



ALWAYS LEARNING

LIVE LEARN LEAD SERVE

85 North Road
Lindum QLD 4178
Subscribe: <http://ionac.schoolzineplus.com/subscribe>
AIC Sports Information (via Twitter): [@SportIona](https://twitter.com/SportIona) (includes wet weather)

Head of Sport: Mr Keith Harron 0417 079 268
Assistant Head of Sport (9-12): Mr Sean Devlin 3906 8905
Assistant Head of Sport (5-8): Mr Chris Pritchard 3893 8869
Sports Administrator: Mrs Karen Otway 3893 8805

12 February

iRESPECT – ALWAYS LEARNING

The annual AIC Eucumenical Service began the sporting “fellowship” of 2020. St Patrick’s College hosted a liturgy for all AIC Colleges and this collegiate gathering sets the spirit for our sporting competitions. Our participating students represented the College with dignity.

The success of Round 1 of AIC sport is typically dependent on organisation. Our volleyball teams won 17 and lost 5 matches, a strong and organised performance that began in October last year and included participation in the Australian Volleyball Schools Cup. It sets up our program for a strong season.

Primary interhouse swimming encompassed all Year 5 and 6 students. Participation was the winner.

This week sees senior interhouse swim meets during sport lessons, the hosting of Villanova College in a swim meet, a split round of fixtures that mainly involves St Peters, and Sunday sailing.

Please note - Lytton District and Met East Regional trial attendance requires a new online payment system. Selected players will be informed.

Please make sure that all boys have a way of getting home as soon as afternoon training is finished. It is not acceptable to expect coaches to wait for boys to be collected.

Key Personnel for 2020, Term 1 Sport

General Enquiries Yrs 7-12	Mr Keith Harron	harronk@iona.qld.edu.au
General Enquiries Primary	Mr Chris Pritchard	pritchardc@iona.qld.edu.au
AFL Primary	Mr Andrew Ferguson	fergusona@iona.qld.edu.au
AFL Yrs 7-12	Mr Anthony Bannerman	bannermana@iona.qld.edu.au
Cricket Primary	Mr Brendan Allen	allenb@iona.qld.edu.au

Cricket Yrs 7-12	Mr Sean Devlin	devlins@iona.qld.edu.au
Volleyball Yrs 7-12	Mrs Karen Otway	otwayk@iona.qld.edu.au
Swimming Primary	Mr Peter Holmes	holmesp@iona.qld.edu.au
Swimming Yrs 7-12	Mr Keith Harron	harronk@iona.qld.edu.au
Sailing	Mr Alex Dunstan	alexander_dunstan@hotmail.co.uk

Date Claimers

Fri 14 Feb	Lytton District Swimming (10 – 12 Years)
Fri 14 Feb	Swim Meet vs Villanova at Iona
Fri 14 Feb	AIC AFL Years 8/9
Sat 15 Feb	AIC Cricket Years 5 – Open vs SPLC (H)
Sat 15 Feb	AIC Volleyball Years 7 – Open vs SPLC (H)
Sat 15 Feb	AIC AFL Years 5 – 6
Sun 16 Feb	Sailing
Tues 18 Feb	High Performance Sports Information Evening
Fri 21 Feb	AIC Years 8/9 and Open AFL vs Villa
Fri 21 Feb	Iona Swimming Age Championships
Sat 22 Feb	AIC Cricket Years 5 – Open vs Villa (A)
Sat 22 Feb	AIC Volleyball Years 7 – Open vs Villa (A)
Sat 22 Feb	AIC AFL Years 5 – 7 vs Padua
Sun 23 Feb	Sailing
Fri 28 Feb	AIC AFL Years 8/9 and Open
Fri 28 Feb	AIC Swim BBQ
Sat 29 Feb	AIC AFL Years 5 – 7
Sat 29 Feb	AIC Cricket Years 5 – Open vs SPC (A)
Sat 29 Feb	AIC Volleyball Years 7 – Open vs SPC (A)
Sun 1 Mar	Sailing
Mon 2 Mar	AIC Swimming Championships
Tues 3 Mar	Met East Regional Swimming
Fri 6 Mar	AIC AFL Years 8/9 and Open
Sat 7 Mar	AIC AFL Years 5 – 7
Sat 7 Mar	AIC Cricket Years 5 – Open vs SLC (H)
Sat 7 Mar	AIC Volleyball Years 7 – Open vs SLC (H)
Sat 7 Mar	Volleyball and Cricket Team Photos (for those teams playing at Iona)
Sun 8 Mar	Sailing

Term 1, 2020 Training Schedule

All training sessions will be held on Fuller Oval.

Training will also be held during sport lessons for Years 5 - 10.

Team	Day	Time
Year 5 A/B	Thursdays	3.15pm – 4.30pm
Year 6 A/B	Thursdays	7.00am – 8.00am
Year 7	Wednesdays	3.15pm – 4.30pm
Years 8/9	Mondays	7.00am – 8.00am
Open	Tuesdays Thursdays	3.15pm – 4.15pm 7.30am – 8.15am

Results of Round 1 vs Padua

Years 8/9	washout
1 st	washout
Year 7	washout
6A	washout
6B	washout
5A	washout
5B	washout

Match - Friday 14 February vs St Peters

Team	Venue	Time	Field
1 st	BYE		
Years 8/9	Coorparoo AFC 33 Birubi St, Coorparoo	4.30pm	Field 1

The bus will depart Iona College at 3.15pm. Students are to meet at the cricket nets near Harron Oval. **Please note that there will NOT be a bus returning to Iona after the matches.**

Match - Saturday 15 February

Team	Venue	Field	Time
Year 7	BYE		
6A vs Villa	AFLQ Carnsdale St, Yeronga	Field 1	10.30am
6B vs Villa	AFLQ Carnsdale St, Yeronga	Field 2	10.30am
5A vs Villa	AFLQ Carnsdale St, Yeronga	Field 2	9.15am
5B vs Villa	AFLQ Carnsdale St, Yeronga	Field 2	8.00am

Chess

AIC Chess 2020 Trials

Any students wishing to try out for AIC Chess in 2020, please note the trial dates below. You should attend both dates for your respective age group. If you have any issues with attendance but still wish to try out, please get in touch with Mr Collyer ASAP.

Seniors - Years 10-12 held in B3

Week 3 - February 12 and 13 (3.15pm – 4.15pm)

Intermediates - Years 7-9 held in B3

Week 4 - February 19 and 20 (3.15pm – 4.15pm)

Juniors - Years 5-6 held in Sherman 4

Week 5 - February 26 and 27 (3.15pm – 4.15pm)

Cricket

Cricket Training Schedule Term 1, 2020

All teams are to meet at the cricket nets for all training sessions.

Team	Training Day	Time
1 st / 2 nd	Tuesdays Thursdays	3.20pm – 4.30pm 3.20pm – 4.30pm
3 rd	Wednesdays	3.20pm – 4.30pm
Year 10	Tuesdays	3.20pm – 4.30pm
Year 9	Wednesdays	3.20pm – 4.30pm
Year 8	Thursdays	3.20pm – 4.30pm
Year 7 A/B/C	Wednesdays	3.20pm – 4.30pm
Year 7 White	Mondays	3.20pm – 4.30pm
Year 6 (A and B only)	Thursdays	3.20pm – 4.30pm
Year 6 White	Fridays	7.00am - 8.00am
Year 5 (A and B only)	Tuesdays	3.20pm – 4.30pm
5C	Wednesdays	3.15pm – 5.00pm (Coghill Oval)

Results of Round 1 vs Padua

All matches were washed out.

Presentation of 1sts Caps

There will be a 1st XI cap presentation for the parents and players of the team. It will be held in the Green Room at 8.30am this Saturday.

Match vs St Peters / Supplementary Schedule (Saturday 15 February, 2020)

Team	Venue	Oval	Time
1 st	Iona College	McCarthy	9.30am-5.15pm
2 nd	Iona College	Harron	1.00pm-5.30pm
3 rd	BYE		
10A	Iona College	Harron	8.00am-12.50pm
10B vs Villa	Iona College	Davine	8.00am-12.50pm
9A	St Peters – Enter off Lambert Rd	Stolz	8.00am-12.50pm
9B	St Peters – Enter off Indooroopilly Rd	Mayer	8.00am-12.50pm
9C vs Ash Gold	Enoggera Memorial Park Mott St, Enoggera	Field 1	8.00am-11.00am
8A	St Peters – Enter off Lambert Rd	Stolz	1.00pm-5.30pm

Team	Venue	Oval	Time
8B	Indooroopilly SHS Lambert Rd, Indooroopilly	Synthetic Pitch	1.00pm-5.30pm
8C vs Ash 8C	Kianawah Park Wynnum Rd, Tingalpa	Field 7	1.00pm- 4.00pm
7A	St Peters Enter off Indooroopilly Rd	Mayer	1.00pm-5.30pm
7B vs SLC	Iona College	Davine	1.00pm - 5.30pm
7C	Indooroopilly SHS Cnr Lambert and Carnarvon Rds	Turf Pitch	8.00am-11.00am
7 Gold vs SLC	SLC Fields Nathan Rd, Runcorn	Field 8	2.30pm -5.30pm
7 White vs Ash Green	Des Connor Park, Grevillea Rd, Ashgrove	Flat 8	1.00pm-4.00pm
7 Green vs Pad White	Melrose Park Cnr Roseleigh St and Rose St ,Wooloowin	East	1.00pm-4.00pm
6A	Kianawah Park Wynnum Rd, Tingalpa	Field 1	8.00am-11.30am
6B	Kianawah Park Wynnum Rd, Tingalpa	Field 2	8.00am-11.30am
6C vs Villa Gold	Kianawah Park Wynnum Rd, Tingalpa	Field 3	7.30am-9.55am
6 Gold vs Ash White	Kianawah Park Wynnum Rd, Tingalpa	Field 3	10.00am- 12.25pm
6 White vs SLC Gold	St Laurence's College Stephens Rd, South Brisbane	Gair 2	7.30am-10.00am
6 Green vs Iona 5 Green	Iona College	Coghill	8.30am-11.30am
6 Blue vs Pad Green	Kianawah Park Wynnum Rd, Tingalpa	Field 7	10.00am- 12.55pm
5A	Indooroopilly SHS Lambert Rd	Synthetic Pitch	8.00am-11.30am
5B	South East Redbacks Cricket Club. Storey St, Redbank Plains	Field 1	8.00am-11.30am
5C vs Iona Gold	Kianawah Park Wynnum Rd, Tingalpa	Field 7	7.30am-9.55am
5 Gold vs Iona C	Kianawah Park Wynnum Rd, Tingalpa	Field 7	7.30am-9.55am
5 White vs Ash Green	Des Connor Park Grevillea Rd, Ashgrove	Flat 7	7.30am-10.00am
5 Green vs Iona 6 Green	Iona College	Coghill	8.30am-11.30am
5 Blue vs Pad Green	Melrose Park Cnr Roseleigh St and Rose St, Wooloowin	East	10am-12.30pm

Cross Country

Years 7 - 12 Cross Country 2020: *'Fuelled on Discipline!'*

Week 4 Training / Time Trials

Monday:	Wednesday:	Friday:
6.50am – 8.00am	3.15pm – 4.15pm	7.00am – 8.00am
Butterfly intervals	Time trial	Time trial
Meet at pool gates	12, 13, 14 Yrs: 2km 15, 16, 17 Yrs: 3km Meet on Fuller Oval (Soccer fields)	12, 13, 14 Yrs: 2km 15, 16, 17 Yrs: 3km Meet on Fuller Oval (Soccer fields)

AIC Championships are Term 2 Week 7, so training begins now. See Mr Merrotsy with any questions:

merrotsyb@iona.qld.edu.au

Years 5 and 6 Cross Country Training

Boys are to meet the coaches at the undercover handball courts.

Please make sure that all boys have a way of getting home as soon as afternoon training is finished. It is not acceptable to expect coaches to wait for boys to be collected.

Week 4 - Wed Afternoon	3.10pm – 4.10pm
Week 5 - Wed Afternoon	3.10pm – 4.10pm
Week 6 - Wed Afternoon	3.10pm – 4.10pm
Fri Afternoon	3.10pm – 4.10pm
Week 7 - Wed Afternoon	3.10pm – 4.10pm
Fri Afternoon	3.10pm – 4.10pm
Week 8 - Wed Afternoon	3.10pm – 4.10pm
Fri Afternoon	3.10pm – 4.10pm
Week 9 - Wed Afternoon	3.10pm – 4.10pm
Fri Afternoon	3.10pm – 4.10pm
Week 10 - Wed Afternoon	3.10pm – 4.10pm

Football

Roar Active Clinic

Pre-season football camp held at Iona, hosted by Brisbane Roar. Please sign on and pay via the link below to enrol.

For:	Enthusiastic Iona boys looking to develop their football skills
Venue:	Iona College
Dates:	15 and 16 April
Time:	9.00am – 12.00pm each day
Year Levels:	5 – 9
Cost:	\$90.00
Registrations:	Registration Link

Contact: Andy Pinches apinches@brisbaneroar.com.au
Ph: 0402 634 774

High Performance

Congratulations to the following athletes who recently gained Met East Regional selection:

18 Years Baseball:	Hayden Snell
14 Years Baseball:	Lennox Passfield

High Performance Sports Information Evening

There is a High Performance Sports Information Evening on Tuesday 18 February in the Lecture Theatre at 7.00pm. Parents and students of Iona are welcome to attend. Please email Mr Nalatu nalatur@iona.qld.edu.au if you are likely to attend.

Met East Sport Trials

Boys wanting to nominate for the following trials need to see Mr Harron in the Sport Office.

- Met East 13 – 17 Years Water Polo
- South/Composite 14 – 15 Years Rugby League
- South/Composite 16 – 18 Years Rugby League
- Composite 17 – 19 Years Football
- Composite 13 – 16 Years Football

The C2K Rugby Academy is again running sessions at Ballymore throughout February. These clinics involve elite coaches.

Session Times: Sundays February 16, 23
U12 – U14 8.00am – 10.00am
U15 + 9.30am – 11.30am

Oblate Trophy

Interhouse competition is underway, especially year level swimming.

Results of swimming thus far:

Year 5	Year 6	Year 7
1 st Mazenod	1 st Cebula	1 st Mazenod
2 nd Charlebois	2 nd Gerard	2 nd Grandin
3 rd Anthony	3 rd Anthony	3 rd Anthony
4 th Grandin	4 th Albin	4 th Charlebois
5 th MacKillop	5 th Grandin	5 th Albin
6 th Cebula	6 th Charlebois	6 th Gerard
7 th Gerard	7 th MacKillop	7 th MacKillop / Cebula
8 th Albin	8 th Mazenod	

Progressive results of Years 7 – 10 interhouse sport.

1 st Gerard	5 th Grandin/Cebula
2 nd Charlebois	7 th MacKillop
3 rd Albin	8 th Anthony
4 th Mazenod	

Current Academic Results

1 st Grandin	5 th Charlebois
2 nd Cebula	6 th Mazenod
3 rd Anthony	7 th Gerard
4 th MacKillop	8 th Albin



Sailing

Training will be as follows:

Tuesdays for the 3rds and 4ths
Wednesdays for the Nationals Training Squad
Mondays for the 1sts and 2nds

If you have any questions please email Alex Dunstan or check the Iona College Sailing Manual or Fact Sheet which can be found under the documents section of Team App.

Key Contacts

Coordinator (Teacher): Mr Kevin Caine cainek@iona.qld.edu.au
Coordinator (Program & Coaching): Mr Alexander Dunstan alexander_dunstan@hotmail.co.uk
Registration: ionacollegesailing@gmail.com

Key Sailing Dates 2020

9 – 16 February will be Team Training on a Sunday
Sunday 23 February, 1 March, 8 March – Teams Sailing
Sunday 15 March – Team Sailing States RQYS
15 – 22 March – Teams Racing States
Wednesday 25 March – Sailing Term 1 General Parent Meeting
Team Sailing Nationals (selected students) – May 2020 TBC

Strength Training at Iona

Strength training at the Iona Gym, the schedule is below.

Sessions in the morning begin at 6.45am.

Sessions in the afternoon begin at 3.15pm.

All boys who use the Iona Gym need to review the NEW schedule for Term 1. Please note the allocated sessions – Football, Rugby 1, Rugby 2. Any boy who is not a member of these groups needs to train on Monday/Wednesday and/or Friday (morning/afternoon). Please see Mr Nalatu in the Sport Office if you have any questions.

Day	Mon	Tues	Wed	Thurs	Fri
Before School	Football	Rugby 1	Individuals	Rugby 2	Catch ups / Individuals
After School	Individuals	Rugby 2	Individuals	Rugby 1	Individuals

Swimming

Details - Friday 14 February Meet @ Iona vs Villanova

All swimmers must wear Iona cap. Togs can be elite racers/black togs/jungle togs.

Program

3.30pm:	Iona team meeting
4.00pm – 4.30pm:	Warm up
4.30pm (approx.):	First race
6.00pm:	Expected finish

Events

100m Freestyle
50m Breaststroke
200m – 400m Freestyle/IM (15 Years – Open)
50m Freestyle
50m Backstroke
50m Butterfly

Compulsory Squad Training

Primary 6.30am Tuesdays
Senior 6.00am Wednesdays
During year level sport for Years 5 – 9 (not Year 10)
All other training times are also available.

Key Dates

Fri 14 Feb	Lytton District Swimming (10-12 Years)
Fri 14 Feb	Swim Meet vs Villa at Iona (after school)
Fri 21 Feb	Iona Age Swimming Championships (3.30pm)
Fri 28 Feb	Iona Swim BBQ (after school)
Mon 2 Mar	AIC Swimming Championships
Tues 3 Mar	Met East Swimming (10 Years – Open)
23 – 25 Mar	Qld Schools 10-12 Years Championships
26 – 28 Mar	Qld Schools 13-19 Years Championships
5 – 12 Aug	Australian Schools Championships

Met East Regional Swimming Nominations 13 Years – Open

Interested swimmers **must** see Mr Harron this week. Levy payment is now an online system – YOU MUST FOLLOW THIS DIRECTIVE SO AS TO COMPETE.

Iona Swimming Training

Please contact Iona Head Swimming Coach, Mr Michael Lewandowski for an enrolment form and assessment: lewandowskim@iona.qld.edu.au, ph: 0424 198 734 or Iona College Pool, ph: 3906 8965.

Iona Swimming Training Times Term 1

Days	Times	Term Fees
Mini Squad and Junior Squad		
Monday-Friday	3.30pm-4.30pm	AIC Squad - Free Non AIC Squad - \$216 Future Iona Student - \$216 Visitors / Old Boys - \$363
Cadet Squad		
Monday-Friday	3.30pm-4.45pm	AIC Squad - Free Non AIC Squad - \$216 Future Iona Student - \$216 Visitors / Old Boys - \$363
Intermediate Squad		
Monday-Thursday	3.30pm-5.00pm	AIC Squad - Free
Tuesday & Thursday	5.45am-7.30am	Non AIC Squad - \$252
Friday	3.30pm-5.00pm	Future Iona Student - \$252
Saturday	6.00am-8.00am	Visitors / Old Boys - \$441
Senior Squad		
Mon/Tues/Thurs/Fri	5.30am-7.30am	AIC Squad - Free
Monday-Thursday	4.30pm-6.30pm	Non AIC Squad - \$252
Saturday	6.00am-8.30am	Future Iona Student - \$252 Visitors / Old Boys - \$441

There is no Friday PM training until Week 6.

Volleyball

AIC Volleyball Training

Please note that there is no 9D or 10C volleyball training this week. There will be no 2nd / 3rd / 4th volleyball training during Week 4 due to hall unavailability.

Team	Session 1	Session 2
1 st	Tuesdays 3.15pm-5.00pm	Thursdays 3.15pm-5.00pm
2 nd	Wednesdays 3.15pm-4.45pm	
3 rd	Wednesdays 3.15pm-4.45pm	
4 th	Wednesdays 3.15pm-4.45pm	
11A	Mondays 3.15pm-5.00pm	Thursdays 3.15pm-5.00pm
11B	Fridays 3.15pm-4.45pm	
11C	Mondays 2 nd Break	
10A	Mondays 3.15pm-5.00pm	Tuesdays 3.15pm-5.00pm
10B	Fridays 3.15pm-4.45pm	
10C	Fridays 3.15pm-4.45pm	

9A	Tuesdays 7.00am-8.15am	Wednesdays 7.00am-8.15am
9B	Wednesday 7.00am-8.15am	
9C	Tuesdays 2 nd Break	
9D	Fridays 3.15pm-4.45pm	
8A	Mondays 3.15pm-4.45pm	Tuesdays 7.00am-8.15am
8B	Mondays 3.15pm-4.45pm	
8C	Thursdays 2 nd Break	
8D	Thursdays 2 nd Break	
7A	Mondays 6.45am-8.00am	Tuesdays 6.45am-8.00am
7B	Mondays 7.00am-8.15am	
7C	Mondays 7.00am-8.15am	
7D	Thursdays 3.15pm-4.30pm	
7E	Thursdays 3.15pm-4.30pm	

Volleyball Results vs Padua

It was an excellent start to the season by all teams, especially at "A" and "B" levels. The 1st VI got out to a 2 – 0 lead, lost the 3rd set, then recovered in the 4th from a 8 – 16 deficit to win the set 26 – 24. It was exciting volleyball from both Colleges.

1 st	won	3 - 1	9B	won	2 - 1
2 nd	lost	1 - 2	9C	won	3 - 0
3 rd	won	2 - 0	9D	lost	0 - 3
4 th	won	2 - 0	8A	won	2 - 1
11A	won	2 - 0	8B	won	3 - 0
11B	won	2 - 1	8C	won	2 - 1
11C	lost	0 - 2	8D	lost	1 - 2
10A	won	2 - 0	7A	won	3 - 0
10B	won	2 - 0	7B	won	3 - 0
10C	lost	1 - 2	7C	won	2 - 1
9A	won	3 - 0	7D	won	3 - 0

AIC vs St Peters Schedule (Saturday 15 February)

Venue – Iona College, 85 North Road, Lindum			
Time	Oblate Hall Court 1	Oblate Hall Court 2	Outdoor Court (Allan Court)
8.00am	11B (Duty 11C)	4 th (Duty 3 rd)	
9.00am	3 rd (Duty 2 nd)	10C (Duty 11B)	11C vs Pad 11D (Duty 4 th)
10.00am	11A (Duty 1 st)	10B (Duty 10C)	
11.00am	2 nd (Duty 11A)	10A (Duty 10B)	
12.00pm	1 st (Duty 10A)		

Venue – St Peters Gym Enter off Lambert Rd, Indooroopilly		
Time	Court 1	Court 2
7.30am	8D	7D
8.15am	8C	7C
9.00am	8B	7B
10.00am	8A	7A
11.00am	9B	9D
12.00pm	9A	9C

Canteen Sign Up Link

Parents of Years 10 - 12 boys are required to assist in the volleyball canteen this Saturday. Please use the following link to sign up for a time that suits you. [Sign Up Link](#)



Uniform Shop

Special Offer – Limited Time Only

Buy any supporter polo or supporter jersey and receive a free Gary Gorilla keyring. Offer valid for two weeks only until end of Week 4.

