pm-4.45pm
 Metropolitan: 3.30pm-5pm
 State: 3.30pm-5pm

For more information email:

Mr Zane King (Head Coach) kingz@iona.qld.edu.au
 Mr Nic Kuene (Assistant Coach) keunen@iona.qld.edu.au

TENNIS

Tennis Coordinator
 Mr Paul Cook – cookp@iona.qld.edu.au

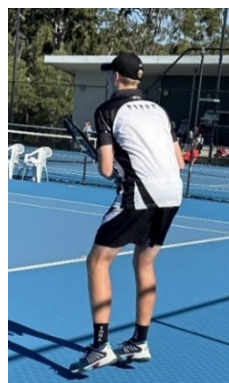
Team	Managers	Email
1 ST IV	Paul Cook	cookp@iona.qld.edu.au
2 ND , 3 RD , 4 TH	Cathy Ward	wardc@iona.qld.edu.au
10A & 10B	Michael Cook	cookm@iona.qld.edu.au
9A & 9B	Tania Cooper	coopert@iona.qld.edu.au
8A & 8B	Daniel Davison	davisond@iona.qld.edu.au
7A & 7B	Richard Cook	cookr@iona.qld.edu.au
6A & 6B	Kevin Caine	cainek@iona.qld.edu.au
5A & 5B	Gemma Tapson	tapsong@iona.qld.edu.au

[Please click here for the tennis season schedule](#) which includes all trials, training and game details.

Last Saturday saw our best tennis results against St Laurence's College in many years. We shared the day with eight wins and eight losses. Well done to our Year 5A, 5B, 6A, 7A, 9A, 10A, 10B and 4th IV teams, for winning their matches. Our Year 5 teams have started the year with impressive wins two weeks in a row. Well done boys, keep it up.

The 1st IV lost a tight match against a committed St Laurence's. The result was three matches to five, with Iona ahead on games. This highlights the importance of winning sets and matches at 1sts level.

Five teams lost narrowly 3-5. Tennis is both an individual and a team sport. All teams must work hard to win their matches. Let us see if we can reverse these narrow defeats against St Edmund's College on the weekend.



A couple of reminders for the season.

1. All contact concerning AIC tennis should now be directed to your son's team manager.
2. All players are to play in the Iona tennis uniform with an "I-Cap" or hat.
3. Players are to be dropped off at each venue **at least 15 minutes** prior to the start of play.

Progressive Tennis Results

Team	Rd1 vs SLC	Rd2 vs SEC	Rd3 vs MAR	Rd4 vs PAD	Rd5 vs SPLC	Rd6 vs Villa	Rd7 vs SPC
1 st	lost 3-5						
2 nd	lost 3-5						
3 rd	lost 2-6						
4 th	won 6-2						
10A	won 5-3						
10B	won 5-3						
9A	won 5-3						
9B	lost 2-6						
8A	lost 3-5						
8B	lost 3-5						
7A	won 8-0						
7B	lost 2-6						
6A	won 6-2						
6B	lost 3-5						
5A	won 7-1						
5B	won 8-0						

Tennis Team Photos

Tennis team photos will be taken during the co-curricular days on 23 and 24 August.



A photo schedule will be published the week of the photos.

Round 2 vs St Edmund's / Ambrose Treacy

Saturday 29 July

Team	Venue	Time
5A/B vsATC	Moggill District Sports Park 3660 Moggill Rd, Moggill	7.45am-10am
6A/B vsATC	Moggill District Sports Park 3660 Moggill Rd, Moggill	10.15am-12.30pm
7A/B	George Alder Tennis Centre 9 Ernest St, One Mile	7.45am-10am
8A/B	George Alder Tennis Centre 9 Ernest St, One Mile	7.45am-10am
9A/B	Wynnum Tennis Centre Colina St, Wynnum	10.15am-12.30pm
10A/B	Iona College Tennis Centre	10.15am-12.30pm
1 st IV	Iona College Tennis Centre	7.45am - 12.30pm
2 nd	Iona College Tennis Centre	7.45am-10am
3 rd /4 th	Wynnum Tennis Centre Colina St, Wynnum	7.45am-10am

Action Photos: Send any action photos taken of the Saturday tennis matches to otwayk@iona.qld.edu.au for inclusion in the sport newsletter or College newsletter sport photo gallery.



Tennis Training

Tennis training will not be called off if the courts are too wet. If ever there is wet weather, and the courts are not safe to play on, training will still go ahead.

All students are to meet in the undercover Canteen area above the tennis courts where you will be taken to Daly 8 for a theory session on tactics, court play, positioning etc.

TOUCH

Touch Coordinator
Miss Dellit delliti@iona.qld.edu.au

Trials for All Schools Touch will be held on the following dates on Dwyer oval:

U13s – Tuesday 15 August 3:15pm-4:30pm
U15s – Thursday 17 August 3:15pm-4:30pm
U18s – Friday 18 August 3:15pm-4:30pm

Please use the below link to sign up to the trials.

[All Schools Touch Sign On](#)

Training for the selected teams will then be Friday afternoons in Weeks 7-10 on Dwyer Oval from 3.15 – 4.30pm.

VOLLEYBALL

Volleyball Coordinator
Mrs Karen Otway – otwayk@iona.qld.edu.au

Junior Schools Cup Volleyball (Years 7 & 8)

Trials for the Iona teams to compete at the Junior Schools Cup volleyball tournament will be held on Thursday 17 August and Friday 18 August from 3.15pm–5.30pm in Oblate Hall.

WATERPOLO

Vikings Water Polo are running a free come-and-try water polo session at the ACU Brisbane Pool, 1100 Nudgee Rd, Banyo on Saturday 29 July from 8.30–9.45am, and on Sunday 30 July from 2.45–4.15pm for all boys and girls aged 6–12.