

# OUR STRENGTH IS OUR COMMUNITY – GROWING TEAM IONA

Yura and greetings for 2022. This year sees approximately 1,820 students, 200 staff / board, 1,300 families, strong local Bayside support and an army of some 8,400 Old Boys as the current custodians of our culture.

Our Strategic Plan for 2022-2025 focusses on growth and challenges us to Live, Learn, Lead and Serve and Iona Sport is invited again to help bring these goals to life.

Alongside many aspects of College life (Spirituality, Academics, Culture, Music and Service), Sport plays a central role in the growth and development of all Ionians. We believe that we have all been gifted talents and abilities by God and that we are all invited to develop and share those to the best of our abilities.

Our 2022 theme is GROW and this continues to build on our "Let Your Light Shine", (2021), "Always Learning" (2020), "Play Your Role" (2019) and "Respect and Standards" campaigns from 2017 and 2018.

It covers every aspect of College life, including classroom, teaching. transport, uniform, respect levels, music and sport. In essence, every single Ionian has an opportunity to learn at every level of our culture.

2022 will focus on growth in spirit, achievements, physicality, community involvement as well team and individual development. To grow is a key aspect of childhood and adolescence and its physical and emotional aspects will co-exist with the hoped for spiritual and maturity growth in the boys. As parents, coaches, teachers and Oblates in their lives, we gain a key insight into their growth as the continue to develop as "works in progress". We hope and anticipate that the boys follow the example of Jesus and continue to look for ways to be compassionate, kind and honest as well as acting with integrity in all fields.

We value our participation in the Association of Independent Colleges (AIC) and believe in the integrity of the competition. We play a role both individually and collectively as a community to support, appreciate and enhance the AIC competition by our presence.

In order to always learn, the opportunities for Iona Sport apply to every Ionian (player, coach, assistants, parents, supporters and College) and these standards are deliberately high and challenging. While each team or sport will have its own individual standards, the following is an understanding of the school-wide standards we are hoping to achieve in 2022.

- 1. As a Catholic school, inspired by St Eugene to follow the example of Jesus, we see Jesus as offering the ultimate standards of generosity, love, humility, healing, empathy and care. God became one of us so that we might become one with God. Jesus is the standard of humanity. We aim to see growth.
- 2. We aim to set the highest standards for each Ionian, where respect is the key ingredient. This respect is for safety, officials, opponents, team mates, spectators, selections and the environment. Not every result or selection will go our way and appropriate role modelling from adults is vital in the boys' development. We aim to see growth.
- "The Standard is the Standard" represents the belief that these high 3. standards should not be compromised in any way that diminishes our community. It means that there are indeed necessary consequences when we fall below the standards that are set. We aim to see growth.
- Above all, we remember that junior sport at Iona is all about character and skill development and helps support the learning environment of the school. Sport doesn't just build character ... it reveals it.

Among the many learnings that are available through sport, we hope that all Ionians can access Growth, Persistence, Commitment, Integrity, Attitude, Teamwork, Trust, Accountability, Patience, Passion and Fun in 2022.

### Kia Kaha (Be Strong, get stuck in, keep going) and God Bless Mr Trevor Goodwin, Principal and Fr Michael Twigg OMI, Rector

College Sport enjoys tremendous support from our local community of parents, spectators and players. When we all play a positive role in this, the experience is all the greater. The following is meant to be a positive guide for each section as we play our role in supporting the young people in our care. It is by no means an exhaustive list and one that will need constant updating, but the following guidelines should be a great start.

### **IONA COLLEGE**

- The role of the College is to provide effective, positive and clear communication to all members of the community.
- The College continues to invest in the coaching accreditations and characteristics of the coaches who represent the College.
- The College continues to provide resources and facilities to the best of our ability and finances.
- · The College continues to remind all that it is the development of the young men in our care that is the much higher priority than individual results or performances.

### COACHES

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- The positive role of a coach is crucial in the development of the young men in their care.
- It is expected that each coach ensures that each athlete knows their role in the team and helps them prepare and reflect on that role.
- It is expected that each coach provides a positive example to the students regarding respect for officials, team members, opposition players and supporters. This includes the language and tone of communication both during the game and at training opportunities.
- Each coach should always be in identifiable and recognisable Iona attire.

### **SUPPORTERS**

- · Iona enjoys tremendous positive support from the Black and White Thunder. Supporters are encouraged to support everyone involved in Iona Sport.
- Cheering or communication should always be for the intention of support of Iona teams and never be at the expense of another team or supporters.
- Supporters are encouraged to wear as much black and white as they can to support the boys representing us. The College Uniform Shop has a wide range of supporter gear, however also feel free to make your own choices regarding black and white gear. These colours demonstrate great support for our boys.

### STUDENT ATHLETES

- Each athlete should respect the referee/umpire/officials, their team mates and their opposition as the highest of priorities. This means communicating in a respectful manner at all times.
- It is really important to be grateful for the opportunities given in representing Iona College in sport and to make every effort to attend training and practice opportunities.
- Each representative in each team will be given a role to play within the team structure.
- Athletes should always be in official College sporting uniforms.

#### PARENTS

- Parents play the most crucial and positive role in the development of Iona College students. Each child learns directly from the behaviour of their parents.
- · Parents are asked to support all members of the team that their child is in through positive communication and encouragement, regardless of the results.
- · Parents are reminded to avoid any disparaging or negative communication with officials, players and opposition supporters.
- Parents play a crucial role in ensuring that their sons attend practice and training opportunities and the College is extremely grateful for this.

### **ISSUES OF CONFLICT**

- In the first instance if you feel that any of the above guidelines are being breached by either a representative of Iona or an opposition, you are encouraged to contact the relevant sports coordinators listed in this brochure to express your concerns.
- Everyone in the community is encouraged to communicate positively with each other and if the situation calls for it, an approach will be made to maintain and enforce our community standards.
- Members of the Iona Community are not to contact other colleges, schools, District/Regional/State Associations regarding concerns. The communication is to be done by the Head of Sport to the relevant students, parents, schools and associations.

# OUR SPORT PROGRAM

Sport is offered at four levels of participation:



### INTERHOUSE

Spread throughout the entire year, all students participate in a variety of sports and activities so as to compete for the Oblate Trophy. Activities include: swimming, cross country, theatre sports, academics, trivia and track and field.

### ASSOCIATED INDEPENDENT COLLEGES (AIC) SPORT

Iona College is currently a member of the AIC sporting competition involving Marist College Ashgrove, St Edmund's College, St Patrick's College, St Laurence's College, Padua College, St Peters Lutheran College and Villanova College.

### Sport is predominantly played in seasonal terms and in a combination of year levels or ages.

TERM 1	TERM 2	TERM 3	TERM 4
Cricket	Rugby Union	Track & Field	
Swimming	Chess	Tennis	Swimming
Sailing	Cross Country		Sailing
Volleyball (Yr 7 - 12)	Football	Basketball	Golf
AFL	Mountain Biking (Yr 7-12)	Mountain Biking (Yr 7-12)	Water Polo (Yr 7-12)
	Rugby League (Confraternity)	Rugby League	Touch

- The College also competes in State and National knockouts/championships.
- All sport is played in year levels except swimming/cross country/track & field at Yr 7 to Yr 12, which is played at age levels.
- Golf is played in the QIGA competition across each term and the AIC championship.
- Touch is played via the Queensland All Schools tournaments.
- Chess is played at junior (Yr 5 6), intermediate (Yr 7 9), senior (Yr 10 12) and 1st (Yr 7 12).
- Sailing is raced in graded teams across all age levels. Team and fleet racing is for Year 6, Term 4 and beyond. All members must complete a Learn to Sail course via RQYS.
- Mountain Biking involves participation in the National Schools Championship and club meets.

### REPRESENTATIVE SPORT

Information related to trials for representative sport will be announced by the sports department throughout the year.

Lytton District Selection Pathway (10-12 yrs) and Composite District Selection Pathway (13 - 19 yrs):



Sports that follow the above representative pathway include swimming, cross country, basketball, rugby union, rugby league, touch football, football, tennis, softball, baseball, golf, hockey, surfing, volleyball, cricket, triathlon, aquathon, AFL, track and field, water polo and futsal. The Head of Sport, in collaboration with Iona leadership, must be provided with relevant representative documentation and sign relevant permission documents when appropriate.

All absences for representative sport must be communicated to the student absentee line. Extended absences must be communicated to the Head of House and the Head of High Performance.

Please contact Mr Keith Harron for Composite/Met East sport.

Please contact Mr Anthony Bannerman for Lytton sport.

Useful websites:

- Lytton District Sport <u>www.bulimbass.eq.edu.au</u>
- Met East Sport <u>www.meteastschoolsport.eq.edu.au</u>
- Qld School Sport <u>www.queenslandschoolsport.eq.edu.au</u>

### HIGH PERFORMANCE

The High Performance Sport Programme was established to assist aspiring young sportsmen with both their academic and sporting pursuits. This programme continues to assist the College's elite athletes in balancing their sporting and academic commitments. Proudly, students have represented Queensland and Australia in many fields.

# OUR COMMUNICATION

Iona College will endeavour to ensure that the Iona sporting community is fully informed about current sporting events. Information is distributed through the following channels:

- College Website
- Daily Notices
- Twitter/Applications
- College Newsletters
- Permission Letters

### EMERGENCY SITUATIONS

In an emergency, please contact the Head of Sport, Mr Keith Harron via 0417 079 268.

### SPORT CANCELLATION

Cancellation and updates of sport are done via Twitter (@SportIona) as well as communication via the Head of Sport. This information is linked to the college website which also has details of how to join Twitter.

### SELECTION

At Iona College, we respect hard work, dedication and commitment.

Selection is based on game performance and training attendance/ performance/attitude. There is consultation between coaches within age groups regarding selection. The coordinator of each sport is responsible for the publication of teams.

Players are to play in the team in which they are selected. 1sts and "A" teams are selected first, then lower grade teams. Reserves for a higher grade are normally selected from the next highest team.

Players dropped from a higher team will normally be selected in the next lowest team. The reselection of players returning from injury or suspension is at the discretion of the coach in consultation with the coordinator of that sport.

Reserves in non AIC aggregate games are to be given at least half a game. Attendance and attitude at training will also be taken into consideration when providing player game time.

Permission to drop a player for disciplinary reasons must be obtained from the Head of Sport. Players sent off (red card) are to be suspended for a minimum of one game as per AIC by-laws. The player concerned will be consulted by the Rector and the Head of Sport and is not to be selected unless the relevant coach is notified otherwise. Players suspended from the College are not normally available for selection.

Requests for variation to any of these criteria must be addressed to the relevant coordinator of sport.

#### COMMUNICATION PATHWAY CONCERNS

Most communication concerns can be satisfactorily processed informally through coaches, coordinators, Heads of Sport and the College Leadership Team if required. The pathway for concerns for players and parents is:

Person with concern → contact Coordinator of the Sport.

If not resolved:

Coordinator of Sport → Head/Deputy Head of Sport.

If not resolved:

Head of Sport → Relevant College Leadership Team Member

Processes are recorded and the Rector and Principal informed of any decisions.

### OUR SUN SAFETY

#### "Watch Your Mate's Back"

Iona College respects being sun smart. We are part of the Melanoma Institute Australia "Watch Your Mate's Back Campaign".

Through WYMB education, Iona College will spread the word to those who spend time outdoors pursuing their sporting passions that all mates must:

- "prevent" melanoma by being sun safe
- "detect" skin changes in our skin by examining each other's skin, and
- "act" by promoting medical guidance.

The more mates look out for each other, the safer we will all be. Sun protection needs to be the responsibility of our students.



# OUR COMMITMENT

All students attending Iona College are expected to take part in the co-curricular activities of the College.

Fixtures are played on Saturdays, midweek and evenings, and a condition of a student being admitted to lona College is that he must be available to represent his College when required. A student is also required to be available for training/practice, whether this be before or after classes.

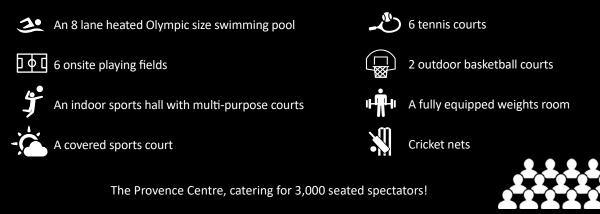
College organised sport is to take precedence over outside activities. Correct, neat and full sports uniform is to be worn as required. Should there be a question of the student's fitness to take part in a particular activity, then the College may require a medical certificate of fitness.

# OUR ADMINISTRATION OF IONA COLLEGE SPORT

SPORT	COORDINATORS
Swimming	Keith Harron (Yr 5-12) / Zane King (Head of Swimming)
Volleyball	Karen Otway (Yr 7-12)
Cricket	Brendan Allen (Yr 5-6); Sean Devlin (Yr 7-12)
Rugby Union	Sean Devlin (Yr 5-8); Keith Harron (Yr 9-12)
Football	Anthony Bannerman (Yr 5-8); Richard Beets (Yr 9-10); Reece Healy (Open)
Chess	Melissa Stapleton (Yr 5-6); Kevin Caine (Yr 7-12)
Cross Country	Adam McClure (Yr 5-6); Brendan Merrotsy (Yr 7-12)
Basketball	Anthony Bannerman (Yr 5-8); Karen Otway (Yr 9-12)
Tennis	Paul Cook (Yr 5-12)
Track & Field	Anthony Bannerman (Yr 5-6); Sean Devlin (Yr 7-12)
Sailing	Gerard Vinen
Water Polo	Keith Harron
AFL	Anthony Bannerman (Yr 5-12)
Touch	Indiana Dellit
Rugby League	Jarrod Biggs
Mountain Biking	Daniel Davison / Rosie Holmes
Golf	Richard Beets
High Performance	Jarrod Biggs

# OUR FACILITIES

Iona College is blessed with a variety of sporting facilities all set on campus.



# PROSPER: CHARACTER STRENGTHS THROUGH SPORT

The Iona College Sports Department strives to create a safe, fair and inclusive environment that promotes opportunities for individuals to contribute to the culture of our College. Our comprehensive sports program provides individuals within our community the chance to positively impact their wellbeing through physical activity, positive relationships and development of their capacity to demonstrate resilience.

## CHARACTER STRENGTHS

We have recognised the important role that Character Strengths can play in our continued effors to support the social, emotional and spiritual growth of our athletes. Recognising the strengths that individuals can bring to a team environment can improve enjoyment and the ability for individuals and teams to perform at an optimum level.

Character Strengths have provided a framework and a common language between all members of our community to help us articulate what it means to be an "Ionian Athlete".

There are multitude of situations where Ionians will need to demonstrate their strengths as part of our sporting program each and every day:

- There are times where players need to demonstrate creativity or self-control in key moments during competition.
- Persistence is an integral part of our training philosophy.
- We value opportunities where staff and students utilise strengths of honesty and fairness in their communication within a group.
- Gratitude is one of the top Character Strengths at Iona College and we strive to ensure this is evident in all of our interactions with referees, parents, opposition, coaches and teammates.

We continue to journey with all members of our community as we "learn what we are in the eyes of God". We value and respect the unique characteristics each individual brings to our teams, to our community and we will challenge and support each other in the pursuit of our best self.

