



85 North Road
Lindum QLD 4178
Subscribe: <http://ionac.schoolzineplus.com/subscribe>
AIC Sports Information (via Twitter): [@SportIona](https://twitter.com/SportIona) (includes wet weather)

Head of Sport: Mr Keith Harron 0417 079 268
Assistant Head of Sport (7-12): Mr Sean Devlin 3906 8905
Assistant Head of Sport (5-6): Mr Anthony Bannerman 3893 8869
Sports Administrator: Mrs Karen Otway 3893 8805

24 March

The Iona College winter sports planning and trial process is underway. Rugby union, football, chess and cross country are all large programs that require all involved to be aware of organisation via the weekly newsletter and coach / manager directives. Too many students do not know what is organised because they fail to read this newsletter.

Our sailing teams continue their summer racing season in the build up to the Qld Championships which Iona has won on five occasions. Our parents and staff involved are driving a vibrant racing program. It is as challenging and exciting as sport can be.

The Wynnum Manly Seagulls rugby league team plays Tweed Heads Seagulls at Iona College on Sunday 28 March. Four games will be played:

10.20am 19's Women vs Wests
11.50am 21's Colts vs Tweed Heads
1.20pm Mal Meninga 18's vs Norths
3.00pm Cup Game vs Tweed Heads

Our College is hosting the games in partnership with the Seagulls. We would greatly appreciate some assistance on the day in the canteen on Davine Oval and with catering.

Please complete the [Volunteer Registration Form](#) to become an approved Iona volunteer – please select Community Activities as your Volunteer Interest, followed by SPORT SUPPORTERS' GROUP. Approved volunteers will then receive further instructions on how they can sign up to assist.

Attending Iona students will be provided dress and gathering expectations throughout this week. Our Year 6 rugby league players will be involved in pre game entry of players and will play touch at half time of the main game. "The Iona tunnel" involving students will welcome the Wynnum team onto the ground. It will be large and enjoyable.

COVID Health Directives (Seagulls Sunday)

All attending must use the EVA check-in, sanitise at entry and endeavour to socially distance throughout the day. Do not attend if feeling unwell.

COVID Health Directives

Rugby Union and Football (Saturdays)

Please use EVA check-in and sanitiser at entry points.
Please socially distance.

Key Personnel for 2021

Head of Sport	Mr Keith Harron	harronk@iona.qld.edu.au
General Enquiries Years 7-12	Mr Sean Devlin	devlins@iona.qld.edu.au
General Enquiries Primary	Mr Anthony Bannerman	bannermana@iona.qld.edu.au

Iona Sport Season Planner

Sat 27 Mar: Rugby Intra Trials for Years 5 and 7 only
Sun 28 Mar: Seagulls 'Flockbuster' Sunday
Sun 28 Mar: Teams Racing Sailing
16-18 Apr: Cross Country Camp
16-18 Apr: Ballymore Cup Rugby
Fri 23 Apr: AIC Chess Trial vs Padua (A)
Sat 24 Apr: Rugby / Football Trial vs Padua (A)
Fri 30 Apr: AIC Chess vs Villanova (A)
Sat 1 May: AIC Rugby and Football vs Villanova (A)

Chess

Term 2 Chess Coaching

Senior and Intermediate Teams

Day: Tuesday afternoons in Term 2
Time: 3.15pm - 4.15pm
Venue: Room B3

Please note there will be no chess coaching on Tuesday 27 April due to student progress meetings.

Junior Teams

Chess coaching will occur at lunchtimes during Term 2. Students should listen carefully to notices at Years 5-6 assemblies.

Cross Country

Primary Interhouse Cross Country

The Primary Interhouse Cross Country Carnival will now be held in Week 10 on Thursday 1 April Period 4.

It is the expectation that all students are to run to gain points for their House.

Years 10, 11 and 12 Interhouse Cross Country

Dates to be confirmed

Primary Cross Country Training (Years 5 and 6)

- Tuesday afternoons 3.10pm - 4.10pm and
- Friday mornings 7.00am - 8.00am

Meet: Mr McClure and Mr Overland on Primary Handball Courts ready to go.

Attire: Boys will be required to wear Iona House sport shirt or black Iona training shirt, Iona HPE shorts and comfortable running shoes. Please bring a water bottle.

Cross Country Training Schedule (Years 7-12)

Week 9:

Monday: 6.45am - 7.45am @ Lota Creek Boardwalk Whites Rd	Wednesday: 6.45am - 8.00am (pool gates) Intervals	Friday: 6.45am - 8.00am (pool Gates) Ultimate
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Week 10:

Monday: 6.45am - 7.45am @ Wynnum wading pool. Aerobic run.	Wednesday: 6.45am - 8.00am (pool gates) Intervals
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Holiday Training (Years 7-12 only)

Tuesday 13 April 7.00am - 8.00am @ Wynnum wading pool.

Cross Country Camp (Years 7-12 only)

For: Invited athletes only

Dates: Friday 16 - Sunday 18 April

Venue: Tallebudgera

Football (Soccer)

Football Coaches Required

Football coaches are required for the coming season. Please contact Mr Sean Devlin if you are interested:

devlins@iona.qld.edu.au

Trials

If you are unable to make the trial times, please notify:

Years 5-8 Mr Bannerman bannermana@iona.qld.edu.au

Years 9-10 Mr Beets beetsr@iona.qld.edu.au

Years 11-12 Mr Healy healyr@iona.qld.edu.au

Trial Dates: (Week 9)

All afternoon trials / training cancelled this week except 1st XI. Sport lessons will continue.

Saturday 27 March - Intra Trials

Due to the condition of the fields, all trials on Saturday 27 March have been cancelled.

Trial Dates:

3rds – 6ths Trials will be Week 1 Term 2
Year 10A/B Training begins Week 1 Term 2

Week 10 Trials

Year 10C/D	Wednesday 31 March	7.00am - 8.00am
Year 9	Wednesday 31 March	3.15pm - 4.30pm
8A + 8B	Monday 29 March	7.00am - 8.00am
8C - 8E	Monday 29 March	3.15pm - 4.30pm
Year 7	Tuesday 30 March	3.15pm - 5.30pm

- There will be no after school trials / training for Years 5 and 6 this week.
- 1st XI: Trial match Wednesday 31 March vs St Laurence's (Fuller Oval) 4.00pm

Brisbane Roar – Easter Holiday Football Clinic

(Limited spots available)

For: Years 5-9

Dates: 8 and 9 April

Time: 9.00am - 12.00pm each day

Venue: Iona College (Harron Oval)

Cost: \$90

To Book: www.roaractive.com.au

High Performance

Key Personnel

High Performance Coordinator	Mr Jarrod Biggs	biggsj@iona.qld.edu.au
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Term 2 Iona Gym timetable (starts Term 1 Week 8)

The Term 2 Gym Timetable commenced on Monday 15 March. Any student in Years 10, 11 or 12 who would like to attend the year level gym sessions should email Mr Biggs:

biggsj@iona.qld.edu.au

DAY	MON	TUES	WED	THURS	FRI
Before School	Rugby White Squad	Years 10/11/12	Rugby Black Squad	Rugby White Squad	Years 11/12
After School	Rugby Black Squad	Firsts Squad Bball+Vball	Track & Field	Year 10	

Rugby Union

The 1st XV squad defeated Villanova 24 - 17 in a trial. The 2nd XV had a strong win and the 10A squad lost 5 - 7 in a tight match. The games provided opportunity for our teams to prepare for the AIC season opening round against Villanova on Saturday 1 May on the away schedule. It will be preceded by a trial vs Padua on the away schedule on Saturday 24 April.

Rugby Coaches and Referees Required

Rugby coaches and referees are required for the coming season (especially in Years 5 and 6). Please contact Mr Sean Devlin if you are interested: devlins@iona.qld.edu.au

Please note the following dates:

All afternoon trials / training are cancelled this week except 1st XV squad. Sport lessons will continue.

Queries can be directed via email:

- Mr Sean Devlin (Years 5-8) devlins@iona.qld.edu.au
- Mr Keith Harron (Years 9-12) harronk@iona.qld.edu.au

Saturday 27 March: Intratrials

The only trials still going ahead are:

Year 5	8.00am - 9.30am	McCarthy Oval
Year 7	9.30am - 11.00am	McCarthy Oval

Please note that trials for all other year levels are cancelled on Saturday 27 March.

Week 10 Training / Trials

2 nd / 3 rd	Tues 30 March	3.15pm-4.30pm	Davine Oval
Year 10	Tues 30 March	3.15pm-4.30pm	McCarthy Oval
Year 7	Tues 30 March	3.15pm-4.30pm	Harron Oval
Year 6	Wed 31 March	3.15pm-4.30pm	McCarthy Oval
Year 5	Wed 31 March	3.15pm-4.30pm	Harron Oval

Ballymore Cup

Training

Team	Dates	Times
1 st XV Squad		As advised by coaches
13s	Wed 31 March Thurs 15 April	3.15pm - 4.30pm 9.00am - 11.00am
15s	Wed 31 March Thurs 15 April	3.15pm - 4.30pm 9.00am - 11.00am

Tournament

Fri 16 - Sun 18 April: Ballymore Cup 13s, 15s and Opens at South Pine Sports Complex. QRU currently producing the draw.

Sailing

Key Personnel

Sailing Coordinator	Mr Gerard Vinen	ionacollegesailing@gmail.com
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Australian Sailing have the following racing dates for Term 1:

- Teams Racing: 28 March
- Schools State Teams Championships: 15, 16 April (last two days of Easter school holidays)

State Titles training to be advised via TeamApp.

In contrast to many other sports, an overcast and windy day had our sailing team keen to get at it last Sunday. The Silver Division

completed Round 2 and are well into their final round of their teams racing format. The good morning breeze required the right balance of tactics and boat speed, which our sailors handled with mixed results. With half of the final round to be sailed this weekend, Iona 3 currently sit in 2nd place on the standings and Iona 4 in 4th. In a tight final week, both teams will need to sail well to push for an end of season podium.

The strong afternoon wind was to the liking of our Gold Division teams. Unfortunately, the storms and heavy rain that blew in cut their racing short. Both teams sailed well and showed their skills in the conditions. The competition in Gold Division is very close, with several teams still in the hunt to finish on top of the standings at the end of the season. Iona 1 currently sit in 1st place and Iona 2 in 5th. It will be a tense final week, with the teams that focus on what they can control, achieving the best results.

Schools Team Racing Series Round 4, Sunday 28 March – RQYS

Silver Division – Iona 3 and Iona 4

7.30am	Rigging and team briefing
8.15am	Race briefing
9.30am	First signal
12.00pm	Last signal

Gold Division – Iona 1 and Iona 2

11.30am	Team briefing
11.45am	Race briefing
1.00pm	First signal
3.30pm	Last signal



Swimming

Key Personnel

Swimming Coordinator	Mr Keith Harron	harronk@iona.qld.edu.au
Head Coach	Mr Michael Lewandowski	lewandowskim@iona.qld.edu.au

Training continues as previously advertised in the newsletter.

Please note: There will be no training Wednesday 7 April through to Monday 12 April due to National Age Championships.

Swim Squad Fees

Iona Black: 2021 AIC Swim Team and Reserves

Iona White: Current Iona students not yet AIC squad members

Iona Grey: Enrolled future students of Iona for 2021 or 2022

Iona Blue: Students from other Colleges and Iona Old Boys

Swimming Group	2021 Fees per Term
Iona Black: Mini, Junior, Cadet	Nil
Iona Black: Intermediate, Senior	Nil
Iona White: Mini, Junior and Cadet	\$216 per family
Iona Grey: Mini, Junior and Cadet	\$216
Iona Grey: Intermediate and Senior	\$252
Iona Blue: Mini, Junior and Cadet	\$363
Iona Blue: Intermediate and Senior	\$441

Queries regarding after school training and elite training can be directed to coach Michael Lewandowski lewandowskim@iona.qld.edu.au