

Iona College Sailing Fact Sheet 2019-20



Iona College Sailing offers students the opportunity to sail in a world class programme that is healthy, fun and competitive. Students are mentored by their peers of all age levels and supported by experienced coaches and teachers.

Commitment – Royal Queensland Yacht Squadron hosts Schools Racing at Manly Harbour during Term 1 and Term 4. The season runs for approximately 6 weeks in Term 4 and 7 weeks in Term 1. Sailing is a weather dependent sport so it is important to keep in mind that times may change and make up weeks are not generally offered due to cancellations.

NOTE: registrations are for Terms 4 2019 and Term 1 2020. Students can notify us by 15 January 2020 at ionacollegesailing@gmail.com if they do not wish to continue in Term 1. Students will only be charged for the full terms they complete.

Dates: Refer to the Sports newsletter and Team App (once registered). *NOTE: new format for 2019/20 season with three weeks of Fleet followed by three weeks of Teams (i.e. not split days)*

Location: The sailing programme operates from the Royal Queensland Yacht Squadron in Manly. Sailors selected for States (Easter) and Nationals (July) may need to attend events in school holidays and travel to alternating Australian host cities.

Pre-requisites: Learn to Sail 1 (or Tackers 1)* -> Learn to Sail 2 (or Tackers 2 & 3)*
Racing Pathway - (eligible from Term 4 Year 6): Fleet crew -> Teams Crew -> Fleet Skipper -> Teams Skipper. May change due to coach discretion depending on skill, weight and safety.

Racing Times: From 11am to approximately 5pm on Sundays. *Sailors will be selected to sail in Teams (1st, 2nd, 3rd, 4th) and/or Fleet.* Formats are likely to change this season so please attend all information sessions even if you have sailed previously.

Training: Training is organised based on the student skill level, one day per week. Last term training days were Monday and Wednesday but may change due to coach availability.

Representative Sailing: *Iona Sailing has formalised the selection process for State & Nationals. The process and registration forms will be explained at the Information session. Additional training and costs are associated with selection.*

Fees: School sailing (racing) will cost approximately \$200 per term. This fee includes all race fees, one training day per week, boats and on water support. This fee will be included with your school fees.

Equipment: On water: Iona long sleeve rash vest, black Iona shorts or wetsuit shorts/long johns, Iona sailing cap, PFD (life jacket), watch with count down timer (skipper only), sailing gloves (most use fingerless), fully enclosed wet shoes, shackle key, electrical tape, spare cord, sunscreen, water bottle. Most sailors also purchase a water/wind proof sailing jacket.

Parent Support: The sailing programme is volunteer and Old Boy run, relying on parent support for on water assistance in coaching, support boats, start boats, working bees, etc. It is a fun and social sport and a great way to meet other families.

Key Dates 2019-20 Season

- Wed 14 Aug - Sailing Season Registrations Open
- Fri 23 Aug - Sailing Season Registrations Close
- Sun 8 Sep - Parent Info session, weigh in + trials + sausage sizzle
- Wed 11 Sep - Sailing Team (students + parents) Dinner
- Sun 15 Sep - Blessing of the Fleet + Working bee Team + Team Announcements
- Sat 21 Sep - Inaugural Sailing Gala Fundraising Ball
- Sun 27 Oct, 3 Nov, 10 Nov - Fleet Sailing
- Sun 17 Nov, 24 Nov, 1 Dec - Teams Sailing
- Wed 20 Nov - Sailing Term 4 General Parent Meeting
- Sun 2 Feb, 9 Feb, 16 Feb - Fleet Sailing
- Sun 23 Feb, 1 Mar, 8 Mar - Teams Sailing
- Sun 15 Mar - Team Sailing States RQYS
- Wed 25 Mar - Sailing Term 1 General Parent Meeting
- January Holidays TBC - Sailing Preseason Training (optional)

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More information & Registration: review the detailed Sailing Manual on the IC Sailing Supporters on Facebook page. To register please follow the link in the school sport newsletter or contact the Parent Volunteer Sailing Secretary, Tracey Lucock on ionacollegesailing@gmail.com or 04222 18533.

Sailing Coordinators:

Alexander Dunstan (Sailing Coordinator) please contact regarding availability and sailing/training related questions via team app.

Kevin Caine (Teacher) please contact for feedback and any issues CaineK@iona.qld.edu.au.

***MANDATORY PRE-REQUISITE** All pre-requisite training should be completed directly with RQYS (www.rqys.com.au) or Darling Point Sailing Squadron (www.dpss.org.au). NOTE: information correct as at Term 4 2019. Training times may change. *** selected sailors