



**IONA
SPORT**



LIVE LEARN LEAD SERVE

85 North Road
Lindum QLD 4178
Subscribe: <http://ionac.schoolzineplus.com/subscribe>
AIC Sports Information (via Twitter): [@SportIona](https://twitter.com/SportIona) (includes wet weather)

Director of Sport:	Mr Keith Harron	3893 8851
Deputy Director of Sport (9-12):	Mr Sean Devlin	3906 8905
Deputy Director of Sport (5-8):	Mr Chris Pritchard	3893 8869
Sports Administrator:	Mrs Karen Otway	3893 8805

17 October

ISPORT 1958 – 2018: Standards

Provence Cup volleyball, golf, rain affected touch and track and field occupied our teams. Our 13 years, 15 years and open touch teams did the college proud and were in prominent positions until the Qld All Schools Tournament was cancelled. The ranking of top 8 in Qld by our U18 team was a rare achievement for the college.

This week sees water polo and track and field in competition as well as sailing organisation. Monday sees the AIC twilight Track and Field Championships followed by the all day championships on Tuesday at QSAC which Years 6, 10 and 11 will attend to support.

Key Personnel for 2018, Term 4 Sport

General Enquiries Years 7–12	Mr Keith Harron	harronk@iona.qld.edu.au
General Enquiries Years 5–6	Mr Chris Pritchard	pritchardc@iona.qld.edu.au
All Schools Touch	Mr Troy Condon	condont@iona.qld.edu.au
Sailing	Mr Matt Pilecki	matthew.pilecki99@gmail.com
Track & Field Years 7 - 12	Mr Sean Devlin	devlins@iona.qld.edu.au
Track & Field Years 5 - 6	Mr Peter Holmes	holmesp@iona.qld.edu.au
Water Polo	Mr Keith Harron	harronk@iona.qld.edu.au
Volleyball	Mr Chris Pritchard	pritchardc@iona.qld.edu.au

Date Claimers

Wed 17 Oct	AIC Water Polo vs Villa
Thurs 18 Oct	AIC Track and Field Meet
Mon 22 Oct	AIC Track and Field Championships (Twilight)
Tues 23 Oct	AIC Track and Field Championships
Wed 24 Oct	AIC Water Polo vs SPLC
Wed 24 Oct	Volleyball Provence Cup @ BBC
Fri 26 Oct	Blessing of the Sailing Fleet 4.00pm
Sun 28 Oct	Round 1 Fleet / Team Racing Sailing
Mon 29 Oct	AIC Golf Championships (Balharry Shield)
Wed 31 Oct	Volleyball Provence Cup
Thurs 1 Nov	AIC Water Polo vs SLC
3 – 4 Nov	Primary All Schools Touch
Sun 4 Nov	Round 2 Fleet / Team Racing Sailing
Sun 11 Nov	Round 3 Fleet / Team Racing Sailing
Sun 18 Nov	Round 4 Fleet / Team Racing Sailing
9 – 14 Dec	National Schools Cup Volleyball (Melbourne)
9 – 14 Dec	Oblate Cup Cricket (Perth)

Golf

The final round of the QIGA was played at a very wet Indooroopilly Golf Club. In terrible conditions, the boys were tested to their utmost and gained valuable experience playing in these conditions. The boys played well but the competition was too strong on the day. Importantly we look forward to the next event at the AIC Championships, with the experience of playing the same course being valuable for this competition.

High Performance

Congratulations to the following students:

- Harry Wieland and Jordan Barney will compete in the World Etchell Sailing Championships at RQYS.
- Jaden Shelton also represented Qld White U15 rugby over the vacation.

The Sports Department is accepting nominations for Met East regional 15 – 19 Years cricket. See Mr Harron if interested.

Swimming

Our preparations for both club and school swimming begin this term under the guidance of our swim coach Michael Lewandowski and his new assistant Josh Sinclair.

Term 4 Training Times October 2 – December 22 (All Squads)

- No swim training on the following Wednesday afternoons due to water polo:
10, 17, 24, October and Thursday 1 November

For information on swim squads, including squad levels and scheduling, or to obtain a registration form please contact Michael Lewandowski – lewandowskim@iona.qld.edu.au or 0424 198 734 (Head Coach).

Registration is due before a child commences swimming.

Iona Swimming Training Times Term 4		
Days	Times	Monthly Fees
Mini Squad		
Monday – Friday	3.30pm – 4.15pm	\$80 Iona Student \$210 Non Iona
Junior Squad		
Monday – Friday	3.30pm - 4.30pm	\$80 Iona Student \$120 Non Iona
Cadet Squad		
Monday – Friday	3.30pm - 4.45pm	\$80 Iona Student \$130 Non Iona
Intermediate Squad		
Monday - Thursday Tues / Thurs Saturday	4.30pm – 6.00pm 6.00am – 7.45am 6.00am – 8.00am	\$80 Iona Student \$140 Non Iona
Senior Squad		
Mon/Tues/Thurs/Fri Monday - Friday Saturday <u>Gym Program</u> Tues/Thurs Saturday	5.30pm – 7.45am 4.15pm – 6.30pm 6.00am – 9.00am 5.30am – 6.30am 8.00am – 9.00am	\$80 Iona Student \$160 Non Iona

Methods of payment:

- Phone with credit card details to Administrator (0407 797 828)
- Direct Deposit – Australian Swim Camps
BSB – 114 879 Acc – 410167401
(Child's full name as reference)

Sailing

A reminder that training has been scheduled for:

- Mondays (Black and White teams) starts 22 October
- Wednesdays (Grey team and Fleet) starts 24 October

Many thanks to all who assisted with the rain affected weigh in, Working Bee and season preparation last Sunday.

Details of what is following is available via Facebook and Team App including racing starting Sunday 28 October. Sailing Australia numbers must be forwarded to Tracey Lucock as soon as possible.



Key Dates for Organisation of Term 4 Sailing

Friday 26 October: 4.00pm Blessing of the Fleet followed by a BBQ at RQYS at 5.00pm

Sunday 28 October: Round 1 Fleet / Team Racing

Sunday 4 November: Round 2 Fleet / Team Racing

Sunday 11 November: Round 3 Fleet / Team Racing

Sunday 18 November: Round 4 Fleet / Team Racing

Training details will be provided by coordinator Matt Pilecki. Contact details – matthew.pilecki99@gmail.com and via IC Sailing Supporters on Facebook.

Tennis

Tennis Fixtures (Term 4 Weeks 2 – 6)

Offered by Malpass Tennis.

For: Years 5 – 12

When: Tuesday afternoons 3.15pm – 4.30pm

Venue: Iona College Courts

Cost: \$50 for the term (Parents invoiced by Malpass Tennis)

Afternoons will include a short lesson and drills, followed by games.

Please note that there are only 30 positions available. Nomination forms are available from Ms Adey or Mrs Adamson.

If you have any questions please contact:
Mrs Adamson 3893 8888 or Malpass Tennis 3393 0093

Touch

Primary All Schools Touch Trial

For Years 5 and 6 boys who want to trial for the Primary All Schools Team. Boys must be available for the whole touch competition on 3 and 4 November.

Date: Saturday 20 October

Time: 8.00am – 10.00am

Location: Dwyer Oval (or oval available)

Primary All Schools Touch Competition

Dates: Saturday 3 and Sunday 4 November

Venue: Cleveland Showgrounds Redlands, Brisbane

Qld All Schools Touch Football

Congratulations to all the boys who competed at this event. Unfortunately, due to the weather this event had to be cancelled. At the time of cancellation our U18 team was in the top 8 and the U15 team was top of their pool. Many thanks must go to the coaches of these teams Mr Condon, Miss Dellit and Mr Merrotsy.

Results

Iona Under 13s

Lost 0 - 5 vs Cavendish Rd SHS
 Won 8 - 0 vs St Andrew's Lutheran
 Won 6 - 2 vs Benowa SHS
 Won 3 - 0 vs St Laurence's



Iona Under 15s

Lost 2 - 3 vs Cavendish Rd
 Won 11 - 0 vs Sunshine Beach
 Won 6 - 4 vs Keebra Park
 Won 10 - 4 vs Beenleigh SHS
 Won 11 - 0 vs Noosa
 Won 9 - 2 vs St Laurence's



Iona Opens

Won 5 - 1 vs Roma SC
 Won 12 - 0 vs Stretton
 Drew 4 - 4 vs Chancellor
 Won 7 - 1 vs Suncoast CC
 Won 12 - 1 vs Macgregor SHS



Track and Field

Track and Field Training (Years 7 - 12)

Mondays 3.20pm - 4.45pm	long / triple jump, sprints, javelin and Years 5 - 8 high jump
Tuesdays 3.20pm - 4.45pm	shot put, discus, hurdles, middle distance
Wednesdays 3.20pm - 4.45pm	long / triple jump, shot put, discus, Years 9 - 12 high jump
Thursdays 3.20pm - 4.45pm	sprints, javelin, middle distance

Track and Field Training (Years 5 - 6)

- Students must be picked up from inside the school grounds near Davine Oval immediately after training finishes at 4.30pm.

Mondays:	3.20pm - 4.30pm	high jump
Tuesdays:	Big Lunch	shot put
Tuesdays:	3.20pm - 4.30pm	800m, sprints
Wednesdays:	3.20pm - 4.30pm	long jump / hurdles
Thursdays:	7.00am - 8.00am	shot put
Thursdays:	3.20pm - 4.30pm	800m

AIC Track and Field Meet Thursday 18 October (Years 5 - 12)

Venue: QSAC Kessels Rd, Nathan

Details for Thursday 18 October

1.15pm Years 5/6 squad depart bus turn-a-round via coach (Mr Holmes and Mr McClure)
 3.20pm 12 Years - Open squad depart Sandy Camp Rd via 2 coaches (Mr Devlin and Mr Cassidy)
 5.00pm Years 5/6 squad departs QSAC for 5.30pm return to Iona (Mr Holmes and Mr McClure)
 7.50pm 12 Years - Open squad departs QSAC for approx. 8.20pm return to Iona (Mr Devlin)

- ATHLETES MAY RETURN FROM QSAC WITH PARENTS Please advise Mr Holmes (Years 5/6) or Mr Sean Devlin (12 Years - Open) if returning with parents.

Seniors cannot drive unless given permission by Mr Harvey and students cannot travel with other students unless given permission by Mr Harvey.

- Athletes must wear black Iona singlet or black Iona training shirt, black Iona shorts, white socks and take warm gear - Iona track suit / hoodie.
- (NO NON-IONA TRACK-SUIT TOPS OR BOTTOMS ARE PERMITTED)

Schedule of Track Events for Thursday 18 October

Time	Event
3.00pm	Hurdles Years 5 & 6
3.20pm	200m Years 5 & 6
4.00pm	800m Years 5 & 6
4.30pm	100m Years 5 & 6
4.45pm	4 x 100m Relays Yr 5 - Open
5.15pm	3000m
5:20pm	Hurdles 12 Years - Open
5.40pm	800m
6.10pm	100m
6.55pm	400m
7.20pm	1500m
7.40pm	200m

Schedule of Field Events for Thursday 18 October

Time	Event	Age Group
3.00pm	Shot Put	Year 5
	High Jump	Year 6
	Long Jump	Year 6
3.45pm	Long Jump	Year 5
	Shot Put	Year 6
	High Jump	Year 5
4.30pm	Triple Jump	12 & 13 Years
	Javelin	12 Years
	Shot Put	13 Years
	Long Jump	14 Years
	Discus	16 Years & Open
	High Jump 2	16 Years
	High Jump 1	Open

5.20pm	High Jump Triple Jump Long Jump Shot Put Discus Javelin	13 Years 14 & 15 Years 16 Years & Open 16 Years & Open 13 Years 14 & 15 Years
6.10pm	High Jump Triple Jump Javelin Discus Long Jump Shot Put 1 Shot Put 2	12 Years 16 Years & Open 13 Years 12 Years 15 Years 15 Years 14 Years
7.00pm	Shot Put Long Jump Long Jump High Jump 1 High Jump 2 Discus Javelin	12 Years 12 Years 13 Years 14 Years 15 Years 14 & 15 Years 16 Years & Open

AIC Championship

Athletes have been given details.

Monday 22 October (for those competing) at QSAC, Nathan

12.15pm:	Bus departs from bus turn-a-round
2.00pm:	First field event
2.30pm:	First track event
4.45pm:	Return bus departs or depart with parents
5.30pm:	Bus arrives back at Iona

Tuesday 23 October (for ALL athletes) at QSAC, Nathan

7.00am:	Buses depart from bus turn-a-round
8.45am:	First event
After Tutor group:	Years 11/10/6 depart in buses to support our team
1.45pm:	Presentations
2.00pm – 2.15pm:	Return buses depart or depart with parents
2.45pm:	Buses arrive back at Iona

Volleyball

Provence Cup (For Melbourne Squads)

Round 1: Results

Years 9/10:	won 2 – 1 vs Villanova College
Year 11:	won 2 – 0 vs Villanova College

No games this week.

Round 2: Wednesday 24 October

Venue:	BBC
Years 9/10:	6.00pm vs BBC
Year 11:	7.00pm vs BBC

Round 3: Wednesday 31 October

Venue:	Churchie
Years 9/10:	6.00pm vs Churchie
Year 11:	7.00pm vs Churchie

Volleyball Camp

There is a volleyball camp being held at Iona for the 2019 Year 9 – Open aggregate teams on the last week of the Christmas holidays. Times will be confirmed at a later date.

23 January – 1 st , 11A, 10A
24 January – 10B, 9A, 9B
25 January – 1 st , 2 nd , 11A, 10A

Water Polo

Competition Dates (Years 7/8, Years 9/10 and Open Teams)

Wed 17 Oct	Round 1 AIC Water Polo @ Iona vs Villa
Wed 24 Oct	Round 2 AIC Water Polo @ Iona vs SPLC
Thurs 1 Nov	Round 3 AIC Water Polo @ Iona vs SLC

Game Times Each Week:

Years 7/8	4.15pm
Years 9/10	4.50pm
1 st	5.25pm