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85 North Road
Lindum QLD 4178
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AIC Sports Information (via Twitter): [@SportIona](https://twitter.com/SportIona) (includes wet weather)

Head of Sport:	Mr Keith Harron	0417 079 268
Assistant Head of Sport (7-12):	Mr Sean Devlin	3906 8905
Assistant Head of Sport (5-6):	Mr Anthony Bannerman	3893 8869
Sports Administrator:	Mrs Karen Otway	3893 8805

19 August

TEAM IONA

Interhouse track and field became the focal point of Iona College sport last week. There was much participation across all year levels so the goal “to get the boys moving” was achieved. Iona has a strong tradition of track and field, having won the CIC primary aggregate 18 times and the TAS/AIC senior aggregate on 12 occasions.

Training and playing resumes as normal for all sports this week except swimming due to the pool renovations. The reboot of interschool/community sport was dependent on health directives provided by the government this week. We need to be agile in the current circumstances and quickly get all teams moving.

COVID Restrictions

- 1 parent per family is allowed at fixtures at St Edmund’s. 2 parents allowed at Iona games.
- Student spectators indoors not allowed at St Edmund’s, but are allowed at Iona. It is generally get in, play, get out.
- Masks must be carried at all times. Masks must be worn at indoor venues. Masks must be worn outdoors if social distancing is not possible.

Iona Sport Season Planner

The below is subject to government guidelines.

- Fri 20 Aug: AIC Basketball Years 5/6 vs Ambrose Treacy
- Sat 21 Aug: AIC Tennis/Basketball/Rugby League vs SEC Round 4
- 25 - 26 Aug: Co-curricular Photos
- Wed 25 Aug: 1st Tennis/Basketball vs SLC
- Fri 27 Aug: AIC Basketball Years 5/6 vs Ash Round 5
- Fri 27 Aug: Mountain Biking @ Caloundra
- Sat 28 Aug: AIC Tennis/Basketball/Rugby League vs Ash Round 5
- Sat 28 Aug: Basketball Team Photos for those teams playing at Iona
- Thurs 2 Sept: AIC Track and Field Meet (SAF)
- Fri 3 Sept: AIC Basketball Years 5/6 vs Padua Round 6
- Sat 4 Sept: AIC Tennis/Basketball/Rugby League vs Padua Round 6

- Sat 4 Sept: Basketball Team Photos for those teams playing at Iona
- Thurs 9 Sept: AIC Track and Field Meet (SAF)
- Fri 10 Sept: Catch up Sport Team Photos Years 5/6 (P2&P3)
- Fri 10 Sept: AIC Basketball Years 5/6 vs St Peters Round 7
- Sat 11 Sept: Rugby League – BYE
- Sat 11 Sept: AIC Tennis/Basketball vs St Peters Round 7

Basketball

Basketball Years 10-12	Mr Anthony Bannerman	bannermana@iona.qld.edu.au
Basketball Years 7-9	Mrs Karen Otway	otwayk@iona.qld.edu.au
Basketball Years 5-6	Mr Anthony Bannerman	bannermana@iona.qld.edu.au

1st vs St Laurence’s

Due to cancelled AIC rounds, Iona will play SLC (not for points) on Wednesday 25 August at 4.30pm.

Basketball Team Photos are scheduled to be taken on the following dates outside McCarthy 7:



- Saturday 28 August – Years 10, 11 and Open teams
- Saturday 4 September – Years 7, 8 and 9 teams

Round 4 vs St Edmund’s/Ambrose Treacy

Years 5 and 6 – Friday 20 August			
Team	Venue	Court	Time
5A	Ambrose Treacy College Kate St, Indooroopilly	Xavier Centre	4.15pm
5B	Ambrose Treacy College Kate St, Indooroopilly	Xavier Centre	5.00pm
5C vs Iona5D	Iona College	Provence Crt 2	3.20pm
5D vs Iona5C	Iona College	Provence Crt 2	3.20pm
6A	Iona College	Provence Crt 1	4.15pm
6B	Iona College	Provence Crt 2	4.15pm
6C vs Iona6D	Iona College	Provence Crt 1	3.20pm
6D vs Iona6C	Iona College	Provence Crt 1	3.20pm

Years 7 to 12 – Saturday 21 August

Team	Venue	Court	Time
1 st V	Iona College	Provence Crt 1	12.15pm
2 nd V	Iona College	Provence Crt 1	11.15am
3 rd V	Iona College	Provence Crt 2	11.15am
4 th V	Iona College	Provence Crt 2	8.15am
11A	Iona College	Provence Crt 1	10.15am
11B	Iona College	Provence Crt 2	9.15am
11C	Iona College	Oblate Hall	8.15am
11D vs SPC	Iona College	Oblate Hall	10.15am
10A	Iona College	Provence Crt 1	9.15am
10B	Iona College	Provence Crt 1	8.15am
10C	Iona College	Provence Crt 2	10.15am
10D	Iona College	Oblate Hall	9.15am
9A	Ripley Valley Secondary 18 Parkway Ave, South Ripley	Court 1	12.15pm
9B	Ripley Valley Secondary 18 Parkway Ave, South Ripley	Court 1	11.15am
9C	Ripley Valley Secondary 18 Parkway Ave, South Ripley	Court 2	11.15am
9D	Ripley Valley Secondary 18 Parkway Ave, South Ripley	Court 2	12.15pm
8A	Ripley Valley Secondary 18 Parkway Ave, South Ripley	Court 1	10.15am
8B	Ripley Valley Secondary 18 Parkway Ave, South Ripley	Court 1	9.15am
8C	Ripley Valley Secondary 18 Parkway Ave, South Ripley	Court 2	10.15am
8D	Ripley Valley Secondary 18 Parkway Ave, South Ripley	Court 2	1.15pm
7A	Ripley Valley Secondary 18 Parkway Ave, South Ripley	Court 1	8.15am
7B	Ripley Valley Secondary 18 Parkway Ave, South Ripley	Court 2	9.15am
7C	Ripley Valley Secondary 18 Parkway Ave, South Ripley	Court 2	8.15am
7D	Ripley Valley Secondary 18 Parkway Ave, South Ripley	Court 1	1.15pm

Livestream link for 1st basketball match vs SEC:

<https://youtu.be/ou-GuShahUc>

Term 3 Training Times

Please note the Week 5 and Week 6 Training Schedules below.

- Years 5 to 10 teams will also train during their sport period each week.

Week 5 Basketball Training Times/Venues

Term 3 Training Times			
Team	Days	Time	Court
5A	Thursday	3.15pm-4.30pm	North Rd Courts
5B	Friday	7.00am-8.00am	Outside Oblate Hall
10C	Thursday	3.15pm-4.30pm	Outside Oblate Hall
10D	Thursday	7.00am-8.00am	Outside Oblate Hall
2 nd	Tuesday	3.15pm-5.00pm	Oblate Hall
	Thursday	3.15pm-5.00pm	Oblate Hall
1 st	Thursday	3.15pm-5.00pm	Oblate Hall
	Friday	7.00am-8.00am	Oblate Hall

Week 6 Basketball Training Times/Venues

(Please note that there are some changes to venues.)

Term 3 Training Times – Week 6			
Team	Days	Time	Court
5A	Thursday	3.15pm-4.30pm	North Rd Courts
5B	Friday	7.00am-8.00am	Oblate Hall
6A	Tuesday	3.15pm-4.30pm	North Rd Courts
7A, 7B	Wednesday	3.15pm-4.30pm	North Rd Courts
7C, 7D	Wednesday	3.15pm-4.30pm	North Rd Courts
8A, 8B	Monday	3.15pm-4.30pm	North Rd Courts
8C, 8D	Monday	7.00am-8.00am	Oblate Hall
9A, 9B	Monday	3.15pm-5.00pm	Oblate Hall
9C, 9D	Tuesday	3.15pm-4.30pm	North Rd Courts
10A	Wednesday	3.15pm-4.30pm	Oblate Hall
10B	Wednesday	3.15pm-4.30pm	Outside Oblate Hall
10C	Thursday	3.15pm-4.30pm	Oblate Hall
10D	Thursday	7.00am-8.00am	Outside Oblate Hall
11A	Tuesday	7.00am-8.00am	Oblate Hall
	Friday	7.00am-8.00am	Provence Crt 2
11B	Tuesday	7.00am-8.00am	Oblate Hall
11C, 11D	Tuesday	7.00am-8.00am	Outside Oblate Hall
3 rd , 4 th	Wednesday	7.00am-8.00am	Provence Crt 1
2 nd	Wednesday	7.00am-8.00am	Provence Crt 2
	Thursday	3.15pm-5.00pm	Provence Crt 2
1 st	Thursday	3.15pm-5.00pm	Provence Crt 1
	Friday	7.00am-8.00am	Provence Crt 1

Cricket

1st XI Cricket Trial

Trials will be held on the following days after school
3.15pm - 4.45pm at the cricket nets:
Tues 7 Sept, Wed 8 Sept, Tues 14 Sept, Wed 15 Sept.

Please email Mr Niven nivenw@iona.qld.edu.au if you have any questions or if you have a clash with other training sessions so arrangements can be made.

High Performance

Congratulations to Benjamin Spall and Cameron Medley on being selected in the Queensland U14 water polo teams.

The Sports Department is accepting nominations for the following District and Met East regional trials.

See Mr Harron in the sport office if interested.

- District 13-14 Years Futsal (31 August at Moreton Bay Boys)
- 2022 Met East Aquathon and Triathlon (23/24 October at Kawana)

Term 3 Gym Training

Term 3 Gym will be in the existing location and will transition to the new gym in The Provence Centre when the facility opens.

For information, please contact Mr Biggs biggsj@iona.qld.edu.au.

Gym Program (will start again in Week 5)

DAY	MON	TUES	WED	THURS	FRI
Before School		Years 11/12	Track & Field	Years 11/12	Years 9-12
After School	1 ^{sts} & 2 ^{nds} League	Years 9/10	1 ^{sts} & 2 ^{nds} League	Years 9/10	

Interhouse Sport

Participation was the key to last week's interhouse meets. It also acts as a means to talent identify athletes for our competitive team.

Year Level Winners

Year 5: Cebula
Year 6: Anthony
Year 7: Grandin
Year 8: Gerard
Year 9: Mazenod
Year 10: Mazenod



Progressive Winners

(Years 11 and 12 will be held on the last day of term)

1st: MacKillop (34)
2nd: Mazenod (33)
3rd: Grandin (32)
4th: Cebula (28)
5th: Anthony (26)
6th: Gerard (21)
7th: Albin (20)
8th: Charlebois (12)



Mountain Biking

Training Session

The training session scheduled for Saturday 21 August at Caloundra has been **cancelled**. Please direct questions to Mr Davison (davisond@iona.qld.edu.au).

Team App

Iona MTB smartphone App will keep you updated with all the latest news, events and schedules. It is FREE to join.

Remaining Mountain Biking Events

Sunshine Coast Schools Comp: Caloundra, Friday 27 August TBC
Moreton Bay Cup: Moreton Bay Boys College, Saturday 28 August TBC

Rugby League

AIC League Squads

Term 3 Training : Training will resume Week 5.

Venue	Tuesdays 3.15-4.45pm	Wednesdays 3.15-4.45pm	Thursdays 3.15-4.45pm
Fuller Oval	1 st & 2 nd	Year 5	1 st & 2 nd
Coghill Oval	Year 7 & Year 10	Year 6	Year 8 & Year 9

COVID Restrictions for Saturday

- Masks must be carried at all times. Masks must be worn outdoors if social distancing is not possible.

Round 4 vs St Edmund's (Saturday 21 August)

Livestream link for 1st match: <https://youtu.be/9vgWeHl9gSw>

Iona vs St Edmund's		
Time	Fuller Oval	Coghill Oval
8.00am	Year 8	
9.00am	Year 9	
10.00am	Year 10	Year 7
11.00am	1 st XIII	
BYES	Year 5, Year 6, 2 nd XIII	

Sailing

Registration and Interest

Preparations have begun for the upcoming sailing season, with training to commence late in Term 3. To help with planning, all existing and new sailors that are wishing to participate in Term 4 fleet and teams racing are invited to complete the registration form found at the following link: [Registration Link](#)

Please complete and return the form **by 9am this Monday 23 August**. Racing rules require our sailors to be at high school, have completed Learn to Sail courses and hold an Aust Sailing No. Iona permits boys to join the squad in Term 4 of Year 6.

Any queries about the Iona Sailing program can be sent to ionacollegesailing@gmail.com.

Key Dates

Sun 29 Aug: Come & Try Day - trials for new experienced sailors
Please keep an eye on Team App for other upcoming events.

Training

The training schedule for Term 4 will be determined upon receipt of registration forms. Training is currently planned to commence on **Tuesday 7 September** after school.

Team App

We use Team App to keep you updated with all the latest news, events and schedules. Sailors and their parents should join the 'Iona College Sailing' team within the App. It is FREE to join.

Fleet Racing Dates

Sundays: 10 Oct, 17 Oct, 24 Oct

Teams Racing Dates

Sundays: 31 Oct, 7 Nov, 14 Nov, 21 Nov

Swimming

Key Personnel

Swimming Coordinator	Mr Keith Harron	harronk@iona.qld.edu.au
Head Coach	Mr Michael Lewandowski	lewandowskim@iona.qld.edu.au

Due to the unavailability of Chandler and the Iona pool due to renovations, Head Coach Michael Lewandowski will advise of land-based sessions for selected groups. Queries can be directed to Mr Harron harronk@iona.qld.edu.au or Head Coach Michael Lewandowski lewandowskim@iona.qld.edu.au.

Tennis

1st vs St Laurence's

Due to cancelled AIC rounds, Iona will play SLC (not for points) on Wednesday 25 August at Iona after school as soon as SLC get here.

AIC Tennis Contacts

The 2021 AIC Tennis Managers are listed below. Please contact your relevant Manager with all matters relating to AIC Tennis and your son's age group.

YEAR 5: Georgie McGeary mcgearyg@iona.qld.edu.au

YEAR 6: Gemma Tapson tapsong@iona.qld.edu.au

YEAR 7: Tania Cooper coopert@iona.qld.edu.au

YEAR 8: Michael Cook cookm@iona.qld.edu.au

YEAR 9: Andrew Ferguson fergusona@iona.qld.edu.au

YEAR 10: Anna Cornish cornisha@iona.qld.edu.au

YEAR 11: Katie Wood woodk@iona.qld.edu.au

2ND / 3RD IV: Daniel Davison davisond@iona.qld.edu.au

1ST IV: Paul Cook cookp@iona.qld.edu.au

Social Tennis: Term 3

Social Tennis will continue on Wednesdays until Week 9 of this term. Please move promptly to the tennis courts straight after school. The finish time for pick up is **4.30pm**.

Parents are asked to please be prompt in collecting the boys after the sessions.

Students are expected to wear full sport uniform.

Term 3 Tennis Training Schedule

Monday 6.30am	Tuesday 6.30am	Wednesday 6.30am	Thursday After School	Friday 6.30am
Yrs 5,6,7	Yr 11, 1 st 2 nd , 3 rd	Yr 8, 9, 10	2 nd , 3 rd	1 st , 11's & Dev squad

Round 4 vs St Edmund's/Ambrose Treacy (Saturday 21 August)

Team	Venue	Time
5A/B vs ATC	Moggill District Sports Park 3660 Moggill Rd, Moggill	7.45am - 10.00am
6A/B vs ATC	Moggill District Sports Park 3660 Moggill Rd, Moggill	10.15am - 12.30pm
7A/B	St Edmunds College Courts Mary St, Woodend, Ipswich	8.15am - 10.30am
8A/B	St Edmunds College Courts Mary St, Woodend, Ipswich	10.30am - 12.45pm
9A/B	Wynnum Tennis Centre Colina St, Wynnum	8.15am - 10.30am
10A/B	Wynnum Tennis Centre Colina St, Wynnum	10.30am - 12.45pm
11A vs ATC	Iona College Tennis Centre	10.30am - 12.45pm
1 st IV	Iona College Tennis Centre	8.15am - 12.30pm
2 nd / 3 rd	Iona College Tennis Centre	8.15am - 10.30am

Touch

All Schools Touch

Training for U13 / U15 / U18

Fridays from 3.15pm to 4.30pm. Meet your coach on Dwyer Oval.

Gold Coast Titans All Schools

Date: Wednesday 6 October to Sunday 10 October
Venue: Gold Coast Performance Centre,
Sports Drive, Runaway Bay

At this stage, chartered buses will depart and return to the College on Wednesday, Thursday and Friday. Students will need to organise their own transport Saturday and Sunday. Families are welcome to book accommodation down the Coast and organise their own transport to and from the venue each day.

Track and Field

Years 5 and 6 Track and Field Training Schedule

Training for Years 5 and 6 will start in Week 5.

Event	Day	Training Venue/Time
Middle Distance	Tuesdays	Davine Oval 3.15pm - 4.30pm
Long Jump	Tuesdays	Davine Oval 3.15pm - 4.30pm
High Jump	Tuesdays	Davine Oval 3.15pm - 4.30pm
Shot Put	TBC	
Sprints / Relays	Thursdays	Davine Oval 3.15pm - 4.30pm
Hurdles	Wednesdays	Davine Oval 3.15pm - 4.30pm

Years 7 to 12 Track and Field Training Schedule

Event	Day(s)	Training Venue/Time
Sprints	Mondays	Davine Oval 3.15pm - 4.30pm
Javelin	Mondays and Wednesdays	McCarthy Oval 3.15pm - 4.30pm
Middle Distance	Tuesdays and Wednesdays	Davine Oval 3.15pm - 4.30pm
Discus	Tuesdays and Wednesdays	Harron Oval 3.15pm - 4.30pm
High Jump	Wednesdays	Davine Oval 3.15pm - 4.30pm
Shot Put	Tuesdays and Wednesdays	Behind Cricket Nets 3.15pm - 4.30pm
Long Jump	Tuesdays	Davine Oval 3.15pm - 4.30pm
Triple Jump	Wednesdays	Davine Oval 3.15pm - 4.30pm
Hurdles	Wednesdays	Davine Oval 3.15pm - 4.30pm
Relay Training	Thursdays	Davine Oval 7.00am - 8.00am

If boys have a clash with other Term 3 sports, please notify Mr Devlin devlins@iona.qld.edu.au to organise alternative arrangements.

Students who train with a private coach outside school hours are not required to attend school training (except for relay practice which will be compulsory) but are required to attend the AIC trial meets.

AIC trial meet dates:

Thursday 2 September @ QSAC or SAF

Thursday 9 September @ QSAC or SAF

Volleyball

Senior Schools Cup (Year 11)

This competition has been postponed to run alongside the Junior Schools Cup from 22 - 24 October.

Training will be held on Friday afternoons in Oblate Hall for Weeks 5, 6, 7 and 8.

Junior Schools Cup (Year 7, Year 8)

Boys interested in trialling for either the Year 7 or Year 8 Junior Schools Cup volleyball teams are asked to email Mrs Otway otwayk@iona.qld.edu.au and express their interest in attending the below trials.

Trials (in Oblate Hall)

Year 8 team – Tuesday 24 August 3.15pm - 5.00pm

Year 7 team – Monday 23 August 3.15pm - 5.00pm

Training

Training for the selected teams will be Monday mornings 7.00am - 8.00am in Oblate Hall in Weeks 7 and 8 this term.

Training times in Week 9 and Weeks 1, 2 and 3 of Term 4 will be decided once hall availability is known.

Junior Schools Cup is from 22 - 24 October on the Gold Coast.

Australian Schools Volleyball Cup (Year 7, Year 8, Year 9, Year 11)

Australian Schools Volleyball Cup is from 6 - 11 December on the Gold Coast (to be confirmed).