



PLAY YOUR ROLE



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85 North Road
Lindum QLD 4178
Subscribe: <http://ionac.schoolzineplus.com/subscribe>
AIC Sports Information (via Twitter): [@SportIona](https://twitter.com/SportIona) (includes wet weather)

Head of Sport:	Mr Keith Harron	3893 8851
Assistant Head of Sport (9-12):	Mr Sean Devlin	3906 8905
Assistant Head of Sport (5-8):	Mr Brendan Allen	3893 8869
Sports Administrator:	Mrs Karen Otway	3893 8805

28 August

iSPORT 1958 – 2019: Play Your Role

After a 35 year absence, interschool rugby league returned to the grounds of Iona College last weekend. Round 4 of AIC competition was hosted across our three fields and our teams did the College proud in games against St Patrick's. The 1st XIII led the way with a 30 – 6 win and our remaining six teams played entertaining rugby league. All visiting Colleges enjoyed the sporting experience.

Such a large day was well-supported by our College Leadership Team, Sports Department, Grounds Staff, Sport Supporters, NRL, NRL referees and 1300MEDICS. Spectators supported in a positive manner and players gave their best in demanding games. All involved should be proud of what AIC and Iona College can do when many helping hands and minds work together.

Basketball and Tennis games were competitive and included strong performances from Year 8 basketball teams and 1st tennis.

Our Years 8/9 AFL team lost in the regional final of the AFLQ Schools Cup, going down to Helensvale SHS in a hard fought game. It was an achievement to reach that stage of a state-wide competition.

This week sees the first of the AIC track and field meets on Thursday afternoon and evening at the University of Qld. Weekend action sees Iona vs St Laurence's on the away schedule and rugby league at Villa Park. Best of luck to all teams in what is traditionally an enjoyable and competitive round of competition.

A reminder that the Iona Sailing Fundraising Ball is on Saturday 21 September at Royal Qld Yacht Squadron. It will be hugely enjoyable. Book now <https://www.trybooking.com/BEXGL>

Basketball team photos are this Saturday for Years 7 – 9 teams. Please see the photo schedule in the basketball section below.

Important First Aid Management

Please ensure you contact the Health and Wellness Centre (HWC) if your son has sustained a head injury outside of school hours (including at AIC away games and club sport). This is essential to ensure the HWC Nurses are able to provide appropriate treatment to your son if he presents to the HWC. If you have been given any documentation from a GP or Emergency Department regarding this head injury, such as a return to learn or sport plan, please

email a copy to the HWC allnurses@iona.qld.edu.au or send a copy in with your son.

Phone: 3893 8865 Email: allnurses@iona.qld.edu.au

Key Personnel for 2019, Term 3 Sport

General Enquiries Years 7-12	Mr Keith Harron	harronk@iona.qld.edu.au
General Enquiries Years 5-6	Mr Brendan Allen	allenb@iona.qld.edu.au
Basketball Years 5-6	Mr Stewart Greenbank	greenbanks@iona.qld.edu.au
Basketball Years 7-12	Mrs Karen Otway Mr Anthony Bannerman	otwayk@iona.qld.edu.au bannermana@iona.qld.edu.au
Athletics Years 7-12	Mr Sean Devlin	devlins@iona.qld.edu.au
Athletics Years 5-6	Mr Peter Holmes	holmesp@iona.qld.edu.au
Rugby League Years 5-12	Mr Jarrod Biggs	biggsj@iona.qld.edu.au
Tennis Years 5-6	Ms Elizabeth Adey	adeye@iona.qld.edu.au
Tennis Years 7-12	Mrs Rebecca Adamson	adamsonr@iona.qld.edu.au
Mountain Biking	Mr Daniel Davison	davisond@iona.qld.edu.au

Date Claimers

Thurs 29 Aug	AIC Athletics Meet @ UQ
Fri 30 Aug	AIC Basketball Years 5-6 vs SLC (A)
Sat 31 Aug	AIC Rugby League Years 5 - Open vs SLC @ Villa
Sat 31 Aug	AIC Basketball Years 7 - Open vs SLC (A)
Sat 31 Aug	AIC Tennis Years 5 - Open vs SLC (A)
Sat 31 Aug	Years 7, 8 and 9 Basketball Team Photos
Fri 6 Sept	AIC Basketball Years 5-6 vs Ambrose Treacy (H)
Fri 6 Sept	AIC Athletics Meet @ SAF
Fri 6 Sept	Sailing Briefing RQYS
Sat 7 Sept	AIC Basketball Years 7 - Open vs SEC (H)
Sat 7 Sept	AIC Rugby League Years 6 - Open vs SEC @ Padua
Sat 7 Sept	AIC Rugby League Year 5 BYE

Sat 7 Sept	AIC Tennis Years 7 - Open vs SEC (H)
Sun 8 Sept	Sailing Parent Information Session and Trials
Wed 11 Sept	Sailing Team Dinner (Students and Parents)
Fri 13 Sept	AIC Athletics Meet @ SAF
Fri 13 Sept	Years 5 and 6 Catch Up Sports Photos
Fri 13 Sept	AIC Basketball Years 5-6 vs Ashgrove (H)
Sat 14 Sept	AIC Rugby League Years 5 - Open vs Ashgrove @ SLC fields Runcorn
Sat 14 Sept	AIC Basketball Years 7 - Open vs Ashgrove (H)
Sat 14 Sept	Basketball Team Photos Years 10 - Open
Sat 14 Sept	AIC Tennis Years 7 - Open vs Ashgrove (H)
Sun 15 Sept	Blessing of the Sailing Fleet and Working Bee
Sat 21 Sept	Sailing Gala Fundraising Ball (RQYS)
Fri 11 Oct	AIC Athletics Meet @ UQ
Sun 13 Oct	Sailing Fleet and Team Racing
Thurs 17 Oct	AIC Athletics Meet @ UQ

- Canteen facilities will be available.

Schedule of Track Events for Thursday 29 August

Time	Event
3.00pm	Hurdles Years 5 & 6
3.20pm	200m Years 5 & 6
4.00pm	800m Years 5 & 6
4.30pm	100m Years 5 & 6
4.45pm	Hurdles 12 Years - Open
5.15pm	800m
5.40pm	100m
6.30pm	400m
6.50pm	1500m
7.15pm	200m

Athletics

Year Level Athletics Carnivals

Year 11	Term 4, Week 1
Year 12	Thursday 5 September, Period 1

AIC Athletics

Training will continue this term and the meets also started this term. Dates of the trial meets are as follows:

Thursday 29 August (UQ)
Friday 6 September (SAF)
Friday 13 September (SAF)
Friday 11 October (UQ)
Thursday 17 October (UQ)

All members trialing for the athletics team are expected to attend the trial meets. The AIC Championships are Thursday 24 and Friday 25 October at the University of Queensland.

Trial Meet at UQ Thursday 29 August

Details for Thursday 29 August

1.15pm	Years 5/6 squad depart bus turnaround via coach
3.20pm	12 Years – Open squad depart Sandy Camp Road cricket nets via 2 coaches
5.00pm	Years 5/6 squad departs UQ for 5.30pm return to Iona
7.50pm	12 Years – Open squad departs UQ for approx. 8.20pm return to Iona.

ATHLETES MAY RETURN FROM UQ WITH PARENTS

Please advise Mr Holmes (Years 5/6) or Mr Sean Devlin (12 Years – Open) if returning with parents.

- Seniors cannot drive unless given permission by Mr Harvey and students cannot travel with other students unless given permission by Mr Harvey.
- Athletes must wear black Iona singlet or black Iona training shirt, black Iona shorts, white socks and take warm gear – Iona track suit / hoodie.

NO NON-IONA TRACK-SUIT TOPS OR BOTTOMS ARE PERMITTED

Schedule of Field Events for Thursday 29 August

Time	Event	Age Group
3.00pm	Shot Put	Year 5
	High Jump	Year 6
	Long Jump	Year 6
3.45pm	Long Jump	Year 5
	Shot Put	Year 6
	High Jump	Year 5
4.30pm	High Jump	13 Years
	Triple Jump	14 & 15 Years
	Long Jump	16 Years & Open
	Shot Put 2	16 Years & Open
	Shot Put 1	12 Years
	Discus	13 Years
	Javelin	14 & 15 Years
5.20pm	High Jump	12 Years
	Triple Jump	16 Years & Open
	Javelin	13 Years
	Discus	12 Years
	Long Jump	15 Years
	Shot Put 1	15 Years
	Shot Put 2	14 Years
6.10pm	Shot Put	13 Years
	Long Jump	12 & 13 Years
	High Jump	14 Years
	High Jump	15 Years
	Discus	14 & 15 Years
	Javelin	16 Years & Open
7.00pm	Triple Jump	12 & 13 Years
	Javelin	12 Years
	Long Jump	14 Years
	Discus	16 Years & Open
	High Jump	16 Years & Open

Term 3 Athletics Training

(Years 5 and 6)

Event	Day(s)	Training Venue & Time
Sprints / 800m	Tuesdays and Thursdays	Davine Oval 3.15pm – 4.15pm
Hurdles & Long Jump	Wednesdays	Davine Oval 3.15pm – 4.15pm
High Jump	Wednesdays	Davine Oval 3.15pm – 4.15pm
Shot Put	A week (Wednesdays) B week (Tuesdays)	Year 5 Sport, Year 6 - 1 st break Year 6 Sport, Year 5 - 1 st break

(Years 7 – 12)

Event	Day(s)	Training Venue & Time
Sprints	Mondays and Thursdays	Davine Oval 3.30pm–4.30pm
Hurdles	Tuesdays	Davine Oval 3.30pm–4.30pm
Middle Distance	Mondays and Thursdays	Davine Oval 3.30pm–4.30pm
Long / Triple Jump	Mondays and Wednesdays	Davine Oval 3.30pm–4.30pm
High Jump	Mondays	Davine Oval 3.30pm–4.30pm
Shot and Discus	Tuesdays	Cricket Nets 3.30pm–4.30pm
	Wednesdays	Cricket Nets 7.00am–8.00am
Javelin	Mondays and Wednesdays	Harron Oval 3.30pm–4.30pm

Basketball

Round 4 vs St Patrick's

Results

1 st	lost	57 - 68	8C	won	46 - 32
2 nd	lost	35 - 44	8D	won	45 - 12
3 rd	lost	22 - 27	7A	lost	41 - 52
4 th	lost	17 - 33	7B	lost	32 - 44
11A	lost	35 - 42	7C	won	38 - 28
11B	lost	14 - 35	7D	lost	37 - 41
10A	won	49 - 45	6A	won	50 - 38
10B	lost	28 - 34	6B	won	20 - 8
10C	lost	16 - 46	6C	lost	16 - 27
9A	lost	34 - 51	6D	lost	11 - 20
9B	won	40 - 37	5A	lost	26 - 33
9C	won	38 - 26	5B	lost	16 - 18
9D	lost	26 - 28	5C	lost	10 - 13
8A	won	86 - 33	5D	won	20 - 14
8B	won	61 - 20			



Round 5 vs St Laurence's

Years 5/6 Friday 30 August

Team	Venue	Court	Time
5A	Iona College	Oblate Hall	4.45pm
5B	Iona College	Oblate Hall	4.00pm
5C	Iona College	Stone Court	4.00pm
5D	Iona College	Stone Court	4.45pm
6A	SLC Sports Centre. Stephens Rd, South Bne	Court 1	4.45pm
6B	SLC Sports Centre. Stephens Rd, South Bne	Court 1	4.00pm
6C	SLC Sports Centre. Stephens Rd, South Bne	Court 2	4.45pm
6D	SLC Sports Centre. Stephens Rd, South Bne	Court 2	4.00pm

Year 6 basketballers will travel to St Laurence's on a bus which leaves the Iona Cricket nets at 3.15pm. The bus will return to the Iona bus turn a round at approximately 6.15pm. Parents are welcome to collect their son from St Laurence's.

Years 7 – 12 Saturday 31 August

Team	Venue	Court	Time
1 st V	SLC Sports Centre. Stephens Rd, South Bne	Court 1	12.15pm
2 nd V	SLC Sports Centre. Stephens Rd, South Bne	Court 1	11.15am
3 rd V	SLC Sports Centre. Stephens Rd, South Bne	Court 2	11.15am
4 th V	SLC Sports Centre. Stephens Rd, South Bne	Court 1	7.30am
11A	SLC Sports Centre. Stephens Rd, South Bne	Court 1	10.15am
11B	SLC Sports Centre. Stephens Rd, South Bne	Court 2	9.15am
10A	SLC Sports Centre. Stephens Rd, South Bne	Court 1	9.15am
10B	SLC Sports Centre. Stephens Rd, South Bne	Court 1	8.15am
10C	SLC Sports Centre. Stephens Rd, South Bne	Court 2	10.15am
9A	Iona College	Oblate Hall	12.00pm
9B	Iona College	Oblate Hall	11.00am
9C	Iona College	Stone Court	11.00am
9D	Iona College	Lindum Court 1	10.00am
8A	Iona College	Oblate Hall	10.00am
8B	Iona College	Oblate Hall	9.00am
8C	Iona College	Stone Court	10.00am
8D	Iona College	Lindum Court 1	9.00am
7A	Iona College	Oblate Hall	8.00am
7B	Iona College	Stone Court	9.00am
7C	Iona College	Stone Court	8.00am

Years 7 – 12 Saturday 31 August

Team	Venue	Court	Time
7D	Iona College	Lindum Court 1	8.00am

Basketball Canteen Link

The Years 7, 8 and 9 Iona basketball teams are playing at Iona this Saturday. We require parents to assist in the canteen throughout the day. Please use the link below to sign up for a timeslot if you are able to assist.

[Canteen Sign Up Link](#)

Basketball team photos

Saturday 31 August (Outside McCarthy 7)
Years 7, 8 and 9 teams who are playing at Iona.

Saturday 14 September (Outside McCarthy 7)
Years 10, 11 and Open teams who are playing at Iona.

Years 7 – 9 Basketball Team Photo Schedule (Saturday 31 August)

All boys and coaches are asked to be outside McCarthy 7 at least 10 mins before their photo time.

Team	Photo Time	Game Time
7A Basketball	7.30am	8.00am
7D Basketball	7.35am	8.00am
7C Basketball	7.40am	8.00am
8B Basketball	8.30am	9.00am
7B Basketball	8.35am	9.00am
8D Basketball	8.40am	9.00am
8A Basketball	9.30am	10.00am
8C Basketball	9.35am	10.00am
9D Basketball	9.40am	10.00am
9B Basketball	10.30am	11.00am
9C Basketball	10.35am	11.00am
9A Basketball	11.20am	12.00pm

Term 3 Basketball Training times

Team	Days	Time	Court
5A/B	Thursdays	7.00am – 8.00am	Outside Oblate Hall
5A/B/C/D	During Sport Time		
6A	Wednesdays	2 nd Lunch	Oblate Hall
6B	Tuesdays	7.00am – 8.00am	Outside Oblate Hall
6A/B/C/D	During Sport Time		
7A	Tuesdays	3.15pm – 4.45pm	Oblate Hall
7B	Tuesdays	3.15pm – 4.45pm	Outside Oblate Hall
7C/D	Tuesdays	3.15pm – 4.45pm	Lindum Court 2
8A	Wednesdays	3.15pm – 4.45pm	Oblate Hall
8B/8C	Thursdays	3.15pm – 4.45pm	Outside Oblate Hall
8D	Thursday	2 nd Break	Outside Oblate Hall
9A	Wednesdays	3.15pm – 4.45pm	Oblate Hall
9B/9C	Wednesdays	3.15pm – 4.45pm	Outside Oblate Hall
9D	Wednesdays	3.15pm – 4.45pm	Lindum Courts
10A/10B	Tuesday	7.00am – 8.00am	Oblate Hall
10C	Tuesday	3.15pm – 4.45pm	Lindum Court 1



11A	Monday	3.15 – 5.00pm	Oblate Hall
11B / 4 th	Thursday	7.00am – 8.00am	Oblate Hall
3 rd	Wednesdays	7.00am – 8.00am	Oblate Hall
1 st / 2 nd	Mondays	7.00am – 8.00am	Oblate Hall
	Thursdays	3.15 – 4.45pm	Oblate Hall

Years 7 – 10 will also train during their sport time.

Private Basketball Coaching Sessions

Jeremy Kendle is currently taking basketball clinics with our Years 6 and 7 basketball teams during their sport periods each week. Jeremy is offering private coaching sessions to interested Iona students.

For more information and costs please go to:

www.jeremykendlebasketball.com

Email – info@jeremykendlebasketball.com

Facebook – Jeremy Kendle Basketball

Mountain Biking / Cross Country

Following on from the success of our team at the National School's Championships, both our mountain bikers and cross country runners have the opportunity to compete at the "Hiddenvale Epic" at Spicers Hiddenvale Resort at Grandchester, Ipswich on 14-15 September. Events include:

Mountain Biking: 4.5kms, 11.5kms, 22kms, 55kms and 100kms
Cross Country Running – Trail runs: 4.5kms, 11kms, 22kms.

This is an independent event and competitors should nominate Iona College when completing the event entry form as there is a prize for the school with the most associated entrants. It is a participation event. The link for information and entry is below.

flight-centre-cycle-and-trail-run-epic.php

Rugby League

AIC Rugby League Round 4 vs St Patrick's

Results

Year 5	won	56 - 6
Year 6	won	44 - 4
Year 7	won	30 - 10
Year 8	won	84 - 6
Year 9	won	50 - 4
Year 10	lost	0 - 34
Open	won	30 - 6



AIC Rugby League Round 5 vs St Laurence's

Saturday 31 August	
Venue – Villanova Park, Manly Rd, Tingalpa	
Time	Charlie Fisher Oval
8.30am	Year 5

9.30am	Year 6
10.30am	Year 7
11.30am	Year 8
12.30pm	Year 9
1.30pm	Year 10
2.45pm	1st

Parents of players should attend fixtures.

Sailing

Key Contacts:

Coordinator (Teacher): Mr Kevin Caine cainek@iona.qld.edu.au

Coordinator (Program & Coaching): Alexander Dunstan

Registration: Tracey Lucock ionacollegesailing@gmail.com

Key Dates:

Sun 8 Sept Parent Info Session + Trials + Sausage Sizzle

Wed 11 Sept Sailing Team (Students + Parents) Dinner

Sun 15 Sept Blessing of the Fleet + Working Bee + Team Announcements

Sat 21 Sept Inaugural Sailing Gala Fundraising Ball

Sun 13 Oct Sailing Term 4 Week 1 (other dates TBC)

Wed 20 Nov Sailing End of Term General Parent Meeting

Wed 25 March Sailing End of Season General Parent Meeting

January Holidays TBC - Sailing Preseason Training (optional)

Sailing Handover Dinner

This event is scheduled for Wednesday 11 September 6.30pm – 8.30pm in the FitzPatrick Room at Iona College. Dress for the sailors is the Iona sport uniform. Further details will be forwarded by the sailing committee.

Sailing Gala Fundraising Ball

Join the Iona Sailing Community on Wednesday 21 September for a great night of entertainment at the Iona Sailing Gala Ball at the stunning Royal Queensland Yacht Squadron right on our door step in Manly.

Tickets include:

- Guest speaker Bob Thomas - winner of the 1998 Sydney Hobart Yacht Race.
 - The smallest boat to finish in the worst conditions in the history of the race.
- The high energy Baker Boys Band
- Two course deluxe meal followed by cake & coffee
- Auctions
- Raffles

Tickets: are \$100 per head - tables of 10

Dress: Cocktail

Please use the below link to book.

<https://www.trybooking.com/BEXGL>

Swimming

If you would like information regarding the winter squad program, please contact Michael Lewandowski at lewandowskim@iona.qld.edu.au.

Tennis

Social Tennis (beginner level)

Tuesdays 3.15pm – 4.30pm Weeks 3-8

Tennis Fixtures (intermediate level)

Thursdays 3.15pm – 4.30pm Weeks 2-8

Tennis Round 4 vs St Patrick's

Results

1 st	won	8 - 0	8A	lost	30 - 31
2 nd	lost	2 - 6	8B	lost	2 - 6
3 rd	won	27 - 24	7A	won	5 - 3
11A	lost	2 - 6	7B	lost	2 - 6
11B	won	5 - 3	6A	lost	2 - 6
10A	lost	3 - 5	6B	lost	0 - 8
10B	lost	3 - 5	5A	lost	2 - 6
9A	won	8 - 0	5B	lost	25 - 28
9B	won	8 - 0			

Tennis Round 5 vs St Laurence's

Team	Venue	Time
5A/B	Wynnum Tennis Centre Colina St, Wynnum	7.45am – 10.00am
6A/B	Wynnum Tennis Centre Colina St, Wynnum	10.15am – 12.30pm
7A/B	Iona College Tennis Centre	7.45am – 10.00am
8A/B	Iona College Tennis Centre	10.15am – 12.30pm
9A/B	Griffith Uni Tennis Centre 176 Messines Ridge Rd, Mt Gravatt	7.30am - 10.00am
10A/B	Griffith Uni Tennis Centre 176 Messines Ridge Rd, Mt Gravatt	10.00am – 12.30pm
11A/B	Griffith Uni Tennis Centre 176 Messines Ridge Rd, Mt Gravatt	10.00am – 12.30pm
1 st IV	Griffith Uni Tennis Centre 176 Messines Ridge Rd, Mt Gravatt	7.30am – 12.30pm
2 nd / 3 rd	Griffith Uni Tennis Centre 176 Messines Ridge Rd, Mt Gravatt	7.30am – 10.00am

Term 3 Training Schedule

Monday 6.30am	Tuesday 6.30am	Wednesday 6.30am	Thursday 6.30am	Friday 6.30am
Years 5-7	Years 8-10	Years 11-Open	B Teams	A Teams Development Squad

Touch

Queensland All Schools Touch Training

Training squads have been announced for the U13, U15 and Open Touch Football teams for the upcoming QAS competition. Please check your emails and the Sports Bulletin Board outside the Health and Wellness Centre for the full list.

Training

Fridays 3.15pm – 4.30pm on Dwyer Oval for the remainder of the term.

Please contact Miss Dellit (delliti@iona.qld.edu.au) should you have any concerns.