



85 North Road
Lindum QLD 4178
Subscribe: <http://ionac.schoolzineplus.com/subscribe>
AIC Sports Information (via Twitter): [@SportIona](https://twitter.com/SportIona) (includes wet weather)

Head of Sport: Mr Keith Harron 0417 079 268
Assistant Head of Sport (7-12): Mr Sean Devlin 3906 8905
Assistant Head of Sport (5-6): Mr Anthony Bannerman 3893 8869
Sports Administrator: Mrs Karen Otway 3893 8805

9 March

TEAM IONA

Swimming took centre stage this week with both the AIC and Met East regional championships. Iona finished third in the AIC Senior division and fifth in the AIC Primary division. It was a whole hearted effort in a disrupted season. Regional performances were again strong.

This weekend sees fixtures against Padua College including the Indigenous Round to honour First Nation Peoples. It is so important to be respectful of what the round means. All teams will gather and hopefully enjoy healthy competition.

Cross country, rugby union, football and chess will soon generate their pre-seasons. Next week's newsletter will contain important information regarding selection trials, training and progression towards competition. Being aware of what is planned is vital. Please note that rugby referees are needed for the 2022 season – contact Mr Sean Devlin devlins@iona.qld.edu.au if able to assist.

Iona College Sports Handbook link

- See link below to the Iona College Sports Handbook: It provides an overview of Iona College sport and its procedures. [Iona College Sports Handbook](#)

All Iona Sport updates / cancellations are provided via Twitter - Iona Sport @SportIona. It is strongly advised to use this media platform. THIS INCLUDES WET WEATHER UPDATES.

A reminder to follow the health directives provided by government and schools in Term 1:

- DO NOT ATTEND IF COVID POSITIVE, REQUIRED TO ISOLATE OR SHOWING COVID SYMPTOMS.
- Schools will advise of spectator arrangements each week:
 - Outdoors – please social distance wherever possible.
 - Indoors – abide by seating advice.

Iona Sport Season Planner

The below is subject to government guidelines.

Fri 11 Mar: AIC 1st AFL vs Padua (H)
Sat 12 Mar: Cricket and Volleyball Photos (for Teams @ Iona)
Sat 12 Mar: AIC Cricket, Volleyball vs Padua (H)
Sat 12 Mar: AIC Years 5 to 10 AFL vs Padua / SPC

Sun 13 Mar: Sailing RQYS (Teams)
Mon 14 Mar: 1st Football vs St Andrew's (H)
Wed 16 Mar: 1st AFL vs St Laurence's @ Iona
Fri 18 Mar: AIC 1st AFL vs St Peters
Sat 19 Mar: AIC Cricket, Volleyball vs St Peters (H)
Sat 19 Mar: AIC Years 5 to 10 AFL vs SPLC / SLC

AFL

AFL Coordinator Years 5-12	Mr Anthony Bannerman	bannermana@iona.qld.edu.au
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AFL Team Photos

Years 5 and 6: Photos will now be taken on Friday 29 April during Period 1 on the Primary handball courts. Boys will wear formal grey uniform for these photos.



Years 9/10, Year 8 and 7B: Photos will be taken on Saturday 12 March before the game. **Photo schedule is below.**

1st: Photo will be taken on Friday 18 March before the game.

Photo Schedule Saturday 12 March

- Photos will be postponed if games are not played at Iona.

Team	Arrival Time	Photo Time	Game Time
7B AFL	6.50am	7.00am	7.30am Game at Iona
7A AFL	7.35am	7.45am	8.30am Game at Iona
Year 8 AFL	8.20am	8.30am	9.30am Game at Iona
9/10 AFL	9.15am	9.25am	10.30am Game at Iona

Round vs Padua

Please be aware that venues of the below fixtures may change. Any venue change will be emailed to all parents by Mr Bannerman and also available on Twitter.

Round vs Padua - Friday 11 March

Team	Venue	Time	Oval
1 st	Iona College St Eugene's Park North Rd, Lindum	4.30pm	1

Round vs Padua / St Patrick's - Saturday 12 March			
Team	Venue	Time	Oval
9/10 vs Pad	Iona College St Eugene's Park North Rd, Lindum	10.30am	1
8A vs Pad	Iona College St Eugene's Park North Rd, Lindum	9.30am	1
7A vs Pad	Iona College St Eugene's Park North Rd, Lindum	8.30am	1
7B vs Pad	Iona College St Eugene's Park North Rd, Lindum	7.30am	1
6A vs SPC	Yeronga AFC Leyshon Park Cansdale St, Yeronga	8.30am	4
6B vs SPC	Yeronga AFC Leyshon Park Cansdale St, Yeronga	7.30am	4
6C vs ATC	Yeronga AFC Leyshon Park Cansdale St, Yeronga	7.30am	1
5A vs SPC	Yeronga AFC Leyshon Park Cansdale St, Yeronga	10.30am	1
5B vs SPC	Yeronga AFC Leyshon Park Cansdale St, Yeronga	9.30am	1
5C vs SPC	Yeronga AFC Leyshon Park Cansdale St, Yeronga	8.30am	1

1st AFL rescheduled match

Iona vs St Laurence's College

Wednesday 16 March @ Iona College St Eugene Park,
4.30pm game start.

All students are invited to come down and watch Iona take on St Laurence's College in First XVIII AFL.

Stay back on Wednesday and support our senior boys, in one of their final games of the 2022 AIC Season.

Please note:

No dogs are allowed at AIC sporting venues.



AFL Training for 2022

All boys are expected to wear Iona sport clothing to all training. Mouthguards and correct footwear are also required for all training sessions.

Please do not attend training if you have COVID symptoms, tested positive or are in isolation. Please email Mr Bannerman bannermana@iona.qld.edu.au if you are not able to attend training or games.

AFL Training Schedule

Team	Day	Venue	Time
1 st	Mondays Wednesdays	St Eugene's Park St Eugene's Park	3.15pm – 4.30pm 3.15pm – 4.30pm
Yrs 9/10	Wednesday	St Eugene's Park	3.15pm – 4.30pm
Year 8	Thursdays	St Eugene's Park	7.00pm – 8.00am
Year 7	Thursdays	St Eugene's Park	3.15pm – 4.30pm
Year 6	Thursdays	St Eugene's Park	7.00pm – 8.00am
Year 5	Thursdays	St Eugene's Park	3.15pm – 4.30pm

Chess

Chess trials for AIC team selection 2022

Junior Chess (Years 5 and 6)

AIC Team Trials

Date: Wednesday 9 March
Time: 3.15pm – 4.15pm
Venue: B1

Junior Training and Social Chess

Day: Wednesday afternoons (not 9 March)
Time: 3.15pm – 4.15pm
Venue: B1
Teachers: Mrs Stapleton and Mr Caine

Intermediate Chess (Years 7 to 9)

Intermediate Training and Social Chess

Dates: Thursday afternoons from 10 to 31 March
Time: 3.15pm – 4.15pm
Venue: B1

Senior Chess (Years 10 to 12)

Senior Training and Social Chess

Dates: Thursday afternoons from 10 to 31 March
Time: 3.15pm – 4.15pm
Venue: B1
Teachers: Mr Cullen and Mr Caine

- Any seniors who are able to assist with junior training please contact Mr Caine.
- Please email enquires to Mr Caine cainek@iona.qld.edu.au who will be coordinating Chess this year.

Cricket

Key Personnel

Years 5-6 Coordinator	Mr Brendan Allen	allenb@iona.qld.edu.au
Years 7-12 Coordinator	Mr Sean Devlin	devlins@iona.qld.edu.au

2022 Cricket Training

All boys are expected to wear Iona sports clothing to all trainings.

Please do not attend training if you have COVID symptoms, tested positive or are in isolation. Please email Mr Devlin devlins@iona.qld.edu.au if you are not able to attend training or games.

Training will also occur during sport lessons for Years 5 to 10.

Team	Day	Venue	Time
1 st / 2 nd	Tues Thurs	Cricket Net/Harron Davine	3.30pm – 5.30pm 3.30pm – 5.30pm
3 rd / 4 th	Wed	Cricket Net/McCarthy	3.30pm – 5.00pm
Year 10	Tues	Cricket Net/McCarthy	3.30pm – 5.00pm
Year 9	Wed	Cricket Net/Harron	3.30pm – 5.00pm
Year 8	Thurs	Cricket Net/Harron	3.30pm – 5.00pm
7ABC	Thurs	Cricket Net/McCarthy	3.30pm – 5.00pm
7D	Fri	Cricket Nets	3.30pm – 4.30pm
Year 6	Fri	Cricket Nets	7.00am – 8.00am
Year 5	Fri	Cricket Nets	7.00am – 8.00am

Cricket Team Photos

Saturday 12 March - Outside McCarthy 7 for teams playing at Iona and Kianawah Park.



Years 5 and 6 cricket photos will now be taken on Friday 29 April during Period 1. All boys will wear their formal grey uniform for the cricket photo.

Years 7, 8 and 9 cricket photos will now be taken on a co-curricular photo day later in the year.

Photo Schedule Saturday 12 March

Team	Arrival Time	Photo Time	Game Time
10B Cricket Photo postponed			
10A Cricket	7.05am	7.15am	8.00am Game at Iona
1 st Cricket	8.05am	8.15am	9.30am Game at Iona
2 nd Cricket	12.05pm	12.15pm	1.00pm Game at Iona
4 th Cricket Photo postponed			
10C Cricket Photo postponed			

Please note:

No dogs are allowed at AIC sporting venues.



Round vs Padua

Round vs Padua - Saturday 12 March			
Team	Venue	Oval	Time
1 st XI	Iona College	Davine	9.30am-5.00pm
2 nd XI	Iona College	McCarthy	1.00pm-5.30pm
3 rd XI	BYE		
4 th XI	Game cancelled		
10A	Iona College	McCarthy	8.00am-12.45pm
10B	Game cancelled		
10C	Game cancelled		
9A	Padua Playing Fields 222 Elliott Rd, Banyo	Field 1	8.00am-12.45pm
9B	Padua Playing Fields 222 Elliott Rd, Banyo	Field 2	8.00am-12.45pm
8A	Padua Playing Fields 222 Elliott Rd, Banyo	Field 1	1.00pm-5.50pm
8B	Padua Playing Fields 222 Elliott Rd, Banyo	Field 3	1.00pm-5.50pm
8C	Marchant Park. Murphy Rd, Aspley	Field 3	1.00pm-4.00pm
8D	Boyd Park. 11 Boyd Rd, Nundah	Oval 1	1.00pm-4.00pm
7A	Padua Playing Fields 222 Elliott Rd, Banyo	Field 2	1.00pm-5.50pm
7B	Padua Playing Fields 222 Elliott Rd, Banyo	Field 3	8.00am-12.45pm
7C	Boyd Park. 11 Boyd Rd, Nundah	Oval 1	10.00am-1.00pm
7D	Padua College 80 Turner rd, Kedron	Assisi	11.30am-2.30pm
6A	Game cancelled		
6B	Game cancelled		
6C	Game cancelled		
6D	Game cancelled		
5A	Padua College 80 Turner rd, Kedron	Assisi	8.00am-11.30am

5B	Padua College Cnr Turner & Broughton Rds, Kedron	Greccio	8.00am-11.30am
5C	Boyd Park. 11 Boyd Rd, Nundah	Field 1	7.30am-10.00am
5D	Melrose Park Cnr Roseleigh and Rose Sts, Woolloowin	East	7.30am – 10.00am

Cross Country

Primary Cross Country Training

Days: Tuesdays and Thursday

Time: 3.15pm - 4.15pm

Attire: Boys in Years 5 and 6 will need to wear their Iona sports clothes / PE clothes and comfortable running shoes

Venue: Meet at the Primary handball courts.

Cross Country Training - Years 7 to 12

Week 7

Monday:	Wednesday:	Thursday:	Friday:
6.45am-7.45am @ Wynnum Wading Pool <u>Aerobic Run</u> (A minibus will depart from the chapel at 6.30am if you cannot meet at Wynnum wading pool)	6.45am-8.00am Meet at junior handball courts Fartlek Session	3.15pm-4.00pm Davine Oval Aerobic Run	6.45am-8.00am Meet at Junior handball courts Ultimate

Week 8

Monday:	Wednesday:	Thursday:	Friday:
6.45am-7.45am @ Wynnum Wading Pool <u>Aerobic Run</u> (A minibus will depart from the chapel at 6.30am if you cannot meet at Wynnum wading pool)	6.45am-8.00am Time Trial at St Eugene's park 3km: 12,13,14yrs 4km:15,16,Open	3.15pm-4.00pm Davine Oval Aerobic Run	6.45am-8.00am Meet at Junior handball courts Ultimate

Football

For further information regarding 1st squad training, please contact Mr Saul saubl@iona.qld.edu.au.

High Performance

Congratulations to Rhys Wellings who recently achieved second place in the U15 National Mountain Biking Championships in Tasmania. This is an outstanding achievement.

Congratulations to the following boys who competed at the recent State Athletics Championships.

Jake Hambrook-Smith: U14 Discus 5th, Shot put 5th.

Zane Burns: U14 Long jump 4th, 100m 10th, 200m 10th.

Bailey Burns: U16 100m 5th

Ethan Tearle: U16 Shot Put 2nd, Discus 8th.

Corey Tearle: U18 Shot put 1st, Discus 1st, Hammer 1st

Sean Moroney: U20 ambulant 100m 4th, 200m 3rd, Long jump 3rd

Samuel Allen: U17 ambulant 100m 3rd, 200m 3rd

Noah Carter also competed in the 17 Years 1500m.

Gym Training

- All students must attend the gym in Iona sport uniform and bring a towel to train. Boys are to get changed in The Provence Centre change room.
- Years 9 to 12 student session is open to any student from Year 9 to Year 12.
- High Performance Groups are open to 'A' players of any sport, plus representative athletes.
- AFL, Senior Cricket and Rugby Squads are by selection only.

DAY	MON	TUES	WED	THURS	FRI
Morning1 6.45am – 7.30am	Black Squad Rugby	Yrs 11/12 High Performers	White Squad Rugby	Yrs 9-12 Students	Yrs 9-12 Students
Morning2 7.30am – 8.15am	White Squad Rugby	AFL	Senior Cricket	Yrs 11/12 High Performers	Yr 10 High Performers
Afternoon 3.15pm – 4.15pm	Yr 9 High Performers	Yr 10 High Performers	Black Squad Rugby	Yr 9 High Performers	

Please note the following District and Regional trial dates:

There may be date changes throughout Term 1 – please keep up to date by visiting the Met East and State Schools sport websites.

Football 10 to 12 Years: Lytton District trials are Thursday 21 April. Students interested please see Mr Bannerman. A prerequisite to being considered for the trial is you must be playing U11 or U12 FQ Academy.

Hockey 10 to 12 Years: Lytton District trials are Tuesday 29 March. Students interested please see Mr Bannerman.

Rugby League 10 to 11 Years: Lytton District trials are Tuesday 15 March. See Mr Bannerman if you are interested in trialling.

Rugby League 12 Years: Lytton District trials are Tuesday 15 March. See Mr Bannerman if you are interested in trialling.

Rugby Union 11 to 12 Years: Lytton District trials are Thursday 24 March. See Mr Bannerman if you are interested in trialling.

Touch 18 Years: Met East trial is now Friday 18 March.

Rugby League 18 Years: Met East trial date is Wednesday 16 March. Please see Mr Biggs in The Provence Centre staff room during break times if interested.

Football 19 Years: Met East trial is now Thursday 17 March.

Rugby Union 17 to 18 Years: This is a paper trial for the Composite team. Interested boys are to see Mr Harron for paperwork.

Interhouse Sport

Oblate Trophy

	ALBINI	ANTHONY	CEBULA	CHARLEBOIS	GERARD	GRANDIN	LONG	MCAULEY	MACKILLOP	MAZENOD
Swimming after 7-11	7	4	2.5	8	9	2.5	5	1	6	10
Sport Yrs 7-10	2	9.5	4.5	2	2	4.5	6	7.5	9.5	7.5
Fluid Total	9	13.5	7	10	11	7	11	8.5	15.5	17.5
Place	7th	3rd	9th	6th	4th	9th	4th	8th	2nd	1st

Year Level Sport

Years 7 to 10 are currently involved in softball, cricket, football and gaelic football interhouse competition.

Year 5/6 Interhouse Swimming

Will be held on Monday 28 March. This is an all day event and parents are welcome to attend.

Mountain Biking

Organisation for the 2022 Mountain Biking squad is well underway with a wide range of planned events for the squad to attend this year. There will be a meeting next Thursday 17 March. Students should keep an eye on the daily bulletin next week for an updated meeting location. Sign up, events and training information will be shared at this meeting.

If you have any other questions, please contact Mr Davison on davisond@iona.qld.edu.au.

Rugby Union

Open Squad Training Times

Strength and conditioning has begun as outlined in High Performance information.

Field sessions will be each Tuesday 6.30am – 7.45am and Thursday 3.30pm – 5.00pm. These sessions will now be held in an area to be advised.

Contact Mr Ben Devlin, 1st manager, with any queries: devlinb@iona.qld.edu.au.

Sailing

RQYS have advised that sailing events are to return this weekend. Once the racing schedule has been confirmed, notifications will be posted on Teamapp regarding team selections, race times and the volunteer roster.



Please advise Head Coach Hayden Barney, or the Sailing Committee via TeamApp of any unavailability as soon as possible.

If you'd like to know more about the Iona Sailing Program, please contact the Sailing Committee via ionacollegesailing@gmail.com

Date Claimers for Term 1:

- Training: Tuesdays 3.30pm – 6.00pm
- Sunday 13 March – Teams racing
- Sunday 20 and 27 March – Teams State Titles (qualifications for National Titles)

Swimming - iSWIM

Key Personnel

Swimming Coordinator	Mr Keith Harron	harronk@iona.qld.edu.au
Head Coach	Mr Zane King	kingz@iona.qld.edu.au

Queries regarding squads and fees can be directed to Head Coach Zane King kingz@iona.qld.edu.au.

2022 Swimming Calendar

21 to 23 March: 10 to 12 Years Qld School Swimming

24 to 25 March: 13 to 19 Years Qld School Swimming

11 to 18 April: Age Nationals (Adelaide)

Swim Training (currently underway)

10 to 12 Year Olds

Tuesdays and Thursdays 3.15pm – 4.00pm

13 Years to Open

Monday and Wednesday 3.15pm – 4.00pm

AIC Carnival

Congratulations to all swimmers in our team for their efforts at AIC this week. It is a demanding sport. Special thanks to our coaching staff of Zane King, Michael Lewandowski and Sam Sharp for their guidance throughout the season as well as team managers. Benjamin Goedemans, Kyan Muir and Cooper Townsend captained our team in the most difficult circumstances arising from COVID and the weather.



Results

Aggregate					
Senior			Primary		
1 st	St Peters	650	1 st	Marist Ashgrove	403
2 nd	Marist Ashgrove	600.75	2 nd	Villanova	347.5
3 rd	Iona	458.25	3 rd	St Peters	328
4 th	Villanova	440	4 th	Padua	302.5
5 th	St Laurence's	369.5	5 th	Iona	282
6 th	Ambrose Treacy	285.5	6 th	St Laurence's	268
7 th	Padua	256.5	7 th	Ambrose Treacy	210
8 th	St Patrick's	229.5	8 th	St Patrick's	183
9 th	St Edmund's	168			

Age Group Results

Year 5	1 st Villanova	Iona 6 th
Year 6	1 st Marist Ashgrove	Iona 2 nd
12 Years	1 st St Peters	Iona 3 rd
13 Years	1 st St Peters	Iona 5 th
14 Years	1 st Marist Ashgrove	Iona 5 th
15 Years	1 st Marist Ashgrove	Iona 3 rd
16 Years	1 st Marist Ashgrove	Iona 5 th
Open	1 st St Peters	Iona 2 nd

Individual performances and Met East winners will be listed in next week's newsletter.

Tennis

An invitation only AIC pre-season Tennis Squad has begun training. Sessions will be held at the Iona College courts from 6.30am – 8.00am each Tuesday in Term 1. The training sessions will be run by a member of the Malpass Tennis staff.

Volleyball

Key Personnel

Volleyball Coordinator	Mrs Karen Otway	otwayk@iona.qld.edu.au
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Round vs Padua

All players are to arrive 30 minutes prior to their game start time, 15 minutes before their duty time, or at their **team photo arrival time (for Years 10 to Open)** which ever is first.

Volleyball vs Padua - Saturday 12 March

Venue – Iona College, 85 North Road, Lindum

Time	Provence Court 1	Provence Court 2	Oblate Hall Court 1	Oblate Hall Court 2
8.00am	11B (Duty 3 rd)	4 th (Duty 10C)	10D (Duty 11C)	
9.00am	3 rd (Duty 11B)	10C (Duty 4 th)	11C (Duty 10D)	
10.00am	11A (Duty 1 st)	10B (Duty 10A)		
11.00am	2 nd (Duty 11A)	10A (Duty 10B)		
12.00pm	1 st (Duty 2 nd)			

Volleyball vs Padua - Saturday 12 March

Venue – Padua College 80 Turner Rd, Kedron

Padua College 80 Turner Rd, Kedron			Mt Alvernia College Somerset Rd, Kedron
Time	La Cordelle Court 1	La Cordelle Court 2	Court 1
8.00am	8C	7C	
9.00am	8B	7B	7D
10.00am	8A	7A	8D
11.00am	9B	9C	9D
12.00pm	9A		

Volleyball Team Photos

Saturday 12 March - Outside McCarthy 7

Teams who are playing at Iona. **See schedule below.**



Photo Schedule for Saturday 12 March

Team	Arrival Time	Photo Time	Game Time
11B Volleyball	7.20am	7.30am	8am Game, 9am Duty
4 th Volleyball	7.23am	7.33am	8am Game, 9am Duty
10D Volleyball	7.26am	7.36am	8am Game, 9am Duty
10C Volleyball	7.29am	7.39am	8am Duty, 9am Game
3 rd Volleyball	7.32am	7.42am	8am Duty, 9am Game
11C Volleyball	7.35am	7.45am	8am Duty, 9am Game
11A Volleyball	9.20am	9.30am	10am Game, 11am Duty
10B Volleyball	9.25am	9.35am	10am Game, 11am Duty
10A Volleyball	9.30am	9.40am	10am Duty, 11am Game
2 nd Volleyball	10.20am	10.30am	11am Game, 12pm Duty
1 st Volleyball	9.45am For Duty		Photo taken between the 11A and 2 nd s games approx. 10.50am

Team photos that were meant to be taken on 5 March will now be taken on a co-curricular photo day later in the year.

Uniform:

Black Iona volleyball shirt, black Iona HPE shorts and white Iona sport socks must also be worn by all players. Covered shoes must be worn. No thongs or slides to be worn to the venues.

Volleyball Training Schedule

Please do not attend training if you have COVID symptoms, tested positive or are in isolation. Please email Mrs Otway otwayk@iona.qld.edu.au if you are not able to attend training or games.

Training will also occur during sport lessons for Years 5 to 10.

Team	Training Day	Time	Venue
1 st	Tues & Wed	3.15pm – 5.00pm	Provence 1
2 nd	Tues & Wed	3.15pm – 5.00pm	Provence 2
3 rd	Wednesdays	3.15pm – 4.45pm	Provence 2
4 th	Wednesdays	2 nd Break	Provence 1
11A	Mondays	3.15pm – 5.00pm	Provence 1
11B	Mondays	3.15pm – 5.00pm	Oblate Hall
11C	Fridays	3.15pm – 5.00pm	Provence 1
10AB	Mondays	3.30pm – 5.00pm	Provence 2
10C	Fridays	3.15pm – 4.30pm	Oblate Hall 1
10D	Fridays	3.15pm – 4.30pm	Oblate Hall 1
9AB	Fridays	3.15pm – 5.00pm	Provence 2
9C	Fridays	3.15pm – 5.00pm	Oblate Hall 2
9D	Fridays	3.15pm – 5.00pm	Oblate Hall
8A	Thursdays	7.00am – 8.00am	Provence 1
8B	Thursdays	7.00am – 8.00am	Provence 1
8C	Thursdays	3.15pm – 4.30pm	Oblate Hall 2
8D	Thursdays	3.15pm – 4.30pm	Oblate Hall 2
7A	Thursdays	3.15pm – 5.00pm	Provence 1
7B	Thursdays	3.15pm – 5.00pm	Provence 1
7C	Thursdays	3.15pm – 5.00pm	Provence 2
7D	Thursdays	3.15pm – 4.30pm	Oblate Hall 1