

1 February 2023

TEAM IONA

As the school year begins, we are reminded of the importance of our studies. Receiving a solid education will open up many doors and career options for our boys later in life and I encourage all students to give their studies the highest priority.

Likewise, I encourage all boys to see the importance of getting involved in the co-curricular program as a way to enhance their personal development. Like all things we need a sense a balance in our lives.

Involvement in the College's co-curricular program, whether that be sport, music or cultural, can assist our boys to develop as a person in many ways. Participation in sport can teach us about resilience, the importance of teamwork, and trusting in yourself and others. It can teach us about hard work and determination and outcomes, it is a way we can learn about success and failure, it teaches us about humility, sportsmanship, integrity, honor and pride. Involvement in sports can take your mind off stressful things in life and allows you to enjoy time spent with mates. It helps you to bond, forge friendships, it promotes skill development and physical fitness among many other things.

As we look to commence Round 1 this week, I take this opportunity to remind our students about their conduct when playing or spectating throughout the year. When you represent lona within the sporting arena you represent everybody in our community. As mentioned previously, the way you conduct yourself – what you say and what you do and the way you look – is important, as it reflects the type of people we are. Respectful relationships towards others must be upheld at all times.

We all have the right to enjoy sport. We have a right to feel part of the team when selected. We have a right to be respected, and not to be belittled by opponents or spectators for a lack of skill, or by what is written on the scoreboard. In turn, we all have a responsibility to ensure we create a positive atmosphere for others where everyone can feel positive about themselves and respected. Rights and responsibilities should go hand in hand.

As I walked around the grounds last weekend, it was pleasing to see the boys play in good spirits. With all due respect to the opposition, we weren't really pushed across the College last weekend. Trial matches in AIC are assigned on a rotational basis and at times the match ups are not the best.

Be aware that we will be pushed across the year levels in all sports this weekend against St Laurence's. I am expecting our boys to take on the challenge, rise to the occasion and produce their very best for the College this weekend. There is no shame in wanting to win, as long as we go about it in the correct manner. That is: showing good sportsmanship, being humble in victory and gracious in defeat. It is possible to do it all. Be ready to unleash!

I wish all swimmers the best this Friday afternoon as we host an AIC Swim Meet here at Iona. It is pleasing to see good numbers are present at the pool. Keep up the good efforts.

Well done to the sailors as they kicked off the 2023 season on Sunday. It was great to see many families getting behind the boys in the sailing program. Sailng is such a great opportunity offered, and one which is not readily available at many schools.

Best wishes to all coaches and players this weekend. Have no regrets. Go your absolute hardest for the black and white and enjoy the time spent with your mates!



 AIC Sports Information (via Twitter): @Sportlona (includes wet weather updates)

 Head of Sport: Mr Craig Stariha – 3893 8851
 Assistant Head of Sport (7-12): Mr Sean Devlin – 3906 8905

 Sports Administrator: Mrs Karen Otway – 3893 8805
 Assistant Head of Sport (5-6): Mr Anthony Bannerman – 3893 8869

IONA SPORT SEASON PLANNER

Fri 3 Feb:	Primary Interhouse Swimming
Fri 3 Feb:	Rd 1 AIC 1st AFL vs St Laurence's
Fri 3 Feb:	AIC Swim Meet vs Villa / SPC
Sat 4 Feb:	Rd 1 AIC Cricket / Volleyball vs SLC (A)
Sat 4 Feb:	Rd 1 AIC Years 5-10 AFL
Sun 5 Feb:	Fleet Sailing (RQYS)
6-10 Feb:	Years 7-12 Interhouse Swimming
Fri 10 Feb:	Rd 2 AIC 1st AFL vs St Edmund's
Fri 10 Feb:	AIC Swim Meet vs Villa (H)
Sat 11 Feb:	Rd 2 AIC Cricket / Volleyball vs SEC (H)
Sat 11 Feb:	Rd 2 AIC Years 5-10 AFL
Sun 12 Feb:	Fleet Sailing (RQYS)
Thurs 16 Feb:	High Performance Information Evening
Fri 17 Feb:	Rd 3 AIC 1st AFL vs Marist
Sat 18 Feb:	Rd 3 AIC Cricket / Volleyball vs Marist
Sat 18 Feb:	Rd 3 AIC Years 5-10 AFL
Sun 19 Feb:	Team Racing Sailing (RQYS)
Thurs 23 Feb:	AIC Swim Meet @ Chandler
Fri 24 Feb:	Round 4 AIC 1st AFL vs Padua
Sat 25 Feb:	Rd 4 AIC Cricket / Volleyball vs Padua
Sat 25 Feb:	Rd 4 AIC Years 5-10 AFL
Sun 26 Feb:	Team Racing Sailing (RQYS)
Tues 28 Feb:	Met East Swimming

AFL

AFL Coordinator – Years 5-12

Mr Anthony Bannerman: <u>bannermana@iona.qld.edu.au</u>

AFL Results - 2023

Team	Trial	Rd1	Rd2	Rd3	Rd4	Rd5	Rd6	Rd7
	vs	VS	VS	VS	VS	VS	VS	VS
	SPLC	SLC	SEC	MAR	PAD	SPLC	Villa	SPC
1 st	won							
9/10	won							
8A	won							
8B	-							
7A	-							
7B	-							
6A	-							
6B	-	VS						
		Villa						
		6B						
6C	-							
5A	-							
5B	-	VS						
		Villa						
		5B						
5C	-							

AFL Team Photos



<u>Years 5 and 6</u>: Photos will be taken on Friday 3 March during Period 1. Boys will wear formal grey uniform for these photos.

<u>Years 7-10</u>: Photos will be taken on the co-curricular photo days later in the year.

AFL Coaches

	AFL Coaches	Contact Emails
	Leigh Harding	hardingl@iona.qld.edu.au
	Clint Watts	
1 st XI	Anthony Bannerman	<u>bannermana@iona.qld.edu.au</u>
	Clint Watts	<u>bannermana@iona.qld.edu.au</u>
9/10	Scott Milner	
8A	Byron Hudghton	<u>bannermana@iona.qld.edu.au</u>
8B	Baden Corke	<u>bannermana@iona.qld.edu.au</u>
7A	Daniel Mulhern	<u>bannermana@iona.qld.edu.au</u>
	Max Dillon	<u>dillonm@iona.qld.edu.au</u>
7B	Liam Bleaney	
	Ryan Cole	<u>bannermana@iona.qld.edu.au</u>
6A	Charlie Cole	
6B	Jeremy Gregg	<u>bannermana@iona.qld.edu.au</u>
6C	Anthony Bannerman	<u>bannermana@iona.qld.edu.au</u>
5A	Matthew Murray	<u>murraym@iona.qld.edu.au</u>
5B	Matthew Dolling	<u>bannermana@iona.qld.edu.au</u>
5C	Anthony Bannerman	<u>bannermana@iona.qld.edu.au</u>

AFL Training Times Venue: St Eugene's Park

Team	Day	Time
] st	Mondays Wednesdays	3.15pm-4.30pm 3.15pm-4pm
Yrs 9/10	Wednesdays	3.15pm-4.15pm
Year 8	Thursdays	3.15pm-4.15pm
7A	Wednesdays	7am-8am
7B	Thursdays	7am-8am
6A / 6C	Tuesdays	3.15pm-4.30pm
6B	Wednesdays	7am-8am
5A/5B/5C	Thursdays	3.15pm-4.15pm

AFL Uniforms

All boys should now have an AFL uniform.

Goal Umpires are needed for all AFL matches. Any parents who are able to assist, please contact Anthony Bannerman <u>bannermana@iona.qld.edu.au</u>

AFL Round 1 vs St Laurence's

All players are to arrive 30 minutes prior to their start time.

	Round 1 vs St Laurence's – Friday 3 February				
Team	Venue	Time	Oval		
1 st	Iona College, St Eugene's Park	4.45pm	1		

Round 1 vs St Laurence's – Saturday 4 February					
Team	Venue	Time	Oval		
5A	Leyshon Park – Cansdale St, Yeronga	10.30am	2		
5B vs Villa	Leyshon Park – Cansdale St, Yeronga	10.30am	1		
5C	Leyshon Park – Cansdale St, Yeronga	8.30am	2		
6A	Leyshon Park – Cansdale St, Yeronga	10.30am	4		
6B vs Villa	Leyshon Park – Cansdale St, Yeronga	8.30am	5		
6C	Leyshon Park – Cansdale St, Yeronga	7.30am	2		
7A	Coorparoo AFC 33 Birubi St, Coorparoo	9.15am	1		
7B	Coorparoo AFC 33 Birubi St, Coorparoo	8am	1		
8A	Iona – St Eugene's Park	9.15am	1		
8B	Iona – St Eugene's Park	8am	1		
9/10	Iona – St Eugene's Park	10.30am	1		

CHESS

Coordinator

Mr Kevin Caine – <u>cainek@iona.qld.edu.au</u>

Junior Program (Years 5-6)

Day:	Wednesday afternoons (Starting 1 February)
Time:	3.15pm-4.15pm
Venue:	B5
Teachers:	Mrs Stapleton and Mr Caine

Intermediate and Senior Program (Years 7-12)

Day:Thursday afternoons (Starting 2 February)Time:3.15pm-4.15pmVenue:B5Teachers:Mr Caine

Please email expressions of interest or enquires to Mr Caine <u>cainek@iona.qld.edu.au</u> who will be coordinating chess for lona this year.

Social Chess

All ages in the Hub from 3.15pm-4.15 pm on Wednesday afternoons with Mrs Adey.

CRICKET

Years 5-6 Coordinator
Mr Brendan Allen – <u>allenb@iona.qld.edu.au</u>
Years 7-12 Coordinator
Mr Sean Devlin – <u>devlins@iona.qld.edu.au</u>

Cricket Training Times

Team	Day	Venue	Time
Year 5	Thursdays	Lindum Oval	3.30pm-4.30pm
Year 6	Tuesdays	Lindum Oval	3.30pm-4.30pm
Year 7	Thursdays	McCarthy Oval	3.30pm-4.30pm
Year 8	Thursdays	Harron Oval	3.30pm-4.30pm
Year 9	Wednesdays	Harron Oval	3.30pm-4.30pm
Year 10	Tuesdays	McCarthy Oval	3.30pm-4.30pm
3 rd	Wednesdays	McCarthy Oval	3.30pm-4.30pm
1 st /2 nd	Tuesdays Thursdays	Harron Oval Davine Oval	3.30pm-5pm 3.30pm-5pm

Cricket Team Photos

<u>Saturday 4 March</u> – Outside McCarthy 7 Cricket teams who are playing at Iona.



<u>Saturday 11 March</u> – Outside McCarthy 7 Cricket teams who are playing at Iona.

<u>Years 5 and 6 Cricket:</u> Photos will be taken on Friday 3 March during Period 1. All boys will wear their formal grey uniform for the cricket photo.

- Teams not playing at Iona on the photo days will have their team photos taken later in the year.
- There will be a photo schedule published in the sport newsletter on the Wednesday before each photo day.

Cricket Coaches

(Cricket Coaches	Contact Emails
1 st XI	Wayne Niven	<u>nivenw@iona.qld.edu.au</u>
	Matthew McNamara	<u>devlins@iona.qld.edu.au</u>
	Tristan Neave	
2 nd XI	Ryan Homes	
	Michelle Morris	<u>morrism@iona.qld.edu.au</u>
3 rd XI	Sam Thompson	
10A	Adam Woodall	woodalla@iona.qld.edu.au
10B	Sean Pearce	<u>pearces@iona.qld.edu.au</u>
	Brayden Teece	<u>teeceb@iona.qld.edu.au</u>
9A	Luke Furjes	

9B	Phil Quaile	<u>devlins@iona.qld.edu.au</u>
	Michael Cook	<u>cookm@iona.qld.edu.au;</u>
9C	Richard Cook	<u>cookr@iona.qld.edu.au</u>
	Ben Stace	<u>devlins@iona.qld.edu.au</u>
8A	Matt Martin	
8B	Finn Johnstone	<u>devlins@iona.qld.edu.au</u>
	Liam Jenkins	<u>devlins@iona.qld.edu.au</u>
8C	Harry Bath	
7A	Stuart Booth	<u>booths@iona.qld.edu.au</u>
7B	Finn Buxton	<u>devlins@iona.qld.edu.au</u>
	Lachlan Brown	<u>devlins@iona.qld.edu.au</u>
7C	Riley Sadlier	
	Patrick Sullivan	<u>sullivanr@iona.qld.edu.au</u>
7D	Rebecca Sullivan	

Trial Match vs St Peters

The 2023 cricket season started last weekend with a trial against St Peter's for Years 7-12, and internal trials for Year 5 & 6. Selections, particularly in the younger teams, will be 'fluid' each week with so many new players to the program.

I encourage the boys to train with rigour and demonstrate grace in either victory or defeat.

Congratulations to Clancy Muniandy in the 2nd XI, who scored 110 and took 4 wickets. Clancy also played on Friday night in the 1st XVIII AFL team.

Well done to Zayne Thomas who scored 92 in the 1st XI and Caelan Gullo who scored 50 in the 9B game.

<u>Cricket</u>	Results	<u> </u>

Team	Trial	Rd1	Rd2	Rd3	Rd4	Rd5	Rd6	Rd7
	vs	vs	vs	vs	vs	vs	vs	vs
	SPLC	SLC	SEC	MAR	PAD	SPLC	Villa	SPC
1 st	won							
2 nd	won							
3 rd	won							
10A	won							
10B	won							
9A	won							
9B	won							
9C	won							
8A	won							
8B	won							
8C	won							
7A	lost							
7B	won							
7C	won							
7D	won							
6A	-							
6B	-							
6C	-							
5A	-							
5B	-							
5C	-							
5D	-							



	Round 1 vs St Laurence's	– Saturday	4 February
Team	Venue	Oval	Time
1 st XI	SLC Fields Nathan Rd, Runcorn	Field 1	9.30am-5.30pm
2 nd XI	SLC Fields Nathan Rd, Runcorn	Field 2	1pm-5.30pm
3 rd XI	SLC Fields Nathan Rd, Runcorn	Field 7	11.30am-2.30pm
10A	SLC Fields Nathan Rd, Runcorn	Field 2	8am-12.45pm
10B	Souths Cricket Club Fehlberg Park, Venner Rd, Fairfield	Bob Young	7.30am-11.30am
9A	Iona College	Davine	8am-12.50pm
9B	Iona College	Harron	8am-12.50pm
9C	Kianawah Park Wynnum Rd, Tingalpa	Field 2	1pm-4pm
8A	Iona College	Davine	1pm-5.30pm
8B	Iona College	McCarthy	1pm-5.30pm
8C	Kianawah Park Wynnum Rd, Tingalpa	Field 3	1pm-4pm
7A	Iona College	Harron	1pm-5.30pm
7B	Iona College	McCarthy	8am-12.30pm
7C	Kianawah Park Wynnum Rd, Tingalpa	Field 4	10.30am-1.30pm
7D	Kianawah Park Wynnum Rd, Tingalpa	Field 4	2pm-5pm
6A	SLC Fields Nathan Rd, Runcorn	Field 7	8am-11.30am
6B	SLC Fields Nathan Rd, Runcorn	Field 8	8am-11.30am
6C	SLC Fields Nathan Rd, Runcorn	Field 6	8am-11am
5A	Kianawah Park Wynnum Rd, Tingalpa	Field 2	8am-12.30pm
5B	Kianawah Park Wynnum Rd, Tingalpa	Field 3	8am-12.30pm
5C	Kianawah Park Wynnum Rd, Tingalpa	Field 4	7.30am-9.55am
5D vs Pad E	Melrose Park Roseleigh St Wooloowin	East	7.30am-10am

Uniforms

Cricket uniforms can be purchased from the Uniform Shop.

FOOTBALL

1st Football trials

The 1st XI football trials will be on Wednesday 8 and Wednesday 15 February after school. These will be on Dwyer Oval. Trials will finish by 5pm.

If there are any questions, please contact Mr Reece Healy at <u>healyr@iona.qld.edu.au</u>

HIGH PERFORMANCE

Coordinator Mr Jarrod Biggs – <u>biggsj@iona.qld.edu.au</u>

The High Performance Sport Information Evening will be held on the evening of Thursday, 16 February in the Iona College Lecture Theatre. The night is a great opportunity for our Iona College athletes to gain awareness of the various way in which the College can assist them in their sporting journey.

In 2022, Iona College had over 80 regional and state representatives, and 2023 should prove just as successful. All school-based representative sport information will be published in this section of the newsletter. Additionally, we encourage students and parents to keep us updated via email on state and national-level sporting selections and achievements in the club sport realm as we endeavor to offer the best possible support to all our high-performing athletes.

Iona Strength and Conditioning

Strength and conditioning training is an important phase in the development of young athletes. The Iona College Strength and Conditioning program is overseen by accredited industry experts, and is guided by the ASCA Position Stand on Resistance Training for Children and Youth. The sequential programs also closely align to long-term athletic development principles. Any student wishing to attend the Iona College gym for the first time must contact Mr Biggs prior to attending a session.

The timetable for Term 1 is shown below:

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:45am – 7:30am	1sts SQUADS	1 sts SQUADS	1 sts SQUADS	1 sts SQUADS	1 sts SQUADS
7:30am – 8:15am	YEAR 9 & 10 HIGH PERFORMANCE	INTRODUCTION TO GYM TRAINING			
3.15pm – 4.15pm	YEAR 7 & 8 HIGH PERFORMANCE	CLOSED			

Please note:

- There are no sport specific training sessions. Athletes are encouraged to complete two sessions per week from the allocation provided to them.
- 1 sts squad sessions are open to players currently playing in, trialling for, previously representing or likely to represent lona in 1 sts sport in 2023.

- The 'High Performance' sessions for Year 7 to 10 students are for those students that played A-level sport in 2022/2023.
- Places are also allocated to other representative athletes. Please contact Mr Biggs to enquire about the most suitable sessions.

District And Regional Sport Trials

Sport	Age Group	Details	Nominations Due
Tennis	13-19yrs	Direct to Met East trial	Tue 31 Jan
Volleyball	16-19yrs	Composite District trial	Tue 7 Feb
Volleyball	12-15yrs	Composite District	Thur 9 Feb
Football	13-16yrs	Composite District trial	Wed 8 Feb
AFL	13-15yrs	Composite District trial	Fri 10 Feb
Swimming	10-12yrs	Direct to Met East trial (qualifying times apply)	Fri 10 Feb
Swimming	13-19yrs	Direct to Met East trial (qualifying times apply)	Tue 14 Feb
Basketball	10-12 Yrs	Lytton District trial	Fri 17 Feb
Rugby League	14-15yrs	Composite District trial	Fri 17 Feb
Golf	13-19yrs	Direct to Met East trial	Mon 20 Feb
Squash	10-19yrs	Direct to Met East trial	Tues 21 Feb
Rugby League	16-18yrs	Direct to Met East trial	Mon 27 Feb
Hockey	13-19yrs	Direct to Met East trial	Wed 1 Mar
Surfing	13-19yrs	Direct to Met East trial	Fri 24 Mar

For further information and to register your interest in any of the above listed trials, please email

<u>repsport@iona.qld.edu.au</u>. All school-based representative sport nominations must be endorsed by the Iona College Sports Department.

SAILING

Enquiries – <u>ionacollegesailing@gmail.com</u> or via Team App

The second half of the sailing season kicked off last weekend with Round 1 of the South Qld Schools Fleet Racing competition. Congratulations to those sailors new to the College who represented the black and white for the first time.



In ideal conditions, Iona had a strong showing in the 34boat fleet, with four boats currently in the top six of the competition standings after the first five races. With a further five races to be held in forecast fresh winds this Sunday, a strong focus on what we can control and good teamwork within our boats will enhance our overall standings.

Schools Fleet Racing Series – Round 2

Sunday 5 Febru	ary: RQYS
7.45am	Rigging
8.30am	Race Officer briefing
8.45am	Team briefing
9.45am	First warning signal – 5 races scheduled
2pm	Anticipated time back at the ramp for de-
	rigging & debrief

Sailors are to please confirm availability for each week's racing by RSVPing to the racing events on Teamapp.

Time off the water will depend on weather conditions. Please watch for Teamapp notification of when the boys are heading back in.

Training (all boats) Tuesdays, 3.30pm @ RQYS Keep an eye on TeamApp for school bus availability, and RSVP to confirm you need a ride.

Key Dates

- Fleet Racing 29 January, 5 & 12 February
- Teams Racing 19 & 26 February, 5 & 12 March
- SQ Teams Championships 19 & 26 March

SWIMMING - iSWIM

Swimming Coordinator Mr Craig Stariha – <u>starihac@iona.qld.edu.au</u> Head Coach Mr Zane King – <u>kingz@iona.qld.edu.au</u> Assistant Coach Mr Nic Keune – <u>keunen@iona.qld.edu.au</u>

It was great to see many students and their families gather at the pool last Friday afternoon for our first time trial of the season. The very clear message given to the squad is to attend training regularly, and aim to beat your personal best at every meet throughout the season.

We want there to be a strong sense of competition within our squad, where every boy is competing with each other to eventually make the final swim team and represent the mighty black and white at the AIC Swimming Championships later in the season. The belief is that our boys will push each other to bring out the best in themselves and the College.

The weekly swim breakfast available after the Tuesday morning training session kicked off this week. It was very pleasing to have nearly 80 boys across the College at training and enjoying a breakfast afterwards. Team culture and spirit is important to us.

Boys were reminded about keeping up the effort and attendance to their training throughout the season. Reminders were also given to the boys about nominations to Met East and Lytton District swim events too. Please read the 'High Performance' section in this newsletter to view further details regarding the nomination process. This Friday, Iona College will host St Patrick's College and Villanova College in an AIC Invitational Swim Meet. We ask all boys to wear the correct swim uniform please (no multicolours).

Finally, IT IS NOT TOO LATE TO JOIN. If your son is interested in the joining the squad, please encourage him to attend. Everyone is welcome and it is FREE of charge.

AIC Invitational Swim Meet vs Villa / St Patrick's

Date:	Friday 3 February
Venue:	Iona College Pool
Warm up:	4pm-4.20pm
First Race:	4.25pm
Finish Time:	5.30pm
Ages:	Year 5-Open

Order of Events

100m Freestyle (2 swimmers per age group) 50m Breastroke 50m Backstroke 50m Freestyle 50m Butterfly

Interhouse Swimming Carnivals (Years 7-12)

The interhouse swimming carnivals will be held next week during sport lessons. <u>Please note that parents do not attend</u> <u>these carnivals. Participation is compulsory. All students must</u> <u>bring their togs and towel on their allocated day.</u>

Year 7 – Tuesday 7 Feb (Period 2) Year 8 – Tuesday 7 Feb (Period 4) Year 9 – Wednesday 8 Feb (Period 2)

Year 10 – Friday 10 Feb (Period 3)

Years 11 and 12 times to be confirmed.

AIC Swim Training Schedule

Day	Students in Years 5-12 in 2023			
Tuesday	6.15am-7.45am			
	(Followed by a team breakfast)			
Thursday	6.15am-7.45am			
Friday	Weekly afternoon AIC Swim meet			

The sessions times for the Development Squad Program are Monday and Wednesday 3.15-4pm.

Those who are extremely confident and competent swimmers are encouraged to join the iSwim Club program. Session times can be accessed from iSwim via the Stack Team App or simply contact the Head Coach:

Mr Zane King – <u>kingz@iona.qld.edu.au</u>

Swim Coaches and Managers

Listed below are the names of the AIC coaches and managers. The Head Swim Coach, Mr Zane King, may also be contacted regarding the program.

Swimming Managers (all enquiries regarding confirmation of inclusion, absenteeism etc. should be directed to the relevant swim managers below)

Years 5-6 Managers

Mr Peter Holmes – <u>HolmesP@iona.qld.edu.au</u>

Mr Connor Russell – <u>russellc@iona.qld.edu.au</u>

12-13 Years Managers

Mr Kevin Caine – <u>CaineK@iona.qld.edu.au</u>

Ms Georgie McGeary – <u>mcgearyg@iona.qld.edu.au</u>

14-15 Years Managers

Ms Kerry Sadleir – <u>SadleirK@iona.qld.edu.au</u>

Mr Brian Robbins – <u>RobbinsB@iona.qld.edu.au</u>

16 Years & Opens Managers

Mr Liam Nugent – <u>NugentL@iona.qld.edu.au</u> Mr Kevin O'Brien – <u>obrienk@iona.qld.edu.au</u> Mr Craig Stariha – <u>starihac@iona.qld.edu.au</u>

AIC Swim Calendar (Times are approximate)

Date	Location	Time / Transport	
	AIC Swim Meet		
Fri 3 Feb	(Iona/Villa/SPC)	4pm-5.45pm	
	Iona College Pool		
	AIC Swim Meet		
Fri 10 Feb	(Iona/Villa)	4pm-5.45pm	
	Iona College Pool		
Fri 17 Feb	Iona Swim Age	2 15mm 5 20mm	
	Championships	3.15pm-5.30pm	
Thurs 23	AIC Swim Meet at	Bus provided to and	
Feb	Brisbane Aquatic	from the Chandler.	
Гер	Centre, Chandler	Times TBA	
	AIC Swim Team	3.15pm-4.30pm	
Fri 3 Mar	BBQ	Team BBQ:	
	Iona College Pool	4.30pm-5pm	
		Bus provided to and	
Tues 7 Mar	AIC Swimming	from the	
	Championships	Championships.	
		Times TBA	

Please note that the specific times and race programs for all meets will be advertised via the newsletter weekly. Parents are most welcome to attend the swim meets. The managers will require the assistance of parents to record, and time keep. If you can do so, please notify one of our Swim Managers. Your help will be appreciated.

VOLLEYBALL

Volleyball Coordinator

Mrs Karen Otway – <u>otwayk@iona.qld.edu.au</u>

Purchase of Volleyball Shirts

All selected boys are now able to purchase a volleyball shirt.

Volleyball Results – 2023

			1	1	1	1	1	
Team	Trial	Rd1 v	Rd2 v	Rd3 v	Rd4 v	Rd5 v	Rd6 v	Rd7 v
	v	SLC	SEC	MAR	PAD	SPLC	Villa	SPC
	SPLC							
1 st	lost							
2 nd	lost							
3 rd	lost							
4ths	lost							
	lona							
	10C							
11A	lost							
11B	lost							
10A	won							
10B	won							
10C	won							
	lona							
	4ths							
9A	won							
9B	won							
9C	won							
9D	won							
	lona							
	8D							
8A	won							
8B	won							
8C	won							
8D	lost							
	lona							
	9D							
7A	won							
7B	won							
7C	won							
7D	won							



Volleyball Team Photos

<u>Saturday 4 March</u> – Outside McCarthy 7 Year 7-9 Volleyball teams who are playing at Iona.



<u>Saturday 11 March</u> – Outside McCarthy 7 Year 10-12 Volleyball teams who are playing at Iona.

Volleyball Coaches

Rolf Vogelbusch	9C	Dino Lambe
Nic Vardanega	9D	Adrian Mastromichele
Nic Vardanega	8A	Jack McIntosh
	8B	Max Jolly-Perrett
Indiana Dellit		Angus Davison
Mark McDuff	8C	Daniel Otway
Liam Bigler	8D	Kate Tosello
Dylan McIntosh	7A	Dakota Russell
Dylan McIntosh	7B	Daniel Otway
Dan Callat	7C	Kezia Herrick
Den Collett		Andy Russell
Dakota Russell	7D	Nathan Hill
Sam Rhodes		
	Nic Vardanega Nic Vardanega Indiana Dellit Mark McDuff Liam Bigler Dylan McIntosh Dylan McIntosh Ben Collett Dakota Russell	Nic Vardanega9DNic Vardanega8A8B8BIndiana Dellit8CMark McDuff8CLiam Bigler8DDylan McIntosh7ADylan McIntosh7BBen Collett7CDakota Russell7D

Round 1 vs St Laurence's

All boys playing at Iona MUST attend their team's duty.

• Boys are asked to arrive at their playing venue no later than 30 mins before their game start time or duty time (whichever is first).

	Round 1 vs St Laurence's – Saturday 4 February						
Team	Venue	Time	Court				
l st	St Laurence's Sports Hall 82 Stephens Rd, South Bne	12pm	1				
2nds	St Laurence's Sports Hall 82 Stephens Rd, South Bne	llam	1				
3rds	St Laurence's Sports Hall 82 Stephens Rd, South Bne	9am	1				
4ths	St Laurence's Sports Hall 82 Stephens Rd, South Bne	8am	1				
11A	St Laurence's Sports Hall 82 Stephens Rd, South Bne	10am	1				
11B	St Laurence's Sports Hall 82 Stephens Rd, South Bne	8am	2				
10A	St Laurence's Sports Hall 82 Stephens Rd, South Bne	llam	2				
10B	St Laurence's Sports Hall 82 Stephens Rd, South Bne	10am	2				
10C	St Laurence's Sports Hall 82 Stephens Rd, South Bne	9am	2				
9A	Iona College	11am Duty 12pm Game	1				
9B	Iona College	11am Game 12pm Duty	1				
9C	Iona College	11am Game 12pm Duty	2				
9D	Iona College	11am Duty 12pm Game	2				

8A	Iona College	Duty 9am Game 10am	1
8B	Iona College	Game 9am Duty 10am	1
8C	Iona College	Duty 7.30am Game 8.15am	1
8D	Iona College	Game 7.30am Duty 8.15am	1
7A	Iona College	Duty 9am Game 10am	2
7B	Iona College	Game 9am Duty 10am	2
7C	Iona College	Duty 7.30am Game 8.15am	2
7D	Iona College	Game 7.30am Duty 8.15am	2

2023 Volleyball Training Times (Term 1, Weeks 2-8)

• Please note that <u>4ths training</u> this week will be on Friday at second break, due to the Year 12 Retreat.

1 ^{sts}	Tuesdays Thursday	3.15-5.30pm 3.15-5.30pm	Provence 1 Provence 1
2 ^{nds}	Tuesdays Thursdays	3.15-5pm 3.15-5pm	Provence 2 Oblate Hall
3 ^{rds}	Thursdays	3.15-5pm	Oblate Hall 1
4 ^{ths}	Wednesdays	2 nd Break	Oblate Hall
11A	Tuesdays Thursdays	3.15-5.30pm 3.15-5pm	Oblate Hall 1 Provence 2
11B	Mondays	3.15-4.30pm	Oblate Hall 2
10AB	Mondays	3.15-5pm	Provence 1
10C	Mondays	3.15-4.30pm	Oblate Hall 1
9A	Thursdays	3.15-5pm	Oblate Hall 2
9B	Mondays	3.15-5pm	Provence 2
9CD	Tuesdays	3.15-4.45pm	Oblate Hall 2
8AB	Wednesdays	3.15-5pm	Provence 1 & 2
8C	Wednesdays	3.15-5pm	Oblate Hall 1
8D	Wednesdays	3.15-4.30pm	Oblate Hall 2
7AB	Fridays	3.15-5pm	Provence 1&2
7C	Fridays	3.15-5pm	Oblate Hall 1
7D	Fridays	3.15-4.30pm	Oblate Hall 2