



85 North Road
Lindum QLD 4178
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AIC Sports Information (via Twitter): [@SportIona](https://twitter.com/SportIona) (includes wet weather)

Head of Sport:	Mr Keith Harron	0417 079 268
Assistant Head of Sport (7-12):	Mr Sean Devlin	3906 8905
Assistant Head of Sport (5-6):	Mr Anthony Bannerman	3893 8869
Sports Administrator:	Mrs Karen Otway	3893 8805

25 January

TEAM IONA

Iona College sport is underway. It will initially be challenging and that in itself will test all involved in the search for success, connection and enjoyment. The key pillars of our sporting year will be:

- Get organised to grow
- Train with intensity
- Play hard
- Be thankful

Please note that there will be fluid changes to our Term 1 sporting program at interhouse, interschool and representative levels.

Interhouse

Specific dates for interhouse activity will be provided in advance, especially swimming and the competitions during regular sport lessons.

Interschool via AIC

Please note the following changes to the 2022 calendar:

- No AIC aggregates or premierships during Term 1 except for 1sts, but Iona teams who remain undefeated will be acknowledged and rewarded.
- The swim meets for 28 January and 4 February are cancelled.
- The trial vs Ashgrove on 28/29 January is cancelled except for 1st volleyball (away) and 1st cricket (home)
- Week 1 of AIC fixtures on 4/5 February is now a full interschool trial vs Villanova.
- AIC competition Round 1 will be 11/12 February vs St Patrick's and the season will be 6 rounds (except 1sts who will play 7 rounds).
- Each AIC school will have specific health directives that will need to be followed.

Representative

This will go ahead at district, regional and state levels with some date changes and cancellations that will be advised.

Iona Sport Season Planner

The below is subject to government guidelines.

Sat 29 Jan: 1st Volleyball and Cricket Trial vs Ashgrove
Fri 4 Feb: Trial 1st AFL vs Villanova (H)
Sat 5 Feb: AIC Trial Cricket / Volleyball vs Villanova (A)

Sat 5 Feb: Years 5 to 10 AFL vs Villanova (H)
Fri 11 Feb: Head to Head Swim Meet (Iona vs Villa) @ Iona
Fri 11 Feb: AIC Round 1, 1st AFL vs St Patrick's (H)
Sat 12 Feb: AIC Round 1 Cricket, Volleyball, Years 5-10 AFL vs St Patrick's (A)
Sun 13 Feb: Sailing RQYS
Mon 14 Feb: QIGA Golf (Burleigh Heads)
Fri 18 Feb: Iona Swimming Age Championships @ Iona
Fri 18 Feb: AIC Round 2, 1st AFL vs SLC (A)
Sat 19 Feb: AIC Round 2 Cricket (H), Volleyball (H)
Sat 19 Feb: AIC Round 2 Years 5-10 AFL vs SLC
Sun 20 Feb: Sailing RQYS
Fri 25 Feb: AIC Round 3, 1st AFL vs ATC (TBC)
Sat 26 Feb: AIC Round 3 Cricket, Volleyball vs SEC (A)
Sat 26 Feb: AIC Round 3 Years 5-10 AFL vs SEC (A)
Sun 27 Feb: Sailing RQYS

AFL

AFL Coordinator Years 5 – 12	Mr Anthony Bannerman	bannermana@iona.qld.edu.au
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Year 5 AFL coaches are required. Please contact Anthony Bannerman if interested on bannermana@iona.qld.edu.au.

All boys are expected to wear Iona sports clothing to all trainings during the holidays. Mouthguards and correct footwear are also required for all training sessions.

Please do not attend training if you have Covid symptoms, tested positive or are in quarantine. Please email Mr Bannerman bannermana@iona.qld.edu.au if you are not able to attend training or games.

AFL Training Dates:

All training will take place on the St Eugene Park AFL Field.

1st XVIII:

Thursday 27 January	3.15pm – 4.15pm
Thursday 3 February	3.15pm – 4.15pm
Monday 7 February	3.15pm – 4.15pm
Thursday 10 February	3.15pm – 4.15pm

Year 9/10:

Wednesday 26 January	3.15pm – 4.30pm
Wednesday 2 February	3.15pm – 4.30pm
Wednesday 9 February	3.15pm – 4.30pm

Year 8:

Thursday 27 January	7.00am – 8.00am
Thursday 3 February	7.00am – 8.00am
Thursday 10 February	7.00am – 8.00am

Year 7:

Thursday 27 January	3.15pm – 4.30pm
Thursday 3 February	3.15pm – 4.30pm
Thursday 10 February	3.15pm – 4.30pm

Year 6:

Thursday 27 January	7.00am – 8.00am
Thursday 3 February	7.00am – 8.00am
Thursday 10 February	7.00am – 8.00am

Year 5:

Saturday 5 February	10.00am – 11.30am (on Dwyer Oval)
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AFL Trial vs Villanova

A trial vs Villanova College will be held on **Friday 4 and Saturday 5 February**.

All trial games vs Villa will be played at Iona College – St Eugene's Park AFL Field (all games 4 x 12min quarters).

Friday 4 February

1st XVIII – 4.30pm

Saturday 5 February

Year 5 Intra Trial 10.00am – 11.30am on Dwyer Oval

6A – 7.30am (half field)

6B – 7.30am (half field)

6C – 7.30am (Dwyer – located behind Tennis Courts)

7A – 8.30am

8A – 9.30am

9/10 – 10.30am

All players are to arrive 30 minutes prior to their start time.

If you have any questions or you are unable to attend these sessions, please email Mr. Bannerman on bannermana@iona.qld.edu.au.

Continuing AFL Trainings for 2022

Team	Day	Venue	Time
1 st	Mondays	St Eugene's Park	3.15pm – 4.30pm
	Thursdays	St Eugene's Park	3.15pm – 4.30pm
Yr 9/10	Wednesday	St Eugene's Park	3.15pm – 4.30pm
Year 8	Thursdays	St Eugene's Park	7.00pm – 8.00am
Year 7	Thursdays	St Eugene's Park	3.15pm – 4.30pm
Year 6	Thursdays	St Eugene's Park	7.00pm – 8.00am
Year 5	Thursdays	St Eugene's Park	3.15pm – 4.30pm

Cricket

Key Personnel

Years 5 – 6 Coordinator	Mr Brendan Allen	allenb@iona.qld.edu.au
Years 7 – 12 Coordinator	Mr Sean Devlin	devlins@iona.qld.edu.au

1st XI Squad

The squad played strongly to defeat Villanova College last week scoring 8/208 off 50 overs. Villanova then made 168 in response. This is a promising start to the 2022 season.

Trial Games

- Trial vs Ashgrove on Saturday 29 January @ Iona. This is 1st XI only. Game starts @ 9.30am.
- Trial vs Villanova on Saturday 5 February (Away schedule). This is a full school trial. Open and Year 10 teams at Villanova Park and Years 6 – 9 at Iona/Kianawah Park. These game times will be released next week.
- Year 5 teams will not play in the trial match vs Villanova but instead have further trials @ Iona at the cricket nets 10.00am – 11.30am on Saturday 5 February.

Training Days and Times

2022 Cricket Training (starting week of 31 January)

1st and 2nd XI squads have started training on Tuesdays and Thursdays, 3.30pm – 5.30pm.

The rest of the cricket program will start as of the week beginning 31 January. The days/times are as follows:

All boys are expected to wear Iona sports clothing to all trainings during the holidays. **Please do not attend training if you have Covid symptoms, tested positive or are in quarantine.** Please email Mr Devlin devlins@iona.qld.edu.au if you are not able to attend training or games.

Training will also occur during sport lessons for Years 5 to 10.

Team	Day	Venue	Time
1 st / 2 nd	Tues	Cricket Nets / Harron	3.30pm – 5.30pm
	Thurs	Davine	3.30pm – 5.30pm
3 rd / 4 th	Wed	Cricket Net/McCarthy	3.30pm – 5.00pm
Year 10	Tues	Cricket Net/McCarthy	3.30pm – 5.00pm
Year 9	Wed	Cricket Nets / Harron	3.30pm – 5.00pm
Year 8	Thurs	Cricket Nets / Harron	3.30pm – 5.00pm
Year 7	Thurs	Cricket Net/McCarthy	3.30pm – 5.00pm
Year 6	Tues	Cricket Net/McCarthy	3.30pm – 4.30pm
Year 5		To Be Confirmed	

High Performance

Gym Training (starts Day 1 of school - Monday, 7 February)

- All students must attend the gym in Iona sports uniform and bring a towel to train.
- All students must get changed in The Provence Centre change room.
- Years 9 to 12 student session is open to any student from Year 9 to Year 12.
- High Performance Groups are open to 'A' players of any sport, plus representative athletes.
- Senior AFL, Senior Cricket and Rugby Squads are by selection only.

DAY	MON	TUES	WED	THURS	FRI
Morning1 6.45am – 7.30am	Black Squad Rugby	Yrs 11/12 High Performers	White Squad Rugby	Yrs 9-12 Students	Yrs 9-12 Students
Morning2 7.30am – 8.15am	White Squad Rugby	Senior AFL	Senior Cricket	Yrs 11/12 High Performers	Yr 10 High Performers
Afternoon 3.15pm – 4.15pm	Yr 9 High Performers	Yr 10 High Performers	Black Squad Rugby	Yr 9 High Performers	

Please note the following District and Regional trial dates:

Please note that school representative sport at district, regional and state level will continue in 2022. There may be date changes throughout Term 1 – please keep up to date by visiting the Met East and State Schools sport websites.

Baseball: Met East trial date has been changed to 11 February at Redlands. Those players accepted to trial from late 2021 will be advised of details.

Softball: Met East trial date is Tuesday 15 February. Interested players are to contact Mr Harron via email as soon as possible.

Tennis: Met East trial date is 11 February at Griffith University. Interested players are to contact Mr Harron via email as soon as possible.

Golf: Met East trial scheduled for 14 March at Wynnum Golf Club. AGU handicap required. Details available from Mr Harron when College resumes.

Swimming:

- There will be no Lytton District swim carnival this year (10-12yrs). Instead there will be paper nominations for students who meet the Met East qualifying times to be part of the Lytton District swim team. Details to eligible swimmers to follow.
- Met East trial (13yrs-Open): Elite swimmers will be advised of nomination details. The meet is scheduled for Tuesday 1 March at Brisbane Aquatic Centre, Chandler.

Qld Swimming Age Championships

A number of our swimmers competed at the Qld Age Championships. Benjamin Goedemans gained 4 medals in the 17 years age group, while Matthew von Euw (16 years) and Kyan Muir (16 Years) also made finals.

Water Polo

Nelson Hockings played for the Qld U18 water polo team while Benjamin Spall and Cameron Medley represented the youthful Barbarian team at U16 level.

Rugby Union

Open Squad Training Times: (prior to commencement of school)

Thursday 27 January: 4.00pm – 5.30pm on Dwyer oval
 Sunday 6 February: 9.00am – 10.30am on Dwyer oval

Open Squad Training Times (beginning week of 7 February)

Strength and conditioning will begin the week of 7 February as outlined in High Performance information.

- Field sessions will begin the week of 7 February each Tuesday 6.30am – 7.45am and Thursday 3.30pm – 5.00pm.

Contact Mr Ben Devlin, 1st manager, with any queries:

devlinb@iona.qld.edu.au

Sailing

Date Claimers for Term 1:

- Sunday 30 January - Come and try sailing; Trials for new sailors; Training (Iona 1 and 2 only)
- Tuesday 1, 8 February - Training
- Sunday 6 February - Training
- Sunday 13, 20 February – Fleet racing
- Sunday 27 Feb, 6, 13 Mar – Teams racing
- Sunday 20, 27 Mar – Teams State Titles (qualifications for National Titles)

Further information will be available via Team app or contact the Sailing committee at ionacollegesailing@gmail.com.

Swimming

Key Personnel

Swimming Coordinator	Mr Keith Harron	harronk@iona.qld.edu.au
Head Coach	Mr Zane King	kingz@iona.qld.edu.au

Queries regarding squads and fees can be directed to Head Coach Zane King kingz@iona.qld.edu.au.

Our program is underway under the direction of the coaching staff. Please note the following details:

Meets

The trial meets for 28 January and 4 February are cancelled. The first meet for all squad members will be 11 February after school vs Villanova College.

Primary swim trials (Years 5 and 6) will be held at a date during the school week to be organised/advised as will senior interhouse meets.

Training (currently underway)

Years 6 – Opens

- Those swimmers currently in squads with coaching staff are to continue their training as directed by coaching staff.
- Swimmers not in current squads and wishing to join the Iona swim squad, you now train at the following times:

10 – 12 Year Olds

Mondays and Wednesdays 7.00am – 8.00am

Tuesdays and Thursdays 3.15pm – 4.00pm

13 Years – Open

Tuesday and Thursday 7.00am – 8.00am

Monday and Wednesday 3.15pm – 4.00pm

Year 5

Those swimmers interested in joining the Iona swim squad are currently invited to join the 10 – 12 year sessions above. The coaching staff will invite more advanced swimmers into squad training at their discretion.

2022 Swimming Calendar

Fri 11 Feb: Head to Head Swim Meet Iona vs Villa

Fri 18 Feb: Iona Age Championships

Thurs 24 Feb: AIC Swim Meet (Chandler)

Thurs 1 Mar: Met East Swim Championships

Fri 4 Mar: Iona Swim Team BBQ

Tues 8 Mar: AIC Swimming Championships

21 – 23 Mar: 10 to 12 Years Qld School Swimming

24 – 25 Mar: 13 to 19 Years Qld School Swimming

11 – 18 April: Age Nationals (Adelaide)

11 – 17 Dec: State Age Championships

1 st	Tues 25 January (Game vs Old Boys)	3.30pm–5.00pm	Provence 1
	Sat 29 January (Game vs Ashgrove)	9.00am	At Ashgrove
	Tues 1 February	3.30pm–5.00pm	Provence 1
	Wed 2 February	3.30pm–5.00pm	Provence 1
2 nd	Tues 25 January	3.00pm–5.00pm	Provence 2
	Tues 1 February	3.30pm–5.00pm	Provence 2
	Wed 2 February	3.30pm–5.00pm	Provence 2
3 rd	Wed 2 February	3.30pm–5.00pm	Provence 2
11A	Tues 25 January	3.00pm–5.00pm	Oblate Hall
	Mon 31 January	3.30pm–5.00pm	Provence 1
11B	Mon 31 January	3.30pm–5.00pm	Oblate Hall
11C	Fri 4 February	3.30pm–5.00pm	Provence 1
10AB	Mon 31 January	3.00pm–5.00pm	Provence 2
10CD	Fri 4 February	3.00pm–4.30pm	Oblate Hall
9AB	Fri 28 January	3.00pm–5.00pm	Provence 1
	Fri 4 February	3.00pm–5.00pm	Provence 2
9C	Fri 4 February	3.00pm–5.00pm	Oblate Hall
9D	Fri 4 February	3.00pm–4.30pm	Outside
			Oblate Hall
8CD	Thurs 3 February	3.00pm–4.30pm	Outside Oblate Hall
7ABCD Trials	Thurs 3 February	3.00pm–5.00pm	Provence Centre

Trial Match vs Ashgrove (1sts only)

Saturday 29 January 9.00am @ Ashgrove

Trial Match vs Villanova (all teams)

All teams will play a trial match vs Villanova on Saturday 5 February. The draw for the trial matches will be in next week's sport newsletter.

A and B players are to wear correct volleyball shirt for this trial. C and D players are to wear the black Iona training shirts for this trial.

Black Iona HPE shorts and white Iona sports socks must also be worn by all players.

Volleyball Training Schedule for 2022

The final trial for Year 7 volleyball will be Thursday 3 February 3.00pm – 5.00pm in The Provence Centre. The selected Year 7 teams will then play in the trial match vs Villanova on Saturday 5 February.

Training Schedule Starting Week of 7 February

Training will also occur during sport lessons for Years 5 to 10.

Team	Training Day	Time	Venue
1 st	Tues & Wed	3.15pm – 5.00pm	Provence 1
2 nd	Tues & Wed	3.15pm – 5.00pm	Provence 2
3 rd	Wednesdays	3.15pm – 4.45pm	Provence 2
4 th	Wednesdays	2 nd Break	Provence 1
11A	Mondays	3.15pm – 5.00pm	Provence 1
11B	Mondays	3.15pm – 5.00pm	Outside Oblate Hall
11C	Fridays	3.15pm – 4.30pm	Provence 1
10AB	Mondays	3.30pm – 5.00pm	Provence 2
10C	Fridays	3.15pm – 4.30pm	Oblate Hall 1
10D	Fridays	3.15pm – 4.30pm	Oblate Hall 1
9AB	Fridays	3.15pm – 5.00pm	Provence 2

Volleyball

Key Personnel

Volleyball Coordinator	Mrs Karen Otway	otwayk@iona.qld.edu.au
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During the Christmas break, the 2022 1st volleyball team played matches to prepare for the coming season.

Results:

Won vs ATC 2 – 1

Won vs Citipointe 3 – 0

Lost vs Redlands College 0 – 3

Remaining Christmas Holiday Volleyball Trials / Training

All boys are expected to wear Iona sports clothing to all trainings during the holidays.

Please do not attend training if you have Covid symptoms, tested positive or are in quarantine. Please email Mrs Otway otwayk@iona.qld.edu.au if you are not able to attend training or games.

9C	Fridays	3.15pm – 4.30pm	Oblate Hall 2
9D	Fridays	3.15pm – 4.30pm	Outside Oblate Hall
8A	Thursdays	7.00am – 8.00am	Provence 1
8B	Thursdays	7.00am – 8.00am	Provence 1
8C	Thursdays	3.15pm – 4.30pm	Outside Oblate Hall
8D	Thursdays	3.15pm – 4.30pm	Outside Oblate Hall
7A	Thursdays	3.15pm – 5.00pm	Provence 1
7B	Thursdays	3.15pm – 5.00pm	Provence 1
7C	Thursdays	3.15pm – 5.00pm	Provence 2
7D	Thursdays	3.15pm – 4.30pm	Provence 2

Volleyball Uniform for 2022

All C and D players who have not yet purchased a volleyball shirt will be able to purchase a shirt after the Villanova trial match on 5 February. Cost of a volleyball shirt is \$52.00.