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85 North Road
Lindum QLD 4178
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AIC Sports Information (via Twitter): [@SportIona](https://twitter.com/SportIona) (includes wet weather)

Head of Sport:	Mr Craig Stariha	3893 8851
Assistant Head of Sport (7-12):	Mr Sean Devlin	3906 8905
Assistant Head of Sport (5-6):	Mr Anthony Bannerman	3893 8869
Sports Administrator:	Mrs Karen Otway	3893 8805

18 January

TEAM IONA

After an 11-year stint away from the College, I must say it is great to be back in the black and white as the newly appointed Head of Sport. I wish to acknowledge the superb efforts of my predecessor, Mr Keith Harron, who served as Iona's Head of Sport over many years. A great standard has been set!

Our ongoing aim is to maintain and further develop Iona's sports program from Years 5-12 and to ensure that our students are given the opportunity to participate and enjoy all the benefits which playing sport can provide. Iona is a place which offers many opportunities for its students to become involved in a wide variety of areas including sport, music, culture etc. My advice to all students is to 'get involved' in the life of the College. Enjoy the challenges and friendships you encounter on the way and be proud to represent your College by the way you conduct yourself on and off the sports field.

With regards to sports information, it is imperative that all students and their families regularly access the weekly sports newsletter to obtain all the information pertaining to College's sports program including important times, dates, reminders and other pertinent sports information. Often families will be emailed more specific information directly, so please regularly check your email inboxes. For last minute notifications, wet weather cancellations and other sporting updates including notifications of Iona's many successful feats, download the Twitter App and sign into Iona's account as listed in the contact information above.

As an Iona old boy, it was always instilled in us that it was considered a privilege and honour to wear the black and white. My challenge to all boys will be for them to show consistently a high level of pride and integrity as they go about being positive representatives of the college. The way we speak, act, train and play should reflect the amount of pride and integrity we have in ourselves and the college. As we are dealing with young men, it is expected that some boys from time-to-time will get it wrong. In these cases, we will accept responsibility, learn from our mistakes and use the opportunity to grow and develop to be better next time around. The process of learning will not stop at the classroom door.

Be sure to read the information found within this newsletter carefully. Training for most sports commences this week. Let us get stuck in! Please remember to have fun and enjoy the moments with your mates along the way!

Iona Sport Season Planner

19 – 20 Jan:	AIC Year 10 T20 Cricket (Marist)
17 & 19 Jan:	AIC Swimming Squad Training
17 – 25 Jan:	2023 Volleyball Trials
Fri 27 Jan:	1 st AFL Trial vs St Peter's
Sat 28 Jan:	Cricket / Volleyball / AFL Trials vs St Peter's
Sun 29 Jan:	Fleet Sailing (RQYS)
Fri 3 Feb:	Primary Inter House Swimming
Fri 3 Feb:	Round 1 AIC 1 st AFL vs St Laurence's
Fri 3 Feb:	AIC Swim Meet vs Villa / SPC
Sat 4 Feb:	Round 1 AIC Cricket / Volleyball vs SLC (A)
Sat 4 Feb:	Round 1 AIC Years 5 – 10 AFL
Sun 5 Feb:	Fleet Sailing (RQYS)
6 – 10 Feb:	Years 7 – 12 Inter house Swimming
Fri 10 Feb:	Round 2 AIC 1 st AFL vs St Edmund's
Fri 10 Feb:	AIC Swim Meet vs Villa @ Iona
Sat 11 Feb:	Round 2 AIC Cricket, Volleyball vs SEC (H)
Sat 11 Feb:	Round 2 AIC Years 5 – 10 AFL
Sun 12 Feb:	Fleet Sailing (RQYS)
Thurs 16 Feb:	High Performance Sports Information Evening
Fri 17 Feb:	Round 3 AIC 1 st AFL vs Marist
Sat 18 Feb:	Round 3 AIC Cricket / Volleyball vs Marist (H)
Sat 18 Feb:	Round 3 AIC Years 5 – 10 AFL
Sun 19 Feb:	Team Racing Sailing (RQYS)
Thurs 23 Feb:	AIC Swim Meet @ Chandler
Fri 24 Feb:	Round 4 AIC 1 st AFL vs Padua
Sat 25 Feb:	Round 4 AIC Cricket / Volleyball vs Padua (A)
Sat 25 Feb:	Round 4 AIC Years 5 – 10 AFL
Sun 26 Feb:	Team Racing Sailing (RQYS)
Tues 28 Feb:	Met East Swimming

AFL

Key Personnel

Coordinator	Mr Anthony Bannerman	bannermana@iona.qld.edu.au
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AFL Holiday Training (St Eugene's AFL Oval)

Please note that supervision is only provided at the times listed below and transportation to and from these sessions is the responsibility of students and parents.

1st XVIII

Wednesday 18 January: 3.00pm – 4.30pm

Year 9/10

Wednesday 18 January: 3.00pm – 4.30pm

Year 8

Thursday 19 January: 3.00pm – 4.30pm

Year 7

Tuesday 17 January: 3.00pm – 4.15pm

Saturday 21 January: 8.00am – 9.30am (A Team only)

Year 6

No Holiday Training

Year 5

Thursday 19 January: 3.00pm – 4.15pm

Saturday 21 January: 10.00am – 11.00am

AFL Week 1 Training Times

1st XVIII

Wednesday 25 January: 3.15pm – 4.15pm

Year 9/10

Wednesday 25 January: 3.15pm – 4.15pm

Year 8

No training on Australia Day.

Year 7

Wednesday 25th January – 7.00am – 8.00am

Year 6

Tuesday 24 January: 3.30pm – 4.30pm

Year 5

No training on Australia Day.

Uniforms

The AFL uniform (Guernsey, Shorts and Socks) is able to be purchased from the uniform shop. Students are to not purchase a guernsey until teams have been finalised at the end of week 1. Students will be given a guernsey for trial games next weekend.

Trial Match vs St Peter's

There will be a trial match vs St Peter's on Friday 27 January for 1sts and Saturday 28 January for all other teams. All selected boys are expected to play in the trial match.

Chess

Key Personnel

Coordinator	Mr Kevin Caine	cainek@iona.qld.edu.au
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Parents and students, this is a call out to those wishing to engage in the ancient art of chess which we pursue as a sport. José Raúl Capablanca – once said “You may learn much more from a game

you lose than from a game you win” a highly essential thing for any sportsman and any person who aims to achieve success in life!

At this stage we hope to commence training starting in week 2 of our return to school.

The Junior Program (Years 5 and 6)

Day: Wednesday afternoons (Starting 15 February)

Time: 3.30pm – 4.30pm

Venue: B4

Teachers: Mrs Stapleton and Mr Caine

The Intermediate and Senior Program (Years 7 – 12)

Day: Thursday afternoons (Starting 16 February)

Time: 3.30pm – 4.30pm

Venue: B4

Teachers: Mr Cullen and Mr Caine

Please email expressions of interest or enquires to Mr Caine cainek@iona.qld.edu.au who will be coordinating chess this year.

Cricket

Key Personnel

Years 7 – 12 Coordinator	Mr Sean Devlin	devlins@iona.qld.edu.au
Primary Coordinator	Mr Brendan Allen	allenb@iona.qld.edu.au
1 st Coach	Mr Wayne Niven	nivenw@iona.qld.edu.au

Oblate Cup

Massive congratulations to our Iona First XI for winning the Oblate Cup, our traditional annual cricket competition against our brother schools Mazenod College Victoria and Mazenod College WA.



This competition between the Oblate Colleges has been running since 1997, but has not been held since 2019 because of COVID-19. Played in one-day cricket format at Mazenod in Melbourne, Iona won both their games.

Iona (208 from 44.5 overs) defeated Mazenod WA (4-155 from 45 overs), with Liam Johns (70 from 106 balls) and Liam Carter (50 from 48) leading the charge with the bat.

Iona finished on 5-250 after their 50 overs, then restricted Mazenod Victoria to 5-237 (50) to claim victory and the historic silverware. Harley Malpass (69 from 59), Liam Johns (66), Liam Carter (46 not out) and Lachlan Bragger (30) excelled with the bat, while Darcy Pratten was the pick of the bowlers with 2-44.

Congratulations to all the players, coaches and staff.

Oblate Invitational Trophy

After the success of winning the Oblate Cup, Iona also won the Oblate Invitational Cup after their win against Kent St. Iona def Kent St (WA) after this match was adjusted to a T20 match. Iona 5-112 with Liam Carter top scoring with 43 off 29 balls, and Zayne



Thomas supporting with 41 from 57.

Iona then bowled and fielded exceptionally well to restrict Kent St to 8-101 after their 20 overs. Harrison Smith finished with 2-10 off four overs, while Darcy Pratten took 2-15 from his four overs.

Congratulations to all players, coaches and staff for an amazing effort for Iona!

Our sincere thanks also to our hosts Mazenod College and the wonderful families in their community for their hospitality and generosity in accommodating our Iona boys during their time in Melbourne, and taking such great care of them.

Brisbane Cricket Carnival

Iona's sizzling summer of cricket continued in the Brisbane Schools Cup, with the 1sts having wins in the final three games to finish off a high-quality week of cricket on our fields at Lindum.

The First XI

Lost vs Gregory Terrace Iona 10/162, Terrace 5/163

Won vs Nudgee College Iona 6/125, Nudgee 10/124.

Won vs St Patrick's Iona 6/272, SPC 10/66. Liam Johns 95, Zayne Thomas 94.

Won vs John Paul College Iona 2/135, JPC 10/134. Liam Johns 59, Liam Carter 45.

Seconds

Lost vs Gregory Terrace Iona 8/233 Terrace 265

Won vs Downlands Iona 0/104 Downlands 10/101 Joshua Ritchie 55 from 55, Brayden Goss 36 from 50, Luke Biddle 4 wickets.

Won vs Nudgee Iona 9/139, Nudgee 138

Under-15

Lost vs BBC Iona 9/249 BBC 6/285.

Lost vs Nudgee Iona 166 Nudgee 218.

Won vs Gregory Terrace. Iona 166, Terrace 165

Congratulations to all our teams, players, coaches, managers, staff and supporters on a wonderful week for Iona cricket! Thanks also to the umpires, scorers and officials, and our visitors from other schools.

Howzat for a good start to the Term?

T-20 Tournament

Date	Tournament	Team involved
19-20 January	AIC T20 at Marist	2023 Year 10 Squad

2023 AIC Cricket

Holiday Training

Team	Day	Venue	Time
Year 7	Thurs 19 Jan	Cricket Nets	3.30pm – 5.00pm
Year 8	Thurs 19 Jan	Cricket Nets	3.30pm – 5.00pm
Year 9	Wed 18 Jan	Cricket Nets	3.30pm – 5.00pm

Training Weeks 1 – 8 (No training will be held on Australia Day)

Team	Day	Venue	Time
Year 5	Thursdays	Lindum Oval	3.30pm – 4.30pm
Year 6	Tuesdays	Lindum Oval	3.30pm – 4.30pm
Year 7	Thursdays	McCarthy Oval	3.30pm – 4.30pm
Year 8	Thursdays	Harron Oval	3.30pm – 4.30pm
Year 9	Wednesdays	Harron Oval	3.30pm – 4.30pm
Year 10	Tuesdays	McCarthy Oval	3.30pm – 4.30pm
3 rd /4 th	Wednesdays	McCarthy Oval	3.30pm – 4.30pm
1 st /2 nd	Tuesdays	Harron Oval	3.30pm – 5.00pm
	Thursdays	Davine Oval	3.30pm – 5.00pm

Trial Match vs St Peter's

There will be a trial match vs St Peter's on Saturday 28 January. All selected boys are expected to play in the trial match.

Any queries can be directed to:

Mr Sean Devlin (Years 7 – Open) devlins@iona.qld.edu.au

Mr Brendan Allen (Years 5/6) allenb@iona.qld.edu.au

Uniforms

Cricket uniforms can be purchased from the uniform shop.

High Performance

High Performance Key Personnel

Coordinator	Mr Jarrod Biggs	biggsj@iona.qld.edu.au
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Congratulations to the following boys for their achievements during the holidays

- Harley Malpass was selected in the U16 Qld cricket team.
- Samuel Allen won a bronze medal in the 200m and placed 4th in the 100m at National All Schools Athletics.
- Matthew von Euw placed 4th in the 17 Years 100m butterfly at the Qld Age Swimming Championships.
- Jacob Johns and Austin King each made 2 finals at the Qld Age Swimming Championships.

Holiday Gym Sessions

Holiday gym training will occur at the following dates and times. Students that have been regular attendees of our Junior (7-9) and Senior (10-12) High-Performance groups are encouraged to continue their training over the holiday break to maintain the gains they have made so far.

JUNIORS (Years 7-9): 8:00am-9:00am

SENIORS (Years 10-12): 9:00am-10:00am

Thursday 19 January

Please note that supervision is only provided at the times listed below and transportation to and from these sessions is the responsibility of students and parents.

Sailing

The South Qld Schools Sailing season continues into Term 1 2023. Competition will commence at the end of week 1, Sunday 29 January. Times will be confirmed once the Notice of Race is issued by RQYS.

First training session for all sailors to be held in week 1 at RQYS on Tuesday 24 January, 3.30pm. Sailors are to arrange their own transport to RQYS.

All sailors, existing & new to the squad in Year 7, will be contacted via Teamapp or emailed prior to the first training session. An information session for parents new to the sailing program will be held at RQYS on the first day of racing, Sunday 29 January.

Key Dates

- Fleet Racing – 29 January, 5 and 12 February
- Teams Racing – 19 and 26 February, 5 and 12 March
- SQ Teams Championships – 19 and 26 March

For queries about the college sailing program, please contact the Sailing Committee via TeamApp or ionacollegesailing@gmail.com

Swimming - iSWIM

Key Personnel

Coordinator	Mr Craig Stariha	starihac@iona.qld.edu.au
Head Coach	Mr Zane King	kingz@iona.qld.edu.au

Swim Training

Information regarding squads and when to attend is available from Head Coach, Zane King kingz@iona.qld.edu.au. Further details are available from iSwim via Stack Team App.

Please note the key dates for 2023:

17 and 19 January: AIC squad training 6.15am – 7.45am
 Week 1 2023: Year 5 trials during sport lessons
 Fri 27 Jan: Swim trials Yrs 5 – Open (compulsory)
 Fri 3 Feb: Primary Inter House Swimming
 Fri 3 Feb: AIC Swim Meet vs Villa / SPC
 6 – 10 Feb: Years 7 – 12 Inter house Swimming
 Fri 10 Feb: AIC Swim Meet vs Villa @ Iona
 Thurs 23 Feb: AIC Swim Meet @ Chandler
 Tues 28 Feb: Met East Swimming

There will then be AIC squad training each Tuesday and Thursday morning 6.15am – 7.45am until the AIC championships. iSwim squad sessions are also available via swim coaching staff.

Iona Swim Club

Please see the link below to the Iona Swim Club calendar.

<https://tinyurl.com/3hvs64vf>



Volleyball

Key Personnel

Co-ordinator	Mrs Karen Otway	otwayk@iona.qld.edu.au
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Australian Volleyball Schools Cup Results

This tournament was used as a selection tool for our 2023 AIC 1st volleyball team. The Year 11 Div 1 team finished in 9th place out of 24 teams. Thank you to the Coach (Rolf Vogelbusch), Assistant Coach (Mark McDuff) and Manager (Karen Otway) for giving up their time for the boys to be able to attend this tournament. The final result does not reflect how much the team improved by the end of the tournament. Towards the end of the tournament, we had an extremely close game with the team that went on to win the gold medal.



won 2 – 1 vs Sheldon College drew 1 – 1 vs Villanova
 won 2 – 1 vs Kew (Victoria) lost 0 – 2 vs Bne Grammar
 lost 1 – 2 vs Stretton lost 0 – 3 vs BBC
 won 2 – 1 vs Ambrose Treacy won 2 – 0 vs Caloundra
 lost 1 – 1 (count back) vs Marist

2023 Volleyball Trials and Training

- Please note that some of the following trials / trainings are in the school holidays. This is necessary to fit everything in before the trial match vs St Peter's on Saturday 28 January.
- All boys should attend these sessions, as final teams for the AIC season will be selected. New boys to the College will also

be given the opportunity to trial during the following sessions.

- Please note that supervision is only provided at the times listed below and transportation to and from these sessions is the responsibility of students and parents.

Holiday and 2023 Week 1 Trials / Training

1 ^{sts}	Thurs 19 January Fri 20 January Tues 24 January	12.00 – 4pm 12.00-4.30pm 3.15-5.30pm	Oblate Hall Oblate Hall Provence Centre
2 ^{nds}	Thurs 19 January Tues 24 January	3.15 – 5pm 3.15 – 5pm	Oblate Hall Provence Centre
3 ^{rds}	Thurs 19 January Tues 24 January	3.15 – 5pm 7.00-8.10am	Oblate Hall Oblate Hall
4 ^{ths}	Wed 25 January	2 nd Break	Oblate Hall
11A	Thurs 19 January Tues 24 January	3.15 – 5pm 3.15 – 5pm	Provence Centre Oblate Hall
11B	Tues 24 January	7.00-8.10am	Oblate Hall
11C	Wed 25 January	2 nd Break	Oblate Hall
10ABC	Wed 18 January Mon 23 January	3.15 – 5pm 3.15 – 5pm	Provence Centre Provence Centre
9AB	Wed 18 January Mon 23 Jan (9B)	3.15 – 5pm 3.15 – 5pm	Oblate Hall Oblate Hall
9CD	Wed 18 January Tues 24 January	3.15 – 5pm 3.15 – 5pm	Oblate Hall Oblate Hall
Year 8	Wed 25 January	3.15 – 5pm	Provence Centre
Year 7	Fri 20 January Fri 27 January	3.15 – 5pm 3.15 – 5pm	Provence Centre PC & OH

Purchase of Volleyball Shirts

The selected boys will be told when they are able to purchase a volleyball shirt. Please do not go to the uniform shop to buy a volleyball shirt before final teams have been named as they will not be able to sell you a shirt until they have been given the final list of players for each team as we need to make sure there are no shirt number clashes.

Trial Match vs St Peters (Saturday 28 January)

There will be a trial match vs St Peter's on Saturday 28 January. All selected boys are expected to attend this match.

2023 Volleyball Training Times (Term 1 Weeks 2 – 8)

1 ^{sts}	Tuesdays Thursday	3.15 – 5.30pm 3.15 – 5.30pm	Provence 1 Provence 1
2 ^{nds}	Tuesdays Thursdays	3.15 – 5.00pm 3.15 – 5.00pm	Provence 2 Oblate Hall
3 ^{rds}	Tuesdays Thursdays	7.00 - 8.10am 3.15 – 5.00pm	Oblate Hall 1 Oblate Hall 1
4 ^{ths}	Wednesdays	2 nd Break	Oblate Hall
11A	Tuesdays Thursdays	3.15 – 5.30pm 3.15 – 5.00pm	Oblate Hall 1 Provence 2
11B	Tuesdays	7.00 - 8.10am	Oblate Hall 2
11C	Training time TBC		Oblate Hall
10AB	Mondays	3.15 – 5.00pm	Provence 1
10C	Mondays	3.15 - 4.30pm	Provence 2
9A	Thursdays	3.15 – 5.00pm	Oblate Hall 2
9B	Mondays	3.15 – 5.00pm	Oblate Hall 1
9CD	Tuesdays	3.15 – 4.30pm	Oblate Hall 2
8AB	Wednesdays	3.15 – 5.00pm	Provence 1 & 2
8C	Wednesdays	3.15 – 5.00pm	Oblate Hall 1
8D	Wednesdays	3.15 – 4.30pm	Oblate Hall 2
7AB	Fridays	3.15 – 5.00pm	Provence 1 & 2
7C	Fridays	3.15 – 5.00pm	Oblate Hall 1
7D	Fridays	3.15 – 4.30pm	Oblate Hall 2