



85 North Road  
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Subscribe: <http://ionac.schoolzineplus.com/subscribe>  
AIC Sports Information (via Twitter): [@SportIona](https://twitter.com/SportIona) (includes wet weather)

Head of Sport:	Mr Keith Harron	0417 079 268
Assistant Head of Sport (7-12):	Mr Sean Devlin	3906 8905
Assistant Head of Sport (5-6):	Mr Anthony Bannerman	3893 8869
Sports Administrator:	Mrs Karen Otway	3893 8805

17 November

**TEAM IONA**

With rain affecting cricket and AFL fields, it was left to our volleyballers and sailors to perform last weekend. The volleyball trials provided much needed preparation for the coming 2022 season, while our sailing teams continue their competitive regattas. All involvement keeps our teams moving towards successful seasons.

It was also encouraging to receive the results of our mountain bikers in various competitions. Like sailing, mountain biking provides opportunity in somewhat special environments. The character strengths of perception and bravery certainly become important against the forces of nature.

Our swimmers get moving this Friday afternoon in a compulsory time trial and our sailing team competes Sunday.

Important dates on the sporting horizon:

- Swim trial evening on Friday 19 November – all those in 2022 Years 6 to Opens who intend on swimming in 2022 need to attend.  
3.15pm: Warm up  
3.30pm – 4.45pm: Time trial in 50m in all strokes.

**Iona Sport Season Planner**

The below is subject to government guidelines.

- Fri 19 Nov: Compulsory Swimming Time Trial Evening
- Wed 1 Dec: 2022 1<sup>st</sup> Volleyball vs Ambrose Treacy 1.00pm
- Fri 3 Dec: 2022 1<sup>st</sup> Volleyball vs Redlands College 1.30pm
- Fri 3 Dec: 2022 1<sup>st</sup> Volleyball vs Citipointe 3.30pm
- Tues 4 Jan: Swim training resumes (selected squads)
- Fri 7 Jan: Training for 1<sup>st</sup> XI, 2<sup>nd</sup> XI and Year 9A cricket teams
- 10 to 14 Jan: Christian Brothers Cricket competition for 1<sup>st</sup>, 2<sup>nd</sup> and 9A cricket.
- 17 to 19 Jan: Dudgeon Cricket Academy Clinic at Iona for Years 5 to 9.
- 18 & 20 Jan: Swim Team Compulsory Training
- 18 to 21 Jan: Padua T20 Cricket Competition for 1<sup>sts</sup>
- 19 to 20 Jan: Ashgrove T20 Cricket Competition for 10A
- Mon 24 Jan: Swimming training resumes (all squads)

- Fri 28 Jan: 1<sup>st</sup> AFL Trial vs Ashgrove
- Fri 28 Jan: Iona Swim Trials (Years 5 to Open)
- Sat 29 Jan: Cricket / Volleyball / Years 5 to 10 AFL Trials vs Ashgrove
- Fri 4 Feb: Primary Inter-house Swimming
- Fri 4 Feb: Round 1 AFL vs Villanova
- Fri 4 Feb: AIC Swim Meet (H)
- Sat 5 Feb: AIC Round 1 Cricket / Volleyball / Years 5 to 10 AFL vs Villanova (A)
- Sun 6 Feb: Sailing (RQYS)
- Fri 11 Feb: Head to Head Swim Meet (Iona vs Villa)
- Fri 18 Feb: Iona Swimming Age Championships

**AFL**

AFL Coordinator Years 5 to 12	Mr Anthony Bannerman	<a href="mailto:bannermana@iona.qld.edu.au">bannermana@iona.qld.edu.au</a>
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**Year 9/10 2022 AFL Trials (combined team):**

Internal Match

Thursday 18 November: 3.15pm – 4.15pm on St. Eugene Park

**Year 6 2022 Trials (current year 5)**

Thursday 18 November: 7.00am – 8.00am on St. Eugene Park  
Training will also be held during timetabled sport lessons.

Mouthguards and correct footwear are required for all training sessions.

If you are unable to attend any of the trial days, please contact Mr. Bannerman. [bannermana@iona.qld.edu.au](mailto:bannermana@iona.qld.edu.au)

**Trial Match vs Ashgrove**

Fri 28 January: 1<sup>sts</sup>  
Sat 29 January: Years 5 to 10

**Cricket**

**Key Personnel**

Years 5 to 6 Coordinator	Mr Brendan Allen	<a href="mailto:allenb@iona.qld.edu.au">allenb@iona.qld.edu.au</a>
Years 7 to 12 Coordinator	Mr Sean Devlin	<a href="mailto:devlins@iona.qld.edu.au">devlins@iona.qld.edu.au</a>

## Open Cricket

Open training will continue this week as follows:

- Wednesday 3.30pm – 5.00pm: (Match centre wicket)
- Thursday 3.30pm – 5.00pm: (Match centre wicket)

There will be no Open cricket training in Week 8.

## Years 5 to 10 Cricket

Trials / Training will be held during sport lessons.

### 2022 Cricket Dates:

Fri 7 Jan:	Training for 1 <sup>st</sup> XI, 2 <sup>nd</sup> XI and Year 9A cricket teams
10 to 14 Jan:	Christian Brothers Cricket competition for 1 <sup>st</sup> , 2 <sup>nd</sup> and 9A cricket.
17 to 19 Jan:	Dudgeon Cricket Academy Clinic at Iona for Years 5 to 9.
18 to 21 Jan:	Padua T20 Cricket Competition for 1 <sup>sts</sup>
19 to 20 Jan:	Ashgrove T20 Cricket Competition for 10A
Sat 29 Jan:	Trial match vs Ashgrove

## High Performance

Team Iona via Mr Biggs is accepting nominations for 12 to 14 Years Baseball and 15 to 18 Years Baseball.

The Met East trial is Week 2 of 2022 but nominations are required as soon as possible.

### Gym Training (Concludes Tuesday Week 8)

- All students must attend the gym in Iona sports uniform and bring a towel to train
- All students must get changed in The Provence Centre change room
- Years 9 to 12 Student session is open to any student from Year 9 to Year 12
- High Performance Groups are open to 'A' players of any sport, plus representative athletes
- Years 8 and 9 Rugby / League is open to those that played in the 'A' teams of those sports in 2021
- AFL and Open Rugby Squads are by selection only

DAY	MON	TUES	WED	THURS	FRI
Morning 1 6.45am – 7.30am	Open Rugby Black	Yr 9-12 Students	Open Rugby White	Yr 9-12 Students	Yr 9-12 Students
Morning 2 7.30am – 8.15am	Open Rugby White	Yr 10/11 High Performers	Open Rugby Black	Yr 10/11 High Performers	AFL
Afternoon 3.15pm – 4.15pm	Yr 8/9 Rugby & League	Yr 8/9 High Performers	Yr 8/9 Rugby & League	Yr 8/9 High Performers	

Any queries please see Mr Biggs [biggsj@iona.qld.edu.au](mailto:biggsj@iona.qld.edu.au)

## Mountain Biking

Iona Students from the Mountain Biking squad competed in the Fox Superflow – a series of mountain biking events held throughout the year outside of the schools training program and competitions schedule. Our boys had some spectacular results:

Xavier Tromp: 1<sup>st</sup> place overall (U15 category)  
Rhys Wellings: 8<sup>th</sup> place overall (U15 category)

Ziggi Oliver: 2<sup>nd</sup> place overall (U17 category)

Blake Johnstone: 5<sup>th</sup> place overall (U19 category)



Well done and congratulations to the boys. It is fantastic to see them excelling at a sport they love.



## Sailing

Iona's sailors continued the teams racing format of this term's racing last Sunday. With the weather over the last couple of weeks limiting the number of races being completed, the race committee has decided that this term's racing will only be used to determine seedings for gold & silver fleets for Term 1 next year.

Sailing in the morning, Iona 3 and Iona 4 were again frustrated by incredibly shifty & inconsistent wind speeds which played havoc with their racing schedule. Minimal races were completed, with good skill shown by both teams in the tricky conditions.

Better conditions for Iona 1 and Iona 2 in the afternoon with the breeze filling in and staying relatively consistent. Both teams gelled well & showed great improvement in both the tactics & speed elements of teams racing, with their pre-start "racing" showing they meant business. With one day's racing remaining for this term, both teams have produced good results and are looking good to hold their position within gold fleet.

### Schools Teams Racing Series – Round 4

Sunday 21 November – RQYS

Silver Fleet (Iona 3 and 4)

7.45am	Rigging
8.15am	Race briefing
8.30am	Team briefing
9.30am	First warning signal

Gold Fleet (Iona 1 and 2)

10.45am	Rigging
11.15am	Race briefing
11.30pm	Team briefing
12.30pm	First warning signal

This will be the last Sunday of racing for the term. Sailors are to please confirm availability by RSVPing to the racing event on TeamApp. **There will be no training held in the last week of term.**

If you'd like to know more about the Iona Sailing Program, please contact the Sailing Committee via [ionacollegesailing@gmail.com](mailto:ionacollegesailing@gmail.com)

## Swimming

### Key Personnel

Swimming Coordinator	Mr Keith Harron	<a href="mailto:harronk@iona.qld.edu.au">harronk@iona.qld.edu.au</a>
Head Coach	Mr Michael Lewandowski	<a href="mailto:lewandowski@iona.qld.edu.au">lewandowski@iona.qld.edu.au</a>

### Compulsory Time Trial Evening:

All swimmers endeavouring to be part of the 2022 Iona swim squad are to attend a trial evening on Friday 19 November 3.30pm – 5.00pm. This is a COMPULSORY event, if you wish to be considered.

Queries regarding squads and fees can be directed to Mr Harron [harronk@iona.qld.edu.au](mailto:harronk@iona.qld.edu.au) or Head Coach Michael Lewandowski [lewandowskim@iona.qld.edu.au](mailto:lewandowskim@iona.qld.edu.au).

## 2022 Swimming Calendar

Tues 4 Jan: Swim Training Begins (Black, Green, Red squads only)

18 & 20 Jan: Swim Team Compulsory Training (Time TBC)

Mon 24 Jan: Swim Training (All Squads)

Fri 28 Jan: Swim Trials Years 5 – Open (@ Iona)

Fri 4 Feb: 4 Way Swim Meet (Iona, Villa SPC, SLC)

Fri 11 Feb: Head to Head Swim Meet Iona vs Villa

Fri 18 Feb: Iona Age Championships

Thurs 24 Feb: AIC Swim Meet (Chandler)

Thurs 1 Mar: Met East Swim Championships

Fri 4 Mar: Iona Swim Team BBQ

Tues 8 Mar: AIC Swimming Championships

21 – 23 Mar: 10 to 12 Years Qld School Swimming

24 – 25 Mar: 13 to 19 Years Qld School Swimming

11 – 18 April: Age Nationals (Adelaide)

11 – 17 Dec: State Age Championships

## Volleyball

### Key Personnel

Volleyball Coordinator	Mrs Karen Otway	<a href="mailto:otwayk@iona.qld.edu.au">otwayk@iona.qld.edu.au</a>
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### Trial Match vs Villanova

#### Results

1 <sup>st</sup>	lost	2 - 3	9A	won	3 - 0
2 <sup>nd</sup>	lost	1 - 2	9B	won	2 - 1
3 <sup>rd</sup>	lost	0 - 2	9C	won	3 - 0
4 <sup>th</sup>	Bye		9D	Bye	
11A	won	2 - 0	8A	won	3 - 0
11B	lost	0 - 2	8B	won	3 - 0
11C	lost	0 - 3	8C	won	3 - 0
10A	won	2 - 1	8D	won	3 - 0
10B	won	3 - 0	7A	won	2 - 1
10C	won	3 - 0	7B	won	3 - 0
10D	Bye		7C	lost	1 - 2
			7D	won	2 - 1



## 1<sup>st</sup> Volleyball Holiday Training Matches (Province Centre)

Wed 1 Dec: vs Ambrose Treacy 1.30pm – 3.00pm

Fri 3 Dec: vs Redlands College 1.30pm – 3.00pm

Fri 3 Dec: vs Citipointe 3.30pm – 5.00pm

## Christmas Holiday Training

1 <sup>sts</sup>	Fri 26 November Tues 30 November Wed 1 Dec (vs ATC) Fri 3 Dec (vs Redlands) Fri 3 Dec (vs Citipointe) Tues 18 January Wed 19 January Tues 25 Jan vs OldBoys	12.00pm – 2.00pm 3.00pm – 5.00pm 1.00pm – 2.30pm 1.30pm – 3.00pm 3.30pm – 5.00pm 3.00pm – 5.00pm 3.00pm – 5.00pm 3.00pm – 5.00pm	Provence 1 Provence 1 Provence 1 Provence 1 Provence 1 Provence 1 Provence 1 Provence 1
2 <sup>nds</sup>	Tues 18 January Wed 19 January	3.00pm – 5.00pm 3.00pm – 5.00pm	Provence 2 Provence 2
3 <sup>rds</sup>	Wed 19 January	3.00pm – 4.45pm	Oblate Hall 1
11A	Tues 18 January Mon 24 January	3.00pm – 5.00pm 3.00pm – 5.00pm	Oblate Hall 1 Provence 1
11B	Mon 24 January	3.00pm – 5.00pm	Provence 2
10AB	Mon 24 January	3.00pm – 5.00pm	Oblate Hall
9AB	Wed 19 January	3.00pm – 5.00pm	Oblate Hall 2

## Volleyball Training Schedule for 2022

Please note that due to the Wednesday 26 January being a public holiday, the **9AB volleyball teams** will train on Friday 28 January in Week 1.

Final selections for the 2022 volleyball teams will occur at the start of Term 1 next year at the scheduled training times starting in Week 1, (Week of Mon 24 January).

Team	Training Day	Time	Venue
1 <sup>st</sup>	Tues & Wed	3.15pm – 5.00pm	Provence 1
2 <sup>nd</sup>	Tues & Wed	3.15pm – 5.00pm	Provence 2
3 <sup>rd</sup>	Tuesdays Wednesdays	3.15pm – 4.45pm 3.15pm – 4.45pm	Oblate Hall 2 Provence 2
4 <sup>th</sup>	Tuesdays	2 <sup>nd</sup> Break	Oblate Hall
11A	Mondays Tuesdays	3.15pm – 5.00pm 3.15pm – 5.00pm	Provence 1 Oblate Hall 1
11B	Mondays	3.15pm – 4.30pm	Provence 2
11C	Fridays	3.15pm – 4.30pm	Provence 1
10A	Mondays	3.15pm – 5.00pm	Oblate Hall 1
10B	Mondays	3.15pm – 5.00pm	Oblate Hall 2
10C	Fridays	3.15pm – 4.30pm	Provence 2
10D	Fridays	3.15pm – 4.30pm	Provence 2
9A	Fri 28 Jan Wednesdays	3.15pm – 5.00pm 3.15pm – 5.00pm	Provence 1 Oblate Hall 1
9B	Fri 28 Jan Wednesdays	3.15pm – 5.00pm 3.15pm – 5.00pm	Provence 1 Oblate Hall 1
9C	Wednesdays	3.15pm – 4.30pm	Oblate Hall 2
9D	Wednesdays	3.15pm – 4.30pm	Oblate Hall 2
8A	Thursdays	7.00am – 8.00am	Oblate Hall
8B	Thursdays	7.00am – 8.00am	Oblate Hall
8C	Thursdays	3.15pm – 4.30pm	Oblate Hall 1
8D	Thursdays	3.15pm – 4.30pm	Oblate Hall 1
7A	Thursdays	3.15pm – 5.00pm	Provence 1
7B	Thursdays	3.15pm – 5.00pm	Provence 1
7C	Thursdays	3.15pm – 5.00pm	Provence 2
7D	Thursdays	3.15pm – 4.30pm	Oblate Hall 2

**Trial Match vs Ashgrove**

There is a trial match vs Ashgrove for all volleyball teams on Saturday 29 January. All selected players are expected to attend.

**Volleyball Uniform for 2022**

All players who have not yet purchased a volleyball shirt will be able to purchase a shirt once teams are finalised at the start of Term 1, 2022. Cost of a volleyball shirt is \$52.00.

Black Iona HPE shorts and white Iona sports socks must also be worn by all players.