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85 North Road Lindum QLD 4178

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AIC Sports Information (via Twitter): <u>osportlona</u> (includes wet weather)

Director of Sport:Mr Keith Harron3893 8851Deputy Director of Sport (9-12):Mr Sean Devlin3906 8905Deputy Director of Sport (5-8):Mr Chris Pritchard3893 8869Sports Administrator:Mrs Karen Otway3893 8805

25 October 2017

Sport #iRESPECT 2017

Track and field, water polo, volleyball, golf and sailing saw action last week. Our golf team achieved 4th in the annual AIC Golf Championships, Years 10 and 11 volleyball continued their involvement in the Provence Cup, sailing saw its first races after a week of wind cancellation and our water polo teams dominated Marist College Ashgrove. Our track and field teams were also competing in the annual AIC Championship, aiming for a top 3 finish in aggregates.

Date Claimers

Wed 25 Oct	AIC Track and Field Championships (Day)	
Wed 25 Oct	Volleyball Provence Cup vs SLC @ BBC	
Thurs 26 Oct	AIC Water Polo vs SLC @ Iona	
Wed 1 Nov	Volleyball Provence Cup (Iona bye)	
Thurs 2 Nov	AIC Water Polo vs Padua @ Iona	
Sat 4 Nov	Churchie Invitational Volleyball (1st only)	
4 – 5 Nov	Primary All Schools Touch	
Sun 5 Nov	Sailing	
Wed 8 Nov	Volleyball Provence Cup Finals	
Fri 10 Nov	QSS 10 – 12 Years swimming Relay Carnival	
Sat 11 Nov	Volleyball Trial vs Villa (full school trial)	
Sat 11 Nov	1 st / 2 nd Cricket Trial vs Villanova @ Iona	
Sun 12 Nov	Sailing	
Sat 18 Nov	Volleyball Trial vs Churchie (full school trial)	
3 – 8 Dec	Oblate Cup Cricket @ Iona	

Australian Schools Cup Volleyball (Melbourne)

Cricket

3 - 11 Dec

All students chosen to play cricket for Iona College in 2018 will be required to wear the college polo shirt, Iona cricket white long pants and an Iona cap or broad brimmed hat. The long pants will need to be ordered from the Uniform Shop.

<u>Download the Iona cricket pants order form here</u>.



Golf

AIC Golf Championships

The AIC Championships were held at Indooroopilly Golf Club on Monday in testing weather conditions. The young team did Iona proud and placed 4th in this year's championship. Isaac Curyer made an excellent debut scoring a Nett 68 on a difficult course.

Congratulations to all team members

this year who represented lona in the true traditions of the great game.

Special thanks to Ronan Leck and

Gordon Erwin as they have played their final game for Iona and the team thanks them for their contributions.



New Golfers Needed for 2018

Any boys who are current members of a golf club or who are interested in joining a golf club and would like to be part of the Iona Golf Team, please email Mrs Otway

otwayk@iona.qld.edu.au for more information.



High Performance

Congratulations to the following boys who have been selected in the Queensland Track and Field team to compete at the National Championships in December.

William Quinn 12 Years 200m and 4 x 100m Relay Joel Templin 12 Years Long Jump, High Jump

Will Higgins U14 Years Hammer
Mackenzie McIntyre U18 Years 400m
Harrison Biggs U18 2000m Steeple

Congratulations to the following athletes selected in Met East regional teams:

13 Years Futsal: Charlie Cogman

Open water polo: Liam O'Brien, Oscar Craig

Sailing

The first week of sailing was cancelled due to storm warnings, so this week saw the boys racing for the first time this term. The boys were all very excited and keen to get back on the water after the long winter break. We had 2 boats race in the morning Fleet session. These boys sailed



well and finished the round in 12th and 14th spot. For some of these sailors, this was the first time that they had ever competed in a race and the first time some had skippered, so a fabulous achievement. Congratulations to our Fleet boys.

In the afternoon our Teams took to the water. Both teams sailed exceptionally well. Iona Black finished the round in 1st place and Iona White is currently placed 4th - great work by all the boys involved. Thank you to our parent and teacher helpers, without you we would struggle to get the boys out on the water each week. This Sunday there is no racing, however training will be Friday afternoon 3.30pm at RQYS.



Swimming

Swim Training Times

Term 4 2017: Tuesday 3 October – Friday 8 December Term 1 2018: Tuesday 2 January – Friday 30 March

• Iona pool is not available Thurs 26 Oct and 2 Nov.

For information on swim squads, including squad levels and scheduling, or to obtain a registration form please email Michael Lewandowski - lewandowskim@iona.qld.edu.au

Registration is due before a child commences swimming.

Iona Swimming Training Times				
Junior Squad				
Monday – Friday	3.15pm - 4.00pm	Attend 2 – 3 Sessions		
Saturday	9.00am – 9.45am	Per Week		
Cadet Squad				
Monday – Friday	3.30pm - 4.30pm	Attend 3 – 4 Sessions		
Saturday	9.00am – 10.00am	Per Week		
Intermediate				
Monday – Friday	3.30pm – 5.00pm	4 – 5 Sessions Per		
Tues / Thurs	6.00am – 7.45am	Week Tues & Thurs		
Saturday	9.00am – 10.30am	Dryland Then Swim		
Senior Squad				
Monday – Friday	4.30pm – 6.30pm	6+ sessions per week		
Mon, Tues, Thurs, Fri	5.30am – 7.45am	Gym & swim Mon & Fri		
Saturday	6.00am – 8.30am			

Tennis

Malpass Tennis Coaching



Coaching @ Iona College

Group coaching (6 max)

Private coaching

Private coaching

Private coaching

Shared private

Shared private

60mins @ \$15 per session

60mins @ \$40 per session

60mins @ \$80 per session

30mins @ \$25 per session

60mins @ \$45 per session

Fixtures @ Wynnum Tennis Centre (Colina Street, Wynnum)

Green Ball (Juniors) Wednesday Yellow Ball (Juniors) Friday

Saturday Club fixtures (Doubles/Team - all ages)

More Information Ph: (07) 3393 0093

Email: MalpassTennis@bigpond.com

www.MalpassTennis.com.au

Touch

Years 5 / 6 All Schools Training

Boys in Years 5 and 6 who are selected in the Primary A and Primary B Touch Teams will be required to train on the following days:

 $\begin{array}{ll} \mbox{Thursday October 26:} & 3.15\mbox{pm} - 4.30\mbox{pm} \\ \mbox{Monday October 30:} & 3.15\mbox{pm} - 4.30\mbox{pm} \\ \mbox{Tuesday October 31:} & 3.15\mbox{pm} - 4.30\mbox{pm} \\ \mbox{Thursday November 2:} & 3.15\mbox{pm} - 4.30\mbox{pm} \\ \mbox{Friday November 3:} & 3.15\mbox{pm} - 4.30\mbox{pm} \end{array}$

The competition takes place on November 4 and 5 at Redlands Touch Association.

Volleyball

Provence Cup

Round 2: Results

Year 10: won 2 – 0 vs Nudgee College Year 11: won 2 – 0 vs Nudgee College

Round 3: Results

Year 10: lost 0 – 2 vs Churchie
Year 11: won 2 – 1 vs Churchie

Round 4: Wednesday 25 October
Venue Brisbane Boy's College

Year 10: 5.30pm vs St Laurence's College Year 11: 7.30pm vs St Laurence's College

Round 5: Wednesday 1 November

Both Iona teams have byes.

Finals: Wednesday 8 November

Venue: Churchie

Volleyball Training for A teams

Any students in Years 7 - 11 interested in training for an A Volleyball team for next year, please take note of the following training sessions that will take place for the remainder of Term 4. If you have any clashes with AIC Athletics, your commitment to athletics should come first. Please email Mr Pritchard if you are unable to attend any of the sessions yet still wish to be considered for selection. Trials will also take place in year level

sport later in the term. Please note that training for Melbourne squads and the $2^{nd}/3^{rd}/4^{th}$ squads do not commence until week 4. Year 6 students will continue to train in year level sport.

Day	Time	Team
Tuesday (Starting Week 4)	3.15pm – 4.45pm	Years 8/10/11 Melbourne Squads
Wednesday (Starting Week 3)	3.15pm – 4.45pm	Years 7/8
Thursday (Starting Week 3)	3.15pm – 4.45pm	Year 9
Thursday (Starting Week 4)	6.45am – 8.00am	Year 11 (2 nd /3 rd /4 th)

Volleyball Trials for 2018 Teams

Trials for 2018 volleyball teams will be held this term during HPE lessons.

Water Polo

Iona water polo was too strong for Marist College Ashgrove last week, winning all 3 games. The improvement displayed by our Years 7 / 8 team was encouraging.

Round 2 Results vs Ashgrove

Years 7/8 won 10 - 2 Years 9/10 won 10 - 4 1st won 16 - 1



Thursday 26 October – Rd 3 AIC Water Polo vs SLC @ Iona

Years 7 / 8 4.15pm Years 9 / 10 4.50pm 1st 5.25pm

• A sausage sizzle / drinks will be available for purchase.

Thursday 2 November – Rd 4 AIC Water Polo vs Padua @ Iona