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85 North Road
Lindum QLD 4178
Subscribe: <http://ionac.schoolzineplus.com/subscribe>
AIC Sports Information (via Twitter): [@SportIona](https://twitter.com/SportIona) (includes wet weather)

Head of Sport:	Mr Keith Harron	0417 079 268
Assistant Head of Sport (7-12):	Mr Sean Devlin	3906 8905
Assistant Head of Sport (5-6):	Mr Anthony Bannerman	3893 8869
Sports Administrator:	Mrs Karen Otway	3893 8805

11 August

TEAM IONA

Iona College congratulates Old Boy Tim Howard (2013) on his immense achievement in gaining a silver medal at the Tokyo Olympics. As a key defender in the Australian men’s hockey team, his efforts were magnificent. He has now played 74 games for the Kookaburras and will hopefully continue to compete at elite levels.

COVID-19 has again disrupted community and school sport. It is a day to day, week to week health scenario. The fluid situation as it currently stands until August 22:

- No interschool sport fixtures / tournaments. AIC fixtures are scheduled to commence on 27/28 August.
- Some training will occur at school.
- Strength training and conditioning, rugby league and mountain biking were cancelled for this week only.
- Swim training will be land-based at Iona College as advised by Head Coach.
- Basketball, tennis, track and field, volleyball and touch will train as per schedule from Wednesday onwards.
- All involved are requested to follow updates via Twitter and emails.

Iona Sport Season Planner

The below is subject to government guidelines.

- 18 - 19 Aug: POSTPONED: Co-curricular Photos
- Fri 27 Aug: AIC Basketball Years 5/6 vs Ash Round 5
- Sat 28 Aug: AIC Tennis/Basketball/Rugby League vs Ash Round 5
- Sat 28 Aug: Basketball Team Photos for those teams playing at Iona
- Thurs 2 Sept: AIC Track and Field Meet (SAF)
- Fri 3 Sept: AIC Basketball Years 5/6 vs Padua Round 6
- Sat 4 Sept: AIC Tennis/Basketball/Rugby League vs Padua Round 6
- Sat 4 Sept: Basketball Team Photos for those teams playing at Iona
- Thurs 9 Sept: AIC Track and Field Meet (SAF)
- Fri 10 Sept: Catch up Sport Team Photos Years 5/6 (P2&P3)
- Fri 10 Sept: AIC Basketball Years 5/6 vs St Peters Round 7
- Sat 11 Sept: Rugby League – BYE
- Sat 11 Sept: AIC Tennis/Basketball vs St Peters Round 7

Basketball

Basketball Years 10-12	Mr Anthony Bannerman	bannermana@iona.qld.edu.au
Basketball Years 7-9	Mrs Karen Otway	otwayk@iona.qld.edu.au
Basketball Years 5-6	Mr Anthony Bannerman	bannermana@iona.qld.edu.au

Basketball Team Photos are scheduled to be taken on the following dates outside McCarthy 7:



- Saturday 28 August – Years 10, 11 and Open teams
- Saturday 4 September – Years 7, 8 and 9 teams

Term 3 Training Times

Training will resume from Wednesday this week onwards.

- Years 5 to 10 teams will also train during their sport period each week.
- Training venues may change when the Provence Centre is open.

Term 3 Training Times			
Team	Days	Time	Court
5A	Wednesdays	3.15pm-4.30pm	North Rd Courts
5B	Fridays	7.00am-8.00am	Outside Oblate Hall
6A	Tuesdays	3.15pm-4.30pm	North Rd Courts
7A, 7B	Wednesdays	3.15pm-4.30pm	Outside Oblate Hall
7C, 7D	Wednesdays	3.15pm-4.30pm	North Rd Courts
8A, 8B	Mondays	3.15pm-4.30pm	Outside Oblate Hall
8C, 8D	Mondays	7.00am-8.00am	Oblate Hall
9A, 9B	Mondays	3.15pm-5.00pm	Oblate Hall
9C, 9D	Tuesdays	3.15pm-4.30pm	North Rd Courts
10A	Wednesdays	3.15pm-4.30pm	Oblate Hall
10B	Wednesdays	3.15pm-4.30pm	Oblate Hall
10C, 10D	Thursdays	3.15pm-4.30pm	North Rd Courts
11A	Tuesdays	3.15pm-4.30pm	Outside Oblate Hall
11B, 11C	Tuesdays	7.00am-8.00am	Oblate Hall
11D	Tuesdays	7.00am-8.00am	Outside Oblate Hall
3 rd , 4 th	Wednesdays	7.00am-8.00am	Oblate Hall
2 nd	Tuesdays	3.15pm-5.00pm	Oblate Hall
	Thursdays	3.15pm-5.00pm	Oblate Hall
1 st	Thursdays	3.15pm-5.00pm	Oblate Hall
	Fridays	7.00am-8.00am	Oblate Hall

High Performance

Tim Howard's performance as a silver medallist at the Olympics was outstanding. Results of games he played:

Won vs Argentina 5 - 2

Lost vs India 7 - 1

Draw vs Spain 1 - 1

Won vs New Zealand 4 - 2

Won vs Japan 5 - 3

Won vs Netherlands 2 - 2, 3-0 penalties

Won vs Germany 3 - 1

Lost vs Belgium 1 - 1, 2-3 penalties

Due to his dedication and effort, he finds himself at the highest levels of world sport.

Met East / State Championships

The Met East Regional Track and Field Carnival scheduled for the 26 and 27 August has been **cancelled**. All students who had already paid the levy to attend this trial will be refunded automatically, they do not need to do anything.

Please take note of the below State Championship events.

Cancelled

13 - 15 Yrs Basketball

13 - 19 Yrs Surfing

13 - 19 Yrs Softball

10 - 12 Yrs Track & Field

13 - 19 Yrs Track & Field

Possible Rescheduling

10 - 12 Yrs Tennis

10 - 12 Yrs Touch

10 - 12 Yrs Softball

Term 3 Gym Training

Term 3 Gym will be in the existing location and transition to the new gym in the Provence Centre when the facility opens.

For information, please contact Mr Biggs biggsj@iona.qld.edu.au.

There will be no gym in Week 4.

Gym Program (will start again in Week 5)

DAY	MON	TUES	WED	THURS	FRI
Before School		Years 11/12	Track & Field	Years 11/12	Years 9-12
After School	1 ^{sts} & 2 ^{nds} League	Years 9/10	1 ^{sts} & 2 ^{nds} League	Years 9/10	

A reminder that information regarding the High Performance Sport Program can be found on the College website at this link:

[High Performance Program](#)

Mountain Biking

Training Session

The training session scheduled for Saturday 21 August, 2pm - 4pm at Sugar Bag Rd, Caloundra has been **cancelled**.

Please direct questions to Mr Davison (davisond@iona.qld.edu.au).

Team App

'Iona MTB' smartphone app will keep you updated with all the latest news, events and schedules. It is FREE to join.

Remaining Events

Sunshine Coast Schools Comp: Caloundra, Friday 27 August TBC
Moreton Bay Cup: Moreton Bay Boys College, Saturday 28 August. TBC

Rugby League

AIC League Squads

Term 3 Training

There will be no training in Week 4. Training will resume Week 5.

Venue	Tuesdays 3.15-4.45pm	Wednesdays 3.15-4.45pm	Thursdays 3.15-4.45pm
Fuller Oval	1 ^{sts} & 2 ^{nds}	Year 5	1 ^{sts} & 2 ^{nds}
Coghill Oval	Year 7 & Year 10	Year 6	Year 8 & Year 9

Swimming

Key Personnel

Swimming Coordinator	Mr Keith Harron	harronk@iona.qld.edu.au
Head Coach	Mr Michael Lewandowski	lewandowskim@iona.qld.edu.au

Due to the unavailability of Chandler and the Iona pool due to renovations, Head Coach Michael Lewandowski will advise of land-based sessions for selected groups.

Queries can be directed to Mr Harron harronk@iona.qld.edu.au or Head Coach Michael Lewandowski lewandowskim@iona.qld.edu.au.

Tennis

All contact concerning AIC tennis should now be directed to your son's manager.

AIC Tennis Contacts

The 2021 AIC Tennis Managers are listed below. Please contact your relevant Manager with all matters relating to AIC Tennis and your son's age group.

YEAR 5: Georgie McGearry mcgearyg@iona.qld.edu.au

YEAR 6: Gemma Tapson tapsong@iona.qld.edu.au

YEAR 7: Tania Cooper coopert@iona.qld.edu.au

YEAR 8: Michael Cook cookm@iona.qld.edu.au

YEAR 9: Andrew Ferguson fergusona@iona.qld.edu.au

YEAR 10: Anna Cornish cornisha@iona.qld.edu.au

YEAR 11: Katie Wood woodk@iona.qld.edu.au

2ND / 3RD IV: Daniel Davison davisond@iona.qld.edu.au

1ST IV: Paul Cook cookp@iona.qld.edu.au

Social Tennis: Term 3

Social Tennis **will** start this week (Wednesday) and continue until Week 9 of this term. Please move promptly to the tennis courts straight after school. The finish time for pick up is **4.30pm**.

Parents are asked to please be prompt in collecting the boys after the sessions.

Social tennis is for boys developing skills, growing confidence, and learning game play. It includes group mini lessons and some game play. Students are expected to wear full sport uniform.

Term 3 Tennis Training Schedule

Training will resume on Wednesday this week onwards

Monday 6.30am	Tuesday 6.30am	Wednesday 6.30am	Thursday AFTER SCHOOL	Friday 6.30am
Yrs 5, 6, 7	Yr 11, 2 nd , 3 rd 1 st	Yrs 8, 9,10	2 nd & 3 rd	1 st , 11s & Development Squad

Touch

All Schools Touch

Training for U13 / U15 / U18

Fridays from 3.15pm to 4.30pm. Meet your coach on Dwyer Oval.

Gold Coast Titans All Schools

Date: Wednesday 6 October to Sunday 10 October

Venue: Gold Coast Performance Centre,
Sports Drive, Runaway Bay

At this stage, chartered buses will depart and return to the College on Wednesday, Thursday and Friday. Students will need to organise their own transport Saturday and Sunday. Families are welcome to book accommodation down the Coast and organise their own transport to and from the venue each day.

Track and Field

Met East

The Met East Track and Field Carnival scheduled for 26 and 27 August has been **cancelled**. All students who had already paid the levy to attend this trial will be refunded automatically, they do not need to do anything.

Interhouse Carnivals

The interhouse carnivals are as follows:

Year 5	Friday 13 August (Periods 3/4)
Year 6	Friday 13 August (Periods 1/2)
Year 7	Thursday 12 August (Period 4)

The Years 11 and 12 carnivals will be later in the term.

Parents do not attend the carnivals.

Years 5 and 6 Track and Field Training Schedule

Training for Years 5 and 6 will start in Week 5.

Event	Day	Training Venue/Time
Middle Distance	Tuesdays	Davine Oval 3.15pm - 4.30pm
Long Jump	Tuesdays	Davine Oval 3.15pm - 4.30pm
High Jump	Tuesdays	Davine Oval 3.15pm - 4.30pm
Shot Put	TBC	
Sprints / Relays	Thursdays	Davine Oval 3.15pm - 4.30pm
Hurdles	Wednesdays	Davine Oval 3.15pm - 4.30pm

Years 7 to 12 Track and Field Training Schedule

Training will begin this Wednesday for Years 7 to 12.

Event	Day(s)	Training Venue/Time
Sprints	Mondays	Davine Oval 3.15pm - 4.30pm
Javelin	Mondays and Wednesdays	McCarthy Oval 3.15pm - 4.30pm
Middle Distance	Tuesdays and Wednesdays	Davine Oval 3.15pm - 4.30pm
Discus	Tuesdays and Wednesdays	Harron Oval 3.15pm - 4.30pm
High Jump	Wednesdays	Davine Oval 3.15pm - 4.30pm
Shot Put	Tuesdays and Wednesdays	Behind Cricket Nets 3.15pm - 4.30pm
Long Jump	Tuesdays	Davine Oval 3.15pm - 4.30pm
Triple Jump	Wednesdays	Davine Oval 3.15pm - 4.30pm
Hurdles	Wednesdays	Davine Oval 3.15pm - 4.30pm
Relay Training	Thursdays	Davine Oval 7.00am - 8.00am

If boys have a clash with other Term 3 sports, please notify Mr Devlin devlins@iona.qld.edu.au to organise alternative arrangements.

Students who train with a private coach outside school hours are not required to attend school training (except for relay practice which will be compulsory) but are required to attend the AIC trials meets.

AIC trial meet dates:

Thursday 2 September @ QSAC or SAF

Thursday 9 September @ QSAC or SAF

Volleyball

Senior Schools Cup (Year 11)

This competition has been postponed to a date yet to be confirmed.

Training will be held on Friday afternoon for Weeks 4 and 5.

Junior Schools Cup (Year 7, Year 8)

Boys interested in trialling for either the Year 7 or Year 8 Junior Schools Cup volleyball teams are asked to email Mrs Otway otwayk@iona.qld.edu.au and express their interest in attending the below trials.

Trials (In Oblate Hall)

Year 8 team – Tuesday 24 August 3.15pm - 5.00pm

Year 7 team – Monday 23 August 3.15pm - 5.00pm

Junior Schools Cup is from 22 - 24 October on the Gold Coast.

Australian Schools Volleyball Cup (Year 7, Year 8, Year 9, Year 11)

Australian Schools Volleyball Cup is from 6 - 11 December on the Gold Coast (to be confirmed).