



PLAY YOUR ROLE

LIVE LEARN LEAD SERVE

85 North Road
Lindum QLD 4178
Subscribe: <http://ionac.schoolzineplus.com/subscribe>
AIC Sports Information (via Twitter): [@SportIona](https://twitter.com/SportIona) (includes wet weather)

Head of Sport:	Mr Keith Harron	3893 8851
Assistant Head of Sport (9-12):	Mr Sean Devlin	3906 8905
Assistant Head of Sport (5-8):	Mr Brendan Allen	3893 8869
Sports Administrator:	Mrs Karen Otway	3893 8805

27 November

iSPORT 1958 – 2019: Play Your Role

The Iona College 1st XI had a solid win over St Peters last Saturday and our 10-12 years swim relay teams enjoyed their participation in the annual Qld swim relays. Trials and training for 2020 continued. Much administration for 2020 also occurred to ensure that our future sporting involvement is well organised.

Those individuals who won major Years 5 and 6 sports awards are to be congratulated. It is hoped that they will continue to work hard so as to be crucial within senior programs. There is much to look forward to for all aspiring athletes.

Over the vacation, best of luck to:

- 1st cricket squad who will play in Melbourne in the 23rd Oblate Cup which began in 1997 at Iona College.
- Year 11, Years 9/10, Year 8 and Year 7 volleyball teams who will compete in the National Schools Cup at the Gold Coast.
- Our swimmers who will compete at the State Age Championships and also continue to train over the Christmas period. All swimmers are required for training on 20, 21, 23 January.

Enjoy the break and get ready for iRESPECT in 2020.

Key Personnel for 2020, Term 1 Sport

General Enquiries Yrs 7-12	Mr Keith Harron	harronk@iona.qld.edu.au
General Enquiries Yrs 5-6	Mr Brendan Allen	allenb@iona.qld.edu.au
AFL Primary	Mr Andrew Ferguson	fergusona@iona.qld.edu.au
AFL Yrs 7-12	Mr Anthony Bannerman	bannermana@iona.qld.edu.au
Cricket Primary	Mr Brendan Allen	allenb@iona.qld.edu.au
Cricket Yrs 7-12	Mr Sean Devlin	devlins@iona.qld.edu.au
Volleyball Yrs 7-9	Mrs Karen Otway	otwayk@iona.qld.edu.au

Volleyball Yrs 10-12	Mr Chris Pritchard	pritchardc@iona.qld.edu.au
Swimming Yrs 5-6	Mr Peter Holmes	holmesp@iona.qld.edu.au
Swimming Yrs 7-12	Mr Keith Harron	harronk@iona.qld.edu.au
Sailing	Mr Alex Dunstan	alexander_dunstan@hotmail.co.uk
Cross Country Yrs 5-6	Mr Adam McClure	mcclurea@iona.qld.edu.au
Cross Country Yrs 7-12	Mr Brendan Merrotsy	merrotsyb@iona.qld.edu.au

Date Claimers

Sun 1 Dec	Teams Sailing
7 – 14 Dec	National Schools Volleyball Cup
8 – 12 Dec	Oblate Cup Cricket
20 – 21 Jan	20/20 Cricket (Open)
Fri 31 Jan	Iona Swim Trials (Years 5 – Open)
Sat 1 Feb	Volleyball / Cricket / AFL Trial vs Ashgrove (H)
Fri 7 Feb	AIC Years 8/9 and Open AFL vs Padua
Fri 7 Feb	AIC Swim Meet at Ashgrove
Sat 8 Feb	AIC Cricket Years 5 – Open vs Padua (H)
Sat 8 Feb	AIC Volleyball Years 7 – Open vs Padua (H)
Sat 8 Feb	AIC AFL Years 5 – 7 vs Padua
Sun 9 Feb	Sailing
Fri 14 Feb	Lytton District Swimming (10 – 12 Years)
Fri 14 Feb	Swim Meet vs Villanova at Iona
Fri 14 Feb	AIC AFL Years 8/9 and Open BYE
Sat 15 Feb	AIC Cricket Years 5 – Open vs SPLC (H)
Sat 15 Feb	AIC Volleyball Years 7 – Open vs SPLC (H)
Sat 15 Feb	AIC AFL Years 5 – 7 vs SPLC
Sun 16 Feb	Sailing
Tues 18 Feb	High Performance Sports Information Evening
Fri 21 Feb	AIC Years 8/9 and Open AFL vs Villa
Fri 21 Feb	Iona Swimming Age Championships
Sat 22 Feb	AIC Cricket Years 5 – Open vs Villa (A)
Sat 22 Feb	AIC Volleyball Years 7 – Open vs Villa (A)
Sat 22 Feb	AIC AFL Years 5 – 7 vs Villa

AFL Holiday Training Sessions (Fuller Oval)

Team	Training Dates	Time
Year 7	Wednesday 22 Jan	3.00pm – 4.45pm
Years 8/9	Monday 20 Jan	7.00am – 8.00am
Open	Tuesday 21 Jan	8.00am – 9.30am

Term 1, 2020 Training Schedule

All training sessions will be held on Fuller Oval.

There will be no Years 8/9 before school training in Week 1.

Training will also be held during sport lessons for Years 5 - 10.

Team	Day	Time
Year 5 A/B	Thursdays	3.15pm – 4.30pm
Year 6 A/B	Thursdays	3.15pm – 4.30pm
Year 7	Wednesdays	3.15pm – 4.30pm
Years 8/9	Mondays	7.00am – 8.00am
Open	Tuesdays Thursdays	3.15pm – 4.30pm 7.00am – 8.00am

Trial Match vs Ashgrove Friday 31 January

Team	Venue	Time
1 st	Morningside AFC, Park St, Hawthorne	5.30pm – 6.30pm
Years 8/9	Morningside AFC, Park St, Hawthorne	4.30pm – 5.30pm

Internal Trials Saturday 1st February

Team	Venue	Field	Time
Year 5 Internal Trial	Iona College	Fuller	7.30am – 8.50am
Year 6 Internal Trial	Iona College	Fuller	9.00am – 9.50am
Year 7 Internal Trial	Iona College	Fuller	10.00am – 10.50am

Cricket

Dudgeon Academy Cricket Coaching Clinic (Year Levels 5 – 9)

We encourage students to take up this opportunity for high level cricket coaching before the AIC season. This is a great opportunity for your son in his preparation for the Iona cricket trials that will continue in the first week of school.

Venue: Iona College Cricket Nets

Dates: 3 – 5 December, 2019 (Year Levels 5 – 9)

Time: 8.00am – 11.00am

Cost: \$205 for 3 days (1 and 2 day rates available)

OR

Dates: 22 – 24 January, 2020

Times: Year Levels 5 and 6 8.00am – 11.00am

Year Levels 7 – 9 12.00pm – 3.00pm

Cost: \$205 for 3 days (1 and 2 day rates available)

For more information: 1300 375 380 or

admin@dudgeonacademy.com.au

To Book: www.dudgeonacademy.com.au

1st Cricket Trial vs SPLC

Results

Iona 6/262 (Yarrow 86, Jagga 53, Pollock 52) defeat St Peters 8/179 (Linning 2/24, Gately 2/17) in 1st cricket trial last Saturday.

20/20 Cricket Match

1st cricket will play in a 20/20 tournament on 20 and 21 January at Padua College.

Trial Match vs Ashgrove Schedule (Saturday 1 February, 2020)

Team	Venue	Oval	Time
1 st	Iona College	Davine	9.30am-5.15pm
2 nd	Iona College	McCarthy	1.00pm-5.30pm
3 rd	Iona College	Harron	1.00pm-5.30pm
4 th	Kianawah Park, Wynnum Rd, Tingalpa	TBC	1.00pm-5.30pm
10A	Iona College	McCarthy	8.00am-12.30pm
10B	Iona College	Harron	8.00am-12.30pm
9A	Marist College, Frasers Rd, Ashgrove	McMahon	8.00am-12.30pm
9B	Marist College, Frasers Rd, Ashgrove	Hayden	8.00am-12.30pm
9C vs Iona 9D	Iona College	Coghill	8.00am-11.00am
9D vs Iona 9C	Iona College	Coghill	8.00am-11.00am
8A	Marist College, Frasers Rd, Ashgrove	McMahon	1.00pm-5.30pm
8B	Marist College, Frasers Rd, Ashgrove	Cameron	1.00pm-5.30pm
8C	Des Connor Park, Grevillea Rd, Ashgrove	Flat 5	11.15am-2.15pm
7A	Marist College, Frasers Rd, Ashgrove	Hayden	1.00pm-5.30pm
7B	Marist College, Frasers Rd, Ashgrove	Cameron	8.00am-12.30pm
7C	Des Connor Park, Grevillea Rd, Ashgrove	Flat 6	11.15am-2.15pm
7 Gold vs Iona White	Iona College	Coghill	11.15am-2.15pm
7 White vs Iona Gold	Iona College	Coghill	11.15am-2.15pm
6A	Kianawah Park Wynnum Rd, Tingalpa	TBC	8.00am-11.30am
6B	Kianawah Park Wynnum Rd, Tingalpa	TBC	8.00am-11.30am
6C	Kianawah Park Wynnum Rd, Tingalpa	TBC	7.30am-9.55am
6 Gold	Kianawah Park Wynnum Rd, Tingalpa	TBC	10.00am-12.25pm
6 White vs Iona Green	TBC	TBC	TBC
6 Green vs Iona White	TBC	TBC	TBC
Year 5	No Saturday Trial		

Cricket Training Schedule Term 1, 2020

All teams are to meet at the cricket nets for all training sessions.

After school training sessions will start in Week 2.

Team	Training Day	Time
1 st / 2 nd	Tuesdays Thursdays	3.20pm – 4.30pm 3.20pm – 4.30pm
3 rd / 4 th	Tuesdays	3.20pm – 4.30pm
Year 10	Tuesdays	3.20pm – 4.30pm
Year 9	Wednesdays	3.20pm – 4.30pm
Year 8	Thursdays	3.20pm – 4.30pm
Year 7	Wednesdays	3.20pm – 4.30pm
Year 6 (A and B only)	Thursdays	3.20pm – 4.30pm
Year 5 (A and B only)	Tuesdays	3.20pm – 4.30pm

Years 5 – 10 will also train during their sport period each week.

Football

Wynnum Wolves FC

NPL U13 2020 Positions Available

Continuing Trials: Monday & Wednesday nights up until 13 Dec.

Time: 6.15pm - 7.30pm

Venue: Carmichael Park, Boundary Street, Tingalpa

Please register interest for all NPL Junior sessions here:

<https://www.surveymonkey.com/r/2B2HLRQ>

Contact Technical Director Ken Mitchell

technicaldirector@wolvesfc.com.au if you have questions.

Sailing

With two weekends of teams racing completed now, our Firsts and Fourths remain undefeated with the Seconds and Thirds, 1st and 2nd respectively in their division. We are looking forward to completing what has been an amazing year with our final weekend of sailing this weekend.

Throughout the year, we have significantly progressed. For the first time in Iona Sailing, we held our fundraising Gala Dinner which, thanks to the huge efforts from all involved, was able to raise enough money to assist with the purchase of a new RIB for the program. This year has also seen the introduction of a Fourths team thanks to the purchase of new boats. Overall, we are very excited to continue building this amazing program.

A few reminders:

Nationals EOI will go out this week and is to be returned to alexander_dunstan@hotmail.co.uk by 1 December.

We are still looking for volunteers to fill two roles in the new year, Events Coordinator and Sailing Secretary. If you are interested or would like more information about these roles, please feel free to contact Alex Dunstan.

Key Contacts

Coordinator (Teacher): Mr Kevin Caine cainek@iona.qld.edu.au

Coordinator (Program & Coaching): Mr Alexander Dunstan

alexander_dunstan@hotmail.co.uk

Registration: Mrs Tracey Lucock ionacollegesailing@gmail.com

Teams Sailing Dates:

Sunday 1 December

Out There Sailing Vacation Program

Venue: RQYS

For Details: Contact the Sailing Academy on 3396 8666 or email sailingacademy@rqys.com.au

Key Sailing Dates 2020

Week 1 Term 1 2020 - Sailing Training Commences TBC

Sun 2 Feb, 9 Feb, 16 Feb – Fleet Sailing

Sun 23 Feb, 1 Mar, 8 Mar – Teams Sailing

Team Sailing States RQYS – 15 March

Wed 25 March 2020 – Sailing Term 1 General Parent Meeting

Team Sailing Nationals (selected students) – May 2020 TBC

Swimming

10-12 Years Qld School Sport Relays

Last Friday evening, our younger swimmers represented Iona at the Qld 10-12 Years relays – an event that Iona College has supported for many years. Competing in the 9/10 Years and 11/12 Years medley and freestyle events, the boys did the College proud amidst quality opposition.



Results

9/10 Years freestyle and medley: eliminated in heats.

11/12 Years freestyle and medley A teams: 4th

11/12 Years freestyle B team: 7th

11/12 Years medley B team: 10th

Many thanks to Mr Mick Lewandowski and Mr Josh Sinclair (coaches), Mr Keith Harron (manager) and Mrs Rebecca Sullivan (time keeper).

2020 Squad Members

Those swimmers who failed to collect 2020 swim details from Mr Harron can pick up details from either the swim office or sports office.

iSWIM updates can be found via Team App: Iona Swim Squads.

Key Dates for 2020

Mon 6 Jan	Training Resumes
Mon 20 Jan	AIC Swim Squad Training Starts
20, 21, 23 Jan	7.30am – 8.30am compulsory sessions for AIC swim team members (breakfast provided)
Fri 31 Jan	Swim Trials at Iona (after school)
Fri 7 Feb	Swim Meet at Ashgrove (after school)
Fri 14 Feb	Lytton District Swimming (10-12 Years)
Fri 14 Feb	Swim Meet vs Villa at Iona (after school)
Fri 21 Feb	Iona Age Swimming Championships 3.30pm
Fri 28 Feb	Iona Swim BBQ (after school)
Mon 2 Mar	AIC Swimming Championships
Tue 3 Mar	Met East Swimming (10 Years – Open)
23 – 25 Mar	Qld Schools 10-12 Years Championships
26 – 28 Mar	Qld Schools 13-19 Years Championships
5 – 12 Aug	Australian Schools Championships

Iona Swimming Training

Please contact Iona head swimming coach, Mr Michael

Lewandowski for an enrolment form:

lewandowskim@iona.qld.edu.au

Iona College Pool – Ph 3906 8965

Iona Swimming Training Times Term 4		
Days	Times	Term Fees
Mini Squad and Junior Squad		
Monday–Friday	3.30pm–4.30pm	AIC Squad - Free Non AIC Squad - \$216 Future Iona Student - \$216 Visitors / Old Boys - \$363
Cadet Squad		
Monday–Friday	3.30pm–4.45pm	AIC Squad - Free Non AIC Squad - \$216 Future Iona Student - \$216 Visitors / Old Boys - \$363
Intermediate Squad		
Monday–Thursday	4.30pm–6.00pm	AIC Squad - Free
Tuesday & Thursday	5.45am–7.30am	Non AIC Squad - \$252
Friday	3.30pm–5.00pm	Future Iona Student - \$252
Saturday	6.00am–8.00am	Visitors / Old Boys - \$441
Senior Squad		
Mon/Tues/Thurs/Fri	5.30am–7.30am	AIC Squad - Free
Monday–Thursday	4.30pm–6.30pm	Non AIC Squad - \$252
Saturday	6.00am–8.30am	Future Iona Student - \$252 Visitors / Old Boys - \$441

- All squads continue to train until Friday 6 December inclusive.
- The senior squad continues to train until Friday 13 December inclusive.
- Some of the senior squad will then move into State Age involvement from Saturday 14 to Friday 20 December.

Volleyball

National Schools Cup Volleyball

Training Times (all training games are at Iona)

Year 7

Fri 29 Nov 3.15pm–4.45pm (During Holiday)

Mon 2 Dec 3.15pm–4.45pm (During Holiday)

Year 8

Fri 29 Nov 3.15pm–4.45pm (During Holiday)

Mon 2 Dec 3.15pm–4.45pm (During Holiday)

Year 9/10

Thurs 28 Nov 4.00pm–5.30pm Game vs Citipointe

Wed 4 Dec 3.15pm–4.45pm (During Holiday)

Thurs 5 Dec 3.15pm–4.45pm (During Holiday)

Year 11

Wed 4 Dec 4.00pm–5.30pm Game vs Easts (During Holiday)

Thurs 5 Dec 3.15pm–4.45pm (During Holiday)

AIC 2020 Volleyball Training

Holiday Training

Mon 20 Jan	3.15pm–5.00pm	1 st
Tues 21 Jan	3.15pm–5.00pm	1 st

Week 1, 2020 Training Schedule

Tues 28 Jan	Period 4	Year 7 (finalising teams)
Tues 28 Jan	3.15pm–5.00pm	1 st
Wed 29 Jan	3.15pm–4.45pm	2 nd / 3 rd / 4 th
Thurs 30 Jan	During Sport	Year 9, Year 10
Thurs 30 Jan	During 2 nd Break	8C / 8D
Thurs 30 Jan	3.15pm–5.00pm	1 st / 11A
Thurs 30 Jan	3.15pm–4.30pm	7E
Fri 31 Jan	During Sport	Year 8
Fri 31 Jan	Time - TBC	7D
Fri 31 Jan	3.15pm–4.45pm	10B / 11B / 10C / 9D

**Sat 1 Feb - Trial Match vs Ashgrove for all volleyball teams.
See schedule below for game times and venues.**

Weeks 2 – 8 Training Schedule

Team	Session 1	Session 2
1 st	Tuesdays 3.15pm–5.00pm	Thursdays 3.15pm–5.00pm
2 nd	Wednesdays 3.15pm–4.45pm	
3 rd	Wednesdays 3.15pm–4.45pm	
4 th	Wednesdays 3.15pm–4.45pm	
11A	Mondays 3.15pm–5.00pm	Thursdays 3.15pm–5.00pm
11B	Fridays 3.15pm–4.45pm	
11C	Wednesdays 2 nd Break	
10A	Mondays 3.15pm–5.00pm	Tuesdays 3.15pm–5.00pm
10B	Fridays 3.15pm–4.45pm	
10C	Fridays 3.15pm–4.45pm	
9A	Tuesdays 7.00am–8.15am	Wednesdays 7.00am–8.15am
9B	Wednesday 7.00am–8.15am	
9C	Tuesdays 2 nd Break	
9D	Fridays 3.15pm–4.45pm	
8A	Mondays 3.15pm–4.45pm	Tuesdays 7.00am–8.15am
8B	Mondays 3.15pm–4.45pm	
8C	Thursdays 2 nd Break	
8D	Thursdays 2 nd Break	
7A	Mondays 7.00am–8.15am	Tuesdays 7.00am–8.15am
7B	Mondays 7.00am–8.15am	
7C	Mondays 7.00am–8.15am	
7D	Fridays (Time TBC)	
7E	Thursdays 3.15pm–4.30pm	

AIC Trial Match vs Ashgrove Schedule (Saturday 1 February)

VENUE – Iona College 85 North Road, Lindum			
Time	Oblate Hall Court 1	Oblate Hall Court 2	Outdoor Court
8.00am	11B (Duty 3 rd)	4 th (Duty 11C)	
9.00am	3 rd (Duty 2 nd)	10C (Duty 11B)	11C (Duty 4 th)
10.00am	11A (Duty 1 st)	10B (Duty 10C)	
11.00am	2 nd (Duty 11A)	10A (Duty 10B)	
12.00pm	1 st (Duty 10A)		

Venue – Marist Ashgrove, Frasers Rd, Ashgrove			
Time	Champagnat Court 1	Champagnat Court 2	Champagnat Court 3
8.00am	8C	7C	7E
9.00am	8B	7B	7D
10.00am	8A	7A	8D
11.00am	9B	9C	9D
12.00pm	9A		

DUDGEON ACADEMY UNLEASHING THE CHAMPION IN YOU!

Day 1
Day 2
Day 3

Options Available
for Booking

Register Now

DUDGEONACADEMY.COM.AU

School Holiday Camps

IONA COLLEGE

3rd - 5th December &

22nd - 24th January

COST - \$205



DUDGEON
ACADEMY

Specialist Coaching
Private Coaching & Holiday Camps
25 years of proven results

DUDGEONACADEMY.COM.AU

Ph: 1300 375 380 E: admin@dudgeonacademy.com.au

