



**IONA  
SPORT**



**LIVE LEARN LEAD SERVE**

85 North Road  
Lindum QLD 4178  
Subscribe: <http://ionac.schoolzineplus.com/subscribe>  
AIC Sports Information (via Twitter): [@SportIona](https://twitter.com/SportIona) (includes wet weather)

Director of Sport:	Mr Keith Harron	3893 8851
Deputy Director of Sport (9-12):	Mr Sean Devlin	3906 8905
Deputy Director of Sport (5-8):	Mr Chris Pritchard	3893 8869
Sports Administrator:	Mrs Karen Otway	3893 8805

10 October

## ISPORT 1958 – 2018: Standards

Iona College endeavours to support our “Trusted Partners” through sport. During the vacation, Wynnum Seagulls rugby league used our fields for 2 days of high intensity games between Broncos affiliate clubs at 3 age levels. Generously led by Mrs Ryan, all canteen proceeds were donated to drought relief – many thanks to parents, staff and students who gave of their time to support the initiative. Caltex have also been using our football fields in preparation for annual games. The college is willing to support these usages of our facilities as a thank you for long time support.

Water polo trials were held this week, the Provence Cup for volleyball began, the Queensland All Schools Touch Championships will be held and our track and field squad competes. Our golf team plays Monday. Our swim squad also began training in a revamped facility under new coaching structures.

It has been a strong year of sport and it is hoped that further effort will maintain high standards.

### Key Personnel for 2018, Term 4 Sport

General Enquiries Years 7–12	Mr Keith Harron	<a href="mailto:harronk@iona.qld.edu.au">harronk@iona.qld.edu.au</a>
General Enquiries Years 5–6	Mr Chris Pritchard	<a href="mailto:pritchardc@iona.qld.edu.au">pritchardc@iona.qld.edu.au</a>
All Schools Touch	Mr Troy Condon	<a href="mailto:condont@iona.qld.edu.au">condont@iona.qld.edu.au</a>
Sailing	Mr Matt Pilecki	<a href="mailto:matthew.pilecki99@gmail.com">matthew.pilecki99@gmail.com</a>
Track & Field Years 7 - 12	Mr Sean Devlin	<a href="mailto:devlins@iona.qld.edu.au">devlins@iona.qld.edu.au</a>
Track & Field Years 5 - 6	Mr Peter Holmes	<a href="mailto:holmesp@iona.qld.edu.au">holmesp@iona.qld.edu.au</a>
Water Polo	Mr Keith Harron	<a href="mailto:harronk@iona.qld.edu.au">harronk@iona.qld.edu.au</a>
Volleyball	Mr Chris Pritchard	<a href="mailto:pritchardc@iona.qld.edu.au">pritchardc@iona.qld.edu.au</a>

## Date Claimers

Wed 10 Oct	Iona Water Polo Trials
Wed 10 Oct	Volleyball Provence Cup vs Villa @ Iona
10 – 14 Oct	Qld All Schools Touch
Fri 12 Oct	AIC Track and Field Meet
Sun 14 Oct	Sailing Trials/Volunteer Training/Working Bee
Mon 15 Oct	Intercollegiate Golf
Wed 17 Oct	AIC Water Polo vs Villa
Wed 17 Oct	Year 6 Rugby League Gala Day
Thurs 18 Oct	AIC Track and Field Meet
Sun 21 Oct	Sailing Training (TBC)
Mon 22 Oct	AIC Track and Field Championships (Twilight)
Tues 23 Oct	AIC Track and Field Championships
Wed 24 Oct	AIC Water Polo vs SPLC
Wed 24 Oct	Volleyball Provence Cup @ BBC
Fri 26 Oct	Blessing of the Sailing Fleet 4.00pm
Sun 28 Oct	Round 1 Fleet / Team Racing Sailing
Mon 29 Oct	AIC Golf Championships
Wed 31 Oct	Volleyball Provence Cup
Thurs 1 Nov	AIC Water Polo vs SLG
3 – 4 Nov	Primary All Schools Touch
Sun 4 Nov	Round 2 Fleet / Team Racing Sailing
Sun 11 Nov	Round 3 Fleet / Team Racing Sailing
Sun 18 Nov	Round 4 Fleet / Team Racing Sailing
9 – 14 Dec	National Schools Cup Volleyball (Melbourne)
9 – 14 Dec	Oblate Cup Cricket (Perth)

## High Performance

A number of our athletes have been competing in high level championships. Congratulations to the following:

- William Markham: Gold medal at National U16 rugby championships representing Queensland.
- Jefferson Morrow: (U19), Connor O’Neill (U17) and Beau Brown (U15) all gaining gold medals at the national age volleyball championships.
- Max Craig: Represented Queensland White U15 rugby team.

The Sports Department is accepting nominations for Met East regional 15 – 19 Years cricket. See Mr Harron if interested.

## Rugby League

### Year 6 Gala Day

A Year 6 team will play in a 9-a-side gala day hosted by the NRL at Kitchener Park on Wednesday 17 October.

The team will depart the college in Iona sports uniform at 9.00am in a college bus and return at 2.45pm. Jersey and shorts will be provided.

Contact: Mr Harron 0417 079 268

## Swimming

Our preparations for both club and school swimming begin this term under the guidance of our swim coach Michael Lewandowski and his new assistant Josh Sinclair.

### Term 4 Training Times October 2 – December 22 (All Squads)

- No swim training on the following Wednesday afternoons due to water polo: 10, 17, 24, October and Thursday 1 November.

For information on swim squads, including squad levels and scheduling, or to obtain a registration form please contact Michael Lewandowski – [lewandowskim@iona.qld.edu.au](mailto:lewandowskim@iona.qld.edu.au) or 0424 198 734 (Head Coach).

Registration is due before a child commences swimming.

Iona Swimming Training Times Term 4		
Days	Times	Monthly Fees
<b>Mini Squad</b>		
Monday – Friday	3.30pm – 4.15pm	\$80 Iona Student \$210 Non Iona
<b>Junior Squad</b>		
Monday – Friday	3.30pm - 4.30pm	\$80 Iona Student \$120 Non Iona
<b>Cadet Squad</b>		
Monday – Friday	3.30pm - 4.45pm	\$80 Iona Student \$130 Non Iona
<b>Intermediate Squad</b>		
Monday - Thursday	4.30pm – 6.00pm	\$80 Iona Student \$140 Non Iona
Tuesday / Thursday	6.00am – 7.45am	
Saturday	6.00am – 8.00am	
<b>Senior Squad</b>		
Mon/Tues/Thurs/Fri	5.30pm – 7.45am	\$80 Iona Student \$160 Non Iona
Monday - Friday	4.15pm – 6.30pm	
Saturday	6.00am – 9.00am	
<u>Gym Program</u>		
Tuesday / Thursday	5.30am – 6.30am	
Saturday	8.00am – 9.00am	

## Sailing

### Key Dates for Organisation of Term 4 Sailing

<u>Sunday 14 October:</u>	Sailing Trials / Volunteering Training / Working Bee
<u>Sunday 21 October:</u>	Tentative sailing training (TBC)
<u>Friday 26 October:</u>	4.00pm Blessing of the Fleet followed by a BBQ at RQYS at 5.00pm
<u>Sunday 28 October:</u>	Round 1 Fleet / Team Racing
<u>Sunday 4 November:</u>	Round 2 Fleet / Team Racing
<u>Sunday 11 November:</u>	Round 3 Fleet / Team Racing
<u>Sunday 18 November:</u>	Round 4 Fleet / Team Racing

Training details will be provided by coordinator Matt Pilecki. Contact Details – [matthew.pilecki99@gmail.com](mailto:matthew.pilecki99@gmail.com) and via IC Sailing Supporters on Facebook.

## Tennis

### Tennis Fixtures (Term 4 Weeks 2 – 6)

Offered by Malpass Tennis

For: Years 5 – 12

When: Tuesday afternoons 3.15pm – 4.30pm

Venue: Iona College Courts

Cost: \$50 for the term (Parents invoiced by Malpass Tennis)

Afternoons will include a short lesson and drills, followed by games.

Please note that there are only 30 positions available.

Nomination forms are available from Ms Adey or Mrs Adamson.

If you have any questions please contact:

Mrs Adamson 3893 8888 or Malpass Tennis 3393 0093

## Touch

### Primary All Schools Touch Trial

For Years 5 and 6 boys who want to trial for the Primary All Schools Team. Boys must be available for the whole touch competition on 3 and 4 November.

Date: Saturday 20 October

Time: 8.00am – 10.00am

Location: Dwyer Oval

### Primary All Schools Touch Competition

Dates: Saturday 3 and Sunday 4 November

Venue: Cleveland Showgrounds Redlands, Brisbane

## Queensland All School Touch Football (13s, 15s, Open)

Dates: Wednesday 10 – Sunday 14 October 2018

Venue: Whites Hill Reserve, Boundary Road, Camp Hill

Game Times:

### Iona Under 13's

Wednesday 3.30pm vs Cavendish Rd SHS, Field 2

Wednesday 5.30pm vs St Andrew's Lutheran, Field 1

Thursday 5.00pm vs Benowa SHS, Field 7

Saturday 2.00pm vs Xavier Catholic, Field 5

Saturday 4.00pm vs Stretton SC, Field 8

### Iona Under 15's

Wednesday 4.00pm vs Cavendish Rd, Field 4

Thursday 5.00pm vs Sunshine Beach, Field 13

Thursday 7.00pm vs Keebra Park, Field 4

Friday 3.30pm vs Beenleigh SHS, Field 1

Friday 5.30pm vs Noosa, Field 5

### Iona Opens

Wednesday 3.30pm vs Roma SC, Field 9

Wednesday 5.00pm vs Stretton, Field 1

Friday 4.30pm vs Chancellor, Field 7

Friday 6.30pm vs Suncoast CC, Field 13

Saturday 10.00am vs Emmaus, Field 14

Saturday 12.30pm vs St Mary's, Field 4

Finals matches for all age groups will be held on Sunday 14 October.

## Track and Field

### Track and Field Training (Years 7 – 12)

Mondays 3.20pm - 4.45pm long / triple jump, sprints, javelin and Years 5 – 8 high jump

Tuesdays 3.20pm - 4.45pm shot put, discus, hurdles, middle distance

Wednesdays 3.20pm - 4.45pm long / triple jump, shot put, discus, Years 9 – 12 high jump

Thursdays 3.20pm - 4.45pm sprints, javelin, middle distance

### Track and Field Training (Years 5 - 6)

- Students must be picked up from inside the school grounds near Davine Oval immediately after training finishes at 4.30pm.

Mondays: 3.20pm – 4.30pm high jump

Tuesdays: Big Lunch shot put

Tuesdays: 3.20pm – 4.30pm 800m, sprints

Wednesdays: 3.20pm – 4.30pm long jump / hurdles

Thursdays: 7.00am – 8.00am shot put

Thursdays: 3.20pm – 4.30pm 800m

## AIC Track and Field Meet Friday 12 October (Years 5 – 12)

Venue: State Athletics Facility (SAF) Kessels Rd, Nathan.

### Details for Friday 12 October (Iona hosting)

1.15pm Years 5/6 squad depart bus turnaround via coach (Mr Holmes and Mr McClure)

3.20pm 12 Years – Open squad depart Sandy Camp Rd via 2 coaches (Mr Devlin and Mr Cassidy)

5.00pm Years 5/6 squad departs SAF for 5.30pm return to Iona (Mr Holmes and Mr McClure)

7.50pm 12 Years – Open squad departs SAF for approx. 8.20pm return to Iona (Mr Devlin)

- ATHLETES MAY RETURN FROM SAF WITH PARENTS  
Please advise Mr Holmes (Years 5/6) or Mr Sean Devlin (12 Years – Open) if returning with parents.

Seniors cannot drive unless given permission by Mr Harvey and students cannot travel with other students unless given permission by Mr Harvey.

- Athletes must wear black Iona singlet or black Iona training shirt, black Iona shorts, white socks and take warm gear – Iona track suit / hoodie.
- (NO NON - IONA TRACK-SUIT TOPS OR BOTTOMS ARE PERMITTED)

### Schedule of Track Events for Friday 12 October

Time	Event
3.00pm	Hurdles Years 5 & 6
3.20pm	200m Years 5 & 6
4.00pm	800m Years 5 & 6
4.30pm	100m Years 5 & 6
4.45pm	4 x 100m Relays 5 - Open
5:15pm	Hurdles 12 Years - Open
5.35pm	800m
6.10pm	100m
6.55pm	400m
7.25pm	1500m
7.45pm	200m

### Schedule of Field Events for Friday 12 October

Time	Event	Age Group
3.00pm	Shot Put	Year 5
	High Jump	Year 6
	Long Jump	Year 6
3.45pm	Long Jump	Year 5
	Shot Put	Year 6
	High Jump	Year 5
4.30pm	High Jump	13 Years
	Triple Jump	14 & 15 Years
	Long Jump	16 Years & Open
	Shot Put	16 Years & Open
	Discus	13 Years
	Javelin	14 & 15 Years

5.20pm	High Jump Triple Jump Javelin Discus Long Jump Shot Put 1 Shot Put 2	12 Years 16 Years & Open 13 Years 12 Years 15 Years 15 Years 14 Years
6.10pm	Shot Put Long Jump Long Jump High Jump 1 High Jump 2 Discus Javelin	12 Years 12 Years 13 Years 14 Years 15 Years 14 & 15 Years 16 Years & Open
7.00pm	Triple Jump Javelin Shot Put Long Jump Discus High Jump 2 High Jump 1	12 & 13 Years 12 Years 13 Years 14 Years 16 Years & Open 16 Years Open

## Volleyball

### Provence Cup (For Melbourne Squads)

Round 1: Wednesday 10 October

Venue: Iona College

Years 9/10: 6.00pm vs Villanova College

Year 11: 7.00pm vs Villanova College

Round 2: Wednesday 24 October

Venue: BBC

Years 9/10: 6.00pm vs BBC

Year 11: 7.00pm vs BBC

Round 3: Wednesday 31 October

Venue: Churchie

Years 9/10: 6.00pm vs Churchie

Year 11: 7.00pm vs Churchie

### Volleyball Camp

There is a volleyball camp being held at Iona for the 2019 Year 9 – Open aggregate teams on the last week of the Christmas holidays. Times will be confirmed at a later date.

23 January – 1<sup>st</sup>, 11A, 10A

24 January – 10B, 9A, 9B

25 January – 1<sup>st</sup>, 2<sup>nd</sup>, 11A, 10A

## Water Polo

### Years 7/8 and Years 9/10 Trials

Date: Wednesday 10 October

Venue: Iona pool Time: 3.15pm – 4.30pm

Those players selected in the Iona water polo teams are reminded that togs are available from the Uniform Shop - either Iona black togs or water polo togs are to be worn.

### Competition Dates (Years 7/8, Years 9/10 and Open teams)

Wednesday 17 October Round 1 AIC Water polo @ Iona vs Villa

Wednesday 24 October Round 2 AIC Water polo @ Iona vs SPLC

Thursday 1 November Round 3 AIC Water polo @ Iona vs SLC

### Game Times Each Week:

- Years 7/8 4.15pm
- Years 9/10 4.50pm
- 1<sup>st</sup> 5.25pm

