



**LET YOUR LIGHT SHINE**

**LIVE LEARN LEAD SERVE**

85 North Road  
Lindum QLD 4178  
Subscribe: <http://ionac.schoolzineplus.com/subscribe>  
AIC Sports Information (via Twitter): [@SportIona](https://twitter.com/SportIona) (includes wet weather)

Head of Sport:	Mr Keith Harron	0417 079 268
Assistant Head of Sport (7-12):	Mr Sean Devlin	3906 8905
Assistant Head of Sport (5-6):	Mr Anthony Bannerman	3893 8869
Sports Administrator:	Mrs Karen Otway	3893 8805

20 October

**TEAM IONA**

Iona Old Boy, Josh Thomas, has announced his retirement from AFL and the Collingwood club. He played 123 games including the 2018 grand final and kicked 101 goals. He was never the biggest or strongest player but Josh had a burning desire to achieve. He trained hard, psychologically prepared himself and knew the value of being loyal to the club. We can all learn from these traits, especially those Iona players who desire to play at the highest levels.

Only sailing saw action last weekend in Round 2 of Fleet Racing at RQYS with Iona having five boats in strong contention.

This week sees our Year 7, Year 8 and Year 11 volleyball teams compete in the Schools Cup competition at the Gold Coast. Our Primary, Year 8/9 and 10/11 touch teams play at an AIC invitational at Runcorn. Our Year 7, Year 8/9 and Open water polo teams compete in the AIC tournament at Somerville House on Sunday. It will provide much opportunity for enjoyable participation.

**Year 9/10 AFL Trials (combined team):**

Year 9/10 AFL trials will begin on the following days. All students will need to ensure they attend training days.

Wednesday 20 October: 3.15pm – 4.30pm on Fuller Oval  
Wednesday 27 October: 3.15pm – 4.30pm on Fuller Oval

**Years 5 to 8 AFL**

Training will be held during timetabled sport lessons. Information about trials will be given at a later date.

Mouthguards and correct footwear are required for all training sessions.

If you are unable to attend any of the trial days, please contact Mr. Bannerman. [bannermana@iona.qld.edu.au](mailto:bannermana@iona.qld.edu.au)

**Iona Sport Season Planner**

The below is subject to government guidelines.

- 22 – 24 Oct: Senior & Junior Schools Cup Volleyball (Gold Coast)
- Sat 23 Oct: St Laurence’s Touch Invitational Yr 7, Yr 8/9, Yr 10/11)
- Sun 24 Oct: AIC Water Polo Tournament
- Sat 6 Nov: 2022 Years 5 and 7 volleyball/cricket/AFL trials
- Sat 13 Nov: Years 7 to 12 Volleyball Trial vs Villanova
- Sat 13 Nov: 1<sup>st</sup> / 2<sup>nd</sup> Cricket Trial vs Villanova
- Fri 19 Nov: Compulsory Swimming Time Trial Evening

**AFL**

AFL Coordinator Years 5 - 12	Mr Anthony Bannerman	<a href="mailto:bannermana@iona.qld.edu.au">bannermana@iona.qld.edu.au</a>
---------------------------------	----------------------	--

**1<sup>st</sup> AFL Trials (current year 10 and 11 only)**

1<sup>st</sup> AFL trial will continue over the following days. All students will need to ensure they attend training days.

Thursday 21 October: 3.30pm – 4.30pm on Fuller Oval

**Cricket**

**Open Cricket**

Open training will continue this term as follows:

- Monday 6.45am – 8.00am : (Batting session)
- Tuesday 3.30pm – 5.00pm: (Fielding/Specialist discipline session)
- Wednesday 3.30pm – 5.00pm: (Match centre wicket)
- Thursday 3.30pm – 5.00pm: (Match centre wicket)

**3rds / 4ths Trials**

Trials will be held at the cricket nets on Tuesday 26 October 3.30pm – 4.45pm.

**Years 5 to 10 Cricket**

Training will be held during sport lessons. Information about trials will be given at a later date.

**High Performance**

**Gym Training**

**Runs from weeks 2 -7**

- All students must attend the gym in Iona sports uniform and bring a towel to train
- All students must get changed in The Provence Centre change room
- Years 9 to 12 Student session is open to any student from Years 9 to Year 12

- High Performance Groups are open to 'A' players of any sport, plus representative athletes
- Years 8 and 9 Rugby / League is open to those that played in the 'A' teams of those sports in 2021
- AFL and Open Rugby Squads are by selection only

DAY	MON	TUES	WED	THURS	FRI
Morning 1 6.45am – 7.30am	Open Rugby Black	Yr 9-12 Students	Open Rugby White	Yr 9-12 Students	Yr 9-12 Students
Morning 2 7.30am – 8.15am	Open Rugby White	Yr 10/11 High Performers	Open Rugby Black	Yr 10/11 High Performers	AFL
Afternoon 3.15pm – 4.15pm	Yr 8/9 Rugby & League	Yr 8/9 High Performers	Yr 8/9 Rugby & League	Yr 8/9 High Performers	

Any queries please see Mr Biggs [biggsj@iona.qld.edu.au](mailto:biggsj@iona.qld.edu.au)

## Sailing

The fleet racing series for Term 4 continued on Moreton Bay last Sunday. After light winds delayed the start, five races were eventually able to be held. After the completion of 10 out of the 15 scheduled races in the regatta, the Iona team has improved its position to have five boats within the first seven places on the leader board. All our sailors had a competitive and consistent day, with many improving their overall position.

With one week to go in this short fleet series, places on the podium are still up for grabs and the competition will be fierce. We wish all our sailors well for the final week of the series.

### Schools Fleet Racing Series – Round 3

Sunday 24 October – RQYS

8.00am	Rigging
8.30am	Race briefing
8.45am	Team briefing
9.45am	First warning signal

Sailors are to please confirm availability for each week's racing by RSVPing to the racing events on TeamApp.

**Training** – all boats - Tuesdays – RQYS – 3.30pm

Keep an eye on TeamApp for bus availability.

### Racing

Fleet Racing Dates, Sunday: 24 Oct

Teams Racing Dates, Sundays: 31 Oct, 7 Nov, 14 Nov and 21 Nov

Should there be any queries about the College sailing program, please contact the Sailing Committee via

[ionacollegesailing@gmail.com](mailto:ionacollegesailing@gmail.com).

## Swimming

### Key Personnel

Swimming Coordinator	Mr Keith Harron	<a href="mailto:harronk@iona.qld.edu.au">harronk@iona.qld.edu.au</a>
Head Coach	Mr Michael Lewandowski	<a href="mailto:lewandowskim@iona.qld.edu.au">lewandowskim@iona.qld.edu.au</a>

### Compulsory Time Trial Evening:

All swimmers endeavouring to be part of the 2022 Iona swim squad are to attend a trial evening on Friday 19 November 3.30pm – 5.00pm. This is a COMPULSORY event.

Last weekend, some Iona swimmers competed in the Qld Open Water Championships. It is an arduous event that requires fitness and determination. Congratulations to the following competitors:

Benjamin Goedemans:	1 <sup>st</sup> - 17 Years 5km
Matthew Von Euw:	5 <sup>th</sup> - 17 Years 5Km
Jack Hood:	3 <sup>rd</sup> - 15 Years 2.5Km
Martin Hateley	16 <sup>th</sup> - 15 Years 2.5Km

Queries regarding squads and fees can be directed to Mr Harron [harronk@iona.qld.edu.au](mailto:harronk@iona.qld.edu.au) or Head Coach Michael Lewandowski [lewandowskim@iona.qld.edu.au](mailto:lewandowskim@iona.qld.edu.au).

## Touch

### St Laurence's Invitational Touch Tournament

Date: Saturday 23 October

Teams: 2 x Years 8/9 (including some year 7 boys), Years 10/11

Venue: SLC fields at Runcorn

### Draw

#### Primary

- 8.25am vs Ashgrove Field 4
- 9.15am vs Padua Field 1
- 10.05am vs Padua Field 5
- 10.55am – Semi Finals
- 11.45am – Grand Final Field 2

#### Year 8/9 (White)

- 8.00am vs Padua Field 8
- 8.50am vs SLC Field 8
- 9.40am vs Ashgrove Field 7
- 10.55am – Semi Finals
- 11.45am – Grand Final Field 1

#### Year 8/9 (Black)

- 8.25am vs SEC Field 8
- 9.15am vs Ashgrove Field 7
- 10.05am vs Padua Field 8
- 10.55am – Semi Finals
- 11.45am – Grand Final Field 1

#### Year 10/11

- 8.00am vs Ashgrove Field 4
- 9.40am vs Padua Field 4
- 10.30am – Semi Final 1 Field 4
- 12.10pm – Grand Final Field 1

## Volleyball

### Schools Cup

#### Senior Schools Cup (Year 11)

##### Final Training Session

Wed 20 Oct: 3.15pm - 5.00pm in The Provence Centre

#### Junior Schools Cup Volleyball (Year 7, Year 8)

##### Final Training Session

Thursday 21 October 3.15pm - 5.00pm in The Provence Centre

Competition: 22 – 24 October

Venue: Carrara Sports and Leisure Centre 296 Nerang  
Broadbeach Rd, Carrara

Boys will leave Iona on a College bus from the car park behind the Chapel at 8.00am on Friday. We will meet the team coaches at Carrara at approx. 9.30am (depending on traffic).

### Year 7

#### Friday

11.10am Game vs Woodridge (Hall 1 court 11)

1.30pm Game vs The Gap (Hall 1 Court 4)

2.40pm Duty (Hall 1 Court 4)

5.00pm Game vs Benowa (Hall 1 Court 4)

#### Saturday

8.15am Meet coach at agreed meeting point

9.10am Game vs Craigslea (Hall 1 Court 4)

10.20am Duty (Hall 1 Court 4)

12.40pm Game vs Burnside (Hall 1 Court 4)

If we finish 4<sup>th</sup> in our pool we will have a game at 5.20pm followed by a duty at 6.30pm.

#### Sunday

All other play-off games are on Sunday.

### Year 8

#### Friday

10.00am Duty (Hall 2 Court 10)

1.30pm Game vs Redlands College (Hall 2 Court 10)

5pm Game vs Caloundra (Hall 2 Court 10)

#### Saturday

8.15am Meet coach at agreed meeting point.

9.10am Game vs The Gap (Hall 2 Court 9)

12.40pm Game vs Rochedale (Hall 2 Court 9)

3.00pm Duty **All boys must stay for duty**

#### Sunday

All play off matches are played on Sunday

### Year 11

10.00am Duty (Hall 2 Court 3)

12.20pm Game vs Bray Park (Hall 2 Court 3)

3.50pm Game vs Glasshouse (Hall 2 Court 3)

#### Saturday

8.15am Meet coach at agreed meeting point

9.10am Game vs Canterbury College (Hall 2 Court 3)

11.30am Game vs Woodridge 1 (Hall 2 Court 3)

1.50pm Game vs St Johns (Hall 2 Court 3)

3.00pm Duty **All boys must stay for duty**

#### Sunday

All play-off games

### Volleyball trials for term 1, 2022 AIC teams

Volleyball trials will be held every week during sport for Years 6 – 10 to assist selection for the teams for the 2022 AIC season.

#### Current Year 6 Boys (2022 Year 7)

Current Iona Year 6 boys will trial along with boys who will be new to Iona in Year 7 next year on **Saturday 6 November from 9.00am - 11.00am.**

#### Current Year 7 Boys (2022 Year 8)

Trials will be held on the following dates in The Provence Centre

- Tuesday 26 October 3.15pm - 5.00pm
- Tuesday 2 November 3.15pm - 5.00pm
- Tuesday 9 November 3.15pm - 5.00pm

#### Current Year 8 Boys (2022 Year 9)

Trials will be held on the following dates in The Provence Centre

- Wednesday 27 October 3.15pm - 5.00pm
- Friday 5 November 3.15pm - 5.00pm

#### Current Year 9 Boys (2022 Year 10)

Trials will be held on the following dates in The Provence Centre

- Monday 1 November 3.15pm - 5.00pm
- Monday 8 November 3.15pm - 5.00pm

#### Current Year 10 Boys (2022 Year 11)

A trial will be held on the following dates in The Provence Centre

- Monday 25 October from 3.15pm - 5.00pm for boys wanting to trial for the 11A team.
- Thursday 4 November 3.15pm – 5.00pm (11A training 11BCD trials for those boys who missed selection in 2nds and 3rds).
- Thursday 11 November 3.15pm – 5.00pm (11A training 11BCD trials for those boys who missed selection in 2nds and 3rds).

Any current Year 10 boys who miss out on selection in the 2022 11A team are welcome to trial for 2nds and 3rds.

#### Current Year 10/11 Boys (2022 Open)

Trials for 2022 2nds, 3rds and 4ths volleyball teams will be held on the following dates in The Provence Centre

- Thursday 28 October from 3.15pm - 5.00pm
- Wednesday 3 November from 3.15pm - 5.00pm
- Wednesday 10 November from 3.15pm - 5.00pm

### **AIC Trial Matches**

There will be a trial match for 2022 volleyball preparation on the following date: All selected players are expected to attend.

- **Saturday 13 November** vs Villanova

## **Water Polo**

### **AIC Tournament**

The annual AIC Tournament will be held this Sunday at Somerville House. Team lists and details are available from Mr Harron and have also been made available to selected players.

### **Draw:**

Year 7: Field 1 Somerville House (Mr O'Brien and Mr Hill)

8.00am: Game 1	Padua v Iona
8.20am: Game 2	Villa v St Laurences
8.40am: Game 3	Ashgrove v Iona
9.00am: Game 4	Padua v Villa
9.20am: Game 5	Padua v Ashgrove
9.40am: Game 6	Iona v St Laurences
10.00am: Game 7	Ashgrove v St Laurences
10.20am: Game 8	Villa v Iona

Year 8/9: Field 2 Somerville House (Mr Easton and Mr Hill)

8.00am: Game 1	St Peters v Ashgrove
8.20am: Game 2	Villa v Padua
8.40am: Game 3	St Laurences v Iona
9.00am: Game 4	St Peters v Villa
9.20am: Game 5	St Laurences v Ashgrove
9.40am: Game 6	Iona v Padua
10.00am: Game 7	St Peters v St Laurences
10.20am: Game 8	Iona v Villa
10.40am: Game 9	Ashgrove v Padua

Open: Field 1 Somerville House (Mr Harron and Mr Nugent)

12.00pm: Game 1 Pool A	Ashgrove v Villa
12.20pm: Game 2 Pool B	Padua v St Peters
12.40pm: Game 3 Pool A	Iona v Ashgrove
1.00pm: Game 4 Pool B	St Laurences v Padua
1.20pm: Game 5 Pool A	Villa v Iona
1.40pm: Game 6 Pool B	St Peters v St Laurences
2.00pm: Game 7: 3 v 3	3 v 3 each pool
2.20pm: Game 8: 2 v 2	2 v 2 each pool
2.40pm: Game 9: 1 v 1	Winner each pool (gold)

Any queries can be directed to Mr Keith Harron, Head of Sport

[harronk@iona.gld.edu.au](mailto:harronk@iona.gld.edu.au).