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85 North Road
Lindum QLD 4178
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AIC Sports Information (via Twitter): [@SportIona](https://twitter.com/SportIona) (includes wet weather)

Head of Sport:	Mr Keith Harron	0417 079 268
Assistant Head of Sport (7-12):	Mr Sean Devlin	3906 8905
Assistant Head of Sport (5-6):	Mr Anthony Bannerman	3893 8869
Sports Administrator:	Mrs Karen Otway	3893 8805

1 September

TEAM IONA

The highlight of the last week was Iona College winning 1st basketball, tennis and rugby league against Marist College Ashgrove. Wearing Yura jerseys in the Mere de Dieu Cup round, it was a terrific effort. The other teams played well in what was a competitive round in The Provence Centre, including the new canteen making it even more special. Our mountain biking team achieved third overall in the Sunshine Coast Schools event.

This week, sailing generates and track and field begins with a Thursday evening trial at QSAC, Nathan. Primary basketball also play Thursday evening. Weekend fixtures sees an away round against Padua College, with a number of teams including 1st XIII league and 1st IV tennis in strong premierships contention. It will be exciting for all involved.

This Saturday is the final game of the season for:

- All rugby league teams
- 7D, 8D, 9D and 11C basketball

Jerseys and singlets are to be handed in by all players in these teams to the team coaches THIS SATURDAY. **Please bring an Iona training shirt to change into after the game.**

Respect needs to be a priority and COVID restrictions still apply. Please note the following:

COVID Restrictions (this weekend)

- Two parents per family are allowed at fixtures at Padua. Spectators are welcome at Iona games.
- Student spectators indoors not allowed at Padua but are allowed at Iona. It is generally get in, play, get out.
- Masks must be carried at all times. Masks must be worn at indoor venues. Masks must be worn outdoors if social distancing is not possible.
- At track and field, no parents in grandstand and please socially distance.

Iona Sport Season Planner

The below is subject to government guidelines.

- Thurs 2 Sept: AIC Track and Field Meet (SAF)
- Thurs 2 Sept: AIC Basketball Years 5/6 vs Padua Round 6
- Sat 4 Sept: AIC Tennis/Basketball/Rugby League vs Padua Round 6

- Sat 4 Sept: Basketball Team Photos for those teams playing at Iona (outside McCarthy 7)
- Thurs 9 Sept: AIC Track and Field Meet (SAF)
- Fri 10 Sept: Catch-up Sport Team Photos Years 5/6 (P2&P3)
- Fri 10 Sept: AIC Basketball Years 5/6 vs St Peters/SLC
- Sat 11 Sept: Rugby League – BYE
- Sat 11 Sept: AIC Tennis/Basketball vs St Peters Round 7
- 15 - 16 Sept: Co-curricular Photos

Basketball

Basketball Years 10-12	Mr Anthony Bannerman	bannermana@iona.qld.edu.au
Basketball Years 7-9	Mrs Karen Otway	otwayk@iona.qld.edu.au
Basketball Years 5-6	Mr Anthony Bannerman	bannermana@iona.qld.edu.au

Round 5 vs Ashgrove

Results

1 st	won	88 - 73	8A	won	62 - 31
2 nd	won	39 - 38	8B	won	43 - 26
3 rd	lost	18 - 22	8C	won	19 - 17
4 th	won	26 - 23	8D	won	27 - 14
11A	lost	42 - 45	7A	lost	32 - 61
11B	lost	10 - 26	7B	lost	17 - 35
11C	lost	29 - 31	7C	lost	11 - 45
11D	Lost vs SLC	17 - 31	7D	won	15 - 12
10A	won	52 - 37	6A	won	26 - 9
10B	won	38 - 26	6B	draw	24 - 24
10C	won	49 - 16	6C	lost	17 - 22
10D	won	33 - 29	6D	lost	25 - 26
9A	won	53 - 26	5A	won	33 - 29
9B	won	39 - 21	5B	lost	17 - 26
9C	won	31 - 23	5C	lost	14 - 19
9D	won	21 - 18	5D	lost	3 - 37



Round 6 vs Padua

Years 5 and 6 – Thursday 2 September			
Team	Venue	Court	Time
5A	Iona College	Provence Crt 1	4.50pm
5B	Iona College	Provence Crt 1	4.00pm
5C	Iona College	Provence Crt 2	4.00pm
5D	Iona College	Provence Crt 2	4.50pm
6A	Padua College 80 Turner Rd, Kedron	La Cordelle	4.50pm
6B	Padua College 80 Turner Rd, Kedron	La Cordelle	4.00pm
6C	Mt Alvernia College Somerset Rd, Kedron	Court 1	4.50pm
6D	Mt Alvernia College Somerset Rd, Kedron	Court 1	4.00pm

Years 7 to 12 – Saturday 4 September			
Team	Venue	Court	Time
1 st V	Padua College 80 Turner Rd, Kedron	La Cordelle	12.00pm
2 nd V	Padua College 80 Turner Rd, Kedron	La Cordelle	11.00am
3 rd V	Mt Alvernia Somerset Rd, Kedron	Court 1	11.00am
4 th V	Mt Alvernia Somerset Rd, Kedron	Court 1	10.00am
11A	Padua College 80 Turner Rd, Kedron	La Cordelle	10.00am
11B	Mt Alvernia Somerset Rd, Kedron	Court 1	9.00am
11C	Mt Alvernia Somerset Rd, Kedron	Court 1	8.00am
11D	Iona College	Provence Crt 2	12.00pm
10A	Padua College 80 Turner Rd, Kedron	La Cordelle	9.00am
10B	Padua College 80 Turner Rd, Kedron	La Cordelle	8.00am
10C	Padua College (Primary) 80 Turner Rd, Kedron	Greccio	9.00am
10D	Padua College (Primary) 80 Turner Rd, Kedron	Greccio	8.00am
9A	Iona College	Provence Crt 1	12.00pm
9B	Iona College	Provence Crt 1	11.00am
9C	Iona College	Provence Crt 2	11.00am
9D	Iona College	Oblate Hall	10.00am
8A	Iona College	Provence Crt 1	10.00am
8B	Iona College	Provence Crt 1	9.00am
8C	Iona College	Provence Crt 2	10.00am
8D	Iona College	Oblate Hall	9.00am
7A	Iona College	Provence Crt 1	8.00am

Years 7 to 12 – Saturday 4 September

Team	Venue	Court	Time
7B	Iona College	Provence Crt 2	9.00am
7C	Iona College	Provence Crt 2	8.00am
7D	Iona College	Oblate Hall	8.00am

This Saturday is the final game of the season for 7D, 8D, 9D and 11C basketball teams. All boys in these teams MUST hand their playing shirt to their coach at the end of the game. Boys are to bring an Iona training/Iona sports shirt to change into after the game.

Basketball Team Photos are scheduled to be taken outside McCarthy 7 this Saturday: All boys and coaches are asked to be outside McCarthy 7 **at the arrival time** listed below.



Team	Arrival Time	Photo Time	Game Time
7A Basketball	7.20am	7.30am	8.00am
7C Basketball	7.25am	7.35am	8.00am
7D Basketball	7.30am	7.40am	8.00am
8B Basketball	8.20am	8.30am	9.00am
7B Basketball	8.25am	8.35am	9.00am
8D Basketball	8.30am	8.40am	9.00am
8A Basketball	9.20am	9.30am	10.00am
8C Basketball	9.25am	9.35am	10.00am
9D Basketball	9.30am	9.40am	10.00am
9B Basketball	10.20am	10.30am	11.00am
9C Basketball	10.25am	10.35am	11.00am
9A Basketball	10.30am	10.40am	12.00pm

Term 3 Training Times

- Years 5 to 10 teams will also train during their sport period each week.

Week 8 Basketball Training Times/Venues

(Please note that there are some changes to venues.)

Term 3 Training Times – Week 8			
Team	Days	Time	Court
5A	Thursday	3.15pm-4.30pm	Outside Oblate Hall
5B	Friday	7.00am-8.00am	Outside Oblate Hall
6A	Tuesday	3.15pm-4.30pm	North Rd Courts
7A, 7B	Wednesday	3.15pm-4.30pm	Provence Crt 2
7C	Wednesday	3.15pm-4.30pm	Outside Oblate Hall
8A, 8B	Monday	3.15pm-4.30pm	Provence Crt 2
8C	Monday	7.00am-8.00am	Outside Oblate Hall
9A, 9B	Monday	3.15pm-5.00pm	Provence Crt 1
9C	Tuesday	3.15pm-4.30pm	Outside Oblate Hall
10A	Wednesday	3.15pm-4.30pm	Provence Crt 1
10B	Wednesday	3.15pm-4.30pm	Provence Crt 1
10C	Thursday	3.15pm-4.30pm	Outside Oblate Hall
10D	Thursday	7.00am-8.00am	Outside Oblate Hall
11A	Tuesday Friday	7.00am-8.00am 7.00am-8.00am	Provence Crt 1 Provence Crt 2
11B	Tuesday	7.00am-8.00am	Provence Crt 1
11D	Tuesday	7.00am-8.00am	Provence Crt 2
3 rd	Wednesday	7.00am-8.00am	Provence Crt 1
4 th	Wednesday	7.00am-8.00am	Provence Crt 2
2 nd	Tuesday Thursday	3.15pm-5.00pm 3.15pm-5.00pm	Provence Crt 2 Provence Crt 2
1 st	Tuesday Thursday Friday	3.15pm-5.00pm 3.15pm-5.00pm 7.00am-8.00am	Provence Crt 1 Provence Crt 1 Provence Crt 1

Cricket

1st XI Cricket Trial

Trials will be held on the following days after school
3.15pm - 4.45pm at the cricket nets:
Tues 7 Sept, Wed 8 Sept, Tues 14 Sept, Wed 15 Sept.

Please email Mr Niven nivenw@iona.qld.edu.au if you have any questions or if you have a clash with other training sessions so arrangements can be made.

High Performance

Term 3 Gym Training

Term 3 Gym will be in the existing location and will transition to the new gym in The Provence Centre when the facility opens.

For information, please contact Mr Biggs biggsj@iona.qld.edu.au.

Gym Program

DAY	MON	TUES	WED	THURS	FRI
Before School		Years 11/12	Track & Field	Years 11/12	Years 9-12
After School	1 ^{sts} & 2 ^{nds} League	Years 9/10	1 ^{sts} & 2 ^{nds} League	Years 9/10	

Mountain Biking

On Friday 27 August, 38 students from the Mountain Biking Squad competed against 39 other schools at the Sunshine Coast Rocky Trail Academy competition. The boys have been training hard all year and put on a stellar performance, taking out third place Champion School on the day.

Extraordinary results included Alexander Flint finishing in second place and Blake Johnstone placing in the top 10 for the Years 11/12 age group. Cooper Van Balen, Henry Baker and Xavier Tromp finished high in the Years 9/10 age group. Izak Dunkley, Jack Thatcher and Sebastian Boog also placed high in the Years 7/8 category.



Congratulations to all the boys on the day which concludes the mountain biking program for 2021. We look forward to coming back bigger, better and stronger in 2022.

2022 squad formation will begin late Term 1 2022. Please contact Mr Davison on davisond@iona.qld.edu.au if you would like to register your interest for the 2022 squad.

Rugby League

AIC League Squads

Term 3 Training:

Venue	Wednesday 3.15-4.45pm	Thursday 3.15-4.45pm
Fuller Oval	Year 5	1 st & 2 nd
Coghill Oval	Year 6	Year 8 & Year 9

Round 5 vs Ashgrove Results

Year 5	lost	12 - 20
Year 6	won	14 - 4
Year 7	won	28 - 10
Year 8	won	36 - 0
Year 9	lost	0 - 22
Year 10	won	20 - 10
2 nd XIII	draw	10 - 10
1 st XIII	won	24 - 14



COVID Restrictions for Saturday

- Masks must be carried at all times. Masks must be worn outdoors if social distancing is not possible.

Round 6 vs Padua (Saturday 4 September)

Livestream link for 1st match: To be confirmed

This Saturday is the final game of the season for all rugby league teams. All boys MUST hand their playing jersey to their coach at the end of the game. Boys are to bring an Iona training/Iona sport shirt to change into after the game.

Iona vs Padua		
Padua Fields - 222 Elliott Rd, Banyo		
Time	Field 1	Field 3
8.00am	Year 8	Year 5
9.00am	Year 9	Year 6
10.00am	Year 10	Year 7
11.00am	2 nd XIII	
12.00pm	1 st XIII	

Sailing

Thanks to everyone who came along to our first sailing session for the upcoming season. Good to see everyone back on the lawn. There will be plenty of opportunities to sail this season in both the Fleet and Teams formats, with our fleet being upgraded with important maintenance and fitting out.

Training

Term 3 on-water training

Tuesday 7 and 14 September, 3.30pm - 6.00pm. Meet at the 'Iona' rigging lawn at RQYS and bring the appropriate sailing gear. Don't forget your PFD.

Term 4 training will commence on the first day back from holidays, **Tuesday 5 October**.

Any team members that are unable to make any sessions are requested to advise Hayden via TeamApp or ionacollegesailing@gmail.com

The College bus is available for the team to travel together down to RQYS for next week's training, Tuesday 7 September. As the bus has a limited capacity, an event will be put on TeamApp for boys to reply to should they want to take advantage of the bus. Once the seat allocations have gone, the usual car-pooling options will need to be made. We hope to make the bus available more regularly in Term 4, however with other College commitments, this will be the only week it is available for this term.

Blessing of the Fleet

The traditional Blessing of the Fleet for the season will take place on **Sunday 12 September** in the afternoon at RQYS. We will also hold our parents' information session. More details to follow in next week's newsletter and on TeamApp.

For new sailors, we use TeamApp for all the latest news, events and schedules. Sailors and their parents should join the 'Iona College Sailing' team within the App. It is FREE to join. Should there be any queries about the College sailing program, please contact the Sailing Committee via ionacollegesailing@gmail.com

Fleet Racing Dates

Sundays: 10 Oct, 17 Oct, 24 Oct

Teams Racing Dates

Sundays: 31 Oct, 7 Nov, 14 Nov, 21 Nov

Swimming

Key Personnel

Swimming Coordinator	Mr Keith Harron	harronk@iona.qld.edu.au
Head Coach	Mr Michael Lewandowski	lewandowskim@iona.qld.edu.au

Due to the unavailability of Chandler and the Iona pool due to renovations, Head Coach Michael Lewandowski will advise of land-based sessions for selected groups.

Iona swimmers, prior to the end of term, will be informed of:

- Which swimmers are able to nominate for our 2022 squad.
- Training times for Term 4, including season expectations.
- Compulsory meets to be held in Term 4.
- 2022 key swim dates.
- Details of Acacia Bayside Swim Club membership, sign-on, come and try day and club dates.

Queries can be directed to Mr Harron harronk@iona.qld.edu.au or Head Coach Michael Lewandowski lewandowskim@iona.qld.edu.au.

Tennis

AIC Tennis Contacts

The 2021 AIC Tennis Managers are listed below. Please contact your relevant Manager with all matters relating to AIC Tennis and your son's age group.

YEAR 5: Georgie McGeary mcgearyg@iona.qld.edu.au

YEAR 6: Gemma Tapson tapsong@iona.qld.edu.au

YEAR 7: Tania Cooper coopert@iona.qld.edu.au

YEAR 8: Michael Cook cookm@iona.qld.edu.au

YEAR 9: Andrew Ferguson fergusona@iona.qld.edu.au

YEAR 10: Anna Cornish cornisha@iona.qld.edu.au

YEAR 11: Katie Wood woodk@iona.qld.edu.au

2ND / 3RD IV: Daniel Davison davisond@iona.qld.edu.au

1ST IV: Paul Cook cookp@iona.qld.edu.au

Round 5 vs Ashgrove Results

1 st	won	8 - 0	8A	draw	4(33) - 4(33)
2 nd	lost	4(25) - 4(32)	8B	lost	1 - 7
3 rd	won	4(24) - 4(20)	7A	won	5 - 3
11A	lost	2 - 6	7B	lost	1 - 7
10A	lost	1 - 7	6A	lost	0 - 8
10B	lost	0 - 8	6B	lost	0 - 8
9A	lost	3 - 5	5A	won	5 - 3
9B	lost	0 - 8	5B	lost	4(24) - 4(30)

Social Tennis: Term 3

Social Tennis will continue every Wednesday until Week 9 of this term. Please move promptly to the tennis courts straight after school. The finish time for pick up is **4.30pm**.

Parents are asked to please be prompt in collecting the boys after the sessions.

Students are expected to wear full sport uniform.

Term 3 Tennis Training Schedule

Monday 6.30am	Tuesday 6.30am	Wednesday 6.30am	Thursday After School	Friday 6.30am
Yrs 5,6,7	Yr 11, 1 st 2 nd , 3 rd	Yr 8, 9, 10	2 nd , 3 rd	1 st , 11's & Dev squad

Tennis Round 6 vs Padua (Saturday 4 September)

Team	Venue	Time
5A/B	Wynnum Tennis Centre Colina St, Wynnum	7.45am - 10.00am
6A/B	Wynnum Tennis Centre Colina St, Wynnum	10.15am - 12.30pm
7A/B	Iona College Tennis Centre	7.45am - 10.00am
8A/B	Iona College Tennis Centre	10.15am - 12.30pm
9A/B	Nudgee College Sandgate Rd, Boondall	7.45am - 10.00am
10A/B	Nudgee College Sandgate Rd, Boondall	10.15am - 12.30pm
11A	Nudgee College Sandgate Rd, Boondall	10.15am - 12.30pm
1 st IV	Nudgee College Sandgate Rd, Boondall	7.45am - 12.30pm
2 nd /3 rd	Nudgee College Sandgate Rd, Boondall	7.45am - 10.00am

Touch

All Schools Touch

Training for U13/U15/U18

Fridays from 3.15pm to 4.30pm. Meet your coach on Dwyer Oval.

Gold Coast Titans All Schools

Date: Wednesday 6 October to Sunday 10 October
Venue: Gold Coast Performance Centre,
Sports Drive, Runaway Bay

At this stage, chartered buses will depart and return to the College on Wednesday, Thursday and Friday. Students will need to organise their own transport Saturday and Sunday. Families are welcome to book accommodation down the Coast.

Track and Field

Years 5 and 6 Track and Field Training Schedule

Event	Day	Training Venue/Time
Middle Distance	Tuesdays	Davine Oval 3.15pm - 4.30pm
Long Jump	Tuesdays	Davine Oval 3.15pm - 4.30pm
High Jump	Tuesdays	Davine Oval 3.15pm - 4.30pm
Shot Put	TBC	
Sprints/Relays	Thursdays	Davine Oval 3.15pm - 4.30pm
Hurdles	Wednesdays	Davine Oval 3.15pm - 4.30pm

Years 7 to 12 Track and Field Training Schedule

Event	Day(s)	Training Venue/Time
Sprints	Mondays	Davine Oval 3.15pm - 4.30pm
Javelin	Mondays and Wednesdays	McCarthy Oval 3.15pm - 4.30pm
Middle Distance	Tuesdays and Wednesdays	Davine Oval 3.15pm - 4.30pm
Discus	Tuesdays and Wednesdays	Harron Oval 3.15pm - 4.30pm
High Jump	Wednesdays	Davine Oval 3.15pm - 4.30pm
Shot Put	Tuesdays and Wednesdays	Behind Cricket Nets 3.15pm - 4.30pm
Long Jump	Tuesdays	Davine Oval 3.15pm - 4.30pm
Triple Jump	Wednesdays	Davine Oval 3.15pm - 4.30pm
Hurdles	Wednesdays	Davine Oval 3.15pm - 4.30pm
Relay Training	Thursdays	Davine Oval 7.00am - 8.00am

If boys have a clash with other Term 3 sports, please notify Mr Devlin devlins@iona.qld.edu.au to organise alternative arrangements.

Students who train with a private coach outside school hours are not required to attend school training (except for relay practice which will be compulsory) but are required to attend the AIC trial meets.

AIC trial meet dates:

Thursday 2 September @ QSAC or SAF

Thursday 9 September @ QSAC or SAF

Meet Organisation - Thursday 2 September

Venue: Queensland State Athletics Centre @ Nathan

Event time: 3.00pm - 8.00pm

Bus departs Iona: Years 5/6 @ 1.10pm

Years 7 - Open @ 3.20pm from cricket nets

Bus arrives back: Years 5/6 approx 5.30pm

(bus turnaround) Years 7 - Open approx 8.30pm

Schedule of Field Events (Thursday 2 September)

Time	Event	Age Group
3.00pm	Shot Put	Year 5
	High Jump	Year 5
	Long Jump	Year 6
3.45pm	Long Jump	Year 5
	Shot Put	Year 6
	High Jump	Year 6
4.30pm	High Jump	13 Years
	Triple Jump	14 & 15 Years
	Long Jump	16 Years & Open
	Shot Put 1	16 Years & Open
	Discus	13 Years
5.20pm	Javelin	14 & 15 Years
	High Jump	12 Years
	Triple Jump	16 Years & Open
	Discus	13 Years
	Long Jump	12 Years
6.10pm	Shot Put 1	15 Years
	Shot Put 2	15 Years
	Shot Put 1	14 Years
	Long Jump	12 & 13 Years
	High Jump 1	14 Years
7.00pm	High Jump 2	15 Years
	Discus	14 & 15 Years
	Javelin	16 Years & Open
	Triple Jump	12 & 13 Years
	Javelin	12 Years
7.00pm	Long Jump	14 Years
	Discus	16 Years & Open
	High Jump 1	Open
	High Jump 2	16 Years
	Shot Put 1	13 Years

Schedule of Track Events (Thursday 2 September)

Time	Event
3.00pm	Hurdles Years 5/6
3.20pm	200m Years 5/6
4.00pm	800m Years 5/6
4.30pm	100m Years 5/6
4.45pm	3000m
4.45pm	Hurdles 12 Years - Open
5.15pm	200m 12 Years - Open
5.35pm	800m
6.00pm	100m
6.50pm	400m
7.20pm	1500m
7.45pm	Relays

Track and Field Frequently Asked Questions

Who attends? All athletes in the training athletics squad.

What events can I compete in?

Only in the events you have attended training for.

What do I wear? Iona athletics singlet and Iona shorts.

(Iona sport shorts are ok. NON-IONA SHORTS ARE NOT ALLOWED). You can compete in the Iona training shirt at the trial meets only.

Can parents attend the meets?

We hope to receive further clarification later this week from QSAC and the AIC committee.

Can I go home after my event?

Yes. Your parents can pick you up from QSAC only from the pick-up zone. YOU HAVE TO NOTIFY MR DEVLIN OR MR BANNERMAN.

Can I drive to the trial meet?

Yes, but only if you have permission from Mr Harvey to drive to school. YOU HAVE TO NOTIFY MR DEVLIN.

Can I drive other students?

Yes, but only if you have permission from Mr Harvey. YOU HAVE TO NOTIFY MR DEVLIN.

Do I have to attend the trial meets?

Yes, if you wish to be considered for selection. If there is a clash with other commitments, you must contact Mr Devlin.

When is the team announced for the AIC Champs?

After the two trial meets in September.

Any other questions, please feel free to email Mr Devlin:

devlins@iona.qld.edu.au.

Volleyball

Senior Schools Cup (Year 11)

This competition has been postponed to run alongside the Junior Schools Cup from 22 - 24 October.

Training will be held on Friday afternoons in Oblate Hall for Weeks 7 and 8, then on Wednesday afternoons in Week 9 and Weeks 1, 2 and 3 of Term 4.

Junior Schools Cup (Year 7, Year 8)

Training

Training for the selected teams will be:

Monday 6 September 7.00am - 8.00am in Oblate Hall

Thursday 16 September 3.15pm - 5.00pm in Oblate Hall (Year 8 only)

Thursday 7 October 3.15pm - 5.00pm in The Provenance Centre

Wednesday 13 October 3.15pm - 5.00pm (game vs Redlands)

Thursday 14 October 3.15pm - 5.00pm in Oblate Hall

Thursday 21 October 3.15pm - 5.00pm in The Provenance Centre

Junior Schools Cup is from 22 - 24 October on the Gold Coast.

Australian Schools Volleyball Cup (Year 7, Year 8, Year 9, Year 11)

Australian Schools Volleyball Cup is from 6 - 11 December on the Gold Coast (to be confirmed).