



PLAY YOUR ROLE



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85 North Road
Lindum QLD 4178
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AIC Sports Information (via Twitter): [@SportIona](https://twitter.com/SportIona) (includes wet weather)

Head of Sport:	Mr Keith Harron	3893 8851
Assistant Head of Sport (9-12):	Mr Sean Devlin	3906 8905
Assistant Head of Sport (5-8):	Mr Brendan Allen	3893 8869
Sports Administrator:	Mrs Karen Otway	3893 8805

13 August

iSPORT 1958 – 2019: Play Your Role

Iona College sport continues to thrive throughout the winter months. Our rugby league teams led the way last weekend with six wins and one loss against Villanova. It was also exciting to see our primary boys supporting the Wynnum Seagulls at half time of their game against Souths-Logan at Kougari over the weekend.



In tennis, our teams secured seven wins and ten losses, including a dominant performance by the Iona 1sts team. Basketball faced a difficult round and managed four wins, with our 1sts narrowly losing 74 – 77 in a tight game that was well supported by both Colleges.

Our Years 8/9 AFL team defeated Ferny Grove SHS and Nudgee College to move into the semi finals of the Schools Cup and now face Helensvale SHS on 21 August at Yeronga. Our team now finds itself in an elite competition against AFL Schools of Excellence and the challenge will be enthralling.

In volleyball, our 11B team won the Qld Schools Cup Div 2, while our 11A team achieved 7th.

Finally, many thanks to all Year 5 – 10 students who have competed in interhouse track and field. This participation provides the basis for what is traditionally one of the College's strongest sports.

Please remember that due to the public holiday on Wednesday 14 August, there will be no sports training before or after school on Wednesday. There are also no AIC tennis, basketball or league fixtures on Saturday 17 August.

Important First Aid Management

Please ensure you contact the Health and Wellness Centre (HWC) if your son has sustained a head injury outside of school hours (including at AIC away games and club sport). This is essential to ensure the HWC Nurses are able to provide appropriate treatment to your son if he presents to the HWC. If you have been given any documentation from a GP or Emergency Department regarding this head injury, such as a return to learn or sport plan, please email a copy to the HWC allnurses@iona.qld.edu.au or send a copy in with your son.

Phone: 3893 8865 Email: allnurses@iona.qld.edu.au

Key Personnel for 2019, Term 3 Sport

General Enquiries Years 7–12	Mr Sean Devlin	devlins@iona.qld.edu.au
General Enquiries Years 5–6	Mr Brendan Allen	allenb@iona.qld.edu.au
Basketball Years 5/6	Mr Stewart Greenbank	greenbanks@iona.qld.edu.au
Basketball Years 7 – 12	Mrs Karen Otway Mr Anthony Bannerman	otwayk@iona.qld.edu.au bannermana@iona.qld.edu.au
Athletics Years 7 - 12	Mr Sean Devlin	devlins@iona.qld.edu.au
Athletics Years 5/6	Mr Peter Holmes	holmesp@iona.qld.edu.au
Rugby League Years 5 - 12	Mr Jarrod Biggs	biggsj@iona.qld.edu.au
Tennis Years 5/6	Ms Elizabeth Adey	adeye@iona.qld.edu.au
Tennis Years 7 - 12	Mrs Rebecca Adamson	adamsonr@iona.qld.edu.au
Mountain Biking	Mr Daniel Davison	davisond@iona.qld.edu.au

Date Claimers

Fri 16 Aug	No AIC Basketball
Sat 17 Aug	No AIC Basketball / Tennis / Rugby League
Wed 21 Aug	Yr 8/9 AFL vs Helensvale @ Yeronga
Fri 23 Aug	AIC Basketball Yr 5/6 vs SPC (H)
Sat 24 Aug	AIC Rugby League Yr 5 – Open vs SPC @ Iona
Sat 24 Aug	AIC Basketball Yr 7 – Open vs SPC (H)
Sat 24 Aug	AIC Tennis Yr 5 – Open vs SPC (H)
Thurs 29 Aug	AIC Athletics Meet @ UQ
Fri 30 Aug	AIC Basketball Yr 5/6 vs SLC (A)
Sat 31 Aug	AIC Rugby League Yr 5 – Open vs SLC @ Villa
Sat 31 Aug	AIC Basketball Yr 7 – Open vs SLC (A)
Sat 31 Aug	AIC Tennis Yr 5 – Open vs SLC (A)
Sat 31 Aug	Yrs 7, 8 and 9 Basketball Team Photos
Fri 6 Sept	AIC Basketball Yr 5/6 vs Ambrose Treacy (H)
Fri 6 Sept	AIC Athletics Meet @ SAF
Fri 6 Sept	Sailing Briefing RQYS

Sat 7 Sept	AIC Basketball Yr 7 – Open vs SEC (H)
Sat 7 Sept	AIC Rugby League Yr 6 – Open vs SEC @ Padua
Sat 7 Sept	AIC Rugby League Yr 5 BYE
Sat 7 Sept	AIC Tennis Yr 7 – Open vs SEC (H)
Wed 11 Sept	Sailing Dinner
Fri 13 Sept	AIC Athletics Meet @ SAF
Fri 13 Sept	Years 5 and 6 catch up Sports Photos
Fri 13 Sept	AIC Basketball Yr 5/6 vs Ashgrove (H)
Sat 14 Sept	AIC Rugby League Yr 5 – Open vs Ashgrove @ SLC fields Runcorn
Sat 14 Sept	AIC Basketball Yr 7 – Open vs Ashgrove (H)
Sat 14 Sept	Basketball Team Photos Years 10 – Open
Sat 14 Sept	AIC Tennis Yr 7 – Open vs Ashgrove (H)
Fri 11 Oct	AIC Athletics Meet @ UQ
Thurs 17 Oct	AIC Athletics Meet @ UQ

AFL

AFL Schools Cup Competition

On Thursday 8 August, the Year 8 and 9 Iona AFL squad participated in the AFLQ Schools Cup qualifying finals held at Zillmere AFC. The team played dominant football, finishing the day undefeated and were successful in progressing into the AFLQ Schools State Cup semi-final.



Iona 80 def Ferny Grove 7
Iona 69 def Nudgee College 7

The State semi-final will be held on Wednesday 21 August at Yeronga AFC.

Draw

12.00pm Iona vs Helensvale Field 2

The winning team will progress to the state preliminary final held at Maroochydore on Friday 18 October. Best of luck to the boys!

Please contact Mr Anthony Bannerman
bannermana@iona.qld.edu.au for further information.

Athletics

Year Level Athletics Carnivals

Year 11 To Be Advised
Year 12 To Be Advised

Please note that parents do not attend the years 7 – 12 Athletics Carnivals.

Involvement was the key to the recently held interhouse athletics meets. The meets provided enjoyment through participation as well as the opportunity to identify potential talented athletes.

Year Level Winners: Current Points (Excluding Years 11 and 12)

Year 5	Albini	1 st	MacKillop / Cebula	34
Year 6	Grandin	3 rd	Gerard	30
Year 7	Grandin	4 th	Anthony	28
Year 8	Mazenod	5 th	Albini	25
Year 9	MacKillop	6 th	Grandin	24
Year 10	Cebula	7 th	Mazenod	21
		8 th	Charlebois	20

AIC Athletics

Training will continue this term and the meets start this term as well. Dates of the trial meets are as follows:

Thursday 29 August (UQ)
Friday 6 September (SAF)
Friday 13 September (SAF)
Friday 11 October (UQ)
Thursday 17 October (UQ)

All members trialing for the athletics team are expected to attend the trial meets. The AIC Championships are Thursday 24 and Friday 25 October at the University of Queensland.

Term 3 Athletics Training

(Years 5 and 6) Starts week 4

Event	Day(s)	Training Venue & Time
Sprints / 800m	Tuesdays and Thursdays	Davine Oval 3.15 – 4.15pm
Hurdles & Long Jump	Wednesdays	Davine Oval 3.15 – 4.15pm
High Jump	Wednesdays	Davine Oval 3.15 – 4.15pm
Shot Put	A week (Wednesdays) B week (Tuesdays)	Yr 5 Sport, Yr 6 - 1 st break Yr 6 sport, Yr 5 - 1 st break

(Years 7 – 12)

Event	Day(s)	Training Venue & Time
Sprints	Mondays and Thursdays	Davine Oval 3.30 – 4.30pm
Hurdles	Tuesdays	Davine Oval 3.30 – 4.30pm
Middle Distance	Mondays and Thursdays	Davine Oval 3.30 – 4.30pm
Long / Triple Jump	Mondays and Wednesdays	Davine Oval 3.30 – 4.30pm
High Jump	Mondays	Davine Oval 3.30 – 4.30pm
Shot and Discus	Tuesdays	Cricket Nets 3.30 -4.30pm
	Wednesdays	Cricket Nets 7.00 -8.00 am
Javelin	Mondays and Wednesdays	Harron Oval 3.30 – 4.30pm

Basketball

Basketball Round 3 vs Villanova

Results

1st	lost	74 - 77	8C	lost	33 - 37
2nd	lost	25 - 53	8D	lost	26 - 28
3rd	lost	13 - 58	7A	won	41 - 23
4th	lost	11 - 41	7B	lost	16 - 49
11A	lost	29 - 53	7C	lost	24 - 39
11B	lost	18 - 21	7D	won	35 - 33
10A	won	53 - 39	6A	won	44 - 42
10B	lost	29 - 44	6B	lost	12 - 32
10C	lost	6 - 43	6C	lost	13 - 61
9A	lost	23 - 56	6D	lost	12 - 42
9B	lost	22 - 53	5A	lost	15 - 43

9C	lost	19 - 52	5B	lost	16 - 23
9D	lost	13 - 46	5C	lost	8 - 16
8A	lost	35 - 43	5D	lost	0 - 34
8B	lost	45 - 51			



Please note there are no AIC Basketball games on Friday 16 or Saturday 17 August.

Basketball team photos

Saturday 31 August (Outside McCarthy 7)

Years 7, 8 and 9 teams who are playing at Iona.



Saturday 14 September (Outside McCarthy 7)

Years 10, 11 and Open teams who are playing at Iona.

Term 3 Basketball Training times

Team	Days	Time	Court
5A/B	Thursdays	7.00 – 8.00am	Outside Oblate Hall
5A/B/C/D	During Sport Time		
6A	Wednesdays	2 nd Lunch	Oblate Hall
6B	Tuesdays	7.00 – 8.00am	Outside Oblate Hall
6A/B/C/D	During Sport Time		
7A	Tuesdays	3.15 – 4.45pm	Oblate Hall
7B	Tuesdays	3.15 – 4.45pm	Outside Oblate Hall
7C/D	Tuesdays	3.15 – 4.45pm	Lindum Court 2
8A	Wednesdays	3.15 – 4.45pm	Oblate Hall
8B/8C	Thursdays	3.15 – 4.45pm	Outside Oblate Hall
8D	Thursday	2 nd Break	Outside Oblate Hall
9A	Wednesdays	3.15 – 4.45pm	Oblate Hall
9B/9C	Wednesdays	3.15 – 4.45pm	Outside Oblate Hall
9D	Wednesdays	3.15 – 4.45pm	Lindum Courts
10A/10B	Tuesday	7.00 – 8.00am	Oblate Hall
10C	Tuesday	3.15 – 4.45pm	Lindum Court 1
11A	Monday	3.15 – 5.00pm	Oblate Hall
11B / 4 th	Thursday	7.00 – 8.00am	Oblate Hall
3 rd	Wednesdays	7.00 – 8.00am	Oblate Hall
1 st / 2 nd	Mondays	7.00 – 8.00am	Oblate Hall
	Thursdays	3.15 – 4.45pm	Oblate Hall

Years 7 – 10 will also train during their sport time.

High Performance

Any boys who are interested in trialling for the Met East Aquathon or Triathlon team to attend the QSS Championships in Hervey Bay in February 2020 need to see Mr Harron in the Sports Office for information.

Lincoln Williams and Beau Graham, both Iona Old Boys, are currently in Russia with the Australian volleyball team. They are in a training camp, prior to heading to Italy for the first of a series of Olympic qualifying tournaments. Our community wishes them all the best in their endeavours.

Mountain Biking / Cross Country

Following on from the success of our team at the National School's Championships, both our mountain bikers and cross country runners have the opportunity to compete at the "Hiddenvale Epic" at Spicers Hiddenvale Resort at Grandchester, Ipswich on 14-15 September. Events include:

Mountain Biking: 4.5kms, 11.5kms, 22kms, 55kms and 100kms
Cross Country Running – Trail runs: 4.5kms, 11kms and 22kms

This is an independent event and competitors should nominate Iona College when completing the event entry form as there is a prize for the school with the most associated entrants. It is a participation event. The link for information and entry is below.

flight-centre-cycle-and-trail-run-epic.php

Rugby League

AIC Rugby League Round 3 vs Villanova

Results

Year 5	lost	18 - 30
Year 6	won	28 - 12
Year 7	won	26 - 6
Year 8	won	20 - 0
Year 9	won	50 - 0
Year 10	won	28 - 14
Open	won	52 - 10



Please note there are no AIC Rugby League games on Saturday 17 August. Iona hosts the next round on Saturday 24 August.

Rugby League Canteen Helpers Required on 24 August

AIC Rugby League Fixtures will be hosted at Iona on Saturday 24 August. We need many parents to assist in the Davine Oval canteen on this day. Please use the link below to sign up to help in the canteen.

[Rugby League Canteen Sign Up](#)



Sailing

Please find below the the registration link for Iona Sailing for Term 4, 2019 and Term 1, 2020. **Registrations close Friday 23 August.** Please note you may opt out of Term 1 Sailing by 20 January 2020 if you do not wish to continue.

[Sailing Registration Link](#)

Iona Sailing is open to students from Year 6 (Term 4) who have completed the necessary pre-requisite sailing training. Please see the Iona Sailing Fact Sheet and Manual for details. These documents can be found on the **IC Sailing Supporters** Facebook Page or email ionacollegesailing@gmail.com.

Key Contacts:

Coordinator (Teacher) – Mr Kevin Caine cainek@iona.qld.edu.au
 Coordinator (Program & Coaching) – Mr Alexander Dunstan
 Registration – Mrs Tracey Lucock ionacollegesailing@gmail.com

Key Dates:

Wed 14 Aug Sailing Season Registrations Open
 Fri 23 Aug Sailing Season Registrations Close
 Sun 8 Sept Parent Info Session + Trials + Sausage Sizzle
 Wed 11 Sept Sailing Team (Students + Parents) Dinner
 Sun 15 Sept Blessing Of The Fleet + Working Bee + Team Announcements
 Sat 21 Sept Inaugural Sailing Gala Fundraising Ball
 Sun 13 Oct Sailing Term 4 Week 1 (other dates TBC)
 Wed 20 Nov Sailing End of Term General Parent Meeting
 Wed 25 March Sailing End of Season General Parent Meeting
 January Holidays TBC - Sailing Preseason Training (optional)

Swimming

A number of Iona swimmers will compete in the Queensland Short Course Championships this weekend, including 14 swimmers who currently train at Iona College. The College looks forward to strong performances from our hard working athletes.

If you would like information regarding the winter squad program, please contact Michael Lewandowski at lewandowskim@iona.qld.edu.au

Tennis

Round 3 Results vs Villanova

1 st	won	8 - 0	8A	won	29-27
2 nd	won	6 - 2	8B	lost	2 - 6
3 rd	lost	0 - 8	7A	won	7 - 1
11A	lost	3 - 5	7B	lost	3 - 5
11B	lost	1 - 7	6A	won	6 - 2
10A	won	7 - 1	6B	lost	0 - 8
10B	lost	3 - 5	5A	lost	2 - 6
9A	won	32-25	5B	lost	2 - 6
9B	lost	3 - 5			

Please note there are no AIC Tennis matches on Saturday 17 August.



Term 3 Training Schedule

Monday 6:30am	Tuesday 6:30am	Wednesday 6:30am	Thursday 6:30am	Friday 6:30am
Yrs 5-7	Yrs 8-10	Yrs 11-Open	B Teams	A Teams Development Squad

Social Tennis (beginner level)

Tuesdays 3.15pm – 4.30pm Weeks 3 - 8 (including Ekka week)

Tennis Fixtures (intermediate level)

Thursdays 3.15pm – 4.30pm Weeks 2-8 (including Ekka week)

Should you have any questions, feel free to contact Mrs Rebecca Adamson adamsonr@iona.qld.edu.au or 3893 8888.

Touch

Queensland All Schools Touch Training

Training squads have been announced for the U13, U15 and Opens Touch Football teams for the upcoming QAS competition. Please check your emails and the Sports Bulletin Board outside the Wellness Centre for the full list.

Training will commence this Friday from 3.15pm – 4.30pm on Dwyer oval and will continue for the remainder of the term.

Please contact Miss Dellit (delliti@iona.qld.edu.au) should you have any concerns.

Volleyball

Congratulations to all our boys who competed at the Queensland Volleyball Schools Cup over the weekend. Our boys represented the Black and White with pride and enthusiasm and continue to build our Volleyball program's reputation around the state. Our Year 11 Division 1 team had a tough start to the tournament which hurt their final placing. A 7th placed finish tells the story of a team who will learn a lot from the experience and will be back bigger and better for the National Schools Cup in December. The Year 11 Division 2 team were undefeated the whole weekend to win the Gold Medal in spectacular fashion. Thank you to Karl Robinson and Todd Kropp for their efforts coaching the boys and our bus driver extraordinaire, Ms Sam McKinnon. We now begin the next stage of our preparations with the Year 7 and 8 teams having their turn in Term 4 and the National Schools Cup in December.

Results

Year 11 Div 1

Lost 1 – 2 vs MacGregor SHS
 Lost 1 – 2 vs Gympie SHS
 Won 2 – 0 vs Kings CC
 Lost 1 – 2 vs Capalaba SHS
 Won vs Brisbane State High
 Won 2 – 1 vs MacGregor SHS (7th / 8th play off)



Year 11 Div 2

Won 2 – 0 vs Rockhampton
 Won 2 – 1 vs Ferney Grove
 Won 2 – 1 vs Canterbury College
 Won 2 – 1 vs Glasshouse
 Won 2 – 1 vs Ferney Grove (Semi final)
 Won 2 – 0 vs Calamvale (Final)

