



LIVE, LEARN, LEAD, SERVE

85 North Road
Lindum QLD 4178
Subscribe: <http://ionac.schoolzineplus.com/subscribe>
AIC Sports Information (via Twitter): [@SportIona](https://twitter.com/SportIona) (includes wet weather)

Director of Sport:	Mr Keith Harron	3893 8851
Deputy Director of Sport (9-12):	Mr Sean Devlin	3906 8905
Deputy Director of Sport (5-8):	Mr Chris Pritchard	3893 8869
Sports Administrator:	Mrs Karen Otway	3893 8805

13 September 2017

Sport #iRESPECT 2017

AIC spring sport came to a conclusion last weekend with a competitive round of fixtures against St Laurence's. It is fitting that all involved thank our basketball coordinators: Mrs Karen Otway (Years 7 – Open) and Mr Pritchard (Years 5/6) and tennis coordinators: Mrs Rebecca Adamson (Years 7 – Open) and Mrs Elizabeth Adey (Years 5/6). Their dedicated work drives our programs and provides much involvement for our players. All coaches and managers deserve thanks as well as our players who proudly represented the college.

In basketball, our teams won 58% of the 217 games played, while our tennis teams won 35% of the 119 games played. Our 10C and 10D basketball and 7A tennis teams won premierships. The 1st V basketball achieved 6th place while the 1st IV tennis again secured 2nd place. Our programs need to immediately aim for a 65% - 70% overall win rate so that we position ourselves as a stronger basketball and tennis college within AIC. It is achievable with better identification and development of talent and all teams need to fight their way out of pressure situations to better perform.

Term 4 will see touch, track and field, water polo, sailing, golf and volleyball in competition, while our swimming, cricket, volleyball and strength programs prepare for 2018. Honest, hard work will be rewarding.

Date Claimers

Wed 4 Oct	AIC Water Polo Trials
Wed 4 Oct	Volleyball Provence Cup
Wed 4 Oct	Sailing Supporters Meeting
5 – 8 Oct	Qld All Schools Touch @ Whites Hill
Thurs 5 Oct	AIC Track and Field Meet @ UQ
Mon 9 Oct	QIGA Golf @ Colonial Golf Club
Wed 11 Oct	AIC Water Polo
Wed 11 Oct	Volleyball Provence Cup
Thurs 12 Oct	AIC Track and Field Meet @ UQ
Fri 13 Oct	The Blessing of the Fleet
13 – 15 Oct	Volleyball Schools Cup (Years 7/8)
Sun 15 Oct	Sailing
Mon 16 Oct	Iona Golf Championships
Wed 18 Oct	AIC Water Polo

Wed 18 Oct	Volleyball Provence Cup
Fri 20 Oct	AIC Track and Field meet @ SAF
Sun 22 Oct	Sailing
Mon 23 Oct	AIC Golf Championships (Indooroopilly 7am)
Tues 24 Oct	AIC Track and Field Championships (evening)
Wed 25 Oct	AIC Track and Field Championships (day)
Wed 25 Oct	Volleyball Provence Cup
Thurs 26 Oct	AIC Water Polo
Sun 29 Oct	Sailing
Wed 1 Nov	Volleyball Provence Cup (Iona Bye)
Wed 8 Nov	Volleyball Provence Cup (Finals)

Athletics

Athletics Training

Training Times (Years 5 and 6)

These times will continue into Term 4

There will be no holiday training for Years 5 and 6

All boys training at present are part of an initial **trial squad** and should attend trainings until further notified.

During sport periods	high jump / throws
Tues and Thurs 3.15pm – 4.30pm	sprints / 800m
Wednesdays 3.15pm – 4.30pm	hurdles / long jump / relays

Holiday Training (Years 7 – 12) Mon 25 – Thurs 28 Sept

Mon 25 Sept 3.20pm - 4.45pm	long / triple jump, sprints, javelin and high jump
Mon 25 Sept 3.20pm – 4.30pm	middle distance
Tues 26 Sept 3.20pm - 4.45pm	shot put , discus
Wed 27 Sept 3.20pm - 4.45pm	long / triple jump, shot put, discus, hurdles, high jump
Wed 27 Sept 3.20pm – 4.30pm	middle distance
Thurs 28 Sept 3.20pm - 4.45pm	sprints, javelin

Met East Carnival

Congratulations to James Rodgers (15 years) who has been added to the Met East team.

Basketball

- Boys who have not handed their basketball shirt back yet must take it to Student Reception before Friday. Please put it in a plastic bag with your team and name on.

Basketball Results - Round 7 vs St Laurence's College

Won 16, Lost 15

1 st	lost	45 - 52	8A	won	38 - 35
2 nd	lost	31 - 36	8B	lost	36 - 44
3 rd	lost	29 - 47	8C	lost	20 - 22
4 th	lost	21 - 37	8D	won	28 - 22
11A	won	58 - 39	7A	lost	36 - 48
11B	lost	36 - 43	7B	won	25 - 21
11C	lost	19 - 22	7C	won	49 - 24
10A	lost	38 - 42	7D	won	30 - 29
10B	won	31 - 28	6A	lost	33 - 36
10C	won	30 - 23	6B	won	24 - 23
10D	won	44 - 19	6C	won	38 - 20
9A	lost	46 - 54	6D	lost	4 - 25
9B	won	38 - 26	5A	won	52 - 11
9C	lost	20 - 26	5B	won	34 - 21
9D	won	26 - 12	5C	won	18 - 10
			5D	lost	18 - 32



Season Basketball Results

Team	Position	Premiers	Team	Position	Premiers
1st	6th	SEC / Ash	8A	3rd	SPLC
2nd	6th	Villa	8B	5th	Villa
3rd	4th	Villa	8C	2nd	Villa
4th	3rd	Ash	8D	2nd	Villa
11A	2nd	Ash	7A	7th	Villa/SPC /SEC
11B	6th	Villa	7B	2nd	Villa
11C	5th	SPC	7C	2nd	Villa
10A	2nd	SPC	7D	4th	Villa
10B	4th	Villa	6A		
10C	1st	Iona/ Villa/ Ash	6B		
10D	1st	Iona	6C		
9A	5th	Villa	6D		
9B	5th	SEC	5A		
9C	5th	SLC / Pad	5B		
9D	3rd	Villa / Ash	5C		
			5D		
Aggregate	5th	Villa			

Football Clinic

September Holidays Football Clinic

For: Boys and girls aged U6 – U14

Venue: Bayside United FC
34 Andrew St, Lota



Dates: Tuesday 19 – Thursday 21 September

Time: 9.00am – 3.00pm each day

Cost: \$95.00 for 3 days
\$60.00 for 1 day
\$60.00 for 3 half days (U6 – U8 only)

Bring: football boots, shin guards, water bottle, hat, sunscreen, healthy lunch.

Bookings: www.Baysideunited.com.au

High Performance Sport

Congratulations to the additional students who have achieved at National level, State Schools level and Met East schools regional representation:

National

Aust Schools U15 volleyball: Connor O'Neill
Australian age netball: Andrew Hamilton, Ryan Lowery

State Schools

14 Years baseball: Hayden Snell
12 Years rugby league: William Quinn
12 Years tennis: Jason Vo
16 Years rugby union: Sam Finocchiaro, Darcy Stevens

Met East Regional Selection

11 Years rugby league: Caden Frame

Track and Field:

10 Years - Bailey Burns, Lachlan McClure
11 Years - Darcy Pratten, Joshua Thompson
12 Years - William Quinn, Joel Templin, Jack Hudson
13 Years - Will Higgins, Morgan Miller
14 Years - Thomas Paljakka, Oskar Robards
15 Years - James Rodgers, Isaac Irving, Mackenzie McIntyre, Connor O'Neill, Timothy Little
16 Years - Matthew Lynch, Jack Devoy, Jacob Hudson
17 Years - Harrison Biggs, Bailey Smith, Kyle Noronha, Samuel Winchester



Iona Sport Supporters

The college would again wholeheartedly like to thank the Dayton family for all their generosity and work throughout the 2017 sporting seasons. For 3 years they have headed and directed this group within our community, raising funds and assisting a variety of sports projects and endeavours including shade structures at the oval areas. While they will still assist the Sport Supporters, Julie and Chris are moving to the side of running this group. It is hoped that others within the Iona College parent group will offer their time and effort so that our traditions of hosting visiting colleges will continue.

Sailing

Thank you to all our sailors and their families who generously gave up their Sunday morning to attend the Annual Working Bee. It was lovely to catch up with our returning sailors and meet the new members of the Sailing Team. We look forward to a fun and successful Term 4 of racing. If your son intends to sail for Iona please enrol before September 14. If you are a returning sailor you should have received an email with a link and if you are a new member of our team please use the link below. To be eligible to sail in Teams and Fleet, you need to be in Year 6 or above, have completed Learn To Sail 1 and 2 and be a member of a sailing club, with a valid Yachting Australia number.

https://l.facebook.com/l.php?u=http%3A%2F%2Ftinyurl.com%2Fterm4-sailing&h=ATPZ_ZKuD5ze3AjhJLoDKYioICGyt3jhoDVPiBQyweOnpe72U1iSmBQ461Y5AVr6QNz7ZkN8N19h8XbNjOE4PmRdwjUh2l-7wsTQIUwPyqLnPM9z0m6x8eQ036b8_sOghP7c34Be102WdfJLRPA

Learn to Sail

Learn To Sail 1 has been hugely popular and is now booked out.

For boys who have completed Learn to Sail 1 and would like to participate in Learn to Sail 2, bookings are now open via the link below. The course will be run on Thursday afternoons from 3.30pm at Royal Queensland Yacht Squadron, commencing 12 October, \$160 per student.

Start Sailing 2

<http://www.yachtingaustralia.com.au/Entry/?EID=83526>

Learn to Sail courses will be run again in Term 1.

For anyone requiring more information about the school sailing programme please email lonacollegesailing@gmail.com or check out our Facebook page IC Sailing.

The Blessing of the Fleet

Date: Friday afternoon Oct 13

- Sailing Supporters Meeting Oct 4 Time and Venue TBC.



Swimming

Term 4 2017 / Term 1 2018 Swim Training Times

Term 4 2017: Tuesday 3 October – Friday 8 December

Term 1 2018: Tuesday 2 January – Friday 30 March

- Iona pool is not available Wed 4, 11 and 18 Oct OR Thurs 26 Oct and 2 Nov

For information on swim squads, including squad levels and scheduling, or to obtain a registration form please email Michael Lewandowski - lewandowskim@iona.qld.edu.au

Registration is due before a child commences swimming.

IONA SWIMMING TRAINING TIMES		
	Times	Fees
Junior Squad		
Monday – Friday	3.15pm - 4.00pm	\$160 Iona Student
Saturday	9.00am – 9.45am	\$210 Non Iona
Cadet Squad		
Monday – Friday	3.30pm - 4.30pm	\$160 Iona Student
Saturday	9.00am – 10.00am	\$210 Non Iona
Intermediate		
Monday – Friday	3.30pm – 5.00pm	\$160 Iona Student
Tues / Thurs	6.00am – 7.45am	\$260 Non Iona
Saturday	9.00am – 10.30am	\$260 Non Iona
Senior Squad		
Monday – Friday	4.30pm – 6.30pm	\$160 Iona Student
Monday & Friday	5.30am – 7.45am	\$260 Non Iona
Sat (@ MBC)	6.00am – 8.30am	\$260 Non Iona

Holiday Training

Stroke Clinic @ Iona College

Dates: 4 – 7 December

Time: 8.30am – 12.00pm each day

Cost: \$140 per student for 4 days

For bookings and credit card payment phone Nicolette McGregor - 0407 797 828

Weekly Training (times as above)

11 – 16 December (All Squads) \$25 per week – Iona student
\$40 per week Non Iona student
18 – 22 December (Intermediate / Seniors only)
\$25 per week – Iona student
\$40 per week Non Iona student



Tennis

Tennis Contact - Rebecca Adamson adamsonr@iona.gld.edu.au
or phone (07) 3893 8888.

Results - Round 7 vs St Laurence's College

Won 3, Lost 14

1 st	won	56 - 55
2 nd	lost	0 - 6
3 rd	lost	0 - 6
11A	lost	0 - 6
11B	lost	1 - 5
10A	lost	0 - 6
10B	lost	0 - 6
9A	lost	0 - 6
9B	lost	0 - 6
8A	lost	2 - 4
8B	lost	1 - 5
7A	won	6 - 0
7B	lost	27 - 30
6A	lost	2 - 4
6B	lost	1 - 5
5A	won	5 - 1
5B	lost	2 - 4



Tennis Season Results

Team	Position	Premiers	Team	Position	Premiers
1st	2nd	SPLC	8A	4th	SPLC
2nd	6th	SPC	8B	5th	SPLC
3rd	7th	SPLC	7A	1st	Iona
11A	8th	SPLC	7B	3rd	Ash
11B	7th	SPLC	6A		
10A	8th	SPLC	6B		
10B	6th	SLC	5A		
9A	7th	SPLC	5B		
9B	8th	SPLC			
Aggregate 6th		SPLC			

Volleyball

Schools Cup

please contact Mr Pritchard – pritchardc@iona.gld.edu.au

Provence Cup

Round 1: Wednesday 4 October

Venue: St Joseph's College Gregory Terrace

Year 10: 6.00pm vs Gregory Terrace

Year 11: 7.00pm vs Gregory Terrace

Round 2: Wednesday 11 October

Venue: St Laurence's College

Year 10: 6.00pm vs Churchie

Year 11: 7.00pm vs Churchie

Round 3: Wednesday 18 October

Venue: Brisbane Boy's College

Year 10: 6.00pm vs Nudgee College

Year 11: 7.00pm vs Nudgee College

Round 4: Wednesday 25 October

Venue: Iona College

Year 10: 5.30pm vs St Laurence's College

Year 11: 7.30pm vs St Laurence's College

Round 5: Wednesday 1 November

Both Iona teams have byes.

Finals: Wednesday 8 November

Venue: Churchie

Water Polo

Year 8 and Years 9/10 Trials

Date: Wednesday 4 October

Venue: Iona pool

Time: 3.15pm – 4.30pm

Competition Dates

Wednesday 11 October Round 1 AIC Water Polo

Wednesday 18 October Round 2 AIC Water Polo

Thursday 26 October Round 3 AIC Water Polo

Thursday 2 November Round 4 AIC Water Polo