

SPORT

MOMENTS OF GRACE



26 April 2023

TEAM IONA

Well done to the 51 mountain bike riders who competed at the first event held at Mount Cotton last Friday, and to the 56 boys who participated in the annual cross country camp held on the Gold Coast on Sunday and Monday. Congratulations also to a number of boys who competed at a QIGA golf tournament on Monday. It was great to see the boys enjoying themselves and doing well. Full reports are found below.

On top of this, we had many boys who were able to participate in a full round of AIC chess, rugby and football trials over the weekend against Villanova College. Our coaches have been busily sorting through all players, results, training and trials to get things right for Round 1 this weekend. With teams announced this week, the reality is some boys will be disappointed with their grading. The best way to deal with this matter is to show resilience and to work even harder at training and during the game each week to prove to your coach that you are capable of moving up in the gradings. The coaches have been asked to monitor all players and change teams weekly, based on player performance, attendance and attitude. As mentioned often, a player's position in a team is not guaranteed, and we strongly encourage our coaches to reward those who show improvement.

As stated in last week's newsletter, we remind all families that this weekend when we play St Laurence's College in Round 1 is a long weekend. In your family planning, we ask that all players to make themselves available to play before they depart on any family trips away. Understandably, if we have many players absent, our teams will be under-strength and the full complement of teams will be compromised. We are hoping that all players will stay and play before enjoying a well-earned break with family and friends.

Please find below information pertaining to the College's uniform expectations of its students on game days during the footy season, and a separate article pertaining to matters of poor behaviour and sportsmanship.

Poor Behaviour & Sportsmanship

Rugby and football seasons are no doubt the most popular in the AIC calendar. The College works hard to ensure that every player who signs on will get a game each week. The footy season brings opportunities where players can demonstrate the pride and passion they have in themselves and their College. Unfortunately, from time to time, the footy season can also bring out the worst from our boys in terms of their behaviour and sportsmanship.

First and foremost, Iona College is a place where we strongly promote and uphold the Catholic traditions and values of the Oblate charism. It is the foundation on which our College is built. Anything we do at Iona is done in line with these values and traditions.

When dealing with teenage boys during a footy season where things can get heated, we can expect emotions and tempers to flare on occasions. As a result, the boys under our care can and do get things wrong, and they do make poor decisions and judgements from time to time. Our job as educators (whether that be parents, teachers or coaches) is to address these matters with the boy sin our care and lead them to be better men in the future by showing them how to deal with issues appropriately.

On some occasions on the weekend, Iona got it wrong – no question. The use of inappropriate language; silly pushing, shoving and fighting on field; and incidents where our spectators were seen to incite poor behaviour from the players on field was just not good enough. This isn't Iona.

The College has and will continue to enforce appropriate expectations and standards, and we will teach the boys what good behaviour looks like.

Rather than sweeping undesirable issues under the carpet, I write this article to inform parents of the nonsense which does occur (particular at the rugby) and ask for your support in working in partnership with the College to stamp out poor behaviour. I would suggest, if you see your son acting up whilst he is representing the College and his family, please address the matter with your child.

AIC Sports Information (via Twitter): @Sportlona (includes wet weather updates)

Sport provides another platform where teaching and learning occurs. These do not simply exist in the classrooms alone.

Uniform Expectations – Players & Spectators

All players are to wear the complete rugby and football playing uniform as published in the respective sections below.

Players should not enter the venues wearing slides or Birkenstocks with socks. Nor should players be wearing rugby league shorts or any other jumpers or hoodies which are not Iona branded.

The uniform standards at training have been excellent. However, I believe we can be better as a College on the weekends. It was very pleasing to see many seniors taking it upon themselves to set the standard. Many of these boys wore their College academic uniform to the game, including ties and blazers. Well done to those young men!

There is so much good that our boys do each week. The vast majority are doing things well. I strongly encourage everybody in our community to get behind the College to ensure we keep our standards of behaviour and dress high.

Best wishes to all this weekend against St Laurence's College. Enjoy!

Craig Stariha Iona College Head of Sport

IONA SPORT SEASON PLANNER

Thurs 27 April: Composite District Cross Country AIC Round 1 Chess vs SLC (H) Fri 28 April:

Sat 29 April: AIC Round 1 Rugby / Football vs SLC (H)

Fri 5 May: AIC Round 2 Chess vs SEC (A) Fri 5 May: Mountain Biking (Toowoomba)

AIC Round 2 Rugby / Football vs SEC (A) Sat 6 May:

Tues 9 May: Lytton District Cross Country

Wed 10 May: AIC Cross Country Trial (Curlew Park)

Fri 12 May: AIC Round 3 Chess vs Marist (A)

AIC Round 3 Rugby / Football vs Marist (A) Sat 13 May:

Wed 17 May: AIC Cross Country Trial (Runcorn) Fri 19 May: AIC Round 4 Chess vs Padua (H)

Sat 20 May: Rugby & Football Team Photos (Yrs 9-12) AIC Round 4 Rugby / Football vs Padua (H) Sat 20 May:

Tues 23 May: Met East Cross Country

26-28 May: Intermediate Schools Cup Volleyball AIC Round 5 Chess vs SPLC (H) Fri 26 May:

Sat 27 May: AIC Round 5 Rugby / Football vs SPLC (H)

QIGA Golf (Wynnum) Mon 29 May:

Wed 31 May: AIC Cross Country Championships Fri 2 June: AIC Round 6 Chess vs Villanova (A)

Rugby & Football Team Photos (Yrs 5-8) Sat 3 June: Sat 3 June: AIC Round 6 Rugby / Football vs Villa (A) Fri 9 June:

AIC Round 7 Chess vs St Patrick's (A) AIC Round 7 Rugby / Football vs SPC (A) Sat 10 June:

Sun 11 June: Iona Tennis Championships Thurs 15 June: Primary Interhouse Track & Field 12-15 June: Internal League and Basketball Trials Sat 17 June: Internal League and Basketball Trials

BASKETBALL

1st Manager

Mr Peter Mondolo - mondolop@iona.gld.edu.au

iHoops Basketball Development Program

(For invited students in Years 7-10 only)

iHOOPS Training Times

Wednesday 19 April	3.30pm – 5pm	Provence Centre
Thursday 27 April	3.15 pm - 4.45 pm	Provence Centre
Thursday 4 May	3.15pm – 4.45pm	Provence Centre
Tuesday 9 May	3.15pm - 4.45pm	Provence Centre
Thursday 11 May	3.15pm - 4.45pm	Provence Centre
Tuesday 16 May	3.15 pm - 4.45 pm	Provence Centre
Thursday 18 May	3.15pm - 4.45pm	Provence Centre
Tuesday 23 May	3.15 pm - 4.45 pm	Oblate Hall
Thursday 25 May	3.15 pm - 4.45 pm	Provence Centre

1st Basketball Squad Training

Training Dates

3.30pm – 4.30pm Provence Centre Thursday 20 April Monday 8 May 3.15pm – 4.45pm Provence Centre (no year 11 players on 8 May due to exams)

Wed 10 May 3.15pm - 4.45pm Provence Centre Monday 15 May 3.15pm – 4.45pm Provence Centre Wed 17 May 3.15pm – 4.45pm Provence Centre Monday 22 May 3.15pm – 4.45pm Provence Centre Wed 24 May 3.15pm – 4.45pm Provence Centre

Week 7: (Day TBC) Game vs Padua

CHESS

Coordinator

Mr Kevin Caine - cainek@iona.qld.edu.au

Chess Results vs Villanova

	Choos Rossins vs vindnova				
	Junior A	won	9 - 7		
	Junior B	lost	4 - 8		
	Intermediate A	won	14 - 2		
ĺ	Intermediate B	draw	8 - 8		
	Senior A	won	10 - 6		
	Senior B	lost	7 - 9		
	Open	won	11 - 5		

Chess Round 1 vs St Laurences

Venue: Iona College (Green Room)

Time: 4pm

1st Chess tie presentation will be held in the Green Room at

3.15pm.

Chess Uniform

Iona formal winter uniform

Iona chess tie



Junior Program (Years 5-6)

Day: Thursday afternoons Time: 3.15pm-4.15pm

Venue: B5

Teachers: Mrs Stapleton and Mr Caine

Intermediate and Senior Program (Years 7-12)

Day: Wednesday afternoons

Time: 3.15pm-4.15pm

Venue: B5

Teachers: Mr Caine

Social Chess

All ages in the Hub from 3.15pm-4.15 pm on Wednesday afternoons with Mrs Adey.

CROSS COUNTRY

Years 5-6 Coordinator

Mr Adam McClure - mcclurea@iona.qld.edu.au

Years 7-12 Coordinator

Mr Brendan Merrotsy - merrotsyb@iona.qld.edu.au

Important Dates

Thurs 27 April: Composite District Cross Country (13-18 Yrs)
Tues 9 May: Lytton District Cross Country (10-12 Years)
Wed 10 May: AIC Cross Country Trial (Curlew Park)
Wed 17 May: AIC Cross Country Trial (Runcorn)

Tues 23 May: Met East Cross Country

Wed 24 May: AIC Cross Country Trial (TBC)

Wed 31 May: AIC Cross Country Championships

Cross Country Camp

A total of 56 hardened cross country athletes and six staff ventured to the Tallebudgera Recreation Centre on Sunday and Monday for the annual cross country camp.

The weather was perfect as we ran and cross-trained across a range of different environments.

Activities included the Burleigh Point run, beach flags, tug-of-war, relays, Bounce, ultimate Vortex and a guest speaker, former Olympian Courtney Atkinson.

It was short and sharp, but the boys are to be congratulated for their effort and enthusiasm to complete the challenges thrown at them.

We are building well for AIC Cross Country Championships in Week 7.



Cross Country Training - Years 7-12

Week 2

Monday: No training due to	Wednesday: 6.45am-8am	Friday: 6.45am-8am
cross country camp	Intervals	Speed / Games
	Meet at Junior handball courts	Meet at Junior handball courts

Week 3

Monday:	Wednesday:	Friday:
No training due to public holiday.	6.45am-7.45am	6.45am-7.45am
Try to do a run on your own	Time trial 3,4 & 5km Meet at junior handball courts.	Meet at Junior handball courts Funday

Primary Cross Country Training

Tuesday and Thursday afternoons 3.15pm-4.15pm

All boys are to meet at the Primary handball courts. Boys are to wear their Iona sports uniform and comfortable running joggers. Boys must be collected promptly at 4.15pm.

Some important information to mention about Primary cross country to avoid confusion:

 The final cross country team will be selected mid-Term 2, in the lead up to the AIC Cross Country Championships. This will be based on attendance and performances at training, performances at AIC practice meets, rank position, attitude and behaviour.

FOOTBALL

Year 9 - Open Coordinator

Mr Reece Healy - healyr@iona.gld.edu.au

Years 5 - 8 Coordinator

Mr Anthony Bannerman bannermana@iona.qld.edu.au

Football Training Uniform

- Iona black & white training shirt (preferred option) or Yura shirt for football training. Players must not wear their Iona football jersey to training, nor the jersey from any other club or team.
- Iona black HPE shorts
- Iona black football socks

Football Playing Uniform

- Iona football jersey
- Iona HPE shorts
- Iona black football socks
- Football boots and shin guards are compulsory.
- Covered shoes must be worn at all times. (No slides / thongs / bare feet)
- lona sport jacket or hoodie (no non-lona jumpers or track suit pants to be worn)

Football Training Schedule Term 2 Please Note:

- No after-school training Wed 26 April Interviews
- No training on Monday 1 May Labour Day
- No afterschool training Wed 3 May Interviews

Team	Days	Time	Location
1 st	Tuesday	7am-8.15am	Fuller Oval
	Thursday	7am-8.15am	Fuller Oval
2nds	Wednesday	3.15pm-4.45pm	Coghill Oval
3rds	Thursday	3.15pm-4.45pm	Coghill Oval
4ths	Monday	3.15pm-4.45pm	Coghill Oval
5ths	Tuesday	3.15pm-4.45pm	Coghill Oval
6ths	Wednesday	7am-8.15am	Coghill Oval
Year 10	Tuesday	3.15pm-4.45pm	Fuller Oval
Year 9	Wednesday	3.15pm-4.45pm	Fuller Oval
Year 8	Thursday	3.15pm-4.45pm	Fuller Oval
Year 7	Monday	3.15pm-4.45pm	Fuller Oval
Year 6	Tuesday	3.15pm-4.45pm	Dwyer Oval
Year 5	Wednesday	3.15pm-4.45pm	Dwyer Oval

Football Team Photos

Venue: Behind the football canteen Sat 20 May – Years 9, 10 and Open teams who are playing at Iona.



<u>Sat 3 June</u> – Years 5, 6, 7 and 8 teams who are playing at lona.

A photo schedule will be published on the Wednesday before the photo day.

Teams not playing at Iona on the photo days will have their team photos taken later in the year.

Merchandise Container

Uniform Shop will be open every Saturday from 9am-12pm during the football season in a container on Davine Oval. Football uniforms and supporters merchandise can be purchased.



Trial vs Villanova Results

5A	lost	3 - 5	8D	won	4 - 0
5B	won	11 - 1	8E	draw vs	0 - 0
				Villa D	
5C	won	3 - 0	9A	lost	2 - 3
5D	won	3 - 0	9B	won	2 - 0
5E	won vs	5 - 0	9C	won	3 - 0
	Villa D				
6A	won	3 - 2	9D	draw	1 - 1
6B	draw	4 - 4	10A	lost	2 - 3
6C	won	3 - 0	10B	draw	1 - 1
6D	won	5 - 0	10C	draw	0 - 0
7A	lost	0 - 2	10D	draw	0 - 0
7B	lost	0 - 2	1 st XI	won	4 - 0
7C	lost	0 - 3	2 nd XI	won	4 - 0
7D	lost	1 - 4	3 rd XI	lost	0 - 3
8A	draw	1 - 1	4 th XI	lost	1 - 2
8B	lost	1 - 2	5 th XI	draw	2 - 2
8C	won	3 - 0	6 th XI	lost	0 - 1



Action Photos

If parents take action photos on a Saturday, it would be appreciated if any quality photos could be emailed to otwayk@iona.qld.edu.au by midday Tuesday for possible inclusion in the weekly sport newsletter or College newsletter sport photo gallery.

Football Round 1 vs St Laurence's (Saturday 29 April)

1st XI shirt presentation will be 10.45am in the Green Room.

Team	Venue	Oval	Time
1 st XI	Iona College	Fuller	12.15pm
2 nd XI	Iona College	Fuller	11am
3 rd XI	Iona College	Coghill	11.40am
4 th XI	Iona College	Coghill	10.30am
5 th XI vs ATC 3rds	Iona College	Dwyer	11.40am
6 th XI vs ATC 4ths	Iona College	Dwyer	10.30pm
10A	Iona College	Fuller	9.45am
10B	Iona College	Coghill	8.30am
10C	Iona College	Dwyer	9.30am
10D	Iona College	Coghill	7.30am
9A	Iona College	Fuller	8.30am
9B	Iona College	Coghill	9.30am
9C	Iona College	Dwyer	8.30am
9D	Iona College	Dwyer	7.30am
8A	St Laurence's Fields Nathan Rd, Runcorn	Lehmann West	7.30am
8B	St Laurence's Fields Nathan Rd, Runcorn	Lehmann West	8.30am
8C	St Laurence's Fields Nathan Rd, Runcorn	Lehmann West	9.30am
8D vs Villa D	Villanova Park Manly Rd, Tingalpa	Field 3	7.30am
8E vs Padua D	Iona College	Fuller	7.30am
7A	St Laurence's Fields Nathan Rd, Runcorn	Grundy	7.30am
7B	St Laurence's Fields Nathan Rd, Runcorn	Grundy	8.30am
7C	St Laurence's Fields Nathan Rd, Runcorn	Grundy	9.30am
7D	St Laurence's Fields Nathan Rd, Runcorn	Field 8	10.30am
6A	St Laurence's Fields Nathan Rd, Runcorn	Field 6	7.30am
6B	St Laurence's Fields Nathan Rd, Runcorn	Field 6	8.30am
6C	St Laurence's Fields Nathan Rd, Runcorn	Field 6	9.30am
6D vs SLC E	St Laurence's Fields Nathan Rd, Runcorn	Field 9	7.30am

Team	Venue	Oval	Time
5A	St Laurence's Fields Nathan Rd, Runcorn	Field 8	7.30am
5B	St Laurence's Fields Nathan Rd, Runcorn	Field 8	8.30am
5C	St Laurence's Fields Nathan Rd, Runcorn	Field 8	9.30am
5D	St Laurence's Fields Nathan Rd, Runcorn	Field 9	10.50am
5E	St Laurence's Fields Nathan Rd, Runcorn	Field 9	10am

PLEASE NOTE:

NO DOGS are allowed at AIC venues.



GOLF

Coordinator

Mr Richard Beets - beetsr@iona.qld.edu.au

QIGA Golf Results

lona competed in the second round of the QIGA event on Monday in testing conditions at Virgina Golf Club. Noah Wright had a very



good day by scoring a solid 76, which placed him in eighth position for the Gross event. Luke Biddle also performed very well in his best performance to date, finishing sixth in the Nett competition with a -2 score. Congratulations to Lachlan Sey for making his debut for the College. The next event will be held at Wynnum. This is exciting for the team as it is all the boys' home course.

HIGH PERFORMANCE

Coordinator

Mr Jarrod Biggs - biggsj@iona.qld.edu.au

Iona Strength and Conditioning

The Iona Strength and Conditioning program is overseen by accredited industry experts, and guided by the ASCA Position Stand on Resistance Training for Children and Youth. The sequential programs also closely align to long-term athletic development principles.

Any student wishing to attend the lona gym for the first time must contact Mr Biggs prior to attending a session.

The timetable for Term 2 is shown below:

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:30am - 7:30am	1 sts SQUADS	1 sts SQUADS	1 sts SQUADS	1 sts SQUADS	7:00am-8:00am
7:15am - 8:15am	YEAR 9 & 10 HIGH PERFORMANCE	TO GYM TRAINING			
3.15pm – 4.15pm	YEAR 7 & 8 HIGH PERFORMANCE	CLOSED			
4:15pm – 5:45pm		IONA SWIMMING CLUB		IONA SWIMMING CLUB	

Please note:

- There are no sport-specific training sessions. Athletes are encouraged to complete two sessions per week from the allocation provided to them.
- 1st squad sessions are open to players currently playing in, trialling for, previously representing or likely to represent long in 1st sport in 2023.
- The 'High Performance' sessions for Year 7-10 students are for those students that played A-level sport in 2022/2023.
- Places are also allocated to other representative athletes. Please contact Mr Biggs to enquire about the most suitable sessions.

District And Regional Sport Trials

For further information, and to register your interest in any of the trials listed below, please email repsport@iona.qld.edu.au, and include your date of birth, past playing experience and position/s for the sport you are applying for. All school-based representative sport nominations must be endorsed by the Iona Sport Department.

SPORT	AGE	DETAILS	NOMINATIONS
	GROUP		CLOSE
Cross	10-12yrs	Lytton District	Thur May 4
Country		Trial	
Hockey	10-12yrs	Direct to Met East	Thur Apr 27
		Trial	·

Congratulations to the following students on recent representative sport selections:

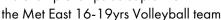
- Hugo Wheeler was selected in the Queensland Schools 10-12yrs Swimming team
- Quinn Davidson (pictured) was selected in the Queensland Schools 10-12yrs Cricket team
- Mitch Price and Seth Woolgar were selected in the Queensland Schools 12-15yrs Volleyball team

Best wishes for your upcoming competitions.



Congratulations to the following students on recent representative sport performances:

- Quinn Davidson and his Metropolitan East 10-12yrs Cricket team on winning the state championship
- Mitch Price, Seth Woolgar (pictured) and their Metro East 12-15yrs Volleyball team on winning the state championship.
 Caleb Ryan also competed at the championships as captain of



- Liam Boseley, Jesse Hamilton, Levi Hamilton, Jack Hood, Jacob Johns, Lawson Olsen, Tyce Percy, Thomas Sullivan and Cooper Townsend who competed at the 13-19yrs Queensland School Swimming Championships. Special congratulations to the following students who won medals at the event:
 - Liam Boseley: 3rd Boys 16yrs 200m
 Freestyle Relay
 - Jack Hood: 2nd Boys 16yrs 200m
 Medley Relay

MOUNTAIN BIKING

Coordinator

Mr Daniel Davison – <u>davisond@iona.qld.edu.au</u>

An excellent outcome at the first event of the season, taking out second place in the Champion schools. A fantastic effort from all riders on the day, many who were competing for the first time.



Finishing Places Highlights:

Ziggi Oliver: 3rd Yr11/12 (Senior) Xavier Tromp: 10th Yr11/12 (Senior)

Jack Thatcher: 9th Yr9/10 (Intermediate) Lucas Longley: 11th Yr9/10 (Intermediate) Cameron Medley: 18th Yr9/10 (Intermediate)

Finlay MacDonald: 13th Yr7/8 (Junior) Miles Hayes: 19th Yr7/8 (Junior)

Overall Track Time Highlights:

Xavier Tromp: 4th Fastest (FOX), 4th Fastest (STANS) Lucas Longley: 8th Fastest (FOX), 10th Fastest (STANS) Ziggi Oliver: 5th Fastest (STANS), 2nd Fastest (LAZER)

Cameron Medley: 9th Fastest (STANS)

If you are in the squad and are planning on participating at Event 2 in Toowoomba next Friday (5 May), please sign up as soon as possible as it will likely sell out and they will not increase the cap at this event. Head to the Rocky Trail Academy website to register.

Upcoming Training Sessions

Sun 28 May: 12.30pm-2.30pm at Nerang

Upcoming Competitions

Fri 21 April: East Escarpment
Fri 5 May: Toowoomba

RUGBY

Years 7-Open Coordinator

Mr Sean Devlin devlins@iona.qld.edu.au

Primary Coordinator

Mr Troy Condon condont@iona.qld.edu.au

Rugby Training Uniform

lona black & white training shirt (preferred option) or Yura shirt for rugby training. Players must not train in the lona rugby jersey, nor the jersey from any other club or team.

- Iona black rugby shorts
- Iona black rugby socks

Rugby Playing Uniform

- lona rugby jersey
- Iona rugby shorts
- Iona black rugby socks
- Football boots and mouth guards are compulsory.
- Covered shoes must be worn at all times. (No slides/thongs/bare feet)
- lona sport jacket or hoodie (no non-lona jumpers or track suit pants to be worn)

Rugby Managers for 2023

Year 5: Troy Condon
Year 6: Kevin Caine
Year 7: Sean Devlin
Year 8: Nick Christie
Year 9: Ben Devlin
Year 10: Daniel Sutherland
Open: Craig Stariha

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starihac@iona.qld.edu.au

Rugby Team Photos

Venue: Covered Primary handball courts (end of McCarthy Oval)



<u>Sat 20 May</u> – Years 9, 10 and Open teams who are playing at lona.

<u>Sat 3 June</u> – Years 5, 6, 7 and 8 teams who are playing at lona.

A photo schedule will be published on the Wednesday before the photo day. Teams not playing at Iona on the photo days will have their team photos taken later in the year.

Rugby Training Schedule Term 2 Please Note:

- No after-school training Wed 26 April Interviews
- 3rds / 4ths / 5ths rugby will train on Wednesday morning in Weeks 2-3 from 6.45am-8am on Davine Oval.
- 9A and 9B rugby will train on Wednesday morning in Weeks 2 and 3 from 6.45am-8am on Harron Oval.
- <u>7C and 7D</u> rugby will train this Friday afternoon 3.15pm-4.30pm on McCarthy Oval.
- All Year 10 Rugby teams will train this Thursday after school on McCarthy Oval
- 10A and 10B rugby will also train on Friday 3.15pm-4.15pm on Davine Oval
- No training on Monday 1 May Labour Day
- No after-school training Wed 3 May Interviews

Team	Dates	Time	Location
1 st / 2 nd	Tuesdays	3.15pm-4.45pm	Davine Oval
	Thursdays	3.15pm-4.45pm	Davine Oval
3rds/4ths/5ths	Wednesdays	3.15pm-4.45pm	Davine Oval
Year 10 (All)	Tuesdays	3.15pm-4.45pm	Harron Oval
10A/10B	Thursdays	3.15pm-4.45pm	McCarthy
Year 9	Wednesdays	3.15pm-4.45pm	Harron Oval
Year 8	Thursdays	3.15pm-4.45pm	Harron Oval
7A, 7B	Mondays	3.15pm-4.45pm	Davine Oval
7C, 7D	Wednesdays	3.15pm-4.45pm	McCarthy
Year 6	Tuesdays	3.15pm-4.45pm	McCarthy
Year 5	Wednesdays	3.15pm-4.45pm	McCarthy

Merchandise Container

Uniform Shop will be open every Saturday from 9am-12pm during the rugby season in a container on Davine Oval.
Rugby uniforms and supporters merchandise can be purchased.



Rugby Referees

Please note that rugby referees are desperately needed for the 2023 season. Please contact Mr Sean Devlin <u>devlins@iona.qld.edu.au</u> if you are able to assist. Smart Rugby qualification is required.

Rugby Results vs Villanova

5A	won	-	8D	Internal game	
5B	lost	-	8E	Internal g	game
5C	draw	-	9A	won	22 - 1 <i>7</i>
5D	lost	-	9B	won	14 - 10

6A	lost	-	9C	lost	19 - 41
6B	lost	5 - 10	9D	won	24 - 22
6C	lost	20 - 27	10A	won	45 - 15
6D	lost	0 - 22	10B	won	40 - 0
7A	won	19 - 1 <i>7</i>	10C	won	1 <i>7</i> - 0
7B	won	19 - 1 <i>7</i>	10D	won	22 - 0
7C	won	-	1 st XI	lost	10 - 12
7D	lost	-	2nd XI	won	26 - 15
8A	lost	7 - 14	3rd XI	won	19 - 12
8B	won	19 - 5	4th XI	won	10 - 5
8C	won	65 - 12	5th XI	lost	12 - 1 <i>7</i>



Action Photos

If parents take action photos on a Saturday, it would be appreciated if any quality photos could be emailed to otwayk@iona.qld.edu.au by midday Tuesday for possible inclusion in the weekly sport newsletter or College newsletter sport photo gallery.

Rugby Round 1 vs St Laurence's (Saturday 29 April)

 1^{st} XV jersey presentation will be held in the Green Room at 12pm.

Team	Venue	Oval	Time
1 st XV	Iona College	Davine	2.30pm
2 nd XV	Iona College	Davine	1pm
3 rd XV	Iona College	Davine	12pm
4 th XV	Iona College	Davine	11am
5 th XV	Iona College	Davine	10am
10A	Iona College	McCarthy	1pm
10B	Iona College	McCarthy	12pm
10C	Iona College	McCarthy	11am
10D vs Padua C	Iona College	McCarthy	10am
9A	Iona College	Harron	1pm
9В	Iona College	Harron	12pm
9C	Iona College	Harron	11am
9D vs Marist E	Iona College	Harron	10am
8A	St Laurence's Fields Nathan Rd, Runcorn	Crawford	11am
8B	St Laurence's Fields Nathan Rd, Runcorn	Crawford	10am

Team	Venue	Oval	Time
8C	St Laurence's Fields Nathan Rd, Runcorn	Crawford	9am
8D	St Laurence's Fields Nathan Rd, Runcorn	Crawford	8am
8E vs Padua D	Iona College	Harron	9am
7A	St Laurence's Fields Nathan Rd, Runcorn	Lehman East	11am
7B	St Laurence's Fields Nathan Rd, Runcorn	Lehman East	10am
7C	St Laurence's Fields Nathan Rd, Runcorn	Lehman East	9am
7D	St Laurence's Fields Nathan Rd, Runcorn	Lehman East	8am
6A	St Laurence's Fields Nathan Rd, Runcorn	O'Neill	10am
6B	St Laurence's Fields Nathan Rd, Runcorn	O'Neill	9am
6C	St Laurence's Fields Nathan Rd, Runcorn	O'Neill	8am
6D vs Padua C	Iona College	McCarthy	9am
5A	St Laurence's Fields Nathan Rd, Runcorn	Field 5	11am
5B	St Laurence's Fields Nathan Rd, Runcorn	Field 5	10am
5C	St Laurence's Fields Nathan Rd, Runcorn	Field 5	9am
5D	St Laurence's Fields Nathan Rd, Runcorn	Field 5	8am

PLEASE NOTE:

NO DOGS are allowed at AIC venues.



SWIMMING - ISWIM

Head Coach

 $Mr \ Zane \ King - \underline{kingz@iona.qld.edu.au}$

Assistant Coach

Mr Nic Keune – <u>keunen@iona.qld.edu.au</u>

All Iona Development Squad sessions finished at the end of Term 1. Any students wanting to continue can be part of the AIC team training as set out below, or can be assessed for one of our iSWIM swim squads.

AIC Team Sprint Squad Training

This is for all swimmers wanting to make the AIC team next year.

Days: Tuesday and Thursday afternoons

Time: 3.10pm-4.10pm Starts: Week 1, Term 2

The sessions will focus on technique, speed and power. All swimmers will need goggles, correct swimwear (no board shorts or rash shirts) and fins.

For more information email:

Mr Zane King (Head Coach) at kingz@iona.qld.edu.au
Mr Nic Kuene (Assistant Coach) at keunen@iona.qld.edu.au

TENNIS

Tennis Coordinator

Mr Paul Cook - cookp@iona.gld.edu.au

Our Pathways tennis pre-season training program will continue every Tuesday morning this term in readiness for the AIC Tennis season.

VOLLEYBALL

Volleyball Coordinator

Mrs Karen Otway - otwayk@iona.qld.edu.au

Year 10 Intermediate Schools Cup

Training Sessions

Monday 8 May: 3.15pm-5.30pm Oblate Hall Monday 15 May: 3.15pm-5.30pm Oblate Hall Monday 22 May: 3.15pm-5.30pm Oblate Hall

The Intermediate Schools Cup competition will be held on the Gold Coast from 26-28 May.