



85 North Road  
Lindum QLD 4178  
Subscribe: <http://ionac.schoolzineplus.com/subscribe>  
AIC Sports Information (via Twitter): [@SportIona](https://twitter.com/SportIona) (includes wet weather)

Head of Sport: Mr Keith Harron 0417 079 268  
Assistant Head of Sport (7-12): Mr Sean Devlin 3906 8905  
Assistant Head of Sport (5-6): Mr Anthony Bannerman 3893 8869  
Sports Administrator: Mrs Karen Otway 3893 8805

## 2 March

### TEAM IONA

The weather beat everyone last weekend. We all will regather and prepare for the Marist round depending on facility availability and AIC swimming. Unfortunately, all cricket and AFL fixtures are cancelled for this round. Within the plethora of sport, this weekend sees the initial round of the Mere de Dieu Cup. Since 2017, the Cup is annually contested across all 1<sup>sts</sup> games between Marist and Iona. Iona won the Cup in 2018, while Marist enjoyed their strength in the other four years.

Representative sport is generating with a highlight being next week's Met East regional swim championships. 35 Iona swimmers qualified. Generally, Iona College produces 70 regional representatives across numerous sports – one of the most prominent efforts among regional schools. Details are provided in the High Performance section of the newsletter each week and is coordinated by Mr Biggs.

### Iona College Sports Handbook link

- See link below to the Iona College Sports Handbook: It provides an overview of Iona College sport and its procedures. [Iona College Sports Handbook](#)

All Iona Sport updates / cancellations are provided via Twitter - Iona Sport [@SportIona](https://twitter.com/SportIona). It is strongly advised to use this media platform. **THIS INCLUDES WET WEATHER UPDATES.**

A reminder to follow the health directives provided by government and schools in Term 1:

- DO NOT ATTEND IF COVID POSITIVE, REQUIRED TO ISOLATE OR SHOWING COVID SYMPTOMS.
- Schools will advise of spectator arrangements each week:
  - Outdoors – please social distance wherever possible.
  - Indoors – wear a mask and abide by seating advice.

Volleyball spectators at Marist College must show proof of vaccination.

## Iona Sport Season Planner

The below is subject to government guidelines.

Fri 4 Mar: Yrs 5/6 AFL & Yrs 5/6/7A Cricket team photos (Period 1)  
Fri 4 Mar: Swim Team BBQ (compulsory training)  
Sat 5 Mar: Volleyball Photos (for teams @ Iona)

Sat 5 Mar: AIC Volleyball vs Marist (A)  
Mon 7 Mar: Golf at Hills (cancelled)  
Tues 8 Mar: AIC Swimming (Chandler)  
Wed 9 Mar: Met East Swimming  
Fri 11 Mar: AIC 1<sup>st</sup> AFL vs Padua (H)  
Sat 12 Mar: Cricket and Volleyball Photos (for Teams @ Iona)  
Sat 12 Mar: AIC Cricket, Volleyball vs Padua (H)  
Sat 12 Mar: AIC Years 5 to 10 AFL vs Padua / SPC  
Sun 13 Mar: Sailing RQYS (Teams)  
Mon 14 Mar: 1<sup>st</sup> Football vs St Andrew's (H)  
Fri 18 Mar: AIC 1<sup>st</sup> AFL vs St Peters  
Sat 19 Mar: AIC Cricket, Volleyball vs St Peters (H)  
Sat 19 Mar: AIC Years 5 to 10 AFL vs SPLC / SLC

## AFL

AFL Coordinator Years 5-12	Mr Anthony Bannerman	<a href="mailto:bannermana@iona.qld.edu.au">bannermana@iona.qld.edu.au</a>
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### AFL Training for 2022

All boys are expected to wear Iona sport clothing to all training. Mouthguards and correct footwear are also required for all training sessions.

**Please do not attend training if you have COVID symptoms, tested positive or are in isolation.** Please email Mr Bannerman [bannermana@iona.qld.edu.au](mailto:bannermana@iona.qld.edu.au) if you are not able to attend training or games.

### AFL Training Schedule

**Please note that all AFL training this week has been cancelled (except 1<sup>sts</sup>).**

Team	Day	Venue	Time
1 <sup>st</sup>	Mondays	St Eugene's Park	3.15pm – 4.30pm
	Wednesdays	St Eugene's Park	3.15pm – 4.30pm
Yrs 9/10	Wednesday	St Eugene's Park	3.15pm – 4.30pm
Year 8	Thursdays	St Eugene's Park	7.00pm – 8.00am
Year 7	Thursdays	St Eugene's Park	3.15pm – 4.30pm
Year 6	Thursdays	St Eugene's Park	7.00pm – 8.00am
Year 5	Thursdays	St Eugene's Park	3.15pm – 4.30pm

## AFL Team Photos

Years 5, 6 and 7: Photos will be taken on Friday 4 March during Period 1 on the Primary handball courts. Boys will wear formal grey uniform for these photos.



Years 9/10, Year 8: Photos will be taken on Saturday 12 March before the game.

1<sup>st</sup>: Photo will be taken on Friday 18 March before the game.

## Round vs Marist – ALL GAMES ARE CANCELLED

### Please note:

No dogs are allowed at AIC sporting venues.



## Chess

### Chess trials for AIC team selection 2022

#### Junior Chess (Years 5 and 6)

##### AIC Team Trials

Date: Tuesday 8 and Wednesday 9 March  
Time: 3.15pm – 4.15pm  
Venue: B1

##### Junior Training and Social Chess

Day: Wednesday afternoons  
(not 9 March due to AIC trials)  
Time: 3.15pm – 4.15pm  
Venue: B1  
Teachers: Mrs Stapleton and Mr Caine

#### Intermediate Chess (Years 7 to 9)

##### AIC Team Trials:

Day: Thursday 3 March  
Time: 3.15pm – 4.15pm  
Venue: B1

##### Intermediate Training and Social Chess

Dates: Thursday afternoons from 10 to 31 March  
Time: 3.15pm – 4.15pm  
Venue: B1  
Teachers: Mr Cullen and Mr Caine

#### Senior Chess (Years 10 to 12)

##### Senior Training and Social Chess

Dates: Thursday afternoons from 10 to 31 March  
Time: 3.15pm – 4.15pm  
Venue: B1  
Teachers: Mr Cullen and Mr Caine

- Any seniors who are able to assist with junior training and trials please contact Mr Caine.
- Please email enquires to Mr Caine [cainek@iona.qld.edu.au](mailto:cainek@iona.qld.edu.au) who will be coordinating Chess this year.

## Cricket

### Key Personnel

Years 5-6 Coordinator	Mr Brendan Allen	<a href="mailto:allenb@iona.qld.edu.au">allenb@iona.qld.edu.au</a>
Years 7-12 Coordinator	Mr Sean Devlin	<a href="mailto:devlins@iona.qld.edu.au">devlins@iona.qld.edu.au</a>

## 2022 Cricket Training

All boys are expected to wear Iona sports clothing to all trainings. **Please do not attend training if you have COVID symptoms, tested positive or are in isolation.** Please email Mr Devlin [devlins@iona.qld.edu.au](mailto:devlins@iona.qld.edu.au) if you are not able to attend training or games.

Training will also occur during sport lessons for Years 5 to 10.

**Please note that all cricket training this week has been cancelled (except 1<sup>sts</sup>).**

Team	Day	Venue	Time
1 <sup>st</sup> / 2 <sup>nd</sup>	Tues Thurs	Cricket Net/Harron Davine	3.30pm – 5.30pm 3.30pm – 5.30pm
3 <sup>rd</sup> / 4 <sup>th</sup>	Wed	Cricket Net/McCarthy	3.30pm – 5.00pm
Year 10	Tues	Cricket Net/McCarthy	3.30pm – 5.00pm
Year 9	Wed	Cricket Net/Harron	3.30pm – 5.00pm
Year 8	Thurs	Cricket Net/Harron	3.30pm – 5.00pm
7ABC	Thurs	Cricket Net/McCarthy	3.30pm – 5.00pm
7D	Fri	Cricket Nets	3.30pm – 4.30pm
Year 6	Fri	Cricket Nets	7.00am – 8.00am
Year 5	Fri	Cricket Nets	7.00am – 8.00am

### Cricket Team Photos

Saturday 12 March - Outside McCarthy 7 for teams playing at Iona and Kianawah Park.



Years 5 and 6 cricket photos will be taken on Friday 4 March during Period 1. All boys will wear their formal grey uniform for the cricket photo.

Years 7, 8 and 9 cricket photos will now be taken on a cocurricular photo day later in the year.

- There will be a photo schedule published in the sport newsletter on the Wednesday before each Saturday photo day.

### Please note:

No dogs are allowed at AIC sporting venues.



## Round vs Marist – ALL GAMES ARE CANCELLED

## Cross Country

### Cross Country Training - Years 7 to 12

#### Week 6

Monday:	Wednesday:	Thursday:	Friday:
<b>6.45am-7.45am</b> @ Wynnum Wading Pool <u>Aerobic Run</u> (A minibus will depart from the chapel at 6.30am if you cannot meet at Wynnum wading pool)	<b>6.45am-8.00am</b> Meet at junior handball courts  Intervals	<b>3.15pm-4.00pm</b> Davine Oval Aerobic Run	<b>6.45am – 8am</b> Meet at Junior handball courts  Ultimate

## Week 7

Monday: 6.45am-7.45am @ Wynnum Wading Pool Aerobic Run (A minibus will depart from the chapel at 6.30am if you cannot meet at Wynnum wading pool)	Wednesday: 6.45am-8.00am Meet at junior handball courts Fartlek Session	Thursday: 3.15pm-4.00pm Davine Oval Aerobic Run	Friday: 6.45am – 8am Meet at Junior handball courts Ultimate
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### Primary Cross Country Training

Days: Tuesdays and Thursday (there will be training this Thursday 3 March)

Time: 3.15pm - 4.15pm

Attire: Boys in Years 5 and 6 will need to wear their Iona sports clothes / PE clothes and comfortable running shoes / joggers for training.

Venue: Meet at the Primary handball courts.

## Football

The date for the next trial for 1<sup>st</sup> football will be Tuesday 8 March at 7.00am on Lindum Oval.

Further information from Mr Saul [saalb@iona.qld.edu.au](mailto:saalb@iona.qld.edu.au).

## High Performance

### Please note the following District and Regional trial dates:

School representative sport at district, regional and state level will continue in 2022. There may be date changes throughout Term 1 – please keep up to date by visiting the Met East and State Schools sport websites.

Rugby League 10 to 11 Years: Lytton District trials are Tuesday 15 March. See Mr Bannerman if you are interested in trialling.

Rugby League 12 Years: Lytton District trials are Tuesday 15 March. See Mr Bannerman if you are interested in trialling.

Rugby Union 11 to 12 Years: Lytton District trials are Thursday 24 March. See Mr Bannerman if you are interested in trialling.

Touch 15 Years: Composite trial date to be advised for selected trialists.

Touch 18 Years: Met East trial is now Friday 18 March.

Rugby League 18 Years: Met East trial date is Wednesday 16 March. Please see Mr Biggs in The Provence Centre staff room during break times if interested.

Rugby League 14 to 15 Years: Composite trial date is Wednesday 9 March. Please see Mr Biggs in The Provence Centre staff room during break times if interested.

Swimming: Met East swimming trial is now Wednesday 9 March.

Football 19 Years: Met East trial is now Friday 11 March.

Volleyball 19 Years: Composite trial is Tuesday 15 March. Please see Mrs Otway if interested in trialling.

Rugby Union 17 to 18 Years: This is a paper trial for the Composite team. Interested boys are to see Mr Harron for paperwork.

## Gym Training

- All students must attend the gym in Iona sport uniform and bring a towel to train. Boys are to get changed in The Provence Centre change room.
- Years 9 to 12 student session is open to any student from Year 9 to Year 12.
- High Performance Groups are open to 'A' players of any sport, plus representative athletes.
- AFL, Senior Cricket and Rugby Squads are by selection only.

DAY	MON	TUES	WED	THURS	FRI
Morning1 6.45am – 7.30am	Black Squad Rugby	Yrs 11/12 High Performers	White Squad Rugby	Yrs 9-12 Students	Yrs 9-12 Students
Morning2 7.30am – 8.15am	White Squad Rugby	AFL	Senior Cricket	Yrs 11/12 High Performers	Yr 10 High Performers
Afternoon 3.15pm – 4.15pm	Yr 9 High Performers	Yr 10 High Performers	Black Squad Rugby	Yr 9 High Performers	

## Interhouse Sport

### Oblate Trophy

	ALBINI	ANTHONY	CEBULA	CHARLEBOIS	GERARD	GRANDIN	LONG	MCAULEY	MACKILLOP	MAZENOD
Swimming after 7-11	7	4	2.5	8	9	2.5	5	1	6	10
Sport Yrs 7-10	2	9.5	4.5	2	2	4.5	6	7.5	9.5	7.5
Fluid Total	9	13.5	7	10	11	7	11	8.5	15.5	17.5
Place	7th	3rd	9th	6th	4th	9th	4th	8th	2nd	1st

### Year Level Sport

Years 7 to 10 are currently involved in softball, cricket, football and gaelic football interhouse competition.

### Year 5/6 Interhouse Swimming

Will be held on Monday 28 March. This is an all day event and parents are welcome to attend.

## Rugby Union

### Open Squad Training Times

Strength and conditioning has begun as outlined in High Performance information.

Field sessions will be each Tuesday 6.30am to 7.45am and Thursday 3.30pm to 5.00pm. These sessions will now be held in an area to be advised.

Contact Mr Ben Devlin, 1<sup>st</sup> manager, with any queries: [devlinb@iona.qld.edu.au](mailto:devlinb@iona.qld.edu.au).

## Sailing

Because of the ongoing weather and flood situation, the Flags and relevant Squadron Committees have been in discussion and have decided to cancel all Squadron events that were planned and scheduled for this week and this coming weekend.

These include:-

- All Schools' Sailing
- All Club Racing

The decision has been made from a safety perspective, given the amount of debris that has flowed down the Brisbane River and out into the Bay, and from a social perspective given the hardship that much of our City is facing.

Please keep an eye on Team App for notifications about the holding of training next Tuesday 8 March and any changes to the Teams Racing schedule going forward.

Please contact the Sailing Committee via [ionacollegesailing@gmail.com](mailto:ionacollegesailing@gmail.com) should you have any further queries about the coming weeks of sailing.

#### Date Claimers for Term 1:

- Training: Tuesdays 3.30pm to 6.00pm
- Sunday 13 March – Teams racing
- Sunday 20 and 27 March – Teams State Titles (qualifications for National Titles)

## Swimming - iSWIM

#### Key Personnel

Swimming Coordinator	Mr Keith Harron	<a href="mailto:harronk@iona.qld.edu.au">harronk@iona.qld.edu.au</a>
Head Coach	Mr Zane King	<a href="mailto:kingz@iona.qld.edu.au">kingz@iona.qld.edu.au</a>

Queries regarding squads and fees can be directed to Head Coach Zane King [kingz@iona.qld.edu.au](mailto:kingz@iona.qld.edu.au).

#### 2022 Swimming Calendar

- Fri 4 Mar: Iona Swim Team BBQ
- Tues 8 Mar: AIC Swimming Championships
- Wed 9 Mar: Met East Swimming
- 21 to 23 Mar: 10 to 12 Years Qld School Swimming
- 24 to 25 Mar: 13 to 19 Years Qld School Swimming
- 11 to 18 April: Age Nationals (Adelaide)

#### Details for Friday 4 March

- 3.15pm: Team meeting in Green room
- 3.30pm – 3.50pm: Warm ups
- 3.50pm: Gaffney (Top 8 Senior swimmers – 50m Freestyle)  
Sacre (Top 8 Junior swimmers – 50m Freestyle)
- 4.05pm – 4.35pm: Relay Training
- 4.45pm – 5.00pm: Team BBQ  
Open presentation with parents (Green Room)
- Team selections should be made available by Friday.

#### Details for AIC Championships (Tuesday 8 March @ Chandler)

- 6.45am: Arrive at Iona College pool
- 7.15am: Depart from bus turnaround
- 8am – 8.30am: Warm ups for medley swimmers / 200m IM
- 8.45am: Events start
- 1.15pm – 1.30pm: Presentations (generally)
- 1.30pm – 1.45pm: Swimmers depart with parents or on buses provided
- 2.00pm: All involved should have departed.

#### Swim Training (currently underway)

##### 10 to 12 Year Olds

- Mondays and Wednesdays 7.00am to 8.00am (Team only)
- Tuesdays and Thursdays 3.15pm to 4.00pm

##### 13 Years to Open

- Tuesday and Thursday 7.00am to 8.00am (Team only)
- Monday and Wednesday 3.15pm to 4.00pm

## Tennis

An invitation only AIC pre-season Tennis Squad has begun training. Sessions will be held at the Iona College courts from 6.30am to 8.00am each Tuesday in Term 1. The training sessions will be run by a member of the Malpass Tennis staff.

## Volleyball

#### Key Personnel

Volleyball Coordinator	Mrs Karen Otway	<a href="mailto:otwayk@iona.qld.edu.au">otwayk@iona.qld.edu.au</a>
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#### Round vs Marist

All players are to arrive 30 minutes prior to their game start time, 15 minutes before their duty time, or at their **team photo arrival time (for Years 7 to 9)** which ever is first.

Volleyball vs Marist - Saturday 5 March				
Venue – Iona College, 85 North Road, Lindum				
Time	Provence Court 1	Provence Court 2	Oblate Hall Court 1	Oblate Hall Court 2
8.00am	8C (Duty 8D)	7C (Duty 7D)		
9.00am	8B (Duty 8A)	7B (Duty 7A)	7D (Duty 7C)	8D (Duty 8C)
10.00am	8A (Duty 8B)	7A (Duty 7B)		
11.00am	9B (Duty 9A)	9C (Duty 9D)		
12.00pm	9A (Duty 9B)	9D vs SLC (Duty 9C)		

Please note: All spectators at Marist must show proof of vaccination.

Volleyball vs Marist - Saturday 5 March			
Venue – Marist Ashgrove. Frasers Rd, Ashgrove			
Time	Champagnat Court 1	Champagnat Court 2	
7.30am	11C		
8.15am	11B	4th	
9.00am	3 <sup>rd</sup>	10C	
10.00am	11A	10B	
11.00am	2 <sup>nd</sup>	10A	
12.00pm	1 <sup>st</sup>		
Supp Game	10D vs SLC @ St Laurence's College 82 Stephens Rd, South Brisbane 8.30am Court 2		

#### Volleyball Team Photos

Saturday 5 March - Outside McCarthy 7  
Teams who are playing at Iona.

**See schedule below.**

Saturday 12 March - Outside McCarthy 7



Teams who are playing at Iona.

- Teams not playing at Iona on the photo days will have their team photos taken later in the year.
- There will be a photo schedule published in the sport newsletter on the Wednesday before each photo day.

#### Photo Schedule for Saturday 5 March

Team	Arrival Time	Photo Time	Game Time
8C Volleyball	7.15am	<b>7.25am</b>	8am Game, 9am Duty
7C Volleyball	7.20am	<b>7.30am</b>	8am Game, 9am Duty
7D Volleyball	7.25am	<b>7.35am</b>	8am Duty, 9am Game
8D Volleyball	7.30am	<b>7.40am</b>	8am Duty, 9am Game
7A Volleyball	8.10am	<b>8.20am</b>	9am Duty, 10am Game
7B Volleyball	8.15am	<b>8.25am</b>	9am Game, 10am Duty
8B Volleyball	8.20am	<b>8.30am</b>	9am Game, 10am Duty
8A Volleyball	8.25am	<b>8.35am</b>	9am Duty, 10am Game
9C Volleyball	10.15am	<b>10.25am</b>	11am Game, 12pm Duty
9B Volleyball	10.20am	<b>10.30am</b>	11am Game, 12pm Duty
9A Volleyball	10.25am	<b>10.35am</b>	11am Duty, 12pm Game
9D Volleyball	10.30am	<b>10.40am</b>	11am Duty, 12pm Game

#### Uniform:

Black Iona volleyball shirt, black Iona HPE shorts and white Iona sport socks must also be worn by all players. Covered shoes must be worn. No thongs or slides to be worn to the venues.

#### Volleyball Training Schedule

**Please do not attend training if you have COVID symptoms, tested positive or are in isolation.** Please email Mrs Otway [otwayk@iona.qld.edu.au](mailto:otwayk@iona.qld.edu.au) if you are not able to attend training or games.

Training will also occur during sport lessons for Years 5 to 10.  
ALL TRAINING IS ON THIS WEEK FROM WEDNESDAY TO FRIDAY.

Team	Training Day	Time	Venue
1 <sup>st</sup>	Tues & Wed	3.15pm – 5.00pm	Provence 1
2 <sup>nd</sup>	Tues & Wed	3.15pm – 5.00pm	Provence 2
3 <sup>rd</sup>	Wednesdays	3.15pm – 4.45pm	Provence 2
4 <sup>th</sup>	Wednesdays	2 <sup>nd</sup> Break	Provence 1
11A	Mondays	3.15pm – 5.00pm	Provence 1
11B	Mondays	3.15pm – 5.00pm	Oblate Hall
11C	Fridays	3.15pm – 5.00pm	Provence 1
10AB	Mondays	3.30pm – 5.00pm	Provence 2
10C	Fridays	3.15pm – 4.30pm	Oblate Hall 1
10D	Fridays	3.15pm – 4.30pm	Oblate Hall 1
9AB	Fridays	3.15pm – 5.00pm	Provence 2
9C	Fridays	3.15pm – 5.00pm	Oblate Hall 2
9D	Fridays	3.15pm – 5.00pm	Oblate Hall
8A	Thursdays	7.00am – 8.00am	Provence 1
8B	Thursdays	7.00am – 8.00am	Provence 1
8C	Thursdays	3.15pm – 4.30pm	Oblate Hall 2
8D	Thursdays	3.15pm – 4.30pm	Oblate Hall 2
7A	Thursdays	3.15pm – 5.00pm	Provence 1
7B	Thursdays	3.15pm – 5.00pm	Provence 1
7C	Thursdays	3.15pm – 5.00pm	Provence 2
7D	Thursdays	3.15pm – 4.30pm	Oblate Hall 1