

YURA: Means 'Welcome' in the language of the Quandamooka people of the Bayside and its islands.



BRINGING THE CQUNIVERSITY CONFRATERNITY CARNIVAL TO THE BAY IONA COLLEGE 2021



NEWSLETTER 4 | JUNE 2021

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From the Principal - Trevor Goodwin

As I write this article, the Confraternity Rugby League Carnival is only 27 days away.

At Iona, we look forward to welcoming all players, coaches and officials to the opening Mass in our new Provence Centre on 27 June 2021.

Our grounds and maintenance teams continue to work hard to ensure the fields are well prepared and in fantastic condition for the first round of pool games on 28 June. Our volunteers are keen to ensure the experience on and off field is as enjoyable as possible.

We would like to thank all who have generously volunteered their time to assist in this endeavour.

Again, it's as a consequence of the community spirit in the Bayside that we are able to work toward providing this wonderful opportunity in 2021 after the disappointment of the cancellation in 2020.

A great many people in the Wynnum-Manly and wider Bayside community have come together to help all those who are participating in the Carnival play to their potential. We would like to thank each and every one of them for their contribution.

Finally, we are excited that this year's carnival will for the first time welcome girls' teams to the Confraternity family and as a College community we are pleased to be playing our role in that important historical development.

We look forward to seeing everyone here in Lindum on 27 June and over the following days as you enjoy the 2021 Confraternity Carnival.



A handwritten signature in black ink, appearing to be 'T. Goodwin', written in a cursive style with a long horizontal line extending to the right.

Quandamooka – continuous culture for 21,000 years

Iona College is situated on land once occupied by the Quandamooka people. Quandamooka is the Aboriginal name for Moreton Bay and the traditional estate includes the waters and islands of central and southern Moreton Bay and the coastal land and streams between the Brisbane and Logan Rivers.

The Quandamooka people have a broad understanding of their environment and are bound by their traditions in art, song, dance, stories and ceremonies that are an integral part of their culture. Their traditional culture developed over thousands of years into a rich framework of beliefs, languages and social relationships in a sophisticated system of territorial and political affiliation, based on a continuous relationship with the land.

From the Rector - Fr Michael Twigg OMI

Dear Confraternity Family,

We are ready to welcome you all and are now in our final month of preparations.

Last weekend I made the spontaneous decision to travel to Glenholme Park in Toowoomba to watch my favourite Rugby League team Wynnum Manly v Ipswich.



During the game a young female volunteer and her mum were selling tickets in a meat tray raffle around the ground. This generosity happens at grass roots sports events all over our great state every day.

After a very short while, the young student recognised the IONA on my jacket and she declared that she was a part of St Joseph's Toowoomba's first ever female rugby league team and they were excitedly coming to Confro. Words in this newsletter cannot convey the depth of feeling I felt at seeing her and her mum's enthusiasm for the carnival and how much it meant to them.

The Confraternity Carnival brings the very best of these moments and if we keep our hearts and minds open, there are so many more of these wonderful encounters to come over the next period of time.

The Confraternity Family is in its final stages of preparation in over 50 schools and most definitely here at Iona. I encourage each school to respond to the various requests from the liturgy and planning teams as this will greatly assist the Carnival.

We wish everyone safe travels and I look forward especially to welcoming you all to Iona as we kick off the Carnival with a really special and meaningful Mass.

Take Care and God Bless.

Fr Michael Twigg OMI

The Oblates and Iona

Eugene de Mazenod, Priest, Religious, Bishop of Marseilles and canonised saint, founded the religious congregation, The Missionary Oblates of Mary Immaculate, in France in 1816, dedicated to serving the poor.

The Oblates first arrived in Australia at Fremantle, WA in 1894. The early days were marked with a strong sense of hope for this Australian venture, although distance and poor communication hampered the mission. The vision and mission of St Eugene de Mazenod eventually came to Lindum in 1957, when Archbishop Duhig purchased the site.

Archbishop Duhig chose the name for the new school, calling it Iona after the tiny island off the coast of Scotland, where an Irish monk Columba, established a monastery in 563AD. Fr Tim Long OMI, the first College Rector, initially referred to the school as Iona Hill.

Classes began at Iona on 28 January 1958 with 58 boys and four Oblate priests. Today Iona has 1,750 students from Years 5 to 12 and over 200 staff. The Oblate community continues their commitment to the charism of Eugene de Mazenod, a charism that leads people to cherish their human dignity from God, and through the eyes of Jesus reach out to those in need.

General information from Peter Holmes, Convenor



Well, after nearly two and a half years of preparations, we are nearly at the commencement of the CQUniversity Confraternity Carnival for 2021. In this final newsletter, you will find hopefully all you need to prepare for an amazing Carnival experience.

Our hope for every College participating is that you enjoy yourselves, our hospitality, the Fellowship of Confraternity, the competition itself and the time you have to spend with your team.

Of course, any issues that may arise, please reach out quickly and Iona College and / or QISSRL will endeavour to resolve them, to ensure the best possible Carnival for everyone who has been waiting so long for the return of Confro!

As the Convenor can I please ask that the 'replies' we are seeking for various areas of organisation are given as soon as possible - specifics of daily lunch orders with dietary requirements, dietary requirements for the Confraternity Dinner, any outstanding Mass requests, etc.

Annual General Meeting (Wednesday):

The AGM will take place at Iona College on Wednesday morning, in the Lecture Theatre, confirmed for 10:00am. All Colleges MUST have a representative in attendance.

Morning tea will be supplied by Iona.

Mass:

Please ensure you complete the form for Mass requirements (<https://www.iona.qld.edu.au/lyls-confro>) as soon as possible **as this information is now overdue**.

Captain's Meeting:

As per usual, there will be a Captain's meeting, which will take place in the Lecture Theatre at 2:15pm. Captains are to bring their school jersey with them.

Coach and Manager Meeting:

With Mass and the Opening Ceremony commencing earlier, so will the Coach and Manager meeting. The aim is to begin this by 4:45pm in the Lecture Theatre. There will be light refreshments and finger food available. Again with timing in mind, it is hoped that we will be finished by 6:00pm.

Graham's Crossing:

We ask all visitors to the College to please use "Graham's Crossing" pedestrian lights when crossing North Road.

Graham's Crossing is named in honour of Graham Blachford. In 1981, Graham was involved in an accident trying to cross this road and his death had a major and significant impact on his family, friends and the two school communities of Lindum State School and Iona.

Crossing this road safely is your highest priority and we ask that you follow all traffic signals and be patient and aware as you cross the road. You might also spare a thought or prayer for Graham and his family and friends as you cross.



General information, cont.

Rosies Coffee Shop:

Rosies Coffee Shop will be open daily between 8am and 4pm in the same area as Struddys. 16 of the Confraternity Colleges are currently directly linked to Rosies (Friends on the Street) and all proceeds from this venue will go directly to Rosies to continue their service of those in need across the state. You will be able to purchase coffee, cakes, scones and the like, as well as support Rosies by purchasing some of their merchandise.

Ice procedure and location:

As in previous years, each College will be entitled to collect a bag of ice before your game. This ice will be available from near the QISSRL Administration Shed. Ice for injuries will also be available, thanks to Bell's Pure Ice.

League Queensland Magazine articles:

The next three editions of League Queensland have articles about Confraternity (August will be devoted to Confraternity 2021 and all that took place, including results and individual accomplishments). This magazine is currently the only League magazine in Queensland and is available across the State in Newsagencies.

College Recycling Initiative:

In keeping with our desire to maintain a clean and safe environment and to provide assistance to others, there will be specifically designated "blue" bins for cans and bottles only, that can be collected for recycling. These bins will be emptied throughout the day.

For general waste, there will be many "black" bins spread throughout the College and playing fields. Could we please ask that all Colleges remind players to assist us by using these bins.

Lost Property:

Any lost property can be taken to the Main Administration Building as per the site map.

Kicking for touch alterations:

There will be no kicking for touch on the Sandy Camp Road side of Field 3 (Remax Advantage Field), nor will there be kicking for touch on either side of Field 6 (Ampol Field) ... the referee will award a 20m advance from the mark (where appropriate).

Main Confro Administration:

The Confraternity Administration Hub will be located in the building at the eastern end of Warm Up field, above Field 3 (Remax Advantage).

QISSRL Administration:

QISSRL Administration will be located directly behind the main Confro Admin building. (Scoring, draws, administration, judiciary, etc.)

Open Girls' Space:

In conjunction with QISSRL, Iona College will be offering a designated area for the Open Girl's Teams. This area is strictly for the staff and team members of these teams, including the bathroom facilities. This space is located in the Sherman Building directly above Struddy's and the ROSIES Coffee Shop (on site map)

General information, cont.

Parking - all parking is marked on the site map provided:

Points worth mentioning: The bus parking area is private property we have been given access to for the carnival, please keep it clean and be mindful of where buses are parked (team cars are the only other vehicle allowed in that area - no other cars). There is direct access to Fields 4, 5 and 6 from here.

There is a bus turnaround off North Road for teams playing on Fields 1, 2 and 3 (they can walk through between ROSIES offices and the basketball courts). No buses are to remain parked in this area, nor are cars to park here.

Other parking areas are clearly labelled, and the shoulders of North Road and Sandy Camp Road can also accommodate parking (please observe yellow lines).

There is to be NO carnival parking in Bulgin Avenue ... this street is a residential street and we have been in conversations with the neighbours to ensure they will maintain clear driveway access. Please pass this on to College supporters as well.

P.J.H

COVID-19 planning and requirements



This is a COVIDSafe event.

Please follow all government health directives, and remain at home if you are feeling unwell, or have had a cough, fever or sore throat in the two (2) weeks leading to the event.

Physical distancing measures will be in place to keep you safe and high touch point cleaning will be in effect. If you feel ill during the event, please see our medical personnel for assistance.

All attendees are required to check in each visit via the EVA Check-in App available free in all App stores.

When entering our site, please choose the Oval you are visiting and complete the sign in procedures.

The information collected will only be used for contact tracing purposes and will be destroyed after 60 days.

Help us to keep everyone safe by complying with these COVID Safe directives.



Medical information

Carnival Medical Team:

Welcome to Dr Loretta O'Sullivan Pippia (Head of Carnival Medical Services).

Dr Loretta O'Sullivan-Pippia, specialist adolescent sports and exercise physiotherapist, has once again been appointed as the co-ordinator of the medical team to take care of players during the 2021 Confraternity Carnival.

We have put together a great team for the medical services for the Carnival with Dr Chris Hasenkam, a sports and exercise physician registrar and Iona old boy as the Doctor, Nikki Rathbone and Hannah Gordan as the Sports and Exercises Physiotherapists (with students from CQU making up the remainder of our physiotherapy team), Nicole Finocchiaro, registered nurse from Iona, to assist in the medical room and Greg Bath and his team of first aiders on the field.

We are very lucky to have such a great team of very experienced and qualified health professionals to support the onfield first aiders and all the players will be in great hands. Attached is a flow chart for how the medical team will work together during the carnival.

Bringing your own medic:

If you are coming with your own physiotherapist, sports trainer or first aider, please ask them to introduce themselves to the first aider assigned to the field and discuss management of injuries of your players on the field – usually your team would attend first and then you would signal for assistance by raising one hand and the assigned first aider would come to your assistance.

More significant injuries:

In the event of a more significant injury, the first aider assigned to your field will call the medroom for extra assistance. All medication, immobilisation, transport via ambulance and suspected concussion will be co-ordinated by the doctor / medroom.

In the case of a more significant injury we will keep the team liaison officer / parents / guardians updated of the management. We ask that the team liaison officer has the medical history and parent / guardian details close at hand so that the medical team have quick access to this information for any significant injuries.

Medroom:

The medroom will be open during each game day of the carnival, minimising the need for teams to take players to local Emergency Departments and GPs for soft tissue injuries, stitches and concussion management. At various times the medroom may be relatively quiet and at other times it will be extremely busy.

The medroom will work in a similar way to an Emergency Department, where each player is triaged and prioritised according to the severity of their injuries, not necessarily in the order that players present. If your player / child is waiting while others are attended ahead, please be patient, you have not been forgotten, it's just that the medical team are attending to a more serious injury.

Those players attending the medroom need to be afforded as much privacy as possible and the medical team need to be able to attend to injured players in a calm, quiet, uncluttered and hygienic environment to ensure each player receives the best possible medical care, so we ask that all teams (players, coaching and support staff) and parents only have one support person in the medical room at a time.

Physiotherapy Clinic:

CQU will be operating a mini physiotherapy clinic on site, so there will be the opportunity to have soft tissue injuries such as sprained ankles, knee ligament injuries, AC joint sprains, shoulder dislocations, neck and back pain treated throughout the carnival on site, rather than needing to go off site – this will also give the final year students some amazing clinical experience. The students will be supervised by Nikki Rathbone, a very experienced sports and exercise physiotherapist.

The clinic will also be able to do preventative strapping if needed – but we ask that you either bring your own tape or purchase from the clinic. Please be mindful that injuries will take preference over strapping, so please arrive with ample time to account for delays due to injuries. It is expected that most teams would have strapped their players prior to arriving at the field.

Concussion:

All teams, coaches, managers, support staff, players and parents should make themselves aware of the current rugby league guidelines on concussion and in particular those for adolescents - playrugbyleague.com/trainer/concussion/.

There has been increased attention to the prevention, management and long term consequences of concussion in sport, including rugby league, in the media. The adolescent brain is going through some amazing development and maturation, but this also makes it particularly vulnerable when injured and takes longer to recover from concussion compared with the adult brain.

This year, for the first time, we have a female competition at the confraternity shield and it is known that the female brain has a longer recovery from concussion compared with the male brain. Thus the management of adolescents, and in particular, female adolescents, is more conservative than adults playing professional rugby league. Any player who sustains a concussion at any time during the carnival will follow the rugby league protocol for adolescents and children and will therefore miss the remainder of the Carnival.

The onfield assessment that is used for concussion in sport is the concussion recognition tool (CRT). Any ONE sign or symptom on the CRT means a suspected concussion and the player must be removed from the field of play and referred to the doctor in the medroom. Attached is a copy of the concussion management flow chart for the Carnival, as well as the CRT and NRL community HIA form for your reference.

Please note that the health of your player and their brain, both in the short and long term, are of the highest priority to the medical team and that the medical team will follow the rugby league concussion protocols – it is not helpful to question / argue with the medical staff when they are following these protocols, so please refrain from taking out your frustrations on the medical team.

Physiotherapy students:

They may be the opportunity for some teams to engage a physiotherapy student/s from some of the other universities in Brisbane to work for individual teams as sports trainers, strapping and / or massage. If you would like the opportunity to engage a physiotherapy student for this purpose, please e-mail Loretta on loretta@twelve9teensportsphysiotherapy.com and we will endeavour to assign a student for your team. We cannot guarantee we would be able to appoint a physiotherapy student to all teams who are interested, but we will certainly do our best.

*Dr Loretta O'Sullivan-Pippia
B.Phty, Post-Grad.Dip.Sports Physio., D.Clin.Physio., F.A.C.P.
Specialist Sports and Exercise Physiotherapist | Sub-Speciality Adolescents in Sport*

Lunch pack orders and dietary requirements

Lunch pack orders must be finalised by Friday 18 June. Teams are able to specify a combination of lunch pack options which will remain the same for each day.

Please follow the link below and ensure you include any dietary requirements - final quantity of options and dietary requirements should add up to your total orders.

<https://forms.office.com/r/HDt06PtXDT>

Food vendors

Iona College have a wide variety of food options available throughout the five days of the Carnival. These include permanent canteens on both sides of the road, the College canteen (underneath the Lecture Theatre - see menu options attached), as well as several coffee and cake options, gluten free options and drink stalls.

Please refer to the attached site map for food vendor locations.

Laundering of team kits

Iona College has access to a local laundry service, Pressed Dry Cleaning, who are able to handle the laundering of team kits as has been the case in the past.

The cost for this service is **\$55** per kit wash (a kit comprises all team jerseys, playing shorts and socks). Teams will be able to drop off their kits to a designated tent near Confro Admin, above Remax Advantage, Field 3. The kits will be available first thing in the morning the day after.

It would be appreciated if ALL TEAMS who have booked to use the laundry facility can bring their own laundry bags. Bags should be easily identifiable, durable and large enough for the team kits.

Please note this is paid out of school nominations.

Live Streaming

Once again QISSRL has organised for all games to be live streamed (BMD/Barton's Field 1 will also have live commentary). A reminder to all managers to have your portable hard drives available (please note USB sticks will not be large enough) to hand to the camera towers at each field. You will receive these back immediately after your game. Alternately, you can access your games at the conclusion of the Carnival.

Manly Pool for recovery sessions



Iona College pool will **not** be available for use during the Carnival but the owners of Manly Pool, located at 1 Fairlead Crescent, Manly (only 10 minutes from Iona College), have generously offered several lanes in their complex for teams to use for recovery sessions during the Carnival. We thank them for their generosity.

Team tents and shade areas

As many teams will be travelling considerable distances, we understand the difficulty in bringing bulky items, like shade tents, with you. Those teams who are able to bring tents please do, but rest assured Iona will be sourcing tents to ensure that shade cover will be plentiful.

Struddys at Confro 2021



Struddys, the official CQUniversity Confraternity Carnival merchandise suppliers, will be conveniently located directly above Wynnum Manly Seagulls Field 2. The good people of Struddys will have a wide range of merchandise for sale throughout the Carnival.

Check out their merchandise options (attached) that will be available for purchase. There will be much more to come from Struddys as we get closer to the Carnival, including links to their website for merch offers for 2021.

CQUniversity Confraternity Carnival QISSRL and Iona Dinner

The CQUniversity Confraternity Carnival QISSRL and Iona College Dinner will take place at Wynnum Manly Leagues Club on the Tuesday evening, 6:30pm for a 7:00pm start. The dinner includes a two-course meal (entrée and main) and three hour drinks package from 6:30pm to 9:30pm. This package includes mid and heavy strength beer, red and white wine and soft drink options.

The night is shaping up nicely with two guest speakers, **Ms Karina Brown** (Australian “Jillaroo” and inaugural Queensland State Of Origin Captain) and **Mr Paul Green** (“Bayside League Icon” and current Queensland State of Origin Coach) in attendance.

This should be a great evening to catch up and enjoy the facilities of one of the great Brisbane Leagues clubs, which has nearly completed a multi-million dollar redevelopment.

Wynnum Manly will also be providing a courtesy bus for visitors at Iona’s grounds during the Carnival, to go back to Wynnum Manly Leagues club or Fielders (linked to Wynnum Manly Leagues) for a drink or something to eat during the day.

Confraternity local offers and meal deals

For schools staying in the local Wynnum / Manly area, there are a number of venues who have expressed a willingness to provide Confraternity “meal deals”.

Bookings would need to be made in advance due to team numbers. All establishments are happy to negotiate a package (main, dessert and drink) for you upon request.

Please find below the names and contact details of each venue.

As well as meal options, there are deals to be had at the brand new Wynnum Cinemas. A great place to spend an evening or perhaps take in a movie on the rest day.

Again, contact would need to be made prior to arriving and some form of school identification would be required. Deals include tickets for \$9.90.



Majestic Cinemas Wynnum | 82 Berrima Street, Wynnum
T: 3519 7555 | majesticcinemas.com.au
Mr Terry Halliwell, Manager

The Manly Hotel | 54 Cambridge Parade, Manly
T: 3249 5947 | manlyhotel.com
Melinda Pugh, Business Support / Event Coordinator



WATERLOO BAY
HOTEL

Waterloo Bay Hotel | 75 Berrima Street, Wynnum
T: 3893 2344 | waterloobayhotel.com.au
Tracey Donnelly, Motel Manager

Wynnum Manly Leagues Club
92 Wondall Road, Manly West
T: 3906 7800 | info@wmlc.com.au



Manly Deck | 1/45 Cambridge Parade (upstairs)
T: 3396 3824 | info@manlydeck.com.au

FIELDERS | 35 Bognor Street, Tingalpa
T: 3390 6108 | manager@fieldersclub.com.au

FIELDERS

Founded by our WORKERS

Event timeline

Sunday 27 June	<ul style="list-style-type: none">• Team Captain's meeting, Lecture Theatre at 2:15pm.• Opening Ceremony and Mass, Provence Centre, Iona College at 3:00pm.• Coaches' and Managers' meeting, Lecture Theatre, Iona College at 4:45pm.
Monday 28 June	<ul style="list-style-type: none">• Pool games for Open Boys' and Open Girls' teams.
Tuesday 29 June	<ul style="list-style-type: none">• Open Boys' pool games.• Quarter and semi finals for Open Girls' teams.• Carnival dinner - in partnership with Wynnum Manly Leagues Club - 6.30 for a 7.00pm start.
Wednesday 30 June	<ul style="list-style-type: none">• Rest day for Open Boys' and Open Girls' teams.• Annual General Meeting, Lecture Theatre, Iona College at 10.00am.
Thursday 1 July	<ul style="list-style-type: none">• Quarter and semi finals for Open Boys' teams.• Finals and presentation ceremonies for Open Girls' teams.
Friday 2 July	<ul style="list-style-type: none">• Finals and presentation ceremonies for Open Boys' teams.• Teams depart.

Player of the Match Awards

As has been the case in the past, all games will have "Player of the Match" packs for members of each team. We are so grateful to our Intrust Super Cup teams for their generosity in supplying merchandise for these packs and to Smart Teachers and East Coast Engraving for sponsoring the player medallions.

We would also like to express our thanks to five of the NRL clubs who have come on board: The Broncos, Titans, Cowboys, Knights and Dragons have all agreed to assist us with these packs.



Carnival Pools

Open Boys

POOL A	POOL B	POOL C	POOL D
Div 1	Div 1	Div 1	Div 1
Ignatius Park	The Cathedral College	Marymount	Padua
Marist Ashgrove	St Mary's, Toowommba	Rockhampton Grammar School	St Brendans
St Augustines	Iona College	St Patricks Shorncliffe	St Patrick's Mackay
Shalom	Aquinas	St Peter Claver	Emmaus, Rockhampton
Div 2	Div 2	Div 2	Div 2
Clairvaux MacKillop	St Thomas More	Columba	Marist Emerald
Blackheath and Thornburgh College	St Laurence's	Faith Lutheran	All Souls
Assumption	St Mary's, Woree	St Columban's	Abergowrie
Holy Spirit	St Edmunds	St Michaels	St Joseph's
Div 3	Div 3	Div 3	Div 3
Ryan Catholic College	Xavier CC	St Johns Roma	Gilroy Santa Maria
St James/Chisholm	St Augustine's	Chanel	OLSC Dalby
Emmaus, Jimboomba	Unity College	Good Shepherd	St Marys/St Patricks
St Anthony's	Ambrose Tracey	Trinity College	Mt Maria

Open Girls (Day One pools only - Day Two will change)

POOL A	POOL B	POOL C
Southern Cross	St Patrick's Mackay	Cathedral College
Marymount	Trinity College	Clairvaux MacKillop
Emmaus, Jimboomba	Shalom	St Joseph's

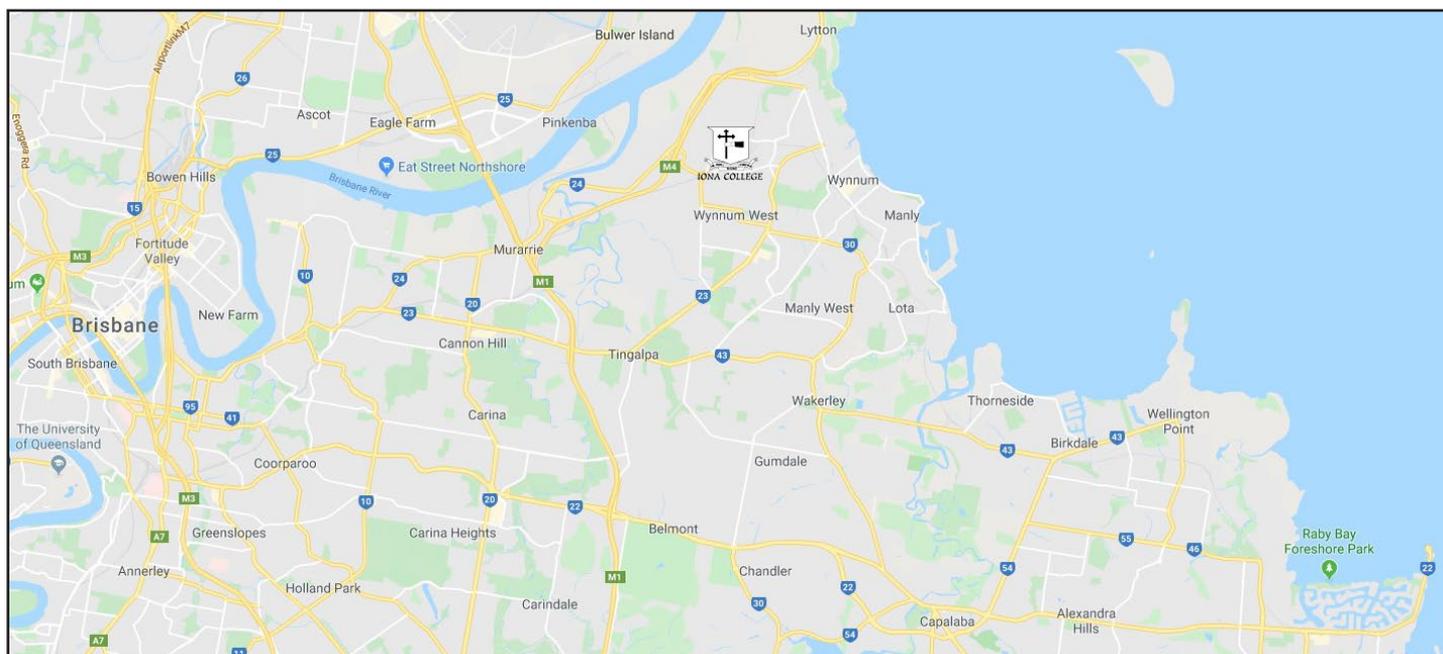
Monday draws

DAY	TIME	DIVISION	POOL	FIELD	TEAM	TEAM
MONDAY	8.40am	2	A	1	Clairvaux Mackillop College	Assumption College
		2	A	2	Holy Spirit College	Blackheath & Thornburgh College
		2	B	3	St Thomas More College	St Mary's College Woree
		2	B	4	St Laurence's College	St Edmund's College
		2	C	5	Columba Catholic College	St Columban's College
		G	C	6	Cathedral College	St Josephs
	9.30 am	G	A	1	Southern Cross College	Marymount College
		G	B	2	St Patricks Mackay	Trinity Catholic College
		2	C	3	Faith Lutheran College	St Michael's College
		2	D	4	Marist Brothers College, Emerald	St Teresa's College
		2	D	5	All Souls St Gabriel's College	St Joseph's College
		3	A	6	Ryan Catholic College	Emmaus College, Jimboomba
	10.20 am	3	A	1	St James' / Chisholm College	St Anthony's College
		3	B	2	Xavier College	Unity College
		3	B	3	St Augustine's College, Augustine Heights	Ambrose Treacy College
		3	C	4	St John's College	Good Shepherd College
		3	C	5	Chanel College	Trinity Catholic College
		3	D	6	Gilroy Santa Maria College	St Mary's / St Patrick's
	11.10 am	1	B	1	Iona College	Aquinas College
		1	A	2	Ignatius Park College	St Augustine's College, Cairns
		1	B	3	The Cathedral College	St Mary's College, Toowoomba
		3	D	5	Our Lady of the Southern Cross College	Mt Maria College
		1	A	5	Marist Brothers College, Ashgrove	Shalom Catholic College
		1	C	6	Marymount College	St Patrick's College, Shorncliffe
	12.00 pm	1	C	1	Rockhampton Grammar School	St Peter Claver College
		1	D	2	St Patrick's College, Mackay	Padua College
		G	C	3	Cathedral College	Clairvaux Mackillop College
		1	D	4	St Brendan's College	Emmaus College, Rockhampton
		2	B	5	St Laurence's College	St Mary's College Woree

Monday draws, cont.

DAY	TIME	DIVISION	POOL	FIELD	TEAM	TEAM
MONDAY	12.50 pm	2	A	1	Assumption College	Blackheath & Thornburgh College
		2	A	2	Holy Spirit College	Clairvaux Mackillop College
		2	B	3	St Thomas More College	St Edmund's College
		G	A	4	Emmaus College	Southern Cross College
		G	B	5	Trinity Catholic College	Shalom College
		2	C	6	Faith Lutheran College	St Columban's College
	1.40 pm	2	C	1	Columba College	St Michael's College
		2	D	2	Marist Brothers College, Emerald	St Joseph's College
		2	D	3	All Souls St Gabriel's College	St Teresa's College
		3	D	4	Gilroy Santa Maria College	Mt Maria College
		3	C	5	Good Shepherd College	Trinity Catholic College
	2.30 pm	3	B	1	Xavier College	St Augustine's College, Augustine Heights
		3	B	2	Ambrose Treacy College	Unity College
		3	A	3	St Anthony's College	Emmaus College, Jimboomba
		3	C	4	St John's College	Chanel College
		3	A	5	Ryan Catholic College	St James' / Chisholm College
	3.20 pm	1	B	1	The Cathedral College	Aquinas College
		G	C	2	Clairvaux MacKillop College	St Joseph's College
		1	A	3	Marist Brothers College, Ashgrove	St Augustine's College, Cairns
		1	A	4	Ignatius Park College	Shalom College
		3	D	5	Our Lady of the Southern Cross College	St Mary's / St Patrick's
		1	B	6	Iona College	St Marys College
	4.10 pm	1	D	1	St Brendan's College	St Patrick's College, Mackay
		1	D	2	Padua College	Emmaus College, Rockhampton
		1	C	3	Rockhampton Grammar School	St Patrick's College, Shorncliffe
		1	C	4	Marymount College	St Peter Claver College
		G	A	5	Marymount College	Emmaus College
		G	B	6	Shalom College	St Patricks Mackay

Location map



Getting there

Situated on the edge of Moreton Bay, the suburbs of Wynnum and Manly are less than 20 kms (30 minutes) drive or 45 minutes by train from the Brisbane City Centre. The Gold Coast and Sunshine Coast are approximately one hour's drive away. Brisbane Airport is an easy 20-minute drive from Iona.

If you are requiring transport whilst here in Brisbane, Iona College recommends Murrays Coaches as our Coach company of choice. Please refer to the attached flyer.



Detailed venue map

Included in this newsletter is the final venue mapping of Iona and the various parking options. Please take the time to look over the attached map and familiarise yourself with fields, parking, administration, Struddys, Oblate Hall, Provence Centre and Lecture Theatre.

Parking is extremely important for the duration of this Carnival. We want to try and keep as many vehicles as possible off the roads. We have obtained a parking venue for all buses and coaches (which has direct access to fields 4, 5 and 6) and we have multiple locations for car only parking.

NO parking is available in the side streets linking to the College as we have promised local residents uninterrupted access to their properties. As we get closer to the Carnival, we would very much appreciate your assistance in informing your spectators of the parking options.

Current QISSRL sponsor details

We would very much like to highlight and thank the many sponsors who have looked to support CQUniversity, QISSRL and Iona College in hosting the 2021 CQUniversity Confraternity Carnival here in the Bayside!

Your support of these businesses, large and small, would be greatly appreciated where possible.



**BROTHERS
CONFRATERNITY**



**CATHOLIC SCHOOL PARENTS
QUEENSLAND**

[a] Academy
School Photography
& Production



CARING FOR THE
MEN, WOMEN AND CHILDREN
OF THE RUGBY LEAGUE COMMUNITY



THE
**CARBINE
CLUB**

Current Iona sponsor details



IONA



Conrad Gargett



servicefm™



Wynnum Golf

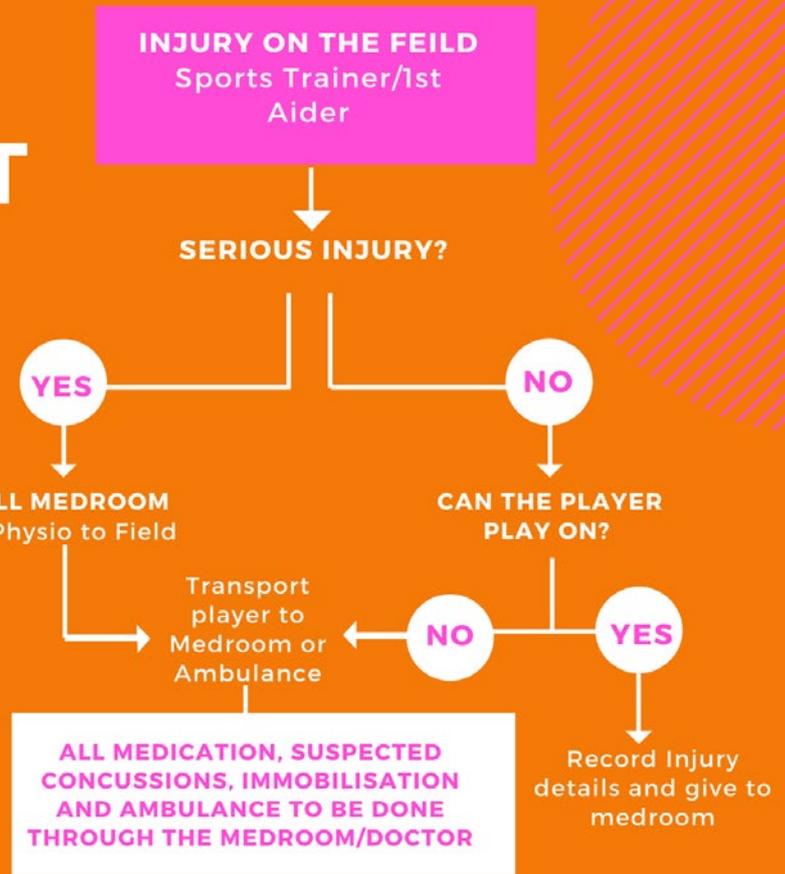


Please see following attachments referenced in this newsletter:

- Game day medical flow chart
- Concussion flow chart
- CRT and NRL community HIA form
- Mass invitation
- Lunch pack options
- Onsite canteen catering options
- Dinner invitation
- Struddys Confro 2021 merchandise flyer
- Detailed venue map

GAME DAY MEDICAL FLOWCHART

All injuries recorded in reportinjury



CONCUSSION FLOWCHART

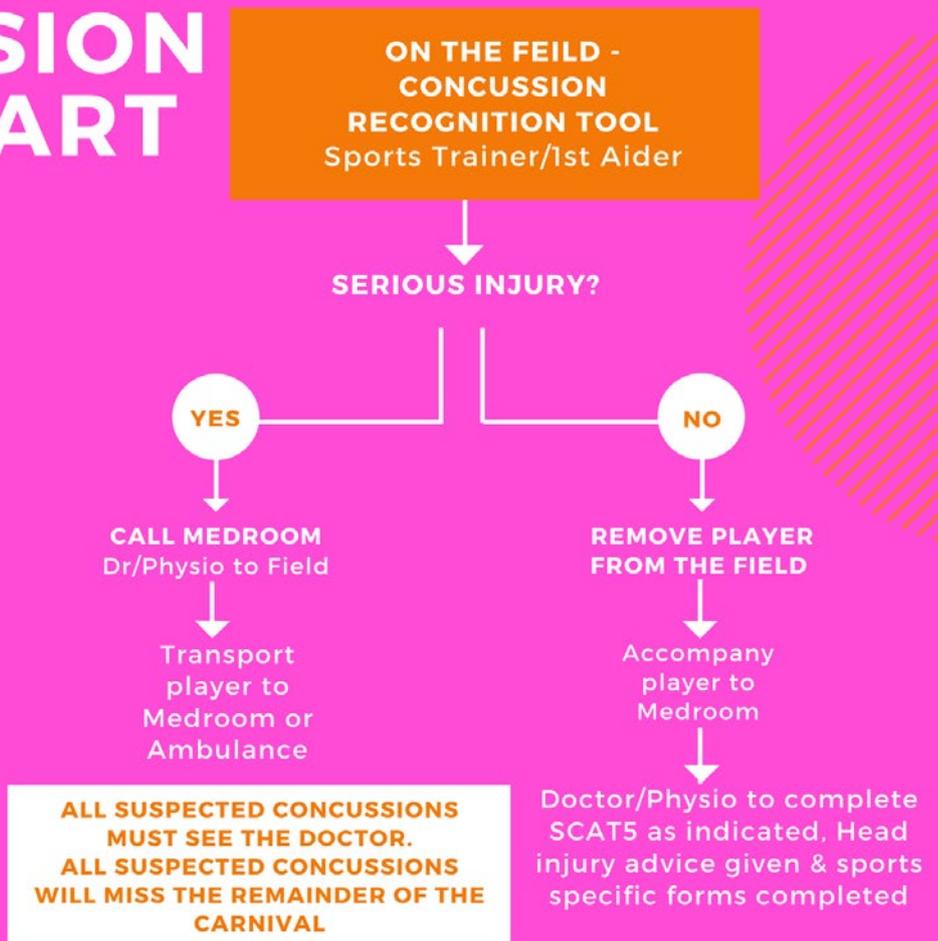
RECOGNISE & REMOVE
from play

REFER
to doctor
or ED within
24hrs

REST
Cognitive
& Physical

REHAB
neck balance
vestibular
ocular

RETURN
gradually to
learning then
sport



NRL - COMMUNITY HEAD INJURY RECOGNITION AND REFERRAL FORM



A. GENERAL INFORMATION

Player Name: Age: Club:

Examiner Name: Examiner qualifications:

Date: Half: Approximate Time in Half: Position of Player:

B. STRUCTURAL HEAD OR NECK INJURY

1. Are there clinical features of a potentially serious or structural head and/or neck injury, including prolonged loss of consciousness (>1 minute) requiring urgent and emergency hospital transfer?¹ Yes No

C. REMOVAL FROM PLAY

Players MUST be removed permanently from play if any of the following are observed by anyone; including coaches, parents and other players

	YES Observed Directly	YES Reported	NO
2. Loss of consciousness (or prolonged loss of movement of > 1 – 2 seconds) or not responding appropriately to trainers, referees or other players	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. No protective action in fall to ground (not bracing for impact/ floppy or stiff)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Impact seizure/convulsion/fit (stiffening or shaking of arms and/or legs on impact)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Balance disturbance ² or Clumsy (loss of control over movements) or slow to get up following a possible head injury (10-15 seconds)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Dazed or blank/vacant stare or not their normal selves/not reacting appropriately to surroundings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Unusual behaviour for the player	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Confusion or disorientation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Memory impairment (e.g. fails Maddocks questions – refer to CRT5 ¹)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. Player reports or displays any other concussion symptoms (refer to CRT5 ¹)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

IMPORTANT TO REMEMBER

- Any player who is unconscious should be suspected of having a spinal cord injury and treated appropriately. This includes DRABCD (Danger, Response, Airway, Breathing, CPR, Defibrillation) and they should not be moved unless appropriately trained personnel are present.
- If the player has weakness or tingling/burning in the arms and/or legs, they should be treated as if they have a spinal injury and an ambulance called.
- A player with a **facial injury** after head trauma should be assessed for signs and symptoms of concussion.
- Players must be **HONEST** in reporting how they feel. Uncooperative behaviour by players should be considered a possible sign of concussion and result in their removal from play as a potential head injury.

¹ Refer to the NRL Concussion Management Guidelines on the Play NRL website: playrugbyleague.com/concussion and use the **Concussion Recognition Tool 5 (CRT5)** bjsports-2017-097508CRT5

² NOTE: 'Balance disturbance' is defined as when a Player is unable to stand steadily unassisted or walk normally and steadily without support in the context of a possible head injury.

D. OUTCOME AND ACTION

If 'Yes' is selected for question 1, an ambulance must be called for immediate transfer to hospital

If 'Yes' is selected for any of questions 2-10, **immediate** removal from play and medical assessment³ are required

³ A player who is removed from play with a suspected concussion MUST NOT return to play until formally cleared by a doctor. If any RED FLAGS listed in the CRT5 are present or there is any other concern – call an AMBULANCE.

A PLAYER SUSPECTED OF HAVING SUSTAINED A CONCUSSION MUST NOT BE ALLOWED TO RETURN TO THE FIELD OF PLAY ON THE DAY OF THE INJURY EVEN IF THE SYMPTOMS RESOLVE. HE/SHE MUST BE SENT FOR MEDICAL ASSESSMENT IN THE CARE OF A RESPONSIBLE ADULT.

**PLEASE REFER TO NEXT PAGE TO COMPLETE ASSESSMENT FOR PLAYERS
REQUIRING MEDICAL REVIEW FOR SUSPECTED CONCUSSION**

NRL - COMMUNITY HEAD INJURY RECOGNITION AND REFERRAL FORM



Player Name:

Date:

E. SYMPTOM RECORD – complete based on how the player feels **now**. (Helpful for medical follow up.)
A Parent should help answer these questions if the Player is 12 years old or younger

	None	Mild		Moderate		Severe	
Headache	0	1	2	3	4	5	6
“Pressure in head”	0	1	2	3	4	5	6
Neck pain	0	1	2	3	4	5	6
Nausea or vomiting	0	1	2	3	4	5	6
Dizziness	0	1	2	3	4	5	6
Blurred vision	0	1	2	3	4	5	6
Balance problems	0	1	2	3	4	5	6
Sensitivity to light	0	1	2	3	4	5	6
Sensitivity to noise	0	1	2	3	4	5	6
Feeling slowed down	0	1	2	3	4	5	6
Feeling like “in a fog”	0	1	2	3	4	5	6
“Don’t feel right”	0	1	2	3	4	5	6
Difficulty concentrating	0	1	2	3	4	5	6
Difficulty remembering	0	1	2	3	4	5	6
Fatigue or low energy	0	1	2	3	4	5	6
Confusion	0	1	2	3	4	5	6
Drowsiness	0	1	2	3	4	5	6
More emotional	0	1	2	3	4	5	6
Irritability	0	1	2	3	4	5	6
Sadness	0	1	2	3	4	5	6
Nervous or anxious	0	1	2	3	4	5	6
Trouble Falling Asleep (If applicable)	0	1	2	3	4	5	6

If you know the player (or ask parents/friends), how different is the player acting compared to his/her usual self?

No different	Very different	Unsure	N/A
--------------	----------------	--------	-----

SIGNATURE OF EXAMINER

Signed:

Date:

Time completed:

The NRL require the injured player to be assessed by a **Doctor** as soon as possible after a head injury **PRIOR** to returning to a graduated structured training program.

POST CONCUSSION INJURY ADVICE – for person monitoring the injured player

- Recovery time from concussion is variable and signs and symptoms can evolve over minutes or hours
- If the player displays ANY of the following: vomiting, neck pain, severe or worsening headache, double vision, excessive drowsiness, convulsions, change in behaviour, loss of consciousness or weakness/tingling/burning in arms or legs; then call an ambulance or contact your doctor or the nearest emergency department **immediately**
- Rest (physical and mental) - including any training until medically cleared (at least 24-48 hrs)
- **NO** alcohol until medically cleared
- **NO** driving until medically cleared
- **NO** medications such as sleeping pills, aspirin, anti-inflammatories or sedating/strong pain killers
- **Please take this completed form to your doctor to assist with the assessment – it is recommended that you book a long consultation with your doctor**

A **final** consultation by a Doctor, to clear the player medically fit **before** full contact training and match play, **MUST** be undertaken.

It is preferable that the same doctor performs all the assessments (including initial and final clearance) if possible.

NRL Community Head Injury/Concussion Medical Clearance



The NRL recommend that the injured player be assessed by a medical practitioner (doctor) as soon as possible after a head injury, prior to returning to a graduated structured training program with a **mandatory final consultation to clear the player medically fit before full contact training and match play is undertaken**. It is recommended that the same medical practitioner (doctor) performs all the assessments on a player for each concussion episode/presentation.

Notes for Treating Doctor / Medical Practitioner

Please refer to the NRL Concussion Management Guidelines available at playrugbyleague.com/concussion

In accordance with the current Concussion Guidelines, there is no defined mandatory period of time that a Rugby League player must be withheld from play following a concussion, **but** a 6-stage graduated return to play must be undertaken. The duration of exclusion from play is based on an individual's recovery as managed by a medical practitioner. However, before a player can start a graduated return to sport protocol, the player should be symptom free at rest for a minimum of 24-48 hours. Children and adolescents (18 years old and younger) should be treated more conservatively (generally double the timeframes of adults). A **graduated return to learn** (school or other education) and/or work **must be completed prior** to commencing a return to sport (refer to www.playrugbyleague.com/concussion). A concussion recovery is generally considered **prolonged** if it is greater than 2 weeks in adults and 4 weeks in children/adolescents.

Conventional imaging (e.g. CT or MRI) should be considered in cases where there is concern regarding an underlying structural brain, skull or neck injury. It is also useful to use the **SCAT5** (<http://bit.ly/SCAT5tool>) and **Child SCAT5** (<http://bit.ly/ChildSCAT5tool>) forms for all assessments and comparing the symptoms to those initially reported (bear in mind that new/different symptoms can present) and ensuring that no clinical signs are present.

Graduated Return to Sport Protocol (GRTS) (after initial physical and mental rest of at least 24-48 hours)

The GRTS Protocol has **6 stages** which generally **last 24 hours per stage**. The player should only proceed to the next stage if they have been symptom free. If symptoms return at any stage, rest until symptoms resolve and start at the prior symptom free stage.

PLAYER AND PARENT HONESTY IS VITAL IN THIS PROCESS – IT IS THEIR RESPONSIBILITY

Each stage of the GRTS protocol is listed below. For more information visit www.playrugbyleague.com/concussion

1	Symptom-limited activity	2	Light aerobic exercise	3	Sport specific exercise
4	Non-contact training drills	5	Full contact training	6	Return to play

The GRTS Protocol should usually take a minimum of 7 to 8 days and it is recommended that this timeframe be at least twice as long in children/adolescents 18 years old younger after they have fully returned to School/learning. Not all concussions will recover this quickly.

Screening computerised cognitive tests provide a practical method for the assessment of cognitive recovery. A number of screening computerised cognitive test batteries have been validated for use following concussion in sport and are readily available on-line (e.g. CogState, ImPACT). Doctors may utilise these at their clinical discretion.

Guide to the Return of Contact Training and Match Play Medical Examination

The **minimum standard** is that a player **must** be symptom free at rest and on exertion, returned fully to school/work, determined to have returned to baseline level of cognitive performance, and is confident and comfortable to return to play.

If the answer to any of the following 4 questions is 'Yes', then the player requires further observation and rest and/or a referral for specialist assessment with a Neurologist, Neurosurgeon or Sport & Exercise Physician with an interest in Concussion.

1. Are there any neurological or other worrying symptoms on questioning, or signs on examination?
2. Is the player experiencing ongoing symptoms suggestive of concussion?
3. The player has **NOT** successfully fully returned to their usual work or education/school without symptoms?
4. Does the player experience any concussion type symptoms when exercising?

Difficult or complicated cases (e.g. prolonged recovery or recurrent concussion) should be referred to a clinician (e.g. Sport and Exercise Physician) or neurologist with expertise in concussion.

Medical Clearance

GRTS Protocols are to be followed:

Adults: If a player wishes to return to play in the **following rounds' match** (or any available match within less than an 11 day period following the injury) they must be cleared in writing by a specialist concussion Doctor

Children and Adolescents: If a player wishes to return to play in less time than the GRTS stipulates (less than 14 days) from the time of injury, they must be cleared in writing by a specialist concussion doctor.

A specialist concussion doctor must be one of the following with a documented strong interest in concussion management: Neurologist – Neurosurgeon - Sport and Exercise Physician (Sports Physician).

I have examined

, following the head injury sustained on

and declared him/her medically fit⁴ to contact train and return to match play.

Practitioner Name

Date

Signed

Medical Practice Stamp

⁴Please refer to the notes for medical practitioners (above) when assessing the player and determining his/her medical fitness to train and play.



IONA



CONFRATERNITY MASS AND OPENING CEREMONY

Fr Michael Twigg OMI and Mr Trevor Goodwin
warmly invite

CONFRATERNITY COLLEGES

to the
Confraternity Mass and Opening Ceremony

2.30pm for a 3.00pm start
Sunday, 27 June 2021
Provence Centre
Iona College
85 North Road, Lindum

LET YOUR LIGHT SHINE
PLAY YOUR ROLE | RESPECT | LIVE, LEARN, LEAD, SERVE | IONA STANDARDS | ALWAYS LEARNING



BRINGING CONFRATERNITY TO THE BAYSIDE 2021



LUNCH PACK OPTIONS - \$12

INCLUDED IN EACH LUNCH PACK WILL BE A COMBINATION OF EITHER:

A roll with ham salad or chicken salad
(vegetarian option available)

or

A sushi twin roll (GF)
(vegetarian option available)

and

A bottle of water and a juice *or* iced tea drink

and

A sweet muffin *or* a large Subway style cookie

and

A piece of fruit

Please ensure all dietary requirements are submitted: forms.office.com/r/HDt06PtXDT



ONSITE CANTEEN CATERING

CONFRO 2021

IONA CANTEEN *(as marked on the map)*

- Pizzas and hot meals
- Hot dogs, burgers, sausage rolls, subs, pies, bacon and egg rolls
- Freshly made salads, sandwiches, salad bowls, sushi and fruit salads
- Coffee, cakes, biscuits and donuts

SPORTS CANTEENS *(as marked on the map)*

- Cold drinks
- Meat pies and sausage rolls
- Hot dogs and burgers
- Freshly made salads and sandwiches

BARTON'S BBQ TRAILER *(WITH SPORTS CANTEEN)*

- Hot dogs and burgers

IONA COFFEE CART *(near Confro Administration)*

- Barista coffee and hot chocolate
- Tea
- Cakes, muffins and biscuits

ROSIES COFFEE SHOP *(next to Struddys)*

- Cakes, scones and slices
- Tea and coffee (provided by 3 Elements Coffee)

FOOD VENDORS *(as marked on the map)*

- Various coffee and cake options
(including 3 Elements Coffee who work closely with Australian Returned Service Personnel)
- Energy drink stall, tornado potatoes, Jack's Gelato
- Slushee and lolly stalls and snack foods

~ **Gluten free options available** ~



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CQUNIVERSITY CONFRATERNITY CARNIVAL 2021 QISSRL & IONA DINNER

Please join us at Wynnum Manly Leagues Club, 92 Wondall Road, Manly West
Tuesday 29 June 2021
6.30pm for a 7.00pm start

GUEST SPEAKERS

MS KARINA BROWN

Australian "Jillaroo" and Inaugural Queensland State of Origin Captain

MR PAUL GREEN

"Bayside League Icon" and current Queensland State of Origin Coach

LET YOUR LIGHT SHINE
PLAY YOUR ROLE | RESPECT | LIVE, LEARN, LEAD, SERVE | IONA STANDARDS | ALWAYS LEARNING



BRINGING CONFRATERNITY TO THE BAYSIDE 2021

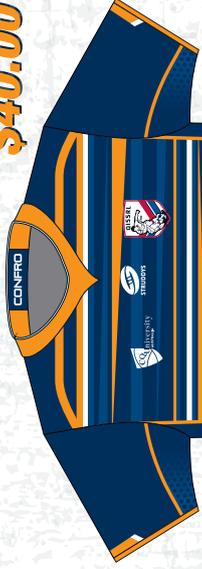
CONFRATERNITY MERCH

SHORTS
\$45.00



TRAINING
TEE

\$40.00



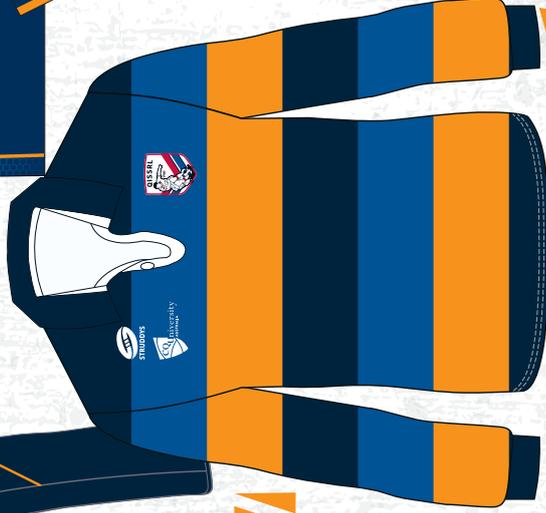
POLO

\$45.00



KNITTED
JERSEY

\$80.00



JACKET

\$90.00



HOODIE

\$75.00



SOCKS

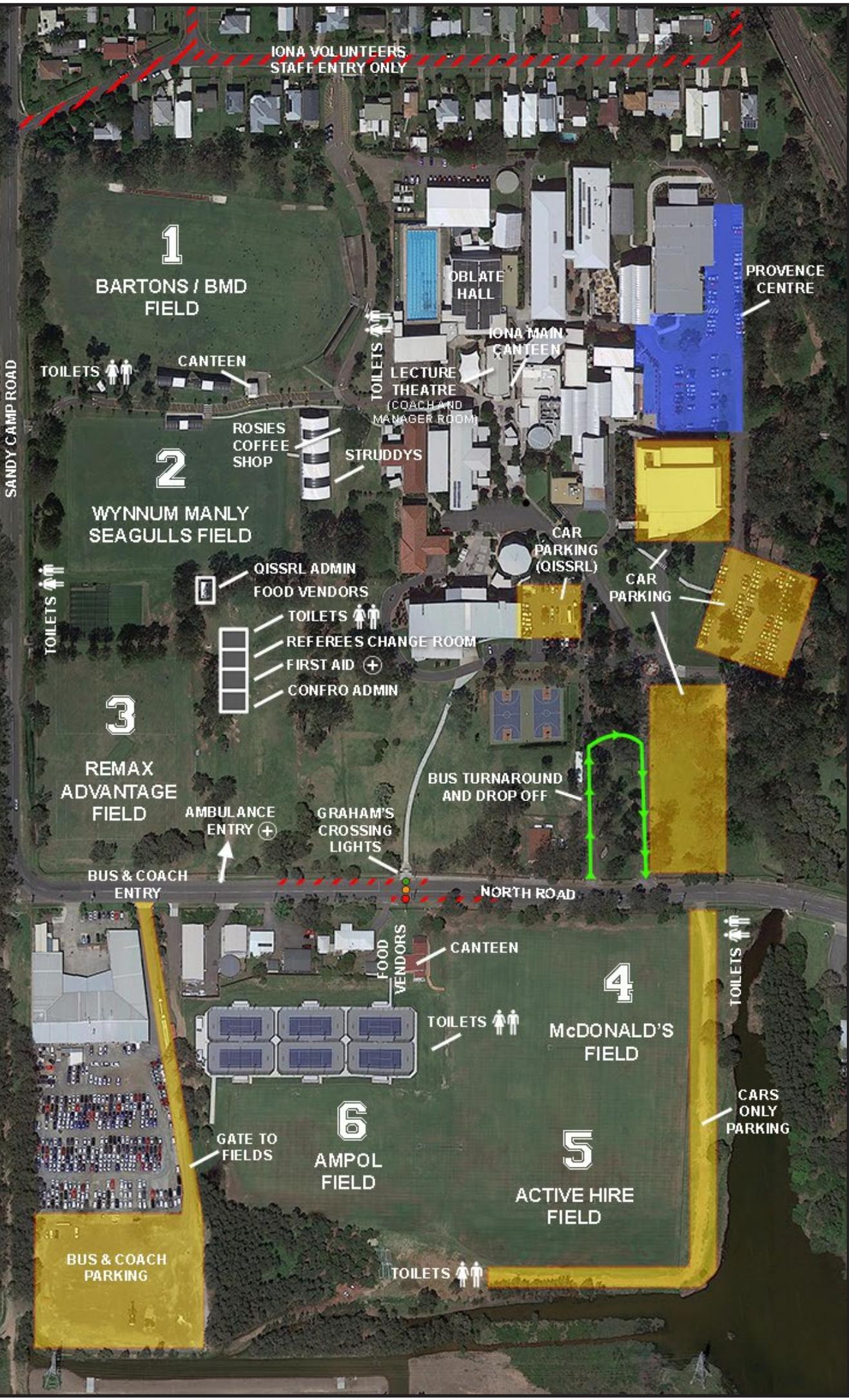
\$10.00



STRUDDYS

NO PARKING

IONA VOLUNTEERS
STAFF ENTRY ONLY



1

BARTONS / BMD
FIELD

TOILETS

CANTEEN

ROSIES
COFFEE
SHOP

2

WYNNUM MANLY
SEAGULLS FIELD

TOILETS

QISSRL ADMIN
FOOD VENDORS

TOILETS

REFEREES CHANGE ROOM

FIRST AID

CONFRO ADMIN

3

REMAX
ADVANTAGE
FIELD

AMBULANCE
ENTRY

GRAHAM'S
CROSSING
LIGHTS

BUS & COACH
ENTRY

BUS TURNAROUND
AND DROP OFF

NORTH ROAD

4

MCDONALD'S
FIELD

TOILETS

CARS
ONLY
PARKING

6

AMPOL
FIELD

GATE TO
FIELDS

TOILETS

FOOD
VENDORS

CANTEEN

5

ACTIVE HIRE
FIELD

TOILETS

BUS & COACH
PARKING

SANDY CAMP ROAD

CAR PARKING
(QISSRL)

CAR
PARKING

OBLATE
HALL

IONA MAIN
CANTEEN

LECTURE
THEATRE
(COACH AND
MANAGER ROOM)

PROVENCE
CENTRE

TOILETS

STRUDDYS

CAR PARKING

CAR
PARKING

BUS TURNAROUND
AND DROP OFF

NORTH ROAD

CANTEEN

TOILETS

TOILETS

CARS
ONLY
PARKING

AMPOL
FIELD

GATE TO
FIELDS

TOILETS

FOOD
VENDORS

CANTEEN

5

ACTIVE HIRE
FIELD

TOILETS

BUS & COACH
PARKING

Contacts

Rector

Fr Michael Twigg OMI



Principal

Trevor Goodwin



CQUniversity Confraternity
Carnival Convenor

Peter Holmes
Mob 0427 578 600



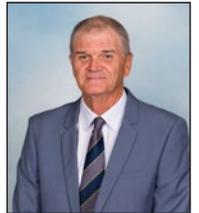
CQUniversity Confraternity
Carnival Volunteer Coordinator

Sharon Young



Iona Head of Sport

Keith Harron
Mob 0417 079 268



Communications Manager

Sue Carroll



Confraternity 2021 email
Confraternity 2021 hashtags
Website
Facebook
Twitter
Instagram
Iona College

confro20in21@iona.qld.edu.au
#Confro20in21iona #IonaBrisbane2021
www.iona.qld.edu.au
@IonaBrisbane
@ionabrisbane and @sportiona
iona_brisbane
85 North Road, Lindum, Qld 4178
Ph 07 3893 8888

Welcome to all schools competing in the CQUniversity Confraternity Carnival 2021

