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Lindum QLD 4178
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AIC Sports Information (via Twitter): [@SportIona](https://twitter.com/SportIona) (includes wet weather)

Head of Sport:	Mr Keith Harron	0417 079 268
Assistant Head of Sport (7-12):	Mr Sean Devlin	3906 8905
Assistant Head of Sport (5-6):	Mr Anthony Bannerman	3893 8869
Sports Administrator:	Mrs Karen Otway	3893 8805

24 November

TEAM IONA

Our Sailing team were the only participants in interschool competition last weekend. In the final round of Team Racing, in Gold Fleet (Division 1), our number 1 team achieved 1st place and our number 2 team gained 3rd. In Silver Fleet (Division 2), our number 3 team came 3rd and the number 4 team 4th. It was a successful season for our sailing team in both Team and Fleet Racing. Led by Old Boy coach Hayden Barney, and parents, coordinated by Gerard Vinen, our program continues to be prominent and enjoyable.



Our 2022 swimmers time trialled last Friday evening. With hard training, our squad will be competitive. Our Open team will be strong – they will need to work as a group, participate in all meets and set the culture for our younger swimmers. This type of expectation will need to be the realisation for all our Open teams next year. Intense preparation, compete hard to win and set the culture for others to follow. This will be the basis of Team Iona in 2022.

Congratulations to 2021 major sport award winners announced last week:

Stephen Thornhill Memorial (Sportsman of the Year)
Benjamin Goedemans

Senior Sportsman of the Year
Thomas Segger

David Mitchell Memorial (Junior Sportsman of the Year)
Campbell Rolfe

Primary Sportsman of the Year
Aden Biddle

Peter Brooks Memorial (Best Individual Sports Achievement)
Angus Cran

Olympic Changemaker
Thomas Segger and Sean Moroney

Iona Sport Season Planner

The below is subject to government guidelines.

Wed 1 Dec: 2022 1st Volleyball vs Ambrose Treacy 1.00pm
Fri 3 Dec: 2022 1st Volleyball vs Redlands College 1.30pm

- Fri 3 Dec: 2022 1st Volleyball vs Citipointe 3.30pm
- Tues 4 Jan: Swim training resumes (selected squads)
- Fri 7 Jan: Training for 1st XI, 2nd XI and Year 9A cricket teams
- 10 to 14 Jan: Christian Brothers Cricket competition for 1st, 2nd and 9A cricket
- 17 to 19 Jan: Dudgeon Cricket Academy Clinic at Iona for Years 5 to 9
- 18 & 20 Jan: Swim Team Compulsory Training
- 18 to 21 Jan: Padua T20 Cricket Competition for 1^{sts}
- 19 to 20 Jan: Ashgrove T20 Cricket Competition for 10A
- Mon 24 Jan: Swimming training resumes (all squads)
- Fri 28 Jan: 1st AFL Trial vs Ashgrove
- Fri 28 Jan: Iona Swim Trials (Years 5 to Open)
- Sat 29 Jan: Cricket / Volleyball / Years 5 to 10 AFL Trials vs Ashgrove
- Sun 30 Jan: Trials for new sailors and come and try day
- Fri 4 Feb: Primary Interhouse Swimming
- Fri 4 Feb: Round 1 AFL vs Villanova
- Fri 4 Feb: AIC Swim Meet (H)
- Sat 5 Feb: AIC Round 1 Cricket / Volleyball / Years 5 to 10 AFL vs Villanova (A)
- Sun 6 Feb: Sailing (Fleet Racing) RQYS
- Fri 11 Feb: Head to Head Swim Meet (Iona vs Villa)
- Sun 13 Feb: Sailing (Fleet Racing) RQYS
- Fri 18 Feb: Iona Swimming Age Championships

AFL

AFL Coordinator Yrs 5 to 12	Mr Anthony Bannerman	bannermana@iona.qld.edu.au
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Year 5 AFL coaches are required. Please contact Anthony Bannerman if interested on bannermana@iona.qld.edu.au

Mouthguards and correct footwear are required for all training sessions.

If you are unable to attend any of the trial days, please contact Mr Bannerman: bannermana@iona.qld.edu.au

AFL Trials / Trainings for 2022

Team	Day	Venue	Time
1 ^{sts}	Mondays Thursdays	St Eugene's Park St Eugene's Park	3.15pm – 4.30pm 3.15pm – 4.30pm
Yr 9/10	Wednesday	St Eugene's Park	3.15pm – 4.30pm
Year 8	Thursdays	St Eugene's Park	7.00pm – 8.00am
Year 7AB	Thursdays	St Eugene's Park	3.15pm – 4.30pm
Year 6A	Thursdays	St Eugene's Park	7.00pm – 8.00am
Year 6BC	Tuesdays	St Eugene's Park	3.15pm – 4.30pm
Year 5A	TBC		
Year 5BC	TBC		

Trial Match vs Ashgrove

Fri 28 January: 1^{sts} and Years 9/10 (TBC)

Sat 29 January: Years 5 to 8

Cricket

Key Personnel

Years 5 – 6 Coordinator	Mr Brendan Allen	allenb@iona.qld.edu.au
Years 7 – 12 Coordinator	Mr Sean Devlin	devlins@iona.qld.edu.au

2022 Cricket Dates:

- Fri 7 Jan: Training for 1st XI, 2nd XI and Year 9A cricket teams
- 10 to 14 Jan: Christian Brothers Cricket competition for 1st, 2nd and 9A cricket
- 17 to 19 Jan: Dudgeon Cricket Academy Clinic at Iona for Years 5 to 9
- 18 to 21 Jan: Padua T20 Cricket Competition for 1^{sts}
- 19 to 20 Jan: Ashgrove T20 Cricket Competition for 10A
- Sat 29 Jan: Trial match vs Ashgrove

2022 Cricket Training

The schedule for Week 1 of school will be different for some teams than the official schedule which will run from Week 2.

Week 1

- All training is at the Iona cricket nets

Tues 25 January	1 st & 2 nd XI, Year 10	(3.20pm – 4.30pm)
Wed 26 January	Public Holiday	
Thurs 27 January	1 st & 2 nd XI, Years 7 and 8	(3.20pm – 4.30pm)
Fri 28 January	Year 6	(7.00am – 8.00am)
Fri 28 January	Years 5 and 9	(Year level sport)

Weeks 2 - 8 As per schedule below

Training will also occur during sport lessons for Years 5 to 10.

Team	Day	Venue	Time
1 st / 2 nd	Tues Thurs	Cricket Nets / Harron Davine	3.20pm – 4.30pm 3.20pm – 4.30pm
3 rd / 4 th	Wed	Cricket Nets / McCarthy	3.20pm – 4.30pm
Year 10 (A-C)	Tues	Cricket Nets / McCarthy	3.20pm – 4.30pm
Year 9 (A-C)	Wed	Cricket Nets / Harron	3.20pm – 4.30pm
Year 8 (A-D)	Thurs	Cricket Nets / Harron	3.20pm – 4.30pm

Year 7 (A-D)	Thurs	Cricket Nets / McCarthy	3.20pm – 4.30pm
Year 6 (A-D)	Fri	Cricket Nets / McCarthy	7.00am – 8.00am
Year 5 (A-D)	Fri	Cricket Nets / McCarthy	7.00am – 8.00am

High Performance

Congratulations to Juno Lee-Kang who was a part of the Met East team which won the QSS Futsal Invitational Championship over the weekend.

Oblate Trophy

Congratulations to MacKillop House on winning the Oblate Trophy for the first time.

Results

1 st MacKillop:	390
2 nd Mazenod:	375
3 rd Cebula:	350
4 th Anthony:	310
5 th Grandin:	300
6 th Albini:	250
7 th Gerard:	201
8 th Charlebois:	165



Sailing

Sailing wrapped up for 2021 with the completion of the Term 4 School's Teams Racing Regatta last Sunday on Moreton Bay. The weather finally allowed a full session of racing for both fleets, enabling enough races to be completed to constitute a series.

All our teams sailed with great competitiveness and respect for their opposition to produce some great results:

Gold Fleet

Iona 1: 1st, Iona 2: 3rd

Silver Fleet

Iona 3: 3rd, Iona 4: 4th



The entire team is to be congratulated on their efforts and desire to achieve their best and we look forward to building towards the State Titles at the end of Term 1 next year.

Thanks also to Head Coach Hayden Barney (Old Boy) and the many parent volunteers that make the success of the sailing program possible.

Date claimers for Term 1:

- Sunday 30 Jan (end of Week 1) - Boat cleaning & set up, team BBQ
- Sunday 6, 13, 20 February – Fleet racing
- Sunday 27 Feb, 6, 13 Mar – Teams racing
- Sunday 20, 27 Mar – Teams State Titles (qualifications for National Titles)

Trials for new sailors will be held Sunday 30 Jan. Parents of new Year 7 boys who have already expressed interest will be contacted by email.

Come & Try will also be held Sunday 30 Jan. Boys can compete for Iona in sailing in Year 6 Term 4 but we encourage any current



years 5 or 6 boys who may be interested in sailing to come to RQYS, jump in a boat and give sailing a try.

Please register your interest to trial (Year 7, 2022) or 'come & try' (Years 5 & 6, 2022) by contacting the Sailing Committee via ionacollegesailing@gmail.com

Swimming

Key Personnel

Swimming Coordinator	Mr Keith Harron	harronk@iona.qld.edu.au
Head Coach	Mr Michael Lewandowski	lewandowskim@iona.qld.edu.au

Queries regarding squads and fees can be directed to Mr Harron harronk@iona.qld.edu.au or Head Coach Michael Lewandowski lewandowskim@iona.qld.edu.au.

The swim trials last Friday were the starting point for our 2022 preparations. It was exciting to see the top 10 times in 50m freestyle throughout the College.

1. Benjamin Goedemans Open 24.7
2. Kyan Muir Open
3. Matthew Von Euw Open
4. Zahn Percy Open
5. Jack Hood 15 Years
6. Charlie Hansson 16 Years
7. Thomas Sullivan 16 Years
8. Benjamin Jones Open
9. Riley Sadleir Open
10. Ben Cutler Open

Please note the following:

(This will also be emailed to squad members)

- End of Iona College swimming: Friday 10 December
- Qld Age Championships: 11 – 17 December

2022 Swimming Calendar

Tues 4 Jan: Swim Training Begins (Black, Green, Red squads only)

18 and 20 Jan: Swim Team Compulsory Training (Time TBC)

Mon 24 Jan: Swim Training (All Squads)

Fri 28 Jan: Swim Trials Years 5 to Open (@ Iona)

Fri 4 Feb: 4 Way Swim Meet (Iona, Villa SPC, SLC)

Fri 11 Feb: Head to Head Swim Meet Iona vs Villa

Fri 18 Feb: Iona Age Championships

Thurs 24 Feb: AIC Swim Meet (Chandler)

Thurs 1 Mar: Met East Swim Championships

Fri 4 Mar: Iona Swim Team BBQ

Tues 8 Mar: AIC Swimming Championships

21 – 23 Mar: 10 to 12 Years Qld School Swimming

24 – 25 Mar: 13 to 19 Years Qld School Swimming

11 – 18 April: Age Nationals (Adelaide)

11 – 17 Dec: State Age Championships

Touch

On Tuesday 23 November, Iona and Wynnum State School were able to continue their traditional Touch Football Competition.

The 'Bayside Derby' was another huge success, with Wynnum coming out victors 4 – 1 over Iona.

Great sportsmanship continued in this traditional game. Thanks to student Zac Caton and Old Boy Alex Condon for refereeing.

A big thank you must go to grounds staff, players, coaches, parents and Wynnum State School.



Volleyball

Key Personnel

Volleyball Coordinator	Mrs Karen Otway	otwayk@iona.qld.edu.au
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1st Volleyball Holiday Training Matches (Provence Centre)

Wed 1 Dec: vs Ambrose Treacy 1.30pm – 3.00pm

Fri 3 Dec: vs Redlands College 1.30pm – 3.00pm

Fri 3 Dec: vs Citipointe 3.30pm – 5.00pm

Christmas Holiday Volleyball Training

1 ^{sts}	Fri 26 November	12.00pm – 2.00pm	Provence 1
	Tues 30 November	3.00pm – 5.00pm	Provence 1
	Wed 1 Dec (vs ATC)	1.00pm – 2.30pm	Provence 1
	Fri 3 Dec (vs Redlands)	1.30pm – 3.00pm	Provence 1
	Fri 3 Dec (vs Citipointe)	3.30pm – 5.00pm	Provence 1
2 ^{nds}	Tues 18 January	3.00pm – 5.00pm	Provence 2
	Wed 19 January	3.00pm – 5.00pm	Provence 2
	Tues 18 January	3.00pm – 5.00pm	Provence 1
3 ^{rds}	Wed 19 January	3.00pm – 4.45pm	Oblate Hall 1
	Mon 24 January	3.00pm – 5.00pm	Provence 1
11A	Tues 18 January	3.00pm – 5.00pm	Oblate Hall 1
11B	Mon 24 January	3.00pm – 5.00pm	Provence 2
10AB	Mon 24 January	3.00pm – 5.00pm	Oblate Hall
9AB	Wed 19 January	3.00pm – 5.00pm	Oblate Hall 2

Volleyball Training Schedule for 2022

Please note that due to the Wednesday 26 January being a public holiday, the **9AB volleyball teams** will train on Friday 28 January in Week 1.

Final selections for the 2022 volleyball teams will occur in the holiday training sessions above and at the start of Term 1 next year at the scheduled training times starting in Week 1 (week of Mon 24 January).

The final trial for Year 7 volleyball will be Thursday 27 January 3.15pm – 5.00pm.

Training Schedule

Team	Training Day	Time	Venue
1 st	Tues & Wed	3.15pm – 5.00pm	Provence 1
2 nd	Tues & Wed	3.15pm – 5.00pm	Provence 2
3 rd	Tuesdays Wednesdays	3.15pm – 4.45pm 3.15pm – 4.45pm	Oblate Hall 2 Provence 2
4 th	Tuesdays	2 nd Break	Oblate Hall
11A	Mondays Tuesdays	3.15pm – 5.00pm 3.15pm – 5.00pm	Provence 1 Oblate Hall 1
11B	Mondays	3.15pm – 4.30pm	Provence 2
11C	Fridays	3.15pm – 4.30pm	Provence 1
10A	Mondays	3.15pm – 5.00pm	Oblate Hall 1
10B	Mondays	3.15pm – 5.00pm	Oblate Hall 2
10C	Fridays	3.15pm – 4.30pm	Provence 2
10D	Fridays	3.15pm – 4.30pm	Provence 2
9A	Fri 28 Jan Wednesdays	3.15pm – 5.00pm 3.15pm – 5.00pm	Provence 1 Oblate Hall 1
9B	Fri 28 Jan Wednesdays	3.15pm – 5.00pm 3.15pm – 5.00pm	Provence 1 Oblate Hall 1
9C	Wednesdays	3.15pm – 4.30pm	Oblate Hall 2
9D	Wednesdays	3.15pm – 4.30pm	Oblate Hall 2
8A	Thursdays	7.00am – 8.00am	Oblate Hall
8B	Thursdays	7.00am – 8.00am	Oblate Hall
8C	Thursdays	3.15pm – 4.30pm	Oblate Hall 1
8D	Thursdays	3.15pm – 4.30pm	Oblate Hall 1
7A	Thursdays	3.15pm – 5.00pm	Provence 1
7B	Thursdays	3.15pm – 5.00pm	Provence 1
7C	Thursdays	3.15pm – 5.00pm	Provence 2
7D	Thurs 27 Jan Thursdays	3.15pm – 5.00pm 3.15pm – 4.30pm	Oblate Hall 2 Oblate Hall 2

Trial Match vs Ashgrove

There is a trial match vs Ashgrove for all volleyball teams on Saturday 29 January. All selected players are expected to attend.

Volleyball Uniform for 2022

All players who have not yet purchased a volleyball shirt will be able to purchase a shirt once teams are finalised at the start of Term 1, 2022. Cost of a volleyball shirt is \$52.00.

Black Iona HPE shorts and white Iona sports socks must also be worn by all players.