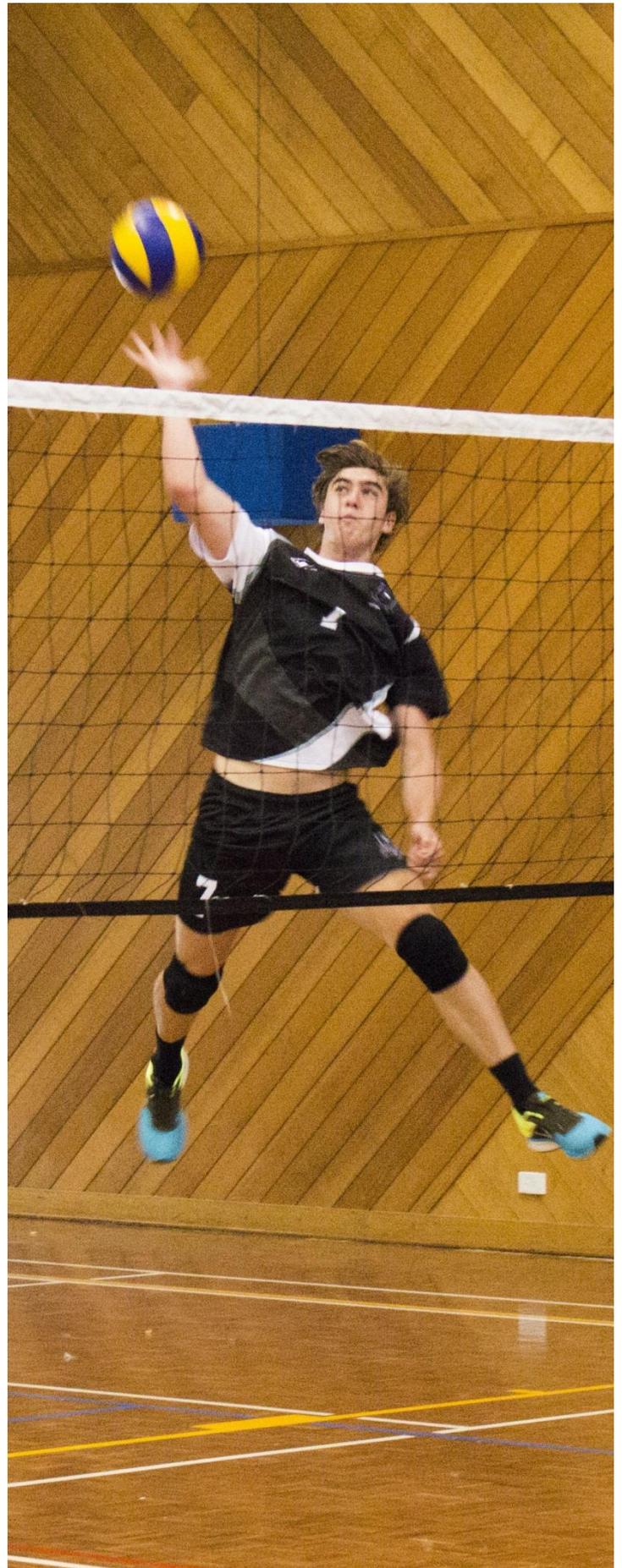




IONA COLLEGE

Co-Curricular
Code of Conduct

2018



CODE OF CONDUCT

PREAMBLE:

The main aim of the Associated Independent Colleges organisation shall be “to promote and conduct various forms of inter-school activity, with a view to fostering a spirit of fellowship”. It is acknowledged and accepted that each school has its own standards of conduct and that it is within the jurisdiction of the Head of College to ensure that those standards are maintained; never the less it is hoped that some commonly accepted norms of behaviour designated herein would be observed on a uniform basis throughout the Association.

The Code is considered under the following headings:

1. General Behaviour
2. Behaviour and Example of Coaches
3. Coaches Code of Conduct
4. Standards required by Referees
5. Conduct of Players
6. Conduct of Spectators
7. Dress Expectations for Coaches

1. General Behaviour

- a. Healthy, vigorous exercise; scrupulous regard for the spirit of the rules of the game; a willingness to submit to disciplined training; and the cultivation of a generous sportsmanship, should be the goals of AIC sports.
- b. The Host School has the right to expect both the visitors and members of its own community will adhere to its own customs and practices.
- c. The competition tables should not be regarded as the sole reason for competing.
- d. Schools should ensure that players compete in their correct age group and that they adhere to the General Association Rules and By Laws for various sports.
- e. Racial abuse or any other form of harassment will under no circumstances be tolerated by AIC. Players should be given no more than one warning before being sent off and reported to the school. Spectators likewise should be reported and asked to leave the sideline if guilty of racial abuse.

2. Behaviour and Example of Coaches

- a. Under no circumstances is there to be deliberate bending of the General Association Rules and By Laws for the various sports.
- b. Coaches should encourage teams and/or individual players to be punctual in coming onto the field or reporting to the designated officials both before and during the matches.

- c. Coaching from the sideline or inside the arena by anyone is not to be allowed.
- d. Coaches must accept the decisions and umpires. This does not preclude rational clarification of decisions at a subsequent time.
- e. The following are to be discouraged:
 - Time wasting and time wasting actions
 - Unsportsmanlike behaviour
 - Over-vigorous play
 - Deliberate coaching of illegal tactics
 - Sledging
 - Dissent
 - Foul language
 - Foul play

3. Coaches Code of Conduct

- Iona College is the sum of the coaches, teachers, families and athletes within its walls, their actions and behaviours and outcomes are what Iona College gets measured by, not the score board.
- Be reasonable in your demands on the athlete's time, energy and enthusiasm. Remember that they have other interests
- Accept the decisions of referees and umpires; this does preclude rational clarification of decisions at a subsequent time.
- Teach your competitors that rules of the activity are mutual agreements which no one should evade or break.
- Under no circumstances is there to be deliberate bending of the General Competition Rules and By –Laws for various activities. Discourage time wasting, over-vigorous play and deliberate use of illegal tactics.
- Develop team respect for the ability of opponents as well as for the judgment of officials and opposing coaches.
- Remember the athletes need a coach they respect. Be generous with praise when deserved and honest when reflecting on performance and attitude.
- Represent and be the example of the behaviours you wish your athletes to display.
- Follow the advice of a physician, physiotherapist or parent when determining when an injured player is ready to resume competition.
- Ensure that equipment and facilities meet current safety standards.

3. Standards required by Referees

- a. As an Association, we demand a certain standard of behaviour and dress from our players. Similar standards are expected of referees and umpires.

- b. Appropriate signals for the conduct of the sport should be adhered to always, as clear signaling is beneficial to the game.
- c. It is expected that referees and umpires should meet the required standards of qualifications to officiate.
- d. The criteria for appointment of referees and umpires as laid down in the various By Laws should be adhered to.
- e.

4. Conduct of Players

- a. A high standard of conduct is expected always, both on and off the field. b) Each player should be an example of what a sportsman should be, including an appreciation of good play and an acceptance of the mistakes made by fellow players.
- b. The game should be played hard, but never unfairly.
- c. Ill temper or spite should never be shown; assistance for opponents when it appears desirable should be given.
- d. The meeting of opposing coach and captain by opposite numbers is to be commended.
- e. Congratulations, thanks or cheers appropriate to the game, by the captain and/or players is to be encouraged.
- f. The orders or instructions of the umpire, referee or designated official should be obeyed quickly, and any decisions, however unfavourable, should be accepted without question.
- g. The use of drugs, including pain killers, to improve or maintain the performance of any individual player, or group of players, is strictly forbidden.

5. Conduct of Spectators

- a. Good play by either side should be acknowledged by spectators in the appropriate manner. This can encourage players and help them to lift their game as the match or contest progresses. Unwise or fanatical barracking can make a players perform foolish actions in his play, or incite him to foul play, which is not to be condoned.
- b. The Head of College or delegate has the legal right to remove any person or persons who do not conform to the acceptable standards of behaviour as laid down by his school.
- c. Consumption of alcohol by spectators during the conduct of a match or contest is not permitted.
- d. Referees or umpires are not to be approached by spectators at any time before, during or after a match.
- e. Cheering and supporting one's own team is recognized as part of the conduct of the game and, provided this barracking is within the requirements of the By Laws (with respect to Athletics and Swimming), it is to be encouraged. However, negative barracking against another school is not acceptable, and should be discouraged.
- f. While the Host School should make every endeavour to provide for the disposal of rubbish, all should make every effort not to litter any parts of the playing fields and/or grounds.

6. Dress Expectations for Coaches

a. Coaches are encouraged to participate in activities with students where this is appropriate and worthwhile to the training, therefore suitable clothing is required.

- Appropriate length pant and or shorts
- Iona Coach Shirt
- Running shoes or similar (thongs NOT permitted unless at the pool).
- Hat (College Cap).
- On competition days, coaches are expected to wear an Iona College polo (supplied).

STUDENT EXPECTATIONS & RESPONSIBILITIES

ATTENDANCE

In planning training sessions and fixtures, the College attempts to minimise the likelihood of clashes between co-curricular activities. If a clash occurs between two co-curricular activities, the student is to advise both Coordinators of the situation. The Coordinator of each activity will then explore the situation together and advise the student of the solution.

The Coach is to monitor players' attendance and commitment throughout the season, and will become a record of player's participation and eligibility for various awards, team photographs and so on.

It is therefore essential that players advise their coach and coordinator PRIOR to the session of any absences that will occur during the season. This includes absences due to illness, injury, music, drama and other school commitments and applies to both TRAININGS and FIXTURES.

Failure to attend training without a satisfactory explanation may result in players not being allowed to participate. Dedication and enthusiasm of all students who have been chosen in the team will mean that this situation will not arise.

COMMITMENT

The College expects all students to actively participate in the co-curricular program. Students who accept membership of a sporting team or squad must also accept all the commitments that are associated with membership. The core commitments for sport include:

- Giving maximum effort and commitment to team members and coaching staff at all times.
- Being punctual in attending all training sessions and games/fixtures.
- Completing any officiating or duty requirements.

- Supporting fellow team members in their matches.
- Taking responsibility for communicating training times, fixtures details and transport arrangements on a weekly basis to parents and guardians.
- Bringing all necessary equipment to trainings and matches. This includes personal safety equipment such as mouth guards, shin pads and water bottles.
- Meeting all uniform and behavioural requirements for all trainings and games.

TEAM SELECTIONS

Each association has different laws governing the number of teams that can be entered in the various age groups for each sport. Where possible, the College attempts to place each student in an appropriate team. There are, however, some activities that require a selection process to occur. In these instances, trials will occur prior to the season. Students will have multiple opportunities to demonstrate their abilities and talents. Teams are selected by the relevant coach on the criteria of physical performance, attendance, attitude, behaviour and team balance. Team selections for each game will be communicated by the coach to the students, generally in the final training session of the week.

The grading of these teams is both for the benefit of the competition and to ensure that students are playing at an appropriate level. Because teams are selected on a weekly basis, there is always the opportunity for students to move between teams based on their ability and attitude to training.

SELECTION POLICY

The major criterion for selection will be the performance of the player at trials or training sessions taking into consideration the below factors:

Areas of performance considered should be:

- AIC specific sport By Laws and Regulations.
- The skill level of the athlete and specific physical qualities (anatomical; physiological) required.
- The fitness level of the athlete.
- The performance of the athlete within the team.
- The attitude and behaviour of the athlete on and off the field.
- A player absent due to injury, illness, competing demands (representative duties) may be considered if appropriate advice has been provided (medical Cert. verification of representative trials etc.)

Selection Panel (if disputes arise e.g. Attendance/Behaviour):

- The Director of Sport, Sport Coordinators and Team Coaches MUST be consulted.

EQUIPMENT & SAFETY

PLAYING AND PERSONAL SAFETY EQUIPMENT

The College provides sufficient general equipment for students to undertake all the sports offered. For some activities such as tennis and cricket, it is acceptable for students to have their own personal sporting equipment.

Some sports offered at the College require compulsory personal safety items such as mouth guards, shin pads, protectors and boots. Students who do not have these items may not be able to train or play fixtures.

Uniform Competition Day - As an ambassador for the College, the playing uniform should be worn with pride and in the correct manner at all times. In some cases (mainly winter sports) students may be required to wear their school formal uniform to and from the match. All 1st teams have a post-match function and are expected to be dressed appropriately for these occasions.

Please consult the web page for specific information on the uniform requirements of each sport. All uniforms are to be purchased from the Iona College Uniform Shop prior to the first fixture or trial match.

Training Day - Students are expected to wear appropriate clothing to training. It is a requirement that students have appropriate footwear for their specific sport. Open shoes such as thongs or sandals are not suitable. All students are required to be in their formal school uniform before the first lesson if training before school.

Water and Food - It is the responsibility of the individual to ensure that they have their own water bottle and that it is not shared. All necessary precautions should be taken in this regard. Not all schools will be providing a canteen or morning/afternoon tea at the away venues so students will need to bring a snack and drink if they require food before or after matches.

Medical Forms - Parents/guardians are asked to ensure the College has updated student medical details. This information will be obtained and kept confidential by the coach/coordinator to assist if there is an accident. All accidents and injuries will be reported to the College on Student Accident Report forms by the authorities in-charge at the time of the incident.

MEDICAL ISSUES/ INJURIES

On Home game days the College employs the services of Twelve9teen (Sports Physio company) and they service our home day competitions. Away games are serviced by the 'Home' school. Any type of assistance that a student requires from sustaining an injury at training or match needs to be documented (Game day documentation is done by Sports Med at ground). At training sessions the information that should be noted is below. Please

forward this information to the Sports Coordinator, Director of Sport or Head of Athletic Performance.

Name of student Age/PC Sport/Team Location e.g. cricket nets Type of injury
How was injury sustained? What medical attention did he receive? e.g. Ice
Was anyone contacted – Office, HOS, Parents, Ambulance etc.

NB If in doubt with seriousness of injury contact the Director of Sport.

METROPOLITAN EAST SPORT

Iona students are entitled to attend the Metropolitan East Sports selection trials in the sports they currently play in at Iona. Exceptions to this would include sports that are not offered to students such as orienteering, baseball, etc. All students must nominate through the Iona Sports Department and comply with the following expectations:

1. The primary focus for Iona College is on AIC Sport.
2. Iona College views Lytton District and Met East Trials as an avenue for its athletes to reach state representation.
3. It is the student's responsibility to collect nomination forms from the Sports Department and return them by the due date.
4. Students are to be made aware that there are qualifying standards for certain sports and if these standards are not met; students will not be eligible to attend.
5. Students who have met the criteria and have been permitted to attend Lytton District or Met East trials, will be excused from classes.
6. Transport to and from the trial is the parents' / guardian's responsibility.
7. The Rector in consultation with the Director of Sport will approve a student's application.
8. Application to attend the trials will not be approved unless the student represents the College in the sport for which they intend trialling.
9. If the school does not actively participate in their chosen sport, the student must at least represent in an outside club.
10. Students who attend these trials must have their parent's permission and are responsible for catching up on work missed whilst at trials.

11. Students attending these trials should minimise their time away from classes and return to College after their event is finished.

12. The Rector reserves the right to withdraw students from attending trials or competing in Lytton District, Met East and AIC teams.

TRAINING, TRANSPORT AND WEATHER

For fixtures played on a non-school day, students and parents are required to make their own transport arrangements. If a student cannot make a fixture due to transport, parents are asked to attempt to organise alternative arrangements with another student in that team. If this is not possible, parents are then asked to contact the Director of Sport to see if alternative arrangements can be made.

Training Changes to training times will be communicated by the Sport Coordinator. Information regarding changes will be disseminated via the college website and student notices. In the event of illness or an unavoidable appointment, please contact the Sport Coordinator via phone or email in relation to training and fixtures.

In most cases training will still occur in the event of WET WEATHER as teams will often work under cover for training or in classrooms. If for some reason training cannot occur, coaches and players will be notified as soon as possible. This information will also be posted to the College website.

Coaches will endeavour to dismiss students from training sessions at the advertised time.

Extreme Weather Each association has a set of guidelines which involves a consultative process in relation to fixtures being cancelled due to poor weather conditions. In relation to cancelling matches due to the weather, a decision is usually left to the early morning for Saturday fixtures (or lunchtime Friday for Friday afternoon fixtures). If there is no word, please assume the game is on and follow the advertised playing details.

In the event of WET WEATHER during FIXTURES, the Director of Sport will contact the coach to confirm play if possible. Cancellation of games made on match day will be determined from the venue and teams will need to be present. The relevant Heads of Sport from each school will decide on the future of play.

Whenever possible, the College website and Iona App will provide the most up to date information on the status of training and fixtures due to weather.