



iGROW

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85 North Road
Lindum QLD 4178
Subscribe: <http://ionac.schoolzineplus.com/subscribe>
AIC Sports Information (via Twitter): [@SportIona](https://twitter.com/SportIona) (includes wet weather)

Head of Sport:	Mr Keith Harron	0417 079 268
Assistant Head of Sport (7-12):	Mr Sean Devlin	3906 8905
Assistant Head of Sport (5-6):	Mr Anthony Bannerman	3893 8869
Sports Administrator:	Mrs Karen Otway	3893 8805

20 April

TEAM IONA

The vacation saw athletes involved in the Ballymore Cup, Open Rugby trials, National Age Swimming and National Age Track and Field. Parents and coaches strongly supported these events. The persistence of working hard produces excellent results as displayed by the rugby teams and individuals performing at elite levels.

Some of the outstanding performances included Benjamin Goedemans winning the Australian 17 Years 200m, 400m and 800m freestyle titles in Adelaide. It is a monumental effort by Benjamin and his coaching staff. Corey Tearle, Sean Moroney and Samuel Allen also won medals at the National Age Track and Field Championships. Numerous other athletes competed in a variety of other Easter events.

In team sport, the 15 Years rugby team won the Ballymore Cup in successive years and the young 13 Years team were runners-up. Both the 1st and 2nd XV had solid trial wins over St Patrick's and the 1st XI also played a trial. The momentum to perform in winter sport is building.

This week sees rugby, football, chess and cross country preparation continue. It is a large task to mobilize our teams to play against Padua College in a trial this weekend. All are reminded to:

- Get organised
- Be dressed appropriately
- Play hard but fair
- Support positively and at all times BE RESPECTFUL.

Please note that rugby referees are desperately needed for the 2022 season, please contact Mr Sean Devlin devlins@iona.qld.edu.au if able to assist.

Iona College Sports Handbook link

- See link below to the Iona College Sports Handbook: It provides an overview of Iona College sport and its procedures. [Iona College Sports Handbook](#)

All Iona Sport updates / cancellations are provided via Twitter - Iona Sport [@SportIona](https://twitter.com/SportIona). It is strongly advised to use this media platform. **THIS INCLUDES WET WEATHER UPDATES.**

Iona Sport Season Planner

Fri 22 April:	AIC Chess Trial vs Padua (H)
Sat 23 April:	Rugby / Football Trial vs Padua (H)
Fri 29 April:	Years 5 / 6 Cricket and AFL Photos (Period 1)
Fri 29 April:	AIC Chess Round 1 vs Villa (H)
Sat 30 April:	AIC Rugby / Football Round 1 vs Villa (H)
Fri 6 May:	AIC Chess Round 2 vs SPC (H)
Sat 7 May:	AIC Rugby / Football Round 2 vs SPC (H)
Mon 9 May:	QIGA Golf (The Hills)
Mon 9 May:	AIC Golf Championships
Wed 11 May:	AIC Cross Country Trial (Runcorn)
Fri 13 May:	Qld All Schools Water Polo
Fri 13 May:	AIC Chess Round 3 vs SLC (A)
Fri 14 May:	AIC Rugby / Football Round 3 vs SLC (A)
Wed 18 May:	AIC Cross Country Trial (Curlew Park)
Fri 20 May:	AIC Chess Round 4 vs SEC (H)
Sat 21 May:	AIC Rugby / Football Round 4 vs SEC (H)
Tues 24 May:	Met East Cross Country (JPC)
Fri 27 May:	AIC Chess Round 5 vs Marist (H)
Sat 28 May:	AIC Rugby / Football Round 5 vs Marist (H) Old Boys' Day
Mon 30 May:	Cross Country Dinner
Wed 1 June:	AIC Cross Country (Curlew Park)

Basketball

1st V Basketball Trials

1st V Basketball trials will continue for selected students on the following dates below.

- Boys are expected to attend all trial sessions.
- Full Iona uniform is required for these trials. **No club uniforms are to be worn.**

Thursday 21 April:	3.15pm – 4.30pm Oblate Hall
Tuesday 26 April:	3.15pm – 4.30pm Oblate Hall
Thursday 28 April:	3.15pm – 4.30pm Oblate Hall
Tuesday 3 May:	3.15pm – 4.30pm Oblate Hall
Thursday 5 May:	3.15pm – 4.30pm The Provence Centre

Chess

Chess Trial vs Padua

There will be a trial vs Padua on Friday 22 April in the Green Room. Boys are to meet at the Green Room at 3.15pm.

Chess Training

Junior Chess (Years 5 and 6)

Junior Training and Social Chess

Day: Thursday afternoons
 Time: 3.15pm – 4.15pm
 Venue: B1
 Teachers: Mrs Stapleton and Mr Caine

Intermediate Chess (Years 7 to 9)

Intermediate Training and Social Chess

Dates: Wednesday afternoons
 Time: 3.15pm – 4.15pm
 Venue: B1

Senior Chess (Years 10 to 12)

Senior Training and Social Chess

Dates: Wednesday afternoons
 Time: 3.15pm – 4.15pm
 Venue: B1
 Teachers: Mr Cullen and Mr Caine

- Please email enquires to Mr Caine cainek@iona.qld.edu.au who will be coordinating Chess this year.



Chess Uniform: Boys wear their formal winter uniform with a Chess tie. Chess ties are available from the Uniform Shop for \$22.

Cross Country

Important Dates

Thurs 28 April: Composite District Cross Country (Minippi Park)
 Thurs 5 May: Lytton District Cross Country (Villanova Park)
 Wed 11 May: AIC Cross Country Trial (Runcorn)
 Wed 18 May: AIC Cross Country Trial (Curlew Park)
 Tues 24 May: Met East Cross Country
 Mon 30 May: Cross Country Dinner
 Wed 1 June: AIC Cross Country (Curlew Park)

Interhouse Cross Country

Years 5 / 6: TBC
 Years 7 to 12: TBC

Cross Country Training - Years 7 to 12

Term 2 Week 1

Monday:	Wednesday:	Friday:
Cancelled Easter Monday holiday	6.45 - 8.00am (Pool gates) Intervals	6.45 - 8.00am (Pool gates) Ultimate

Week 2

Tuesday:	Wednesday:	Friday:
6.45 - 7.45am @ Wynnum wading pool Aerobic Run	6.45 - 8.00am Time trial St Eugene's Park	3.45 - 5.15pm No training am. Training with Lourdes Hill

Primary Cross Country Training

Days: Tuesdays and Thursdays

Time: 3.15pm - 4.15pm

Attire: Boys in Years 5 and 6 will need to wear their Iona sports clothes / PE clothes and comfortable running shoes

Venue: Meet at the Primary handball courts

Football (Soccer)

Key Personnel

Years 5-8 Coordinator	Mrs Michelle Connors	connorsm@iona.qld.edu.au
Years 9-10 Coordinator	Mr Richard Beets	beetsr@iona.qld.edu.au
Open Coordinator	Mr Reece Healy	healyr@iona.qld.edu.au

Football Training Sessions Term 2 (Week 1)

Team	Days	Time	Location
1 st	Thursday	7.00am – 8.15am	Fuller Oval
2 nd – 5 th	Thursday	3.15pm – 4.45pm	Dwyer/Fuller
10A,B	Cancelled		
Year 9	Thursday	3.15pm – 4.45pm	Coghill Oval
Year 8 Trials	Wednesday	3.15pm – 4.45pm	Fuller Oval
Year 7 Trials	Wednesday	3.15pm – 4.45pm	Coghill/Dwyer

Years 5 to 10 will also have training during their sport periods.

Football Training Sessions Term 2 (Week 2 onwards)

Please note: There will be no training on Wednesday afternoons in Weeks 2 and 3 due to student progress meetings.

Team	Days	Time	Location
1 st	Tuesdays Thursdays	7.00am – 8.15am 7.00am – 8.15am	Fuller Oval Fuller Oval
2 nd	Tuesdays	3.15pm – 4.45pm	Fuller Oval
3 rd	Fridays	3.15pm – 4.45pm	Coghill Oval
4 th / 5 th	Mondays	3.15pm – 4.45pm	Coghill Oval
10A,B	Thursdays	3.15pm – 4.45pm	Fuller Oval
9A,C,D	Thursdays	3.15pm – 4.45pm	Coghill Oval
9B	Thursdays	7.00am – 8.15am	Coghill Oval
8AB	Thursdays	3.15pm – 4.45pm	Dwyer Oval
8CD	Wednesdays	3.15pm – 4.45pm	Coghill Oval
7A, 7C	Wednesdays	3.15pm – 4.45pm	Fuller/Coghill
7B	Thursdays	3.15pm – 4.45pm	Dwyer Oval
7D	Tuesdays	3.15pm – 4.45pm	Coghill Oval
6A,B,D	Tuesdays	3.15pm – 4.45pm	Fuller/Coghill
6C	Tuesdays	7.00am – 8.15am	Coghill Oval
5A, B, C	Tuesdays	3.15pm – 4.45pm	Coghill/Dwyer
5D	Tuesdays	7.00am – 8.15am	Coghill Oval

PLEASE NOTE:

NO DOGS are allowed at AIC venues.



Football Trial vs Padua (Saturday 23 April)

Team	Venue	Oval	Time
1 st XI	Iona College	Fuller	12.15pm

Team	Venue	Oval	Time
2 nd XI	Iona College	Fuller	11.00am
3 rd XI	Iona College	Coghill	11.40am
4 th XI	Iona College	Coghill	10.30am
5 th XI	Iona College	Dwyer	11.30am
10A	Iona College	Fuller	9.45am
10B	Iona College	Coghill	8.30am
10C	Iona College	Dwyer	9.30am
10D	Cancelled		
9A	Iona College	Fuller	8.30am
9B	Iona College	Coghill	9.30am
9C	Iona College	Dwyer	8.30am
9D	Iona College	Dwyer	7.30am
8A	Padua Fields 222 Elliott Rd, Banyo	Football 1	8.30am
8B	Padua Fields 222 Elliott Rd, Banyo	Football 1	10.30am
8C	Padua Fields 222 Elliott Rd, Banyo	Football 1	11.30am
8D vs Pad D/E 3 way	Padua Fields 222 Elliott Rd, Banyo	Football 3	10.30am
7A	Padua Fields 222 Elliott Rd, Banyo	Football 1	7.30am
7B	Padua Fields 222 Elliott Rd, Banyo	Football 1	9.30am
7C	Padua Fields 222 Elliott Rd, Banyo	Football 3	7.30am
7D	Padua Fields 222 Elliott Rd, Banyo	Football 3	8.30am
7E	Padua Fields 222 Elliott Rd, Banyo	Football 3	9.30am
6A	Padua Fields 222 Elliott Rd, Banyo	Football 2A	7.30am
6B	Padua Fields 222 Elliott Rd, Banyo	Football 2A	8.20am
6C	Padua Fields 222 Elliott Rd, Banyo	Football 2A	9.10am
6D vs Pad D/E 3 way	Padua Fields 222 Elliott Rd, Banyo	Football 2A	10.00am
5A	Padua Fields 222 Elliott Rd, Banyo	Football 2B	7.30am
5B	Padua Fields 222 Elliott Rd, Banyo	Football 2B	8.20am
5C	Padua Fields 222 Elliott Rd, Banyo	Football 2B	9.10am
5D	Padua Fields 222 Elliott Rd, Banyo	Football 2B	10.00am

Football (Soccer) Uniform

Black Iona HPE shorts

Iona football jersey

Black Iona football socks

Iona sport jacket or hoodie (**no non-Iona jumpers or tracksuit pants to be worn**)

Shin guards and football boots are compulsory

Shin guards and strapping tape are available at the Uniform Shop.



High Performance

Term 2 Gym Training

- All students must attend the gym in Iona sport uniform and bring a towel to train. Boys are to get changed in The Provenance Centre change room.
- Years 9 to 12 student session is open to any student from Year 9 to Year 12.
- High Performance Groups are open to 'A' players of any sport, plus representative athletes.

Term 2 Gym Timetable (Starts Week 2)

	MON	TUES	WED	THURS	FRI
Morning 7:00am – 8:00am	Open Rugby	Year 11 & 12 High Performance	9-12 Students	Year 10 High Performance	Year 11 & 12 High Performance
Afternoon 3.15pm – 4.15pm	Year 9 High Performance	Year 10 High Performance	Open Rugby	Year 9 High Performance	

Please note the following District and Regional trial dates:

Rugby Union 15 Years: Boys interested in trialling for the Composite team are asked to see Mr Harron.

Individuals within our programs performed at elite levels over the break:

Swimming

Benjamin Goedemans won three 17 Years events at the National Age Swimming Championships in Adelaide.

17 Years 200m freestyle 1:50.77

17 Years 400m freestyle 3:52.86

17 Years 800m freestyle 8:07.25



Matthew von Euw was 5th in 16 Years 100m butterfly 57.57

Kyan Muir swam in multiple "B" finals in 16 Years events

Congratulations to all other swimmers who competed.

Track and Field

The following boys competed in the National Track and Field Championships in Sydney recently:

Corey Tearle: (U18) 3rd Shot Put, competed in Discus and Hammer

Ethan Tearle: (U16) 8th Hammer, 9th Shot Put, competed in Discus

Bailey Burns: (U16) 4th Long Jump, competed in 100m

Sean Moroney: (Para U20) 2nd Long Jump, 6th 100m, 7th 200m

Samuel Allen: (Para U17) 3rd 200m, 4th 100m

Other Sports

A number of Iona athletes competed in elite competitions in water polo, beach volleyball and sailing as part of club teams and all performed with distinction.

Interhouse Sport

Oblate Trophy – Progressive Points

	ALBINI	ANTHONY	CHISHOLM- GERULA	CHARLEBOIS	GERARD	GRANDIN	LONG	MCAULEY	MACKILLOP	MAZENOD
Swimming After 7-12	8	5	3	7	10	2	6	1	4	9
Sport Yrs 5-10	3.5	8	3.5	1.5	1.5	10	6	8	8	5
Colour Run	7	6	5	3	4	8	9	10	2	1
Academics	3	8	5	4	7	9	6	2	10	1
Progressive Total	21.5	27	16.5	15.5	22.5	29	27	21	24	16
Place	6th	2nd	8th	10th	5th	1st	2nd	7th	4th	9th

Please note tentative dates for the following:

- Years 5 / 6 Interhouse Swimming - Has now been moved to Friday 21 October.
- Year 12 Interhouse Swimming - Won by Gerard
- Senior Interhouse Cross Country - Postponed
- Primary Interhouse Cross Country - Postponed

Mountain Biking

The postponed mountain biking trials have been cancelled. All students new to the sport are invited to attend the first training session with coaches to assess skill level.

All students currently in the squad will receive an email from Mr Davison this Thursday with important information for the upcoming training and first competitive event. If you do not receive this email and still wish to be involved, please contact Mr Davison.

Mountain biking uniforms will be available for purchase at the Uniform Shop.

Rugby Union

Key Personnel

Years 5-8 Coordinator	Mr Sean Devlin	devlins@iona.qld.edu.au
Year 5 Coordinator	Mr Troy Condon	condont@iona.qld.edu.au
Year 6 Coordinator	Ms Gemma Tapson	tapson@iona.qld.edu.au
Year 7 Coordinator	Mr Nick Christie	christien@iona.qld.edu.au
Year 8 Coordinator	Mr Sean Devlin	devlins@iona.qld.edu.au
Year 9 Coordinator	Mr James Cassidy	cassidyj@iona.qld.edu.au
Year 10 Coordinator	Mr Dan Sutherland	sutherlandd@iona.qld.edu.au
Open Coordinator	Mr Keith Harron	harronk@iona.qld.edu.au

Rugby Referees

Please note that rugby referees are desperately needed for the 2022 season, please contact Mr Sean Devlin devlins@iona.qld.edu.au if able to assist.

Ballymore Cup

Two Iona teams competed at the popular tournament. The 15 Years were again successful in winning their age while the young 13 Years team were runners up. All involved including players, coaches and parents enjoyed the rugby experience.



Results

U13:	won vs Lindisfarne Anglican	77 – 0
	lost vs King's Christian College	10 – 26
	won vs Somerset College	85 – 0
	won vs Ambrose Treacy (semi)	17 – 12
	lost vs King's Christian College (final)	0 – 48
U15:	won vs Lindisfarne Anglican	41 – 5
	won vs Somerset College	36 – 0
	won vs Faith Lutheran	22 – 7
	won vs King's Christian College (semi)	17 – 5
	won vs St Peters (final)	39 – 0

Fononga Tuitahi was awarded player of the final and Mr Sean Devlin secured coach of the tournament.

Trial vs St Patrick's

1st XV : won 36 – 0
2nd XV : won 34 – 26

Rugby Training Term 2

Please note: There will be no training on Wednesday afternoons in Weeks 2 and 3 due to student progress meetings.

Team	Dates	Time	Location
1 st /2 nd	Tuesdays Thursdays	3.30pm-5.00pm 3.30pm-5.00pm	Davine oval Davine oval
3 rd	Tuesdays Thursdays	3.30pm-5.00pm 3.30pm-5.00pm	Davine oval Davine oval
4 th	Tues (wks 2/3) Wed (wk 4 on)	3.20pm-4.45pm	Davine oval
Year 10	Wednesdays	7.00am-8.00am Starts week 2	McCarthy
Year 9	Tuesdays	3.20pm-4.45pm	Harron oval
Year 8	Thursdays	3.20pm-4.45pm	Harron oval
Year 7	Tuesdays	3.20pm-4.45pm	McCarthy
Year 6	Wednesdays	3.20pm-4.45pm	McCarthy
Year 5	Wednesdays	3.20pm-4.45pm	Harron oval

Years 5 – 10 will also have training during their sport periods.

Rugby Union Uniform:

Iona rugby union shorts
Iona rugby union jersey
Black Iona football socks
Iona sport jacket or hoodie (**no non-Iona jumpers or track suit pants to be worn**)
Mouthguards and football boots are compulsory
Headgear, mouthguards and strapping tape are available at the Uniform Shop.



PLEASE NOTE:

NO DOGS are allowed at AIC venues.



Trial Match vs Padua (Saturday 23 April)

Team	Venue	Oval	Time
1 st XI	Iona College	Davine	2.15pm
2 nd XI	Iona College	Davine	1.00pm
3 rd XI	Iona College	Davine	12.00pm
4 th XI	Iona College	Davine	11.00am
10A	Iona College	McCarthy	1.00pm
10B	Iona College	McCarthy	12.00pm
10C	Iona College	McCarthy	11.00am
10D	Iona College	McCarthy	10.00am
9A	Iona College	Harron	12.00pm
9B	Iona College	Harron	11.00am
9C	Iona College	Harron	10.00am
9D	Iona College	Harron	9.00am
8A	Padua Fields 222 Elliott Rd, Banyo	Rugby 1	1.00pm
8B	Padua Fields 222 Elliott Rd, Banyo	Rugby 1	12.00pm
8C	Padua Fields 222 Elliott Rd, Banyo	Rugby 2	1.00pm
8D	Padua Fields 222 Elliott Rd, Banyo	Rugby 2	12.00pm
8E	BYE		
7A	Padua Fields 222 Elliott Rd, Banyo	Rugby 1	11.00am
7B	Padua Fields 222 Elliott Rd, Banyo	Rugby 1	10.00am
7C	Padua Fields 222 Elliott Rd, Banyo	Rugby 1	9.00am
7D	Padua Fields 222 Elliott Rd, Banyo	Rugby 1	8.00am
7E	BYE		
6A	Padua Fields 222 Elliott Rd, Banyo	Rugby 2	10.30am
6B	Padua Fields 222 Elliott Rd, Banyo	Rugby 2	9.40am
6C	Padua Fields 222 Elliott Rd, Banyo	Rugby 2	8.50am
6D	Padua Fields 222 Elliott Rd, Banyo	Rugby 2	8.00am
5A	Padua Fields 222 Elliott Rd, Banyo	Rugby 3	10.30am
5B	Padua Fields 222 Elliott Rd, Banyo	Rugby 3	9.40am
5C	Padua Fields 222 Elliott Rd, Banyo	Rugby 3	8.50am

Team	Venue	Oval	Time
5D	Padua Fields 222 Elliott Rd, Banyo	Rugby 3	8.00am

Swimming - iSWIM

Key Personnel

Swimming Coordinator	Mr Keith Harron	harronk@iona.gld.edu.au
Head Coach	Mr Zane King	kingz@iona.gld.edu.au

Queries regarding squads and fees can be directed to Head Coach Zane King kingz@iona.gld.edu.au.

Swim Training :

Details will be advised by iSWIM.

Tennis

An invitation only AIC pre-season Tennis Squad has begun training. Sessions will be held at the Iona College courts from 6.30am - 8.00am each Tuesday. The training sessions will be run by a member of the Malpass Tennis staff.

Water Polo

The Qld All Schools will be held on Friday 13 May at Toowong. (Open level only). All interested players (Years 9 – 12) MUST email Mr Harron by this Friday - harronk@iona.gld.edu.au.